

How human life begins, pregnancy and birth

- I can explain where living things come from, how a baby develops and is born.









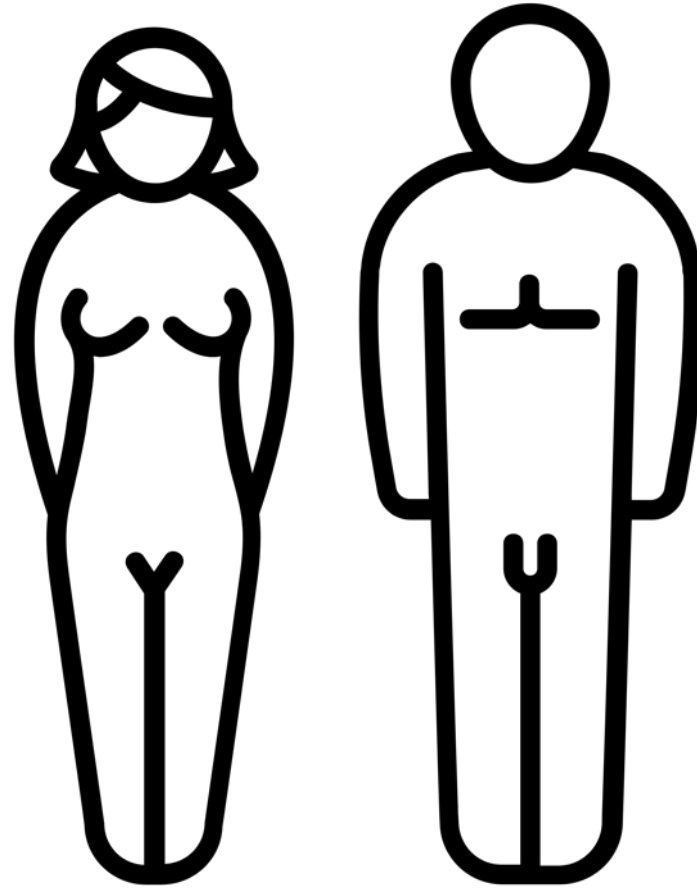




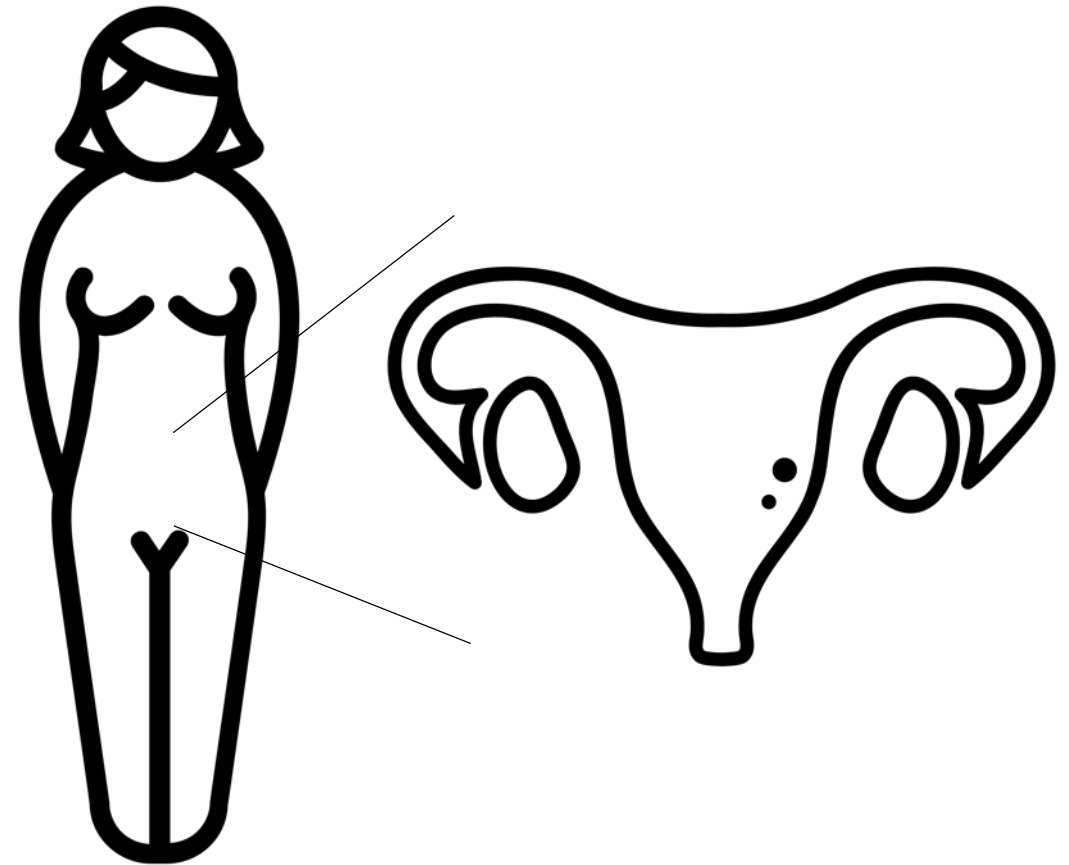
Part 1

How a baby is made

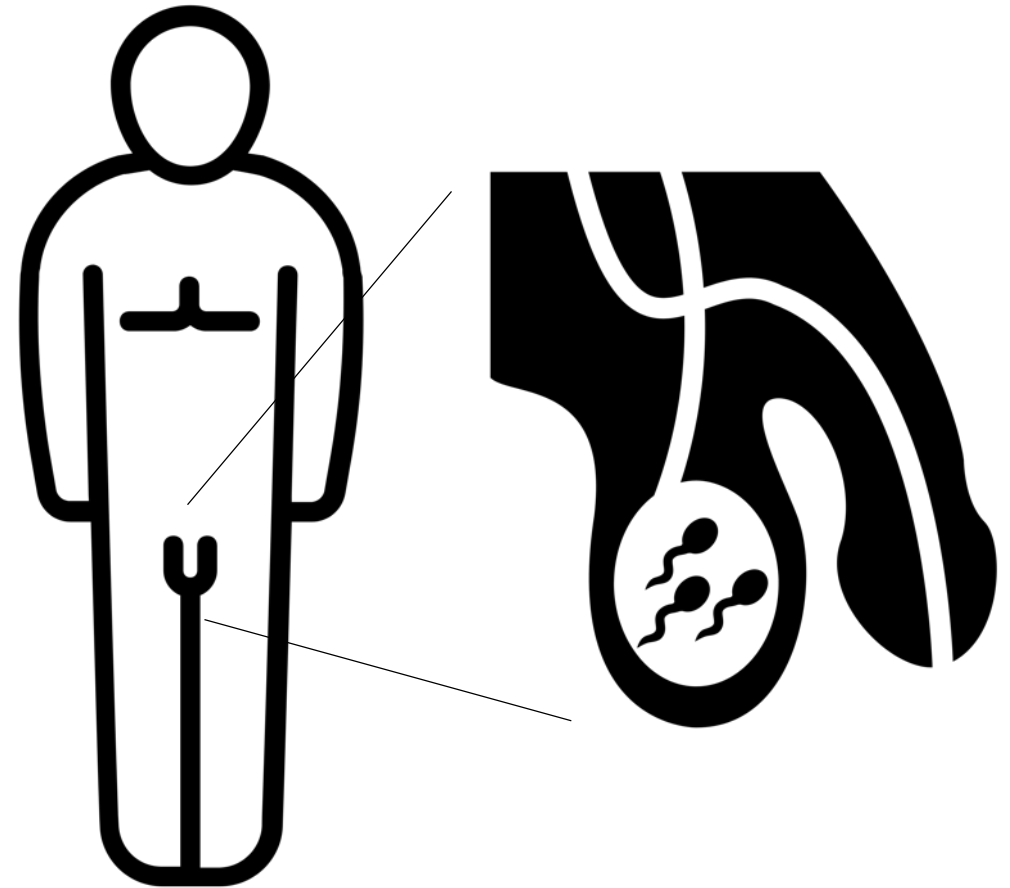
A baby is made by grownups.
To make a baby you need a
tiny little egg from a woman
and you need the seed
(called the sperm) from a
man.



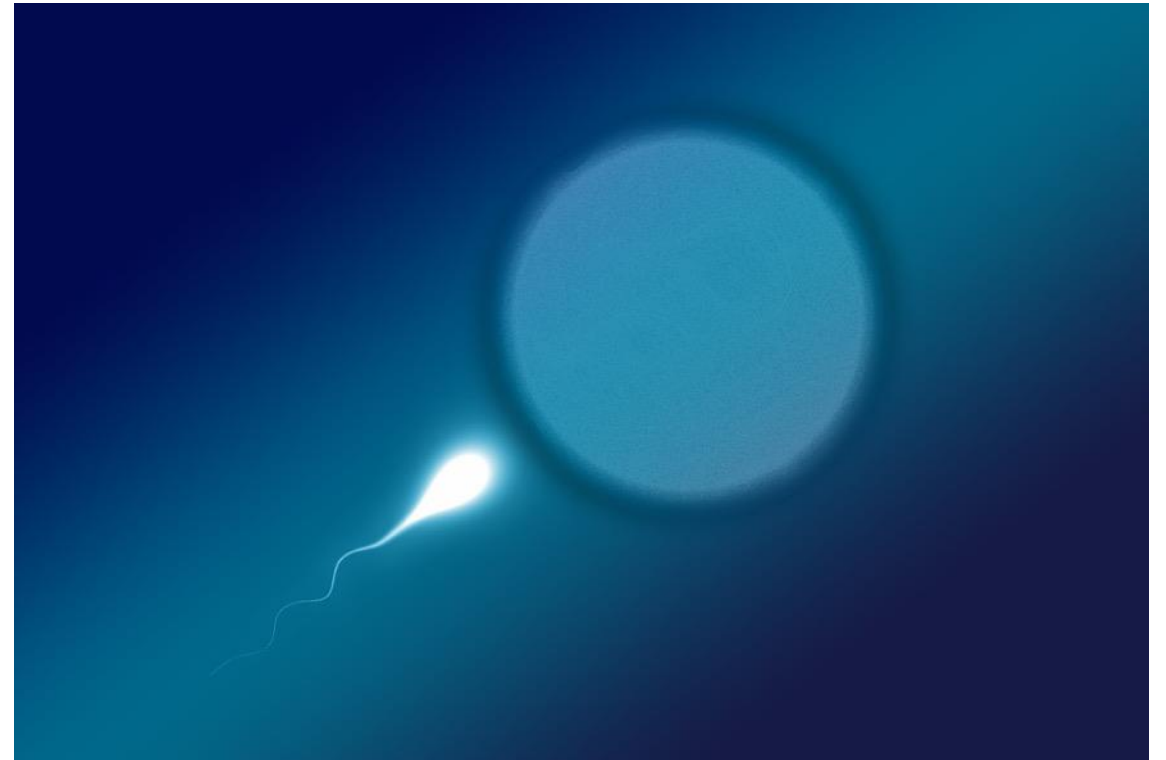
A woman's eggs are inside her body, a part called the ovaries. Every month a woman releases an egg.



A man's sperm is made in his testicles which are inside the bag of skin that hangs behind his penis.



When the egg and the sperm come together they can start a baby. This is called fertilisation.



Once the egg and sperm meet, then the egg grows in a safe place called the womb. The woman will be pregnant for 9 months.



Part 2

The baby grows - Pregnancy

A baby lives and grows
inside the woman's womb
for 9 months.



The baby and woman are connected by the umbilical cord that attaches to the baby to the mum. This is where your belly button is now. The baby gets everything it needs to grow through the cord.





For the baby, the womb is like a bag of warm cosy water and the baby can hear the mum's heartbeat like a drum.

When a woman is pregnant she will go to see the doctor and nurse to make sure everything is going well with her pregnancy.

The woman can take the baby's dad or her partner or friend with her.



Sometimes they get a picture of the baby inside the woman.



In the first 3 months inside the woman's womb the baby is very small.

After 1 month the baby is just the size of a pea. Then the baby begins to grow arms and legs. The baby has a little beating heart.

By the second month the baby has grown fingers and toes.



In the next 3 months inside the woman's womb the baby keeps growing. By the 4th month the baby is the size of the mum's hand. The baby can start to hear. The woman will start to feel her baby moving around inside.





In the final 3 months inside the womb the baby keeps growing, so much that it needs to be curled up.

The baby's brain grows all this time too.

The baby is getting stronger and getting ready to be born.

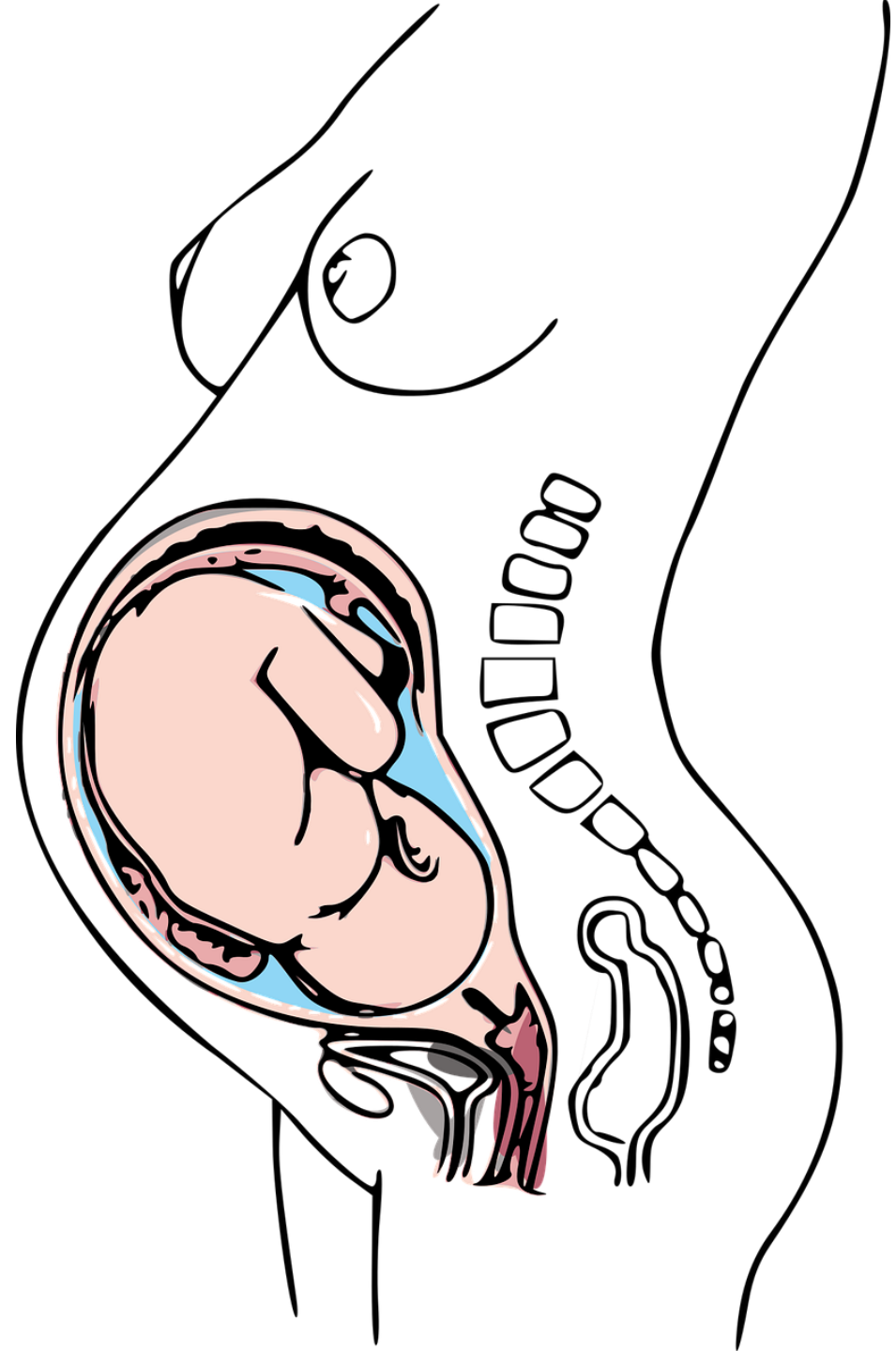
Part 3

How a baby is born

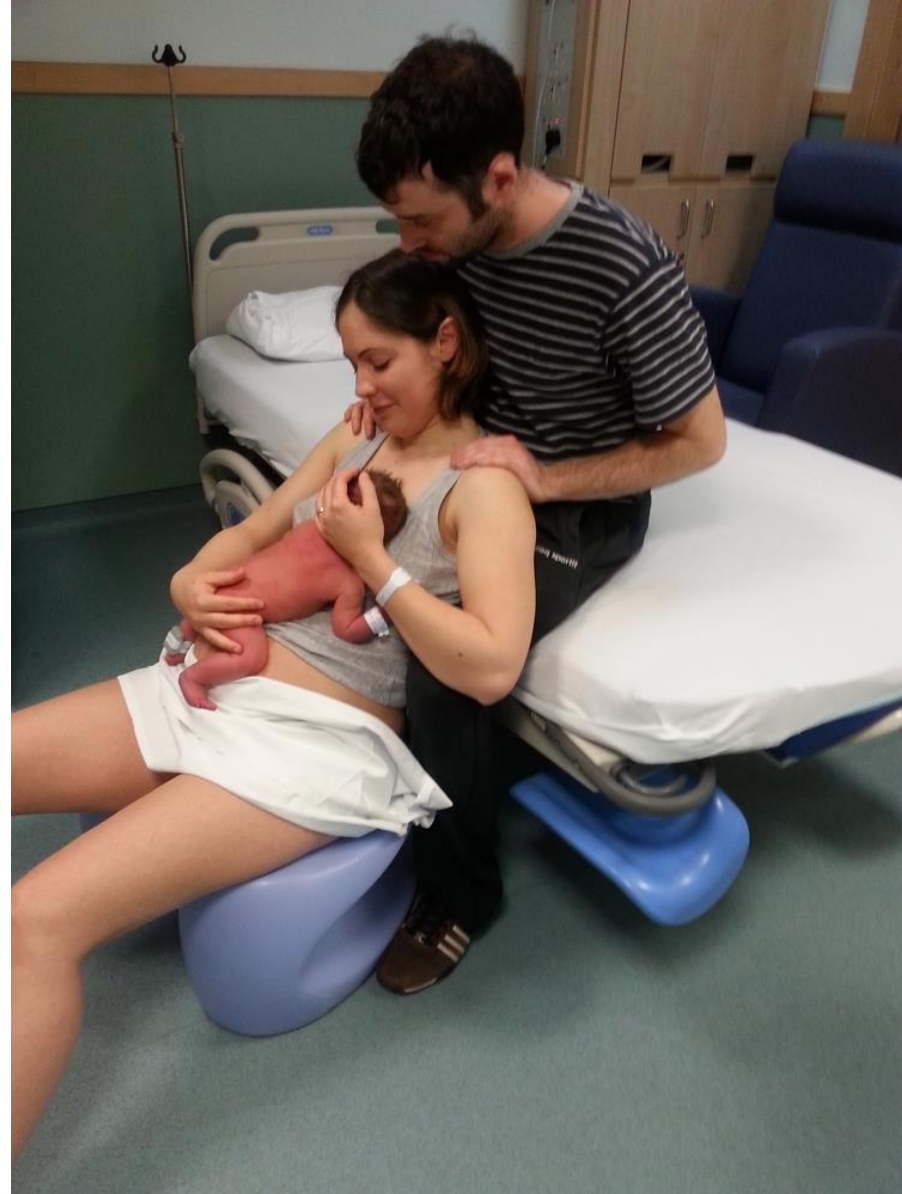
How a baby is born.

After 9 months of being safe and cosy inside the womb it is time for the baby to be born.

The baby changes its position so that the head is downwards getting ready to come out.



The woman feels some pains in her tummy and she feels the need to push down so that the baby can come out.



The baby comes down from the womb and it comes out of the woman's vagina. This take a few hours to happen.



The woman will be very tired after all this effort. And the baby will cry as it leaves the cosy womb and enters the world.



Remember that the baby feeds through the umbilical cord? Well this is cut (its not sore) and then the baby is separate from the mum. This leaves you with your belly button!



Some babies are born in hospital.

Some babies are born at home.

The baby's dad, mum's partner or friend or other family member can be there to help and support the mum.



Isn't this an amazing story!

