

Sex:

How people have sex / What do they do?

- I can name the private parts of my body.
- I can talk about how puberty results in physical and emotional changes.
- I can describe what sex/sexual intercourse can involve.
- I understand that sex is something adults do in a relationship.

**Recap:
Names of parts
of the body**

Nipples

Penis

Scrotum



Nipples

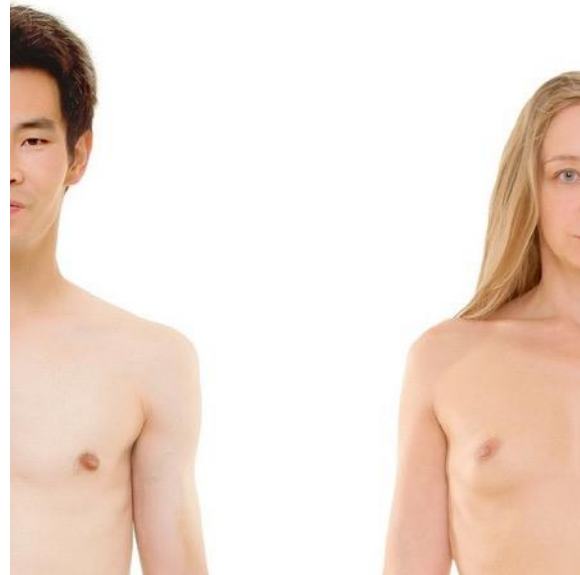
Vulva





When we go through puberty
what happens to:

- Hair?**
- Voices?**
- Breasts?**
- Skin?**
- Smell?**
- Body shape?**





**When we go through puberty
what happens to our feelings
and emotions?**

How does a person show love for someone?





What is sex?

Sex is something that adults can do when they love and care for each other. Sometimes people talk about 'making love'.

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You must be 16
years or older to
have sex.

When a couple want to have sex they will go to a private place like their bedroom.

They will kiss and cuddle and touch each other's bodies. They will touch the private parts of each other's bodies.



When the couple are two men,
we say they are gay.



When a couple are two
women, we say they are gay or
lesbian.

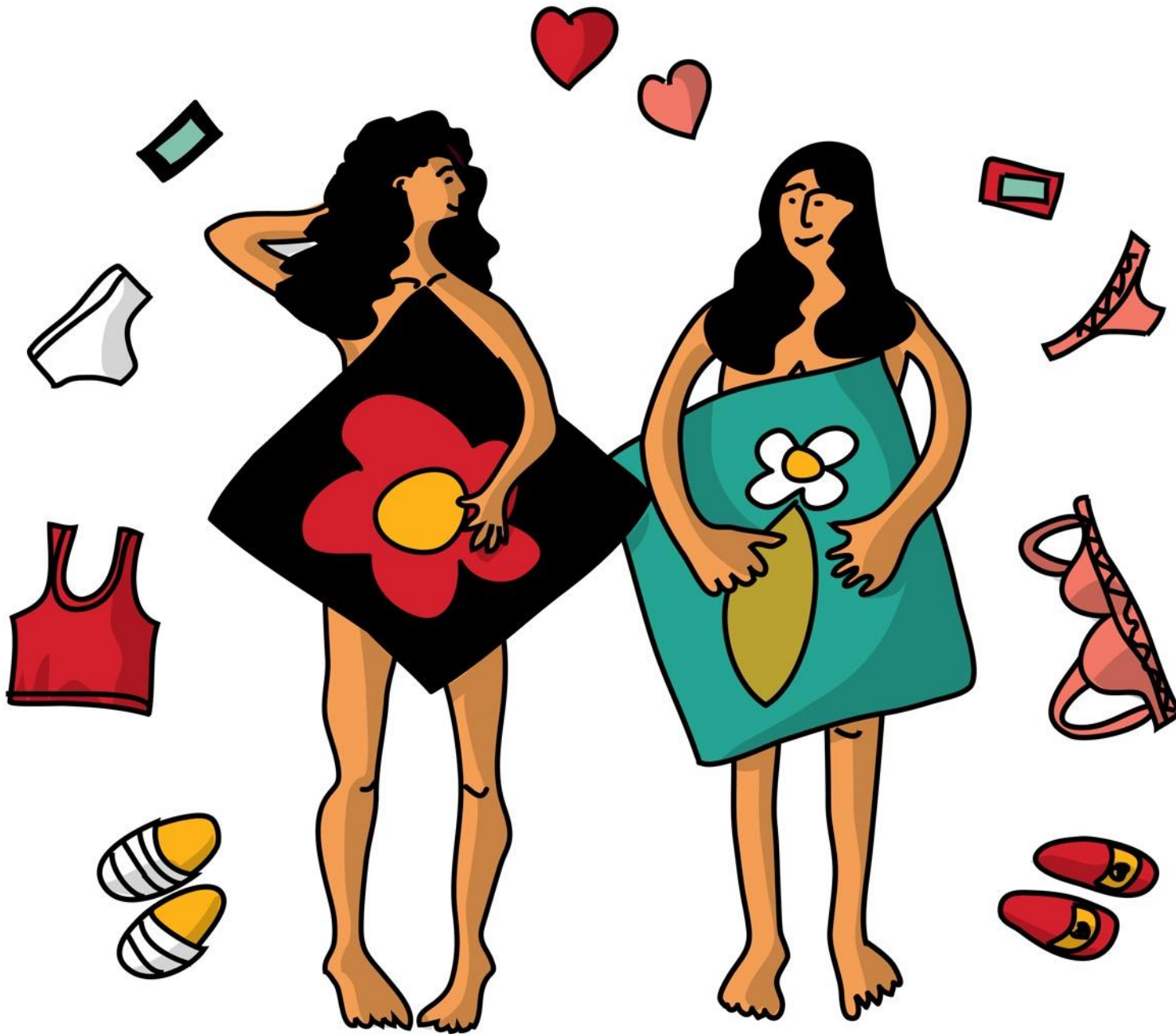


Sex should feel nice.
Adults learn what
they like and don't
like.



When a man feels like he wants to have sex with his partner his penis will get hard, this is called an erection.





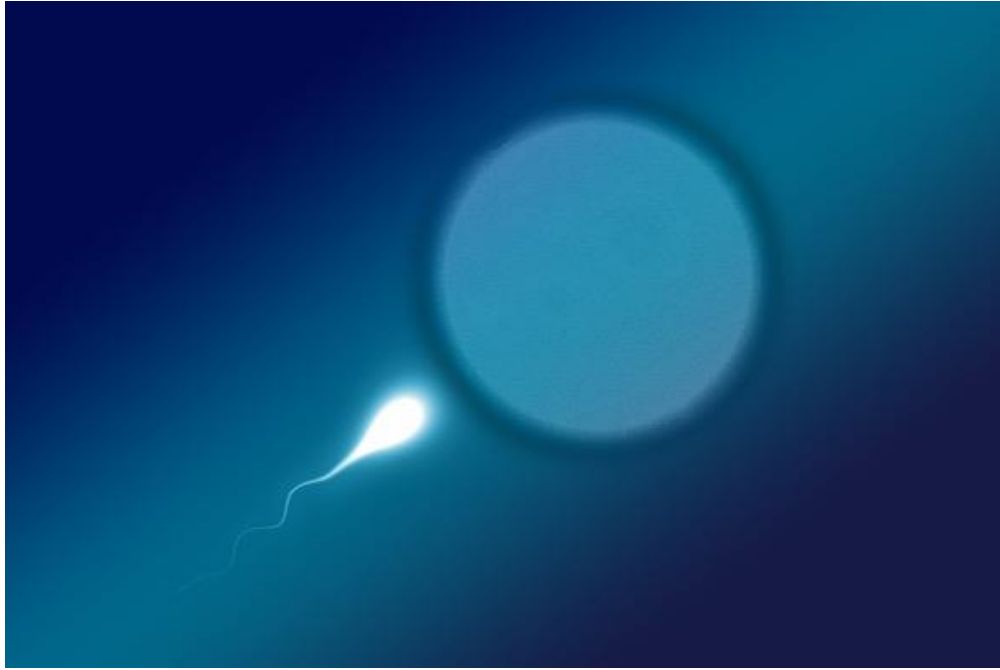
When a woman feels like having sex with her partner her vulva and vagina might feel tingly and wet or slippery to touch.

When people have sex, they might have an orgasm.

For a woman an orgasm is a pleasurable feeling in her body.

For a man, if he has an orgasm (called ejaculation) a white liquid called semen will come out of his hard penis. He will enjoy this feeling.





If a man has an orgasm (ejaculates) when his penis is inside the woman's vagina, then the sperm may meet the egg and this is the way a woman can get pregnant and have a baby.



LET'S TALK

**So, this is what sex is.
Why do you think
adults have sex?**



**Do you have
any questions
about sex?**