

# PRIMARY MENU • WEEK ONE

Menu available for the weeks beginning on the following dates:

19/03/2024	18/11/2024	17/02/2025	19/05/2025
02/09/2024	02/12/2024	03/03/2025	02/06/2025
16/09/2024	16/12/2024	17/03/2025	16/06/2025
30/09/2024	06/01/2025	31/03/2025	30/06/2025
21/10/2024	20/01/2025	21/04/2025	
04/11/2024	03/02/2025	05/05/2025	



	Monday	Tuesday	Wednesday	Thursday	Friday
Homemade Soup served with Bread	Yellow split pea soup <sup>Ve</sup>	Lentil soup <sup>Ve</sup>	Tomato soup <sup>Ve</sup>	Country garden soup <sup>Ve</sup>	Lentil soup <sup>Ve</sup>
Hot Choices	Beef burger in a bun served with chips	Teriyaki roasted vegetables <sup>V</sup> served with egg noodles	Creamy korma with broccoli and cauliflower <sup>V</sup> served with long-grain rice	Homemade steak pie served with mashed potatoes	Oven baked potato served with baked beans <sup>Ve</sup> /cheese <sup>V</sup>
	Oven baked potato <sup>Ve</sup> served with baked beans <sup>Ve</sup> /cheese <sup>V</sup>	Traditional macaroni cheese <sup>V</sup> served with garlic bread <sup>Ve</sup>	Chicken korma served with long-grain rice	Cheese & onion pastry parcel <sup>V</sup> served with mashed potatoes <sup>Ve</sup>	Bubbly coated fish fillet served with chips
Today's Hot Sides	Sweetcorn & crudites <sup>Ve</sup>	Garden peas & side salad <sup>Ve</sup>	Sliced green beans & side salad <sup>Ve</sup>	Mixed diced carrot and swede & crudites <sup>Ve</sup>	Baked beans/garden peas & crudites <sup>Ve</sup>
Cold Choices	Wrap with cheese <sup>V</sup> or tuna mayonnaise	Roll with cheese <sup>V</sup> or crushed coronation chickpea <sup>Ve</sup>	Wrap with cheese <sup>V</sup> or tuna mayonnaise	Sandwich with cheese <sup>V</sup> or ham	Roll with chicken with tikka mayonnaise or sliced boiled egg <sup>V</sup>
Seasonal Salad	Selection of seasonal salads & vegetables				
Dessert	Vanilla ice cream milkshake <sup>V</sup>	Selection of flavoured yoghurts <sup>V</sup>	Homemade chocolate sponge & custard <sup>V</sup>	Raspberry jelly <sup>Ve</sup> & fresh fruit salad <sup>Ve</sup>	Laughing cow & crackers <sup>V</sup>



**V** = Vegetarian option

**Ve** = Vegan option

For full details of vegan/vegetarian options, allergens and nutritional content please visit [www.fife.gov.uk/primaryschoolmeals](http://www.fife.gov.uk/primaryschoolmeals)



# PRIMARY MENU • WEEK TWO

Menu available for the weeks beginning on the following dates:

26/08/2024	25/11/2024	24/02/2025	26/05/2025
09/09/2024	09/12/2024	10/03/2025	09/06/2025
23/09/2024	13/01/2025	24/03/2025	23/06/2025
28/10/2024	27/01/2025	28/04/2025	
11/11/2024	10/02/2025	12/05/2025	



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Homemade Soup</b> served with Bread	Lentil soup <sup>Ve</sup>	Country garden soup <sup>Ve</sup>	Potato & leek soup <sup>Ve</sup>	Tomato soup <sup>Ve</sup>	Lentil soup <sup>Ve</sup>
<b>Hot Choices</b>	Crispy dipper fajita <sup>V</sup>	Plant powered cottage pie served with mashed potatoes and gravy <sup>Ve</sup>	Oven baked potato served with baked beans <sup>Ve</sup> /cheese <sup>V</sup>	Roast chicken in gravy served with yorkshire pudding and mashed potatoes	Fish fingers served with chips
	Italian chicken meatballs served with pasta spirals	Pork sausages served with mashed potatoes and gravy	Margherita pizza <sup>V</sup>	Roasted cauliflower <sup>Ve</sup> in gravy served with yorkshire pudding <sup>V</sup> and mashed potatoes <sup>Ve</sup>	Oven baked potato served with baked beans <sup>Ve</sup> /cheese <sup>V</sup>
<b>Today's Hot Sides</b>	Sweetcorn & crudites <sup>Ve</sup>	Garden peas & side salad <sup>Ve</sup>	Sweetcorn & side salad <sup>Ve</sup>	Shredded savoy cabbage & crudites <sup>Ve</sup>	Baked beans/ garden peas <sup>Ve</sup>
<b>Cold Choices</b>	Wrap with cheese <sup>V</sup> or tuna mayonnaise	Roll with cheese <sup>V</sup> or sliced boiled egg <sup>V</sup>	Wrap with cheese <sup>V</sup> or crushed coronation chickpea <sup>Ve</sup>	Sandwich with cheese <sup>V</sup> or sliced chicken	Roll with cheese <sup>V</sup> or ham
<b>Seasonal Salad</b>	Selection of seasonal salads & vegetables				
<b>Dessert</b>	Strawberry & vanilla mousse <sup>V</sup>	Melon boat <sup>Ve</sup> or selection of flavoured yoghurts <sup>V</sup>	Homemade raspberry sponge & custard <sup>V</sup>	Selection of flavoured yoghurts <sup>V</sup>	Melting Moments biscuit <sup>V</sup>



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