



Lawhead Primary School & Nursery

Friday 24th January 2025

'Aiming High'

Embracing Challenge, Nurturing Creativity, Being Responsible, Showing Respect, Celebrating Achievement

What's Happening Next Week?

Monday 27/01	<ul style="list-style-type: none">• Burns Society Judges in school today to judge poetry finalists• P7 Bikeability Group 1 – PM
Tuesday 28/01	<ul style="list-style-type: none">• P1 Outdoor Learning – PM – Please make sure children have cosy clothing and suitable footwear
Wednesday 29/01	
Thursday 30/01	<ul style="list-style-type: none">• P1-3 and P4-7 Assemblies – AM• P1/2 Outdoor Learning – PM – Please make sure children have cosy clothing and suitable footwear• Mr Munro's after school football – P6 and P7 Group
Friday 31/01	<ul style="list-style-type: none">• Walking bus – sign up by following this link - https://forms.office.com/e/5rF8v3vJjF• New and existing walking bus participants must complete the form• Lunchtime cross country – For P4-P7 Group• Deadline for Nursery applications for session 2025-26 – see information below

Class SWAYs for 2024-2025:

Nursery	Please view your child's See Saw account for updates on your child's learning and nursery experiences.
P1	https://sway.cloud.microsoft/W6cxgLLLqH0btgT5?ref=Link
P1/2	https://sway.cloud.microsoft/44JpolEdnJa311NU?ref=Link
P2/3	https://sway.cloud.microsoft/PSajnalqE3Mc5lyq?ref=Link
P3/4	https://sway.cloud.microsoft/tZhXT9lieOZHbf7R?ref=Link
P4/5	https://sway.cloud.microsoft/u0Pvli7F9CtBAUCY?ref=Link
P5	https://sway.cloud.microsoft/raq61yGhsIrKuJvp?ref=Link
P6	https://sway.cloud.microsoft/0ANK5ox6q5RqMzQO?ref=Link
P7	https://sway.cloud.microsoft/Tijl65EJgkpU1zpp?ref=Link

Emotional Wellbeing Groups For Children and Young People:

Please follow this link to find out more and to register – these groups are open to everyone: [Emotional Wellbeing Groups for Children, Young People and Families - January to December 2025](#)

Nursery Snack

Each term, we advise that if you wish to donate towards the daily **Nursery snack** that you can do so by making an online payment to Lawhead Nursery as follows:

Bank of Scotland
Account Name: Lawhead Nursery Fund
Sort Code: 80-09-55
Account Number: 06005135

There are 12 full weeks in Term 3 (13 weeks minus half-term) and the suggested amount is £2 per week for a child attending nursery full-time, however there is no obligation to contribute to this and any amount you wish to make will be gratefully received.

Parent Council Information Evening:

Lawhead Parent Council was very pleased to host our Smartphones and Children information session on Monday evening. We had a wonderful turnout of almost 50 local parents and caregivers from a variety of schools, including Lawhead, Canongate, Greyfriars, Strathkinness, Kingsbarns and Anstruther Primary.

Following our presentation, we had a discussion on parents' concerns about smartphones, social media and other content inappropriate for children. We discussed alternatives to smartphones, and a national parent pact to delay giving children these devices. We distributed handouts with more information for parents. Representatives from Madras cluster schools were given details on how we conducted our parent survey last year, with plans to pursue this topic through their own parent councils.

We would like to thank Mrs Bain and Mrs Simpson for their continued support on this issue. Attached below, please find our resources handout, and a helpful parent/teen "Am I Ready?" questionnaire, which can be a useful tool to spark a conversation about smartphones in your home with your children.

[You can view the presentation shared at the session by clicking on this link:](#)

[SFC Parent-to-Parent Presentation MASTER - Google Slides](#)



BSL Signs of the Week:

Focus For Term 3:

This term the children will be revising colours – [LEARN BSL: BSL Colours. Learn the signs for different colours in British Sign Language.](#)

They will also be learning how to finger spell the alphabet. [BSL Basics: How to Sign the Alphabet and Your Name in British Sign Language](#)

Finally, we will be revising basic greetings, introductions and how to respond appropriately. [LEARN BSL: Introduce yourself in BSL! Get to know Deaf people using British Sign Language!](#)

The children will also be learning the same in French!

Our BSL song for Term 3 is 'The Best Day of My Life' - [Best Day of My Life - American Authors- SignSing BSL SSE](#)

Smartphones and Children: Resources

Alternatives to Smartphones

Simple Mobile Phones

You can get a SIM card for your child's phone that has NO DATA roaming, only calls and texts. Asda Mobile offers this for £4 per month.

https://www.hmd.com/en_int/feature-phones

Nokia 3210

https://www.hmd.com/en_int/nokia-3210?sku=1GF025CPD4L02

Nokia 2660

https://www.hmd.com/en_gb/nokia-2660-flip?sku=1GF011IPJ1A05

Watches for kids

Xplora Xgo 2

<https://xplora.co.uk/>

Imoo Watch Phone

<https://uk.imoostore.com/products/imoo-watch-phone-z1>

Smartphones without web browser or social media

Pinwheel Phone

<https://www.pinwheel.com/en-gb/phones>

The Phone

<https://thephone.fr/en>

Tracking Devices

Tile

<https://www.tile.com/en-gb>

Apple Airtag

<https://www.apple.com/uk/airtag/>

More Information

Books

The Anxious Generation, By Dr Jonathan Haidt

<https://www.anxiousgeneration.com/book>

Generations, by Dr Jean Twenge

<https://www.jeantwenge.com/generations-book-by-dr-jean-twenge/>

Television

Swiped: The School That Banned Smartphones, Channel 4

<https://www.channel4.com/programmes/swiped-the-school-that-banned-smartphones>

Talks

Jonathan Haidt X Smartphone Free Childhood talk - 21.03.24

<https://www.youtube.com/watch?v=TEZH5xq3Nw0>

Podcast Coffee and Crumbs: Kids and Technology with Jean Twenge

<https://www.coffeeandcrumbs.net/season-9/2024/4/16/season-nine-kids-and-technology>

UK Websites

Delaying Smartphones Parent Pact

<https://parentpact.smartphonefreechildhood.co.uk/>

SFC Parent-to-Parent Presentation from Monday
<https://smartphonefreechildhood.co.uk/resources>

Am I ready for a personal device?

A SELF-EVALUATION FOR TEENS



- 1 Do I complete my homework without being asked?
Still Learning Sometimes Almost Always
- 2 Do I get up and get ready for school on my own?
Still Learning Sometimes Almost Always
- 3 Do I have good personal hygiene?
(I shower and brush my teeth and hair without being reminded.)
Still Learning Sometimes Almost Always
- 4 Am I responsible with my belongings?
Still Learning Sometimes Almost Always
- 5 Am I consistently kind to my family members?
Still Learning Sometimes Almost Always
- 6 Do I feel comfortable communicating with others face-to-face?
Still Learning Sometimes Almost Always
- 7 Do I remember to do my chores on my own and do them without complaining?
Still Learning Sometimes Almost Always
- 8 Am I able to have calm conversations with my parents about proper use of technology?
Still Learning Sometimes Almost Always
- 9 Am I okay with my parents knowing my passwords and checking in on my online activities as needed?
No Yes
- 10 Do I get off family devices when asked and without getting upset?
Still Learning Sometimes Almost Always
- 11 Do I have self-control over my emotions when things don't go my way?
Still Learning Sometimes Almost Always
- 12 Do I have screen-free activities and hobbies that I purposely devote my time to?
Not yet Yes
- 13 Do I need a personal device for essential communication?
Not yet Yes
- 14 Do my parents feel that I am ready?
Not yet Yes



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Is my teen ready for a personal device?

A SELF-EVALUATION FOR PARENTS



- 1 Have I worked with my family to create a family tech plan?
No Yes We will get started on _____
- 2 Am I familiar with safe tech options such as starter phones and watches?
No, tell me more Yes
- 3 Have I taught my teen about phone etiquette?
No Sometimes Yes
- 4 Have I talked to my child/teen about digital dangers such as: online predators, sexting, pornography, nudity, deep fakes, gaming addiction, cyberbullying, body image, self-harm content, online privacy, sextortion, phishing, mental health, AI, etc.?
No Some topics, but not all Yes
- 5 Can I have calm conversations with my teen about their tech use?
No Sometimes Yes
- 6 Am I willing to research apps and the safety precautions or risks with each app before giving access to my teen?
Not ready Yes
- 7 Do I know how to use parental controls and safety settings on the device?
Not yet Yes
- 8 Do I have a plan for respectful "tech checks" on my teen's device?
Not yet Yes
- 9 Is my teen respectful of our family's tech boundaries?
No Sometimes Yes
- 10 Is my teen learning to manage their time wisely?
No Sometimes Yes
- 11 Does my teen demonstrate mature and respectful relationships and communication with their peers?
No Sometimes Yes
- 12 Do I feel my teen has developed a healthy foundation of screen-free activities to purposely devote their time to?
No Sometimes Yes
- 13 Has my teen demonstrated they can make good choices online?
Not yet Yes
- 14 Does my teen really need a device right now for communication or safety?
No, it can wait until we're more prepared Yes

Apply for your child's place in primary one today

All parents/carers of any child eligible to start primary one in August 2025 should submit an enrolment application online at fife.gov.uk/applyforaschoolplace

This straightforward system allows parents/carers to use the step-by-step form from a smart phone, computer or tablet at any time of the day.

You will also be able to upload verification documents too.

These documents include:

- birth certificate of child
- council tax notification letter
- evidence of current address e.g. gas or electric bill, driving licence or benefits letter.

Apply before 9am on 17th March 2025

We look forward to seeing you!

Application forms and additional information on your options are available from any Fife Council primary school or nursery or can be found online at:

www.fife.gov.uk/applyforaschoolplace

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Early Years in Fife

Important information
for parents and carers

Applying for an nursery place for 3 & 4 years old children in **2025/26**

Was your child born between
1st March 2022 and 28th February 2023?

Do you want your child to attend a
Fife Council Nursery between
August 2025 and July 2026?

- If your child does not currently attend nursery (academic year 2024-25) or
- if your child has a 2-year-old placement or
- if you are looking to change your child's current placement type you must complete an application form online at **www.fife.gov.uk/elcplaces** between 6th – 31st January 2025.

You will be able to apply for a funded early learning and childcare place at your preferred private nursery, playgroup or childminder, if they are in partnership with Fife Council. Applications should be made directly to these individual establishments and services.

Application forms and additional information on your options are available from any Fife Council early learning and childcare facility (nursery/school) or can be found online at:

www.fife.gov.uk/elcplaces

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Fife
COUNCIL

