

# FAMILY SWIM SESSIONS

*Thursday 15<sup>th</sup> October 2-3pm*

*Thursday 22nd October 10-11am*

*Kirkcaldy Leisure Centre*

*FREE TO ATTEND*

For more information or to sign up:  
<https://forms.cloud.microsoft/e/wBeDMZgn6X>

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# Family Swim Sessions

Through the Summer of Sport funding, Fife Active Schools is delighted to deliver sessions which are targeted and tailored to young people with Additional Support Needs.

There will be free Family Swim sessions running at Kirkcaldy Leisure Centre. These will provide an opportunity for you and your family to join other families in the training pool where you will have exclusive use.

Armbands will be provided and the depth of the pool will be set to 1.25m (via the adjustable floor).

If you would like to join us, please confirm availability via our enquiry form.

If you require any more information, then please get in touch with

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