



Diary Dates

Mon 22 April: Return to School
Tues 23: S3 Girls' "STEAM" Workshops
Thurs 25: SQA Exams begin
Tues 30: Junior UK Maths Challenge
Wed 1 May: S2 Trip to WW1 Battlefields Trip to Belgium and France, S1 Trip to Edinburgh University
Mon 6: May Day Holiday
Fri 10: P7 Sports Day
Tues 14/Wed 15: Step Up to Enterprise Days for Primary 7
Fri 17: Activities Day for S1-3
Tues 21: P6 Theme Day
Thurs 23: S3 Parent/Carer Evening
Fri 24: Head Boy and Girl Interviews
Sat 25: "Beach Clean" Seafield to Kinghorn
Tues 28: Teenage Mental Health Parent/Carer Evening
Thurs 30: Youth and Philanthropy Initiative Grand Final
Mon 3 June: Holiday
Tues 4: In-Service Training (school closed) Prefect and Colours Presentation after school
Wed 5: New timetable begins, Salters Chemistry Festival at Heriot-Watt University
Thurs 6: Year Assemblies
Fri 7: S6 Induction, Eid Celebration lunch (end of Ramadan)
Mon 10: Visit of Mike Haines of Global Acts of Unity, FoKHS AGM at 7pm
Tues 11: Rotary "Kids Out" Event, Prizegiving from 6pm
Thurs 13: P7 Welcome Day 1, Parent/Carer Evening and Disco/BBQ
Fri 14: P7 Welcome Day 2, Leavers' Prom at Fernie Castle
Mon 17: Spanish trip to Madrid departs
Tues—Thurs 18-20: House Assemblies
Wed-Fri 19-21: School of Rock (school show)
Thurs 27: Big Event (pm)
Fri 28: End of term, with Dress Down, Talent Show and early close.

The Rector Writes ...

I *It was a very pleasant surprise to be so prominently featured in the Fife Free Press at the start of the year. Each year, the paper chooses its "Top Forty Fifers" from individuals or groups who have had the greatest positive impact in the local area in the year past. I am absolutely thrilled that our school's LGBT Support Group was named at number one! It is a huge honour for us to be recognised in this way ... tackling homophobia and all forms of prejudice and promoting the human rights of all our young people. We are committed to the principles of the United Nations Convention on the Rights of the Child (UNCRC) which basically guarantees the right to "be yourself" whatever your identity.*

As you know, we value all kinds of learning in the broadest sense, developing all the capacities of our students and I'm sure our newsletter will once again demonstrate that.

With extra special best wishes to all those who will be leaving school over the next couple of months, especially our current S6, pictured.

First Week of 2019 We got back to business on Monday 7 January and welcomed a new member of staff to the Music Department. Mrs Michaela Duckett, joined us from a school near Walsall, Staffordshire. It was also good to welcome back Mr Cromb (Maths) after his sabbatical last term. Finally, welcome also to Stelle, a young woman from Brazil who is joining us in S6 until May. Stelle joins the growing number of foreign exchange students we are currently hosting. We have Chiara and Marco from Italy, Fiona from Switzerland and Karoline from Germany. Our main activity during that week was the prelims.

Week Beginning 14 January Our prelims finished on Friday 18 January. In week two we also had our first Primary Seven Parent/Carer "Roadshow" evening. The engagements took place on the Tuesday at Torbain and

Capshard. Mr Young and Mr Broadway were joined by S1 and S6 pupils to meet parents and carers and discuss the transition to KHS. It was really good to have such a good turn out and positive feedback from those who attended. That same evening (Tuesday), we hosted the first round of the Crown Office Procurator Fiscal Public Speaking Competition. Team KHS, comprising Amber Thomson and Logan Piotrowicz (both S3), discussed the merits of school uniform along with teams from Auchmuty and Queen Anne High Schools. Amber and Logan did exceptionally well and won through to the Fife final. The Thursday was a meeting of the "Friends of Kirkcaldy High School". We were recently presented with another donation which is going towards the purchase of laptop computers which will be adapted for use by young people with additional learning needs.



Best wishes to the Class of 2019

and told the story of the Nazi death camps at Auschwitz-Birkenau. On the Tuesday, we had all S1 taking part in a "Speedy STEM" event in the Hall with each house out for a 2 period slot. The theme was team work and problem solving skills in the context of Science, Technology, Engineering and Maths. Many thanks to our friends from Fife College, who supported this event. In the evening, Mr Young and Mr Allan were at Valley Primary and Fair Isle for our second round of Primary 7 "Roadshows". On the Wednesday evening, Mrs Simpson (Head of Music) and the Rector went along to Balwearie High School for the Rotary Club Young Musician Competition. Well done to Cameron Hamilton (cornet), Cara Hayes (vocal) and Fiona Mundwiler (violin), who competed against musicians from the other Kirkcaldy schools and performed to a very high standard. We are pleased to report that Cara won the vocal section and Fiona was runner-up in the instrumental. That week also saw our S4 "First Chances" candidates spending the day along at St Andrews University delivering their talks and presentations in front of an audience. Many thanks to Mrs Hunter (Guidance) and Mr Dick (Chemistry) for their commitment to this excellent programme. On 24 January, Miss McIntosh (Principal Teacher of Equity) took three of our S4 Dance students along to an afternoon of Dance Workshops at Armadale Academy, near Bathgate. The sessions were led by professional dancers and choreographers from the renowned Pineapple Studios. Also that day, Mr Broadway (Head of Supported Learning) delivered a presentation to ten Fife Councillors on the theme of childhood adversity.

Week from 28 January This week was pretty busy too, with Yeargroup Assemblies on the theme of Teenage Mental Health. We also had particular inputs on different days, with Edinburgh University staff talking to S2 about course choice and St Andrews University in tomorrow to talk to the S5 about the Sutton Trust Summer School programme. At the end of the week, the Anthony Nolan Trust recruited potential bone marrow donors from S5/6. Many thanks to our "Learning Council" members and other S6 volunteers, who agreed to become "champions" of this worthy cause. Also at the assemblies, Mr Allan highlighted the drug related incident at Dunfermline High School and urged our young

people to be alert to the danger of drugs in school and to take care of themselves. In the evening we held a special parent/carer evening for S1. It was all about "Growth Mindset" and focused on encouraging reading and literacy skills. Many thanks to Ms Cunningham and the English team who set this up. On the Wednesday, we had our outdoor learning group at Falkland Estate once again and in the afternoon, Ms Mahr organized for a guest speaker from the Humanist Society of Scotland to address S2 RME classes. On Thursday, all S4 had those study skills sessions with Live'n'Learn, a well established education and training agency. Then that evening, a group of staff and pupils attended a special reception at the Scottish Parliament to mark the beginning of LGBT History Month. We were invited by Jenny Gilruth, the MSP for Mid Fife and Glenrothes, in recognition of our inclusive practice in this area. The week ended with a further Live'n'Learn session, this time for S5 students.



S1 STEM with Fife College

Week 5 Report February started with a strong focus on employability and the world of work. On Monday 4 February, we hosted the Scottish Government's "Early Learning and Childcare Roadshow", which is a recruitment drive in this growth area. The recent expansion of nursery places and hours means that there are thousands of new jobs becoming available in this field over the next couple of years. We had 80 young people involved. Thanks to Miss Malcom (our Principal Teacher in charge of Workforce Development) for her work with this. Also on the Monday, Mrs Davidson took a group of young people with an interest in the motor industry along to the Kwik Fit Training Academy at Broxburn. On the Tuesday, our S1 pupils were involved in a STEM "Energiser" event in the assembly hall. This was delivered by "Tomorrow's Engineers" and was great fun, involving building an electric car and testing the capacity of its battery, using experiments to compete against other teams. It continued on into Wednesday and involved skills in teamwork challenges in science, technology, engineering and maths. Also on Tuesday, our LGBT+ group were involved in delivering inclusive training for Fife Council Youth Leaders. The group also met with LGBT Youth Scotland after school on Wednesday to plan how KHS can be accredited with the LGBTYS "Charter" (Gold Standard) over the coming months. On

Wednesday, it was a pleasure to host three teachers from Italy as part of the Erasmus Education Programme, funded by the European Union. Our visitors thoroughly enjoyed their day and learned a lot about Scottish education, leaving with many happy memories. We staged the UK Mathematics Challenge (Intermediate Age Group). Many thanks to Miss Cunningham (Principal Teacher of Numeracy) who organised this. She also set up a fun Maths based version of "The Chase" at lunchtime involving staff and pupils. Proceeds from this, and a bake sale today, are to be split between the NSPCC and "Children 1st". On the Friday, the senior pupils who had signed up for the Anthony Nolan Bone Marrow Donor Register gave a sample mouth swab which becomes part of a stem cell record. We were delighted to have Ally Boyle and the guys from Fire and Rescue Scotland in school. The Kirkcaldy Fire Crew link with

Anthony Nolan is hugely worthwhile and the response from our young people has been terrific ... 82 of them completed the full registration and gave their DNA sample that day. Also that week, we had students taking part in the Fife Festival of Music at the Adam Smith Theatre, and everyone played very well and were a credit to KHS. We are very proud of all our young musicians. A particular well done goes to Cameron Hamilton who won first prize and the trophy in the Brass Advanced Class. Cameron plays cornet beautifully.

Week Beginning 11 February The following week was shortened due to the In-service Staff Training Day and the two day break. On the Tuesday, Social Subjects students involved in the trip to London headed off by train. This was an excellent experience which included a tour of the House of Commons. The group also visited Madame Tussauds, The Museum of London, The Imperial War Museum, The London Dungeon, went to see "School of Rock" at Covent Garden, cruised on the Thames and took a ride on the London Eye. Many thanks to all the staff who looked after the group. Our pupils were an absolute credit to the school. At Tutor on Tuesday, we held a special S5/6 assembly on the theme of teenage mental health. Thanks to Mrs Kendrick for

her organisation and to Christine Paterson of "DAPL" for her input. Also that day, we held an extensive consultation with NHS Fife to support their "Excellence in Care" initiative. Around 50 of our young people took part in focus group discussions about services and expectations led by Jennifer Grant of the School Nurse Team and Tara Irvin from the Fife Health and Social Care Partnership. Also, our staff training that week went very well. We had teaching and support staff from Capshard, Fair Isle and Torbain along on the Wednesday morning for a session on "Adverse Childhood Experiences". Morgan Faulds (S4) was up first, offering a report on her attendance on the "ACE Aware Nation" Conference in Glasgow. Morgan was inspiring. As was Mary Glasgow, Chief Executive Officer of "Children 1st". We also had our own Mr Broadway (Head of Supported Learning) introducing the "Be That Person" film, made by Fife Council to help promote awareness and understanding of the impact of childhood trauma. Mrs Kendrick (Principal Teacher of Guidance) had put together an excellent programme for staff on teenage mental health issues, including a session on our increasing involvement in the delivery of meditation, yoga etc.

Week 7 On Monday 18 February, we held a special options "Fair" for S4 and S5 learners to help them with course choices for next session. Each Department had a stall manned by staff and students to go over course requirements, expectations and links to further study or careers. All S4 attended (by House) just after interval and all S5 just before lunch. It was also great to have inputs from Fife College, Edinburgh University, Fife Council Foundation Apprenticeship Team and Skills Development Scotland. We also had House Assemblies on the theme of Diversity and Equality.



Stem Cell Donation with Anthony Nolan

These were being led by KHS LGBT+ to mark LGBT History Month. Many thanks to Blake, Morgan, John and Alanah, who gave a very informative presentation. The group offered further staff training on Wednesday, this time for P7 pupils at Juniper Green Primary School, Edinburgh. Also on the Wednesday, we hosted the latest round of the Disability Sport Fife football tournament and after school, our "First Chances" pupils had more study/revision sessions with their undergraduate mentors from St Andrew's Univer-

sity. On Thursday, we had the University of St Andrews again, conducting "focus groups" with young people discussing their attitudes to smoking. In the afternoon, our S5 "Sexperts" were trained to deliver their sex and relationships education programme to S3, again supported by NHS Fife, who are excellent partners in so much of our work. The other event last afternoon was a consultation involving "Children in Scotland". We had a group of young people involved in discussion groups about "extended rights". As a UNICEF "Rights Respecting School", we are always keen to be involved in this type of activity. On the Friday, our S6 "Class of 2019" posed for their Yearbook picture at lunchtime (see page 1).

Week from 25 February We held Yeargroup Assemblies led by our UNICEF Rights Respecting School student group. They focused on the United Nations' "Sustainable Goals" Programme. On Monday afternoon, parents and carers were invited in to meet Guidance Staff to discuss course choices for next session and Mrs Morris held a parent/carer evening for those families interested in our proposed trip to Chateau de Warsy, France in February 2020. We always offer support for less well off families and are grateful to our donors and in particular to "Friends of Kirkcaldy High School", who have raised thousands to support this. On the Wednesday evening it was our S4 Parent/Carer Evening and we also invited "Fostering for Fife" to put on a stall at the parent/carer evening. To end the week we had a large group of S1 working with Mark Fleming, our "Author in Residence" sponsored by the Scottish Book Trust. Also Miss Tennant and our Go4SET technology team enjoyed an industrial visit to Leviton, the Glenrothes based electrical wiring manufacturer. We also hosted an event with Costa Coffee to help recruitment of trainee baristas. We had young people from S5/6 who are interested in hospitality as a career. On Friday we had a group of budding Sports Leaders from S3 helping at the Fife P1/2 Athletics Festival being held at the Michael Woods Centre, Glenrothes. Then, the week ended with a group of KHS musicians playing at the launch event of a Kirkcaldy Solicitors' new office in Townsend Place. We are grateful to Boyd Legal for the invitation and for their donation, which will go to purchase new music equipment for the school, specifically, a portable electric piano. That same weekend, our Rwanda exchange team were out fund raising for their trip this October by offering a bag packing service at B and M Stores at the Retail Park.

Week 9 News During that week (beginning 4 March) our assemblies were led by Science staff to mark "British Science Week" ... as expected, there were a few bangs! Many thanks to Mr Dick and Dr

Murray who looked at ways of creating clean energy. Also at the assemblies, the Rector reiterated our mobile phone rules. These should be off and out of sight during lessons, except at the direction of the teacher when a phone could have an educational purpose eg to photograph an experiment or similar, take part in an online

"Cahoot" quiz or to note homework due etc. Earphones should be out of sight during lessons and in corridors. These are fair rules which reflect our values of "Respect for Learning" and "Respect for Others". Phones can disrupt learning, their use in social situations can

be rude or disrespectful and earphones in the corridors can sometimes be unsafe. At the Carlyle Assembly, we also had the presentation of an "Achiever's Tie" to one of our top footballers. Liam Newton (S5), recently made his international debut for Scottish Schools U18 and plays regularly with Dunfermline Athletic reserves. Also, perhaps you saw in the Fife Free Press that Kieron Bowie (S5) recently made his first team debut for Raith Rovers and will join the club full-time after his exams in May. Kieron will also receive one of our special ties. On that sporting theme, very well done to Fraser Anderson, our Head Boy. Fraser was named the Sport Scotland "Young Ambassador of the Month" for February. On the Tuesday morning, a group of female students and "STEM" staff met with Councillor Kathleen Leslie to discuss women and girls progressing into science and technology careers.

In the afternoon, our LGBT+ group delivered training for the clergy of the Scottish Episcopalian Church at St Peter's, Kirkcaldy. Their training was very well received. We also had a parent/carer evening for those involved in the Great War Battlefields trip in May. Many thanks to Mr Harrower, Miss Osborne and to the other staff involved. We are grateful to the donor, a

former pupil who wishes to remain anonymous, who has made it possible for us to include young people who would find it hard to be part of this trip on financial grounds. Mitigating disadvantage is a big part of our work and dona-

tions such as these allow us to operate more fairly. If you can help at all, please call the school. Also that evening, Mrs Davidson and Mr Allan went along to the Rotary Club of Kirkcaldy meeting held at the Dean Park Hotel. It was the special "Youth Showcase" evening and we were joined by our "RYLA" leadership camp students; Liam Nisbet, Jake Ramsay and Megan Ramsay, all S5. All three have won sponsored places at the camp in the Cairngorms this summer. We also had "Young Musician" winners Fiona Mundwiler (violin) and Cara Hayes (vocals) performing. This was one of Mrs Simpson's last engagements outwith school hours for a wee while and she is now on maternity leave. At the Rotary

night, Charlie Murdoch, the Chair of our Interact Club, also gave a report back to the club. Jake Nisbet was also there in another capacity, as the Kirkcaldy Winner of the Rotary Club Young Chef Competition, joined by runner-up Andrew. Also, Mrs Morris, Head of Modern Languages, came along to the meeting with Alex, S6 at Balwearie, who won a "Euroscola" place at the European Parliament at Strasbourg. Although Alex is a Balwearie pupil, she is part of our Advanced Higher French class. On Wednesday 6 March, as well as the Carlyle Assembly, we had a film crew in school, from Edinburgh University. They were making a short film about equality and diversity in education. This will be part of the teacher induction programme and focused on the work of KHS LGBT+. We also had our Sport Leaders officiating the Disability Sport Fife Badminton in Glenrothes. Our senior basketball team competed in the Fife Championships and won three of their five matches, finishing fifth overall, a best ever finish. In the afternoon and early evening, parents and carers of S4 were invited in to discuss course choice for S5. Many thanks to the guidance staff who go to great lengths to get this right. Thursday saw our S5/6 peer educators being trained to deliver

the "Sexperts" sexual health and relationships programme for all S3. Many thanks to NHS Fife, Barnardo's Scotland and Kirkcaldy Youth Worker team for their support. Then, in the afternoon, Mr Allan and a group of staff visited

Valley primary to read to children there as part of World Book Day. The feedback from the Valley kids was very positive and it was good to meet Mrs Mann, new Headteacher. After school, Mr Allan attended a Presentation Ceremony for our Duke of Edinburgh Award Licence. This took place at Queen Anne High School, Dunfermline and he was joined by Ramiza Ahmed, Kyle Peter and Gemma Carpenter, who are undertaking this excellent programme of personal development and challenge. Many thanks to Miss McIntosh and Dr Beattie for their support of this. That night was also our S2 parent/carer evening. Friday 8 March was the "Friends of Kirkcaldy High School" Ceilidh. As always, this was a big success, albeit one which was overshadowed by the recent death of FoKHS Chairman John Beck. We remembered and paid tribute to John on the night. Many thanks to all who came along. Almost £2000 was raised. Thanks to Mrs Davidson (Depute) for the work she puts in behind the scenes. We are also very grateful to Lorraine Lister, our janitor, who always shows such exceptional commitment to the cause.

supported by the "STEM East" Ambassador Team. We had over 25 ambassadors involved in "speed dating" with groups of S3 pupils to explain their work as engineers, technicians and scientists. The feedback from the kids was excellent. Thanks to all of them for engaging so well. At the same time in the Library, we hosted the Sky "Ocean Rescue Challenge". These were workshops with a focus on plastic pollution ... again, this work was about extending understanding of those UN "Sustainable Development Goals". As a UN Rights Respecting School we are committed to doing this. Many thanks to Fallon Dunleavy of the Transformation Trust, who was an excellent facilitator. We are hopeful that our winning team, the "Sea Savers", can qualify for the Scottish final which involves making a short film for Sky TV. Many thanks to Miss Ashby and Ms Young for their support of these sustainability and participation initiatives. We also had a group of S1 boys out on a visit to Waterstones Bookshop on Wednesday. Many thanks to Miss Wilson (English). We value reading and literacy and we also made a small sum available to allow those on the trip to buy a book of their choosing. Meanwhile, Alanah Ferguson (S6) was off to the UK "Big Bang" Science Competition at the NEC in Birmingham. Alanah has developed a project on underwater energy generation which is very exciting. It's part of the Nuffield Foundation Research Programme and Alanah has been spending time at Dundee University developing her ideas. "Big Bang" is the UK's top Science Competition for young people and we are immensely proud of Alanah, who was awarded a medal by Engineering UK in recognition of her achievements and declared UK runner-up by the Chartered Institute of Water and Environmental Management in their sustainable energy section. The Thursday saw our S5 "Sexperts"

if you can. The other big

event that Tuesday evening was the charity football match held at Starks Park in memory of Connor Aird and Ethan King. Despite the worst of weather, an amazing crowd of over 1100 turned out to pay tribute to the boys who died in the Standing Stane Road crash last November. Also that evening we held a Parents' Evening for those taking part in our forthcoming trip to Madrid, which takes place in June. Many thanks to Mr Spink (Modern Languages), who is leading the trip, and the other staff assisting. On Wednesday, we held another "Speedy STEM" science and engineering awareness session in the Hall,

supported by the "STEM East" Ambassador Team. We had over 25 ambassadors involved in "speed dating" with groups of S3 pupils to explain their work as engineers, technicians and scientists. The feedback from the kids was excellent. Thanks to all of them for engaging so well. At the same time in the Library, we hosted the Sky "Ocean Rescue Challenge". These were workshops with a focus on plastic pollution ... again, this work was about extending understanding of those UN "Sustainable Development Goals". As a UN Rights Respecting School we are committed to doing this. Many thanks to Fallon Dunleavy of the Transformation Trust, who was an excellent facilitator. We are hopeful that our winning team, the "Sea Savers", can qualify for the Scottish final which involves making a short film for Sky TV. Many thanks to Miss Ashby and Ms Young for their support of these sustainability and participation initiatives. We also had a group of S1 boys out on a visit to Waterstones Bookshop on Wednesday. Many thanks to Miss Wilson (English). We value reading and literacy and we also made a small sum available to allow those on the trip to buy a book of their choosing. Meanwhile, Alanah Ferguson (S6) was off to the UK "Big Bang" Science Competition at the NEC in Birmingham. Alanah has developed a project on underwater energy generation which is very exciting. It's part of the Nuffield Foundation Research Programme and Alanah has been spending time at Dundee University developing her ideas. "Big Bang" is the UK's top Science Competition for young people and we are immensely proud of Alanah, who was awarded a medal by Engineering UK in recognition of her achievements and declared UK runner-up by the Chartered Institute of Water and Environmental Management in their sustainable energy section. The Thursday saw our S5 "Sexperts"



Kieron of the Rovers



Duke of Edinburgh Award Presentation Event



Jake Ramsay at Dundee and Angus College

peer education trainers working with all S3 (by House). We were also involved in a further meeting with Boyd Legal ... this is an exciting opportunity for us. That evening was our first ever "Dance Showcase" in the Hall. We are delighted that dance has become a real strength for KHS. Many thanks to Miss McIntosh (PE), who leads on this and shares her passion for dance. The show itself was absolutely outstanding ... a brilliant display of talent and hard work. It was moving and inspiring. Well done and thanks to everyone ... including our brilliant tech team. Thanks also to the staff involved. During the day on Friday, we paid brief visit to Kirkcaldy Central Mosque before Friday prayers to convey our sympathy and outrage to Imam Mansoor in the aftermath of the New Zealand terrorist murders. Mr Allan was joined by senior pupils. The Imam has publicly thanked us for our support and expression of solidarity. It is more important than ever to reiterate our shared commitment to tolerance and respect. We are right with our Muslim friends and we condemn all those who would divide us with their hate. That evening we had teachers and pupils from the Computing Department attending the Adam Smith Global Foundation Annual Lecture at the Adam Smith Theatre. On Saturday 16 March, Cara Hayes, Umar Mohammed and Morgan Faulds were at Stirling University to contest the Scottish final of the Rotary Club Public Speaking Competition. We were up against Aboyne Academy, St Andrew's and St Bride's (East Kilbride) and Hutchesons' Grammar School (Glasgow) for a place in the UK final at Nottingham in May. Mrs Davidson and Mr Allan were so immensely proud of team KHS, who were, quite frankly, brilliant. It must have been very tough for the judging panel, which delivered a "spilt decision". Hutchesons' were declared the winners by the slimmest of margins.

Week 11 Highlights This week we had Yeargroup Assemblies with differing themes. For S1 on Monday we welcomed Hank John of Gideons International, who gave a short talk about the voluntary work undertaken by this Christian Charity. S2 on Tuesday had a safety talk from Fife Fire and Rescue. On Wednesday we had a focus on "Learner Journeys" when 3 of our S6 explained what they plan to do after school. There was a focus on positive destinations such as College, University or a Modern Apprenticeship. Many thanks to Kelice Peebles, Kirstin Graham and Jack Ramsay for their input. This was the same experience for S4 on the Thursday. Last Friday morning (for S5/6) we welcomed Lynsey Ramsay, a former pupil who talked about her "learner journey" and offered some very helpful advice. In a very moving speech, Lynsey ex-

plained how she had worked to overcome adversity and now runs her own successful business. The message was clear ... resilience and hope win in the end. Also that day, S6 were briefed about arrangements for their Prom, which this year takes place at Fernie Castle, near Cupar, on Friday 14 June. We held a Parent Council meeting on the Tuesday evening. Chairman Derek Dunsire welcomed those present and the agenda this time around covered; budget, staffing, a proposed teenage mental health parent/carer evening for the 28 May and talk on "adverse childhood experiences" from our public speaking team. We also had a report from our Head Boy and Head Girl, Fraser Anderson and Mollie Turner. Also that evening, Mr Stewart held a parent/carer evening for those involved in our ski trip. On the Wednesday morning we welcomed Lynn Hunter from Stephens the Bakers Foundation along to our Breakfast Club. Stephens have recently become our official sponsor and are donating monthly to ensure that those who can't afford to eat well have a nutritious breakfast in school. Many thanks to the Foundation, we are very grateful. We also had our S2 net-



Go4SET Design Engineering Winners 2019

ball squads competing in the Fife Schools' Championships at Glenrothes on Wednesday and they did exceptionally well. KHS reached the semi-final stage for the first time. In the afternoon, Miss Wallace of the Geography Department took a group of S1 outdoors to help The Dunnikier Country Park Development Group plant trees on the "North Field" (the area just to the south of the Council Parks Depot). As you will gather, we are actively promoting the UN Global Goals, in this case, Goal 15: Life on Land. Our involvement resulted in 130 trees being planted in just over an hour. In addition, we hosted the latest round of fixtures of the Disability Sport Fife Football Competition. The other fantastic success story of that week was our Go4SET science and technology team's win in the East of Scotland final held at Fife College Carnegie Campus, Dunfermline. This is an engineering and design competition for S2 pupils with a focus on global warming and sustainability. Well done Miss Tennant and her team; Blake McBride, Olivia

Etherington, Millie Cowie, Eilidh Drummond, Kate Francis. They now progress to the Scottish final to be held at Dynamic Earth in Edinburgh in June. Thanks also to sponsors, Leviton, the tech company from Glenrothes, who provide technical advice and support. On the Wednesday evening, the Rector attended the Scottish Parliament with some S4 pupils at the invitation of "Children 1st", Scotland's leading children's charity. We were asked along to a reception hosted by Shona Robison MSP and the guest speaker was Humza Yousaf, the Justice Secretary. This was to recognise the efforts made by organisations (especially the Police on this occasion) to develop wider understanding of the impact of childhood abuse and neglect. We were the only school invited in this way. On the Friday, we had a visiting delegation of 11 teachers from Norway, organised by the General Teaching Council for Scotland. Many thanks to our Modern Languages Ambassadors, organised by Mrs Morris, who showed our visitors around. Many thanks to our excellent ambassador team; Skye Deacon, Morgan Lindsay, Nicole Scott, Megan Jobson, Natasha Sinclair and Fiona Mundwiler. Also, muchas gracias to Ms Roberts (Home Economics), who organised for Hospitality students to prepare and serve a Mexican themed lunch for staff that day. This was part of the assessment of the Hospitality course. It was fabulous. On Friday evening, our U13

and U15 football teams contested the Finals of their respective Fife Cups along at Bayview Stadium, Methil. Many thanks to coaches Mr I'Anson, Mr English and Miss Steedman, whose support of our teams is greatly appreciated. We are delighted to report that KHS are the U15 Fife Champions after beating Madras 5 - 1. The KHS scorers were Lewis Anderson, Scott Graves, Cameron Dewar (2) and Lewis Fleming.

The Penultimate Week of Term On the Monday we had the "Boozebusters" peer education training sessions supported by "Clued Up" and DAPL. On Tuesday, Mrs Hamilton (S3 Yearhead) organised for a travelling theatre company to deliver a play highlighting the issue of problem gambling. The show was called "Flutter" and it certainly made our young people think about the dangers of betting. After school, our Rotary Interact Group took part in a sponsored walk to support MND Scotland and the Anthony Nolan Trust. On Wednesday,



Norwegian Teacher Delegation

day, the KHS LGBT+ student group were invited to run inclusion workshops at the National Youth Workers Conference in Glasgow. As you likely know, KHS is regarded as leading the way in promoting equality and fairness for all, regardless of sexual orientation, gender identity or any other characteristic. At the end of the day, our S5/6 gathered in the Hall to receive some feedback and thanks from Fife Fire and Rescue about the recent Anthony Nolan STEM cell donor campaign. On the Thursday, all S2 had their "Boozebusters" peer learning sessions, many thanks to Mrs Houston, our lead professional in the Guidance Team, who has organised these programmes. The S4 trainers were terrific. Friday saw a special assembly for S4-6 to cover all the arrangements for the forthcoming SQA exams. These begin on Thursday 25 April with Latin, Physical Education and Administration/IT. Typically, there will be a "Masterclass" the day before each exam. KHS featured on BBC Scotland's "The Nine" on Friday evening, which highlighted schools' wider successes rather than in terms of raw exam data. This was in response to the recently published "league tables" of schools.

The Final Week of Term On Monday we welcome the team from "Water Safety Scotland", which includes the Fire Service, Police and RNLI. All First Year will have a special talk in the Hall during period 1. There are House Assemblies that week and we hand these over to the S6 leavers to organise and deliver. These are always a bit special, and often quite moving. On Wednesday, we have SQA assessments in Dance and Drama. Hank John, formerly of Caledonia Travel will be in talking to our Travel and Tourism class and after school, our LGBT+ Group are attending a "World Café" event in Glenrothes. Thursday is the final day of term and we hold a "Dress Down Day" in support on MND Scotland, in memory of Gordon Aikman, former head boy, who was such a brilliant campaigner for that cause. On Friday 5 April, our ski trip heads off to the Austrian Alps. Thanks to Mr Stewart and the team of staff in charge. The group returns on 13 April.