

Diary Dates

Tues 5 Aug: SQA exam results published

Mon 18 Aug: Teachers return for training. Course change opportunity for SQA pupils in light of results (1pm–3.30pm).
Drama trip to Edinburgh Festival

Tues 19 Aug: Training Day 2

Wed 20 Aug: Pupils in school.

Fri 22 Aug: Yeargroup Assemblies (S2-6). Trip to Edinburgh Book Festival

Mon 25 Aug: House Assemblies all week. Carlyle Mon, Adam Smith Tues, Beveridge Wed, Oswald Thurs

Wed 27 Aug: Club XL to Coastal Path

Mon 1 Sept: Year Assemblies - S1 Mon, S2 Tues, S3 Wed, S4 Thurs, S5/6 Fri

Tues 2 Sept: Roman Army reenactment soldiers visit Classics

Thurs 4 Sept: Friends of Kirkcaldy High School at 7pm

Tues 9 Sept: S1 Road Safety Theatre. Parent Council at 7.30pm

Mon 15 Sept: House Assemblies

Mon 22 Sept: Year Assemblies. S1 Team Building Week at Fordell Firs

Fri 27 Sept: New S1 Settling In reports posted

Mon 30 Sept: House Assemblies. S1 Maths CSI themed learning

Fri 3 Oct: School photos (S1/3/6)

Tues 7 Oct: Shakespeare Schools' festival workshops—"As You Like It". Social Subjects trip to London. Disco (evening)

Fri 10 Oct: Dress Down Day and close for holidays until Mon 27 Oct

Sun 19 – Sat 25 Oct: Classics Trip to Italy (Naples and Pompeii).

The Rector writes ...

This is our final Newsletter of session 2013-14, our summer edition. As ever, it has been a busy term, with a great many causes for celebration, such as Prizegiving (photo below) which was a real highlight. Many thanks to Provost Jim Leishman for being our special guest. We also had the SQA exams, Activities Day, the S6 Prom, and Induction and Welcome Days for the new primary intake. Thank you for your strong support and cooperation over the past year. All our successes as a school are based upon strong backing of parents/carers and the Kirkcaldy community itself – we are nothing without this.

Many thanks also to Mark Wheelwright and the staff of the Adam Smith Theatre for support for our S6 Induction last month. All our new S6 pupils were treated to talks,

workshops and activity sessions led by Royal Bank of Scotland, Sainsburys, NHS Fife and our own staff – including a special focus on Saltire Volunteer Awards, especially befriending elderly people, and health and wellbeing awareness. The sessions were very well evaluated by our young people and it is clear that our new role models have made a positive start.

In May we enjoyed our annual Activities Day which included trips to Alton Towers, Bowling, Crazy Golf, Cinema, Edinburgh Zoo, Karting, M and D's Theme Park, Paintballing, Blair Drummond Safari Park, climbing in the Lake District, the Scottish Deer Centre and the Snow Factor in Glasgow. I would encourage all parents/carers (S1-3) to respond early in the new session—we are planning an early start for our Activities Day on Fri May 22 2015, and want all signed up to take part in affordable, active and fun events or trips. Next year we intend to give pupils

who have followed our "ABOUT" Code (Attendance, Behaviour, Organisation, Uniform and Timekeeping), the first chance to take part in the most popular activities and trips.

We have a staff update. First off, very well done to Mrs Davidson, who has been appointed to be a permanent member of the Senior Leadership Team. She was a great success in the Depute's post on a temporary basis and it's great to make that permanent.

Good luck to Miss Goudie, Mr Kowbel and Mrs Thomson, who started in new positions at Lochaber, Beath and Auchmuty High Schools respectively recently. We also say farewell to trainee PE teacher, Miss Ho and send our best wishes with Mrs Harper in Learning Support. Mrs Harper takes up a year long secondment at St Andrew's High School. Mr Penman of the Maths Department is also moving to St Andrew's. Mr P Young, has recently joined us in PE from Bell Baxter High School.

In August, we will welcome new staff Miss McIntosh in PE, Miss Malcolm in Music, Mrs Pirie in Physics and Guidance (Beveridge House) and Mrs Sim in Maths and Guidance (Carlyle House). Mrs Kerek in English will be staying with us on a permanent basis and is joined by Mrs McCormick as a trainee. Other probationers are Miss Band in PE and Miss Grubb in Maths.

Finally, well done to Miss Keeble, who becomes a Guidance Teacher in Adam Smith House on a permanent basis.

I mentioned your strong support earlier. Many thanks for your backing with our push on uniform,

and especially the wearing of blazers. We have had a very good uptake and I know that many parents/carers appreciate the lengths we have gone to secure a good deal. Please check the Academy Uniforms website to order a quality KHS blazer and badge for only £28.

As always, if we can assist any parent/carer in any way, please be in touch. The Guidance Teacher is the first point of contact, and your son/daughter's Year-head or myself can also be available should you wish.

With kind regards, and best wishes for a great summer break.

Allan.



Provost Honours COSLA Award Winners

In May it was a privilege for KHS staff and pupils to be invited to Fife House, Glenrothes, to a civic reception hosted by Provost Jim Leishman. This was in honour of our achievement in winning the "COSLA" Excellence Award earlier this year.

Pupils explained how the sexual health improvement programme in Kirkcaldy High School works and how teenage pregnancy rates have been significantly reduced across our catchment. The Provost was very impressed, especially by the leadership shown by the young people themselves.



St Andrews University "First Chances"

On the basis of economic and social background data, selected secondary schools from Fife participate in the First Chances project. The rationale is for the school to select ten pupils at the start of S3 who they feel can be aided in raising their aspirations and attainment. Pupils attend a residential summer school at the University and then over the period of the year, with the help of St Andrews student mentors, complete a project report and deliver a PowerPoint presentation. At the start of S4 the pupils return for phase two of their residential experience to take part in feedback sessions, academic workshops as well as a graduation ceremony.

Very well done to the new Kirkcaldy High School S4 graduates, who are pictured below; Chloe Newton, David Smith, Kieran Wyse, Scott Williamson, Cameron Bennett, Sohaib Mahmood, Owen Robertson, Greg Robertson, Lauren McArthur, Kimberley O'Callaghan, Alisha O'Callaghan and Tamara Alrahaw.



Each pupil who takes part in the project is given a student mentor, whom they can contact for advice and support throughout the length of the project. Mentors visit high schools on four Wednesday afternoons within the academic year to meet with pupils. Each student ambassador will have either one or two pupils who

they will be expected to keep in contact with via our StAN (St Andrews Access Network) messaging system. This is an important aspect of the position as pupils are also graded on how well they communicate with their mentor.

This year's cohort from all over Fife were mentored by former KHS student Lizzie Jenkins, who has just completed her First Year studying for a degree in Psychology.

Mr Allan, Rector, was the guest speaker at the graduation ceremony at the Drummond Theatre and he thanked the University of St Andrews for actively seeking to improve access to higher education for working class pupils. He highlighted the terrible educational inequality which exists in modern Britain and urged the graduates to make the most of their chances, never forgetting their roots and their values.

We also have a new crop of S3 pupils who are now working towards graduating in 2015. Best wishes to them, and many thanks to Mr Parkinson and Miss Kelly for their excellent support.

Dunnikier Country Park Latest

Continued links with Dunnikier Park Project have enabled S3 Biology pupils to work in conjunction with Greener Kirkcaldy and Fife Council to carry out various biodiversity studies and sampling techniques of the park.

Pupils took time to identify different forms of wildlife and had great fun pond dipping with nets.

It has been pleasing for all concerned to see a much greater range of wildlife present than was found with S3 groups last year.



"KHS Got Talent" End of Session Show



The Crowd Goes Crazy

The Grand Finale



Well done the S6 pupils who organised our end of session Talent Show. Mark Dunsire and Scott Binnie were superb hosts and a great deal of work had been put in behind the scenes by a large team led by Tayler Campbell and Ryan Wallace. Lauren Reid assisted Mr Fleming with the lights and sound.

The judges had a very difficult task to choose between finalists: Rachel Dunlay, Kwanele Kunene, Maxwell White, The Strings, Audrey Boateng and Mitch and Co, but Audrey was a worthy winner.



Mitch, Danny and Liam with Winner Audrey Boateng

Senior Prom at Balbirnie, June 2014

Our annual Senior Prom—the official send-off to the "Class of 2014", took place this year at Balbirnie House Hotel, Markinch and was very stylish and a great success—a real tribute to the many pupils who contributed to its organisation.



Commonwealth Games—Themed Learning with Primaries



Primary 6 and 7 pupils from Capshard, Fair Isle, Torbain and Valley Primary Schools had a varied induction programme this year, including Commonwealth Games Theme Days in May.

The visits were a tremendous success and all the pupils gave positive feedback on their experiences.

KHS subject departments laid on an active learning programme which used the forthcoming Games to link

learning ideas. For example, pupils made straw javelins and measured distance thrown in Mathematics, and designed and made their own Commonwealth Games medals in Art.



Higher Chemistry and Biology—CSI Kirkcaldy



Higher Biology and Chemistry classes recently visited Fife College for a CSI day. Pupils were taken round a crime scene in which one of the college technicians had been murdered.

They then had the rest of the day to decide on and undertake a wide range of techniques to solve the murder. Pupils had the opportunity to complete DNA analysis using gel electrophoresis techniques and blood group identification along with microscopic analysis of fibres. Pupils had a great day and are currently completing a

report of their findings in the hope of winning a £100 prize offered by the college for the best report!

Art pupils support the "Dress a Girl" Charity—making clothes for children in poorer parts of the world



Rovers Visit with Ramsdens Cup

It was a pleasure to welcome some real local heroes in May when Raith Rovers coaching and playing staff came to KHS to show off the Ramsdens Cup. Rovers won the cup after defeating Rangers in the final at Easter Road. Pictured are Brogan Wilkie with Manager Grant Murray, Captain Jason Thomson and Megan Steedman.

Grant spoke of his pride and had lots of good advice for the pupils—advising them to follow their dreams and always try their best.

Media manager, Ally Gourlay also displayed the new Rovers second strip which commemorates those players who died in the First World War. Since then, Mr Gourlay's illness has come to light, and everyone at KHS is wishing him well.



"Big Event" End of Session Celebration

Effort and a good attitude in school were recognised last month when we made a special prize draw for a mountain bike and a range of other prizes for each of our House groups: Adam Smith, Beveridge, Carlyle and Oswald. The lucky winners were;

- 1st Prize** Ben McDonald 4C05 – Bike (value £160)
- 2nd Prize** Rikki Laird 4A02 and Leah Morris 208 – Family Pass for Cluny Clays
- 3rd Prize** Sam Keddie 4A11– Mizuno Towel (Wellsgreen Golf Range) and 4 swim passes

Adam Smith House

- Cinema Pass – Amy Donaldson 4A05
- Swim Pass – Demmi-Lee Lonie 3A05
- Swim Pass – Andrew McDonnell 3A11
- Argos Voucher – Arrin Whyte 2A10
- Argos Voucher – Cameron Miller 2A04
- iTunes Voucher – Conor Birrell 3A11
- iTunes Voucher – Taylor Sprinthorpe 5A06
- iTunes Voucher – Caitlin Simpson 2A11

Beveridge House

- Cinema Pass – Casey Macrae 2B02
- Two Swim Passes – Sarah Connell 6B04
- Two Swim Passes – Cameron Pilmer 3B08
- Argos Voucher – Lauren Peggie 3B04
- Argos Voucher – Rachel Graham 2B05
- iTunes Voucher – Ben Bellfield 3B02
- iTunes Voucher – Rebecca Ogg 4B08
- iTunes Voucher – Megan Davidson 5B12

Carlyle House

- Cinema Pass – Chloe Newton 4C06
- Two Swim Passes – Dylan Scott 3C06
- Two Swim Passes – Ella Dews 2C07
- Argos Voucher – Lauren McArthur 4C07
- Argos Voucher – Lucy Thomson 2C06
- iTunes Voucher – Chevonne Leggat 6C11
- iTunes Voucher – Craig Kelly 3C01
- iTunes Voucher – Kimberley Kemp 3C02

Oswald House

- Cinema Pass – Ryan Mundy 6O12
- Two Swim Passes – Amy King 6O06
- Two Swim Passes – Charlene Burza 0O4
- Argos Voucher – Hayden MacPherson 2O03
- Argos Voucher – Rebecca Millar 2O03
- iTunes Voucher – Erin Smith 3O12
- iTunes Voucher – Declan Waddell 4O07
- iTunes Voucher – Niamh Hogwood 4O12.

The draws, which were open to those pupils who respect the school's "ABOUT" framework (Attendance, Behaviour, Organisation, Uniform and Timekeeping) were made as part of the school's annual "Big Event" which is a fun activities and games afternoon with inflatables, sports, science games, astronomy, a travelling zoo, the Fire Service, health and community learning stalls and input on teamwork from the RAF. The photo booth was particularly popular this year.

The event was coordinated by the Recognition Committee. Coordinator Mrs Davidson (Depute Rector) thanks the draw sponsors; Friends of Kirkcaldy High School, the KHS Parent Association and Spokes Cycles, High Street, Kirkcaldy.



At the Adam Smith Global Foundation Lecture

KHS was represented at the Adam Smith Lecture in April, delivered by Professor Michael Sandel at the Adam Smith Theatre. A group of prefects enjoyed the highly provocative and interactive talk on economics and social responsibility, and afterwards met Rt Hon Gordon Brown at the reception at Fife College. Pictured (l to r) are Prof Sandel, Mark Moseley, and Gordon Brown.



Please "Brake" When Passing The School



Kirkcaldy High School pupils gave drivers something to think about when they lined a section of Dunnikier Way recently to urge drivers to slow down near schools. KHS was taking part in the national "BRAKE" campaign which highlights this important issue.

Over a thousand youngsters including visiting pupils from local primary schools took part in a brisk walk around Dunnikier Park before returning to school along the busy Dunnikier Way.

Mrs Aitken (Senior Depute Rector) said that the event had served its purpose and that many drivers clearly got the road safety message.

Pictured are a group of senior students with their banners along part of the route.

National Co-op Eco Award for KHS

Kirkcaldy High School has been rewarded for the hard work of its pupils in making the school more environmentally friendly. The school has been crowned the regional winner for Scotland and Northern Ireland in the Co-operative's Green Schools Revolution and won £1000 to help pursue more environmental initiatives. Pupils from S3-S6 took part in a number of different projects within the school including litter pick ups, planting shrubs in the school grounds and holding a tasting session of different products during fair trade week. It was their hard work carrying out the projects throughout the year that saw them scoop the award.



Miss Nessel, Business Education teacher who has been overseeing the group, said: "We are so pleased that we have won this award and it is great that we are also the only Scottish winner. The pupils have worked hard and have shown great enthusiasm in doing so." The prize money is a welcome bonus and the school has already thought up ways to put it to good use. "Before we were awarded the prize money, we had to ask local businesses to help out" said Miss Nessel. "But now the money will go a long way in helping us with other projects. We are also hoping to take a trip to the Eco Centre at Kinghorn Loch with the pupils to learn more about the environment." Winning the award has helped boost the confidence of the pupils and helped them work together.

Pictured with Miss Nessel and the award are; Liam Lindsay, Fahid Mohammad, Grant Napier, Billie Caitlyn Young, Jordan Johnston and Jody Grierson.

Kirkcaldy High School

Bell Times

From 4 June 2014

| | Start | Finish |
|-----------|---------|---------|
| Tutor* | 8.50am | 9.00am |
| Period 1 | 9.00am | 9.50am |
| Period 2 | 9.50am | 10.35am |
| Interval | 10.35am | 10.55am |
| Period 3* | 10.55am | 11.40am |
| Period 4 | 11.40am | 12.25pm |
| Period 5 | 12.25pm | 1.10pm |
| Lunch | 1.10pm | 2.00pm |
| Period 6* | 2.00pm | 2.45pm |
| Period 7 | 2.45pm | 3.30pm |

* 4 minute warning bells are rung before Tutor, Period 3 and Period 6

European Teacher Delegation Impressed



In May we welcomed another delegation of teachers from Europe—on this occasion mainly from Eastern Europe and Scandinavia.

Once again, our European colleagues gained a powerful impression of a happy and successful Scottish school. Being able to compare notes helps KHS teachers develop their thinking.

Also, being given the chance to showcase what we do to foreign guests helps our young people develop social skills and it boosts their confidence. Once again they proved to be "outstanding ambassadors".

Blazers Introduced for S1 to S6

We have made arrangements with a supplier to provide a durable, machine washable KHS blazer for only £28 inclusive of an embroidered badge. Trained staff from the company were in school on Thurs 12 June, to "measure up" all pupils for a blazer.

Sizes have been noted—many thanks to the many parents/carers who have placed orders already. Some collected these in June and others have arranged delivery to school on August 13. You can order directly at; www.academyuniformsltd.co.uk. Look out for the "Kirkcaldy High" tab. Other blazers sourced locally are also quite acceptable.



Prefect Leadership Team 2014-2015 Announced

The new Kirkcaldy High School prefects were honoured at a special ceremony at the start of June. Ken Duncan, former pupil and now a highly respected athletics coach, presented Sports and Saltire Volunteer Awards and the new prefect team was announced in front of an audience of parents, carers and staff.

Mrs Aitken (Senior Depute) presented the prefect badges and certificates and Mr Allan (Rector) announced the new Head Boy and Girl appointments.

Pictured with Mrs Aitken are; James Farmer (Depute), Kerry Steedman (Depute), Kirstin Gourlay (Depute), Abi James (Head Girl), Mark Dunsire (Head Boy) Scott Binnie (Depute).



S5/6 COURSE CHANGES FOR 2014-2015 WILL BE CONSIDERED ONLY IN LIGHT OF SQA RESULTS. PLEASE COME IN TO SCHOOL FROM 1-3.30PM ON MONDAY 18 AUGUST

S1 Football Team at the Scottish Sevens Finals, Dundee University



XL Trip to the Cairngorms National Park

Ten pupils visited Landmark Adventure Park in Carrbridge on the last Wednesday of term. Seven of them were celebrating the end of a successful year participating in the Prince's Trust XL course, and three others were invited to join this group as they had helped and supported with various activities in the Learning & Behaviour Department over the last few terms.



Dr Jones, trip leader, reports that all pupils worked well as a team, supporting each other to complete activities such as aerial obstacle courses which were suspended from trees by ropes and chains. Many pupils overcame fears and faced up to challenges and all left the park at the end of the day feeling tired but happy and satisfied from all that they had achieved during the day. Some were also slightly wet from whizzing down the water flumes in dinghies, over and over again!



Primary School Links "Step Up" Enterprise Event

As well as our 2 "Welcome Days" in June, sports days and various other links, we recently hosted a "Step Up With Enterprise" day for all of our new S1 pupils. This was led by staff from "Entrepreneurme" and was a terrific success.

The challenge was to work together to produce a quality product on a budget. The winning teams very generously donated their cash prizes to Kirkcaldy Foodbank.



Premiership Football Experience Weekend

In April, we had a group of 27 pupils visit Liverpool, Stoke and Sunderland football clubs for tours, training and to take in 2 Premiership matches. Many thanks to Mr I'Anson, who organised the trip through Trans World Soccer of Edinburgh.



"Cut Out and Keep" – Important Dates for 2014-2015

Parents'/Carers' Evenings 2014-2015

These take place as detailed below, from 5.00pm – 7.30pm. Please expect your son/daughter to make appointments on the schedule which is issued about 2 weeks before each event. You will receive a letter with full details in advance;

| | | | |
|----------------------------|------------------------|------------------------------|-----------------------|
| P7 Tour of School | Thurs 30 Oct 14 | S3 Parents' Evening | Mon 2 Feb 15 |
| S1 Parents' Evening | Thurs 20 Nov 14 | S4 Parents' Evening | Tues 10 Mar 15 |
| S2 Learning Fair | Wed 18 Feb 15 | S5/6 Parents' Evening | Wed 3 Dec 14 |
| S2 Parents' Evening | Thurs 26 Feb 15 | | |

Reporting Dates 2014-2015

As well as our regular "on-track" letters for S4-6, please expect more detailed reports to be posted home at these times;

| | | | |
|------------------------------|-----------------------|---------------------------------|----------------------|
| S1 Settling In Report | Fri 10 Oct 14 | S3 Report (with Profile) | Fri 29 May 15 |
| S1 Report | Thurs Apr 2 15 | S4 Report | Fri 9 Jan 15 |
| S2 Report | Fri 30 Jan 15 | S5/6 Report | Mon 16 Feb 15 |

Term times, other important dates and lots of information about the school, including revision materials for exam courses, can be found on our website; www.fifedirect.org.uk/kirkcaldyhs.

Andorra Ski Trip 2014

During the first week of the Easter holidays over 40 pupils and staff spent a week in Andorra, skiing and snowboarding. The snow conditions were exceptionally favourable and were complemented by the beautiful scenery of the Pyrenees Mountains.

It was truly an excellent experience, and all those present had a great time. Organiser Mr Kowbel (organiser) was full of praise for the pupils, saying that they were brilliant ambassadors for Kirkcaldy, Fife and Scot-



Sports Leaders and Active School Strategy



In May, Kirkcaldy High School was the host of events organised by our Active Schools Co-ordinator Robert Greenhorn. The events that took place were the P5 Rugby Festival, the P1-7 Commonwealth Football Festival (with over 54 matches played for Boys and Girls football) and the P7 Transition Festival.

These events catered for around 200 pupils each and allowed children in the Kirkcaldy area to participate in great team sports and enjoy excellent facilities. With the seniors on Study Leave, 32 KHS pupils (S3) stepped up to take on some key leadership roles such as officiating, mentoring and time-keeping. Feedback from Primaries/Clubs/Coaches was of the highest quality complimenting KHS, the S3 Pupils and of course the good weather.

The P7 Transition festival is our Active Schools Co-ordinators' flagship event. This is where pupils come together from our feeder Primaries using sport and physical activity as a key influence. The event witnessed 14 different groups taking part in a range of activities such as badminton, football, hockey, judo and tennis.

Our new crop of Sports Leaders (above) recently assisted with the DSF Athletics at Pitreavie and we received this lovely acknowledgement from DSF President, Richard Brickley, MBE;

"May I take this opportunity to thank the young Sports Leaders who supported Disability Sport Fife (DSF) at Pitreavie Athletics Stadium on the occasion of our 2014 Track and Field Championships. What an exceptional young group of lads. They did a great job timekeeping, stewarding and officiating at the field events. They supported and responded to our officials and went about their business in a very professional manner. Once again they were a credit to the school and took every opportunity to engage with our young athletes with additional support needs and this was a major element of the learning experience. DSF hopes to work with your young Sports Leaders again in 2015 and as soon as we have our calendar of events available I shall send it to Mr Stewart. DSF values enormously its partnership with Kirkcaldy HS."

Jamie Oliver's "Food Revolution" ... It's a World Record!



In May, we became part of the new world record for the greatest number of people cooking the same dish at any one time.

A group of 12 First Years took part and made healthy wraps, supported by Miss Williams of the Home Economics Dept.

Jamie Oliver gave a live display via the internet and it was a terrific experience for all those involved.

KHS Stages "Letter to Lacey" at Royal Lyceum, Edinburgh—with National Theatre Scotland



Exceedingly Good Cakes at KHS!

Kirkcaldy High School's Intermediate 2 Creative Cakes pupils have once again demonstrated outstanding creativity, imagination and skills in the designing, developing and production of their end of year exam cakes. This year's final designs included themes from "Alice in Wonderland", "Pokemon" and "Harley Davidson" as well as the usual wide selection of celebration cakes. The pupils were praised for the exceptional quality of their work by the visiting examiner from the Scottish Qualifications Authority.



Teacher Mrs Roberts is extremely proud of their achievements. Their hard work throughout the year has clearly paid off and she said that as a collective group of young adults they were an absolute pleasure to teach. KHS is one of the few schools to offer this course, which is extremely popular and which develops essential skills required for the catering industry.

Shannon Anderson, pictured back right (above), won the prize as top cake decorator and produced a special KHS badge cake which was raffled off at Prizegiving. The spectacular cake was won by Cleaning Supervisor Jane McCowat (pictured left).

Scottish Education Awards Finalists 2014

The school recently won through to the final three in the major national schools' awards, which recognise excellence in educational practice. The Scottish Education Awards (which took place in Glasgow on 10 June) are sponsored by the Daily Record and KHS was shortlisted in the "Health and Wellbeing" category. A judging panel visited the school in April and members were impressed by the school's holistic approach to health in its broadest sense; sport, diet, mental health and sexual health being key priorities for the school.

David Torrance, the MSP for Kirkcaldy and a member of Parliament's Health and Sport Committee, who nominated the school has described KHS's work on relation to health as "proactive, progressive and pragmatic – and based on partnerships". He had particular praise for the school's work in respect of teenage pregnancy, and the part KHS has played in reducing the local rate of under 16 pregnancy by 40% in 3 years.



As well as the school's work in this area the judges noted the excellent record of young people's participation in, and commitment to, the life of the school, strong support for local primaries through the Sports Leadership programme, an excellent and well used refectory with healthy and nutritious dishes on offer, a strong curricular emphasis on food and nutrition and hospitality courses, effective leadership of innovation such as the pregnancy initiative and the ban on sugary drinks consumption within the building, smoking cessation classes and our strong support for MeningitisNow.



Craig Munro, Fife Council's Executive Director of Education and Children's Services, said: "We're delighted to have finalists in this year's Scottish Education Awards. We have a fantastic track record in these awards and it's very heartening to see the skill and commitment of our schools recognised".

The awards, which also entail a cash prize, celebrate the achievements of schools and teachers across Scotland, are open to all publicly funded schools, including secondary, primary, nursery and special schools.

KHS is delighted to have been recognised at national level, and sends special thanks to the parents and carers who were part of the group which met with the judges in April.

Pictured in Glasgow are Mrs Houston (Guidance), Mr Allan (Rector), Mrs Ritchie (Guidance), Morgan Stupart and Erin Sandilands (Peer Educators).

Megan is Our "Chef of the Year"

Kirkcaldy High's very own "Masterchef" contest took place recently when 8 S3 girls battled in the final to win the coveted "Chef of the Year" title. Now an annual event, all S3 Hospitality students compete against each other in the early rounds. This year approximately 90 pupils took part and teaching staff Mrs Roberts, Miss Mitchell and Miss Williams, had the very hard task of choosing the finalists.

Pupils were judged on the quality of the work that they produced on the day, and also the skills they demonstrated during the preparation and cooking process. The finalists selected an individual who had inspired them in some way. They were asked to imagine what it would be like to repay them by cooking them a special meal. Celebrities, actors, musicians, sports personalities and even family members were all chosen. Contestants had to research what type of food their chosen person liked and design a menu around them. Further research tasks were set on the source of ingredients found in each menu and then the 8 finalists then took part in a "cook off" - working exceptionally well under pressure.



The adjudicators, Mrs Pauline Forrester and Mrs Judith Kerr, both retired teaching staff from Kirkcaldy High school, had a particularly hard job in selecting this year's winner. After much deliberation they chose Megan Burt, who won with her very tasty pasta dish and who also made her own delicious fresh bread on the day.

Megan (centre) is pictured with, left to right; Olivia Danskin, Rosie Harper, Shauni Boyd, Robyn Springthorpe, Emily Cunningham, Bethany Cunningham and Jodie Grierson.

Activities Day – Full of Challenges



Cameron Climbing in the Lake District

In May we enjoyed our annual Activities Day which included trips to Alton Towers, Bowling, Crazy Golf, Cinema, Edinburgh Zoo, Karting, M and D's Theme Park, Paintballing, Blair Drummond Safari Park, climbing in the Lake District, the Scottish Deer Centre and the Snow Factor in Glasgow. The hundreds of young people involved had a great day out.

Next session, parents/carers (S1-3) will be asked to make choices early in the new session—we are planning an early start for our next Activities Day, on Friday May 22 2015, and want all signed up to take part in affordable, active and fun events or trips.

Next year we also intend to give pupils who have followed our "ABOUT" Code (Attendance, Behaviour, Organisation, Uniform and Timekeeping), the first chance to take part in the most popular activities and trips. More details of this will be issued soon.



Heading Off Bowling

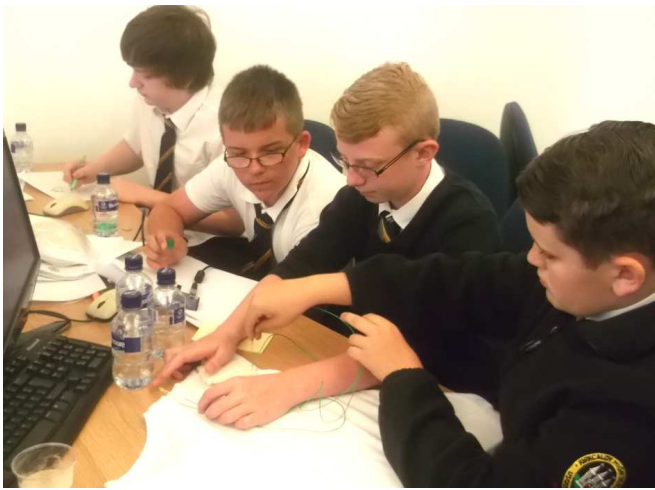


Alton Towers

Strathmore Trophy at Dundee University Computing Department

RME Trip to Mull & Iona, May 2014

As a team, we (Bryn Jones, Ewan Thomson, Brandon Wilson and Sean Saunders) all contributed to completing a task which involved designing a t-shirt with wearable technology. We were given a blank t-shirt, marker pens, an Arduino board and various sensors and switches to use.



Firstly we had to brainstorm our ideas and then decide which ones we would develop. Then we had to create a storyboard before making a prototype. We chose to design a cycling t-shirt with various safety features e.g. to prevent lifting your arm off the handlebars to indicate turning, we designed a switch on the handlebars which would activate LED sensors on the back shoulders of the t-shirt, we also designed a sensor to detect nearby traffic and a sensor to detect dangerous UV levels (when cycling abroad!)

We then had to present our project to an audience of 16 other schools and voting was used to decide winners. We did not win but we had great fun working as a team and enjoyed help from Gregor, our Dundee University student. Also, many thanks to Miss Murray of the KHS Computing Department, who organised our trip.

Scott Binnie — KHS' Baton Bearer



Very well done to Scott Binnie (Depute Head Boy), who was selected to carry the Queen's Commonwealth Games Baton on its journey around the world.

Scott carried the baton along Victoria Road, Kirkcaldy on Thurs 26 June—and was the final bearer for Kirkcaldy.

Scott is one of our Sports Leaders, a regular in the Senior football team and recently undertook a sponsored run which raised hundreds of pounds for MeningitisNow.

He is a terrific ambassador for Kirkcaldy High School, and made a fantastic job of carrying the symbol of the Commonwealth Games.

A group of over 100 KHS pupils lined the street to cheer Scott on his way and they greatly added to the carnival atmosphere. Especially well done to Mitch Rigby and Danny Corstorphine, who made great use of the school's megaphone!

