## Should I keep **my child off school or childcare?**

Illness	Until	
Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over	
Diarrhoea and vomiting	48 hours after their last episode	
Cold and flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the advice on NHS inform if they've tested positive for COVID-19	
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics	
Measles	4 days after the rash first appeared	
Mumps	5 days after the swelling started	
Scabies	they've had their first treatment	
Scarlet fever	24 hours after they started taking antibiotics	
Whooping cough	48 hours after they started taking antibiotics	



but make sure you let their school or childcare know about...

Hand, foot and mouth	Head lice	Threadworms
Glandular fever	Tonsillitis	Slapped cheek

Parents and carers can find further health advice on nhsinform.scot

## Advice and guidance

To find out more, scan the QR code or visit **publichealthscotland.scot/hpcyp** 





SCOTTISH HEALTH PROTECTION NETWORK Promoting and Supporting Good Practice

