



Learning at home

Developing hand eye co-ordination

Start by sitting on the floor and rolling a ball to each other, progress to bouncing then gentle throws.

Standing up gently throw the ball to each other, progress to bouncing to each other

Start to kick the ball to each other or at a target

What you will need

A selection of balls large or small
Or a bean bag or cuddle toy

How this supports development

- Encourages concentration
- Promotes hand eye co-ordination
- Turn taking and sharing
- Physical activity

Supporting Play

Remember to encourage and praise your child's efforts, role model dropping the ball and making mistakes