

PLAY IS OFTEN TALKED ABOUT AS IF WERE A RELIEF FROM SERIOUS LEARNING. BUT FOR CHILDREN PLAY IS SERIOUS LEARNING. PLAY IS REALLY THE WORK OF CHILDHOOD.

- Fred Rogers

Useful websites:

www.playscotland.org

education.gov.scot/parentzone/learning-at-home/Learning%20through%20play

Play in the Early Years

Nursery to P3



At Foulford we play to learn.



“Investing in children's play is one of the most important things we can do to improve children's health and wellbeing in Scotland.”

Sir Harry Burns, former Chief Medical Officer Scotland

Active Learning and Play



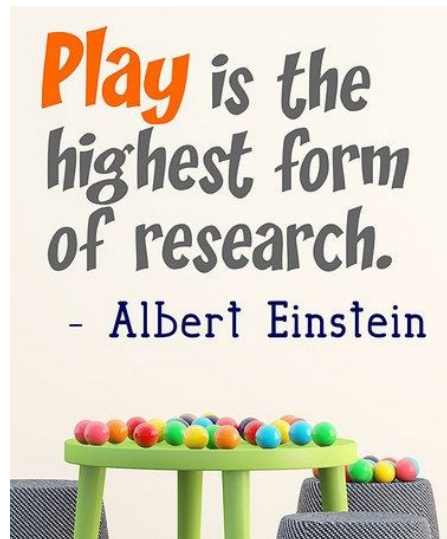
Active learning within Curriculum for Excellence doesn't mean that children are actively running around. It is learning that engages children and challenges their thinking; their brain is active .

Right from the outset, young children will be partners in the learning process; actively participating in the planning, shaping and directing of their own learning.

When your child is playing they are learning all the time without realising it. Play is a young child's work; it underpins learning and all aspects of their development.

Through play, children can:

- Work in partnership with others
- Express themselves
- Build their independence
- Make sense of their experiences
- Manipulate materials
- Test out new knowledge
- Develop new skills
- Make choices and decisions
- Solve problems... and lots more.



At Foulford Primary our approach to learning and teaching in the Early Years ensures children have opportunities to learn through play and first hand experiences. These experiences help children to develop confidence in themselves as learners and build the necessary skills required to access the curriculum.



Loose Parts Play

Loose Parts Play supports cognitive development . It provides endless opportunities to develop creativity and imagination. A box can be a robot, a car, a rocket; whatever they decide.



"When children interact with loose parts, they enter a world of "what if" that promotes the type of thinking that leads to problem solving and theoretical reasoning. Loose parts enhance children's ability to think imaginatively and see solutions, and they bring a sense of adventure and excitement to children's play." (Dale and Beloglovsky)