



# Free Range Project

## Parent/Carer Referral Information



### What is Free Range?

Free Range is an entirely outdoor play experience for children from pre-school nursery to P5 and is designed to promote your child's health & wellbeing through outdoor play in a natural environment.

Free Range provides support to families during school holiday periods and is delivered by Fife Council's Play Practice Development Team based within Early Years, Education Directorate. Free Range takes place at a woodland site within Chancefield, on Falkland Estate, Fife.

Children are referred to Free Range in consultation with parent/carers by professionals such as a teacher, health visitor, social worker, early years practitioner and other agencies.

Playing outdoors at Free Range will provide your child with challenge and adventure, through fun and exciting outdoor play experiences to explore the natural environment. Supported by experienced staff children will gain a greater knowledge of the outdoors, increasing their confidence through developing new skills and friendships.



### What will the children experience?



**Build a fire**



**Toasting marshmallows**



**Being creative**



**Climbing trees**



**Explore the forest**



**Playing on the rope swings**



**Building dens**



**Play with water and mud**



**Using tools**



**Relax in the hammock**



**Bug hunting**



**Playing with loose parts**

### What do we provide?

The children will attend for up to 5 days on an allocated week during the school holidays and the following is provided:



**Lunch and snacks**



**Waterproof clothing and wellies**



**Transport from your local area**



### What happens next?

The referrer will initially inform the parent/carers the outcome of the referral. If successful, the Free Range Team will write out to the parent/carers to confirm the child's place in writing and provide further details.

Children's  
Video



Free Range  
Video



**Further information**



[Free.Range@Fife.gov.uk](mailto:Free.Range@Fife.gov.uk)



Free Range Project  
Children's Booklet

