

DAILY PRACTICE

In practice, this may look like:

- Celebrating success in the Four Capacities during daily conversations with children: *"That's great, you've been a responsible citizen by picking-up the litter."*
- Visual displays celebrating children's achievements.
- Using the Four Capacities as an audit tool to reflect on curricular areas. Are there opportunities to support the development of the four capacities for all children?

THE FOUR CAPACITIES

OF CURRICULUM FOR EXCELLENCE

This quick guide will support practitioners to develop an understanding of Curriculum for Excellence's 'Four Capacities' and how these can be incorporated into daily practice.



"The Four Capacities reflect and recognise the lifelong nature of education and learning. They also recognise the skills and attributes that children need to acquire in order to thrive in our interconnected, digital, and rapidly changing world."

- **Education Scotland**



Early Years Training

SUCCESSFUL LEARNERS

CONFIDENT INDIVIDUALS

RESPONSIBLE CITIZENS

EFFECTIVE CONTRIBUTORS

Attributes include:

- Enthusiasm and motivation for learning.
- Determination to reach high standards of achievement.
- Openness to new thinking and ideas.

Children are able to:

- Use literacy, communication, and numeracy skills.
- Use technology for learning.
- Think creatively and independently.
- Learn independently and as part of a group.
- Make reasoned evaluations.
- Link and apply different kinds of learning in new situations.

In practice, this may look like:

- Mark-making, engaging with stories, developing skills for listening and talking, exploring numeracy within play.
- Using iPads, digital cameras, programmable devices (BeeBots), computers to enhance digital literacy.
- Discussion, with support, regarding what happened.

Attributes include:

- Self-respect.
- Sense of physical, mental, and emotional wellbeing.
- Secure values and beliefs.

Children are able to:

- Relate to others and manage themselves.
- Pursue a healthy and active lifestyle.
- Be self-aware.
- Develop and communicate their own beliefs and world view.
- Live as independently as they can.
- Assess risk and make informed decisions.
- Achieve success in different areas of activity.

In practice, this may look like:

- Recognising and understanding similarities and differences between self and others.
- Ability to regulate emotions.
- Understanding the need for exercise and a balanced diet to keep healthy.
- Talking about keeping safe in different situations, such as road safety, or safety in the forest.

Attributes include:

- Respect for others.
- Commitment to participate responsibly in political, economic, social and cultural life.

Children are able to:

- Develop knowledge and understanding of the world and Scotland's place within it.
- Understand different beliefs and cultures.
- Make informed choices and decisions.
- Evaluate environmental, scientific, and technological issues.
- Develop informed, ethical views of complex issues.

In practice, this may look like:

- Understanding Scottish culture, such as: Burn's Day, bagpipes, kilts, and Scottish Country Dancing.
- Being aware of different cultures and belief systems, such as: Diwali, Hanukkah, and Easter.
- Caring for the environment and understanding the impact this can have. Include discussions about 're-use, recycle, & repurpose.'

Attributes include:

- An enterprising attitude.
- Resilience.
- Self-reliance.

Children are able to:

- Communicate in different ways and different settings.
- Work in partnership and in teams.
- Take initiative and lead.
- Apply critical thinking in new concepts.
- Create and develop.
- Solve problems.

In practice, this may look like:

- Understanding and using different ways to communicate, such as: sending emails, phone calls, sign-language, and online platforms (Seesaw).
- Confidently leading and sharing knowledge with others.
- Building resilience and developing strategies to solve problems during play and learning.