

Free fun for Fife Families

50
things to do
before you're
five

With this list of **50** playful prompts to enjoy with your under-five, inspiration is always at hand.



Simple inspiration

Low or no cost activities to do at home or when out and about.

Support their development

Your day to day interactions can support early language, motor skills and building resilience.

Play anytime

Use the free app and website at your own pace, enjoying the activities time and time again.

Find local events

Find free and affordable events near you on our events page.

