

PRIMARY MENU • WEEK ONE



Menu available for the weeks beginning on the following dates:

| | | | |
|------------|------------|------------|------------|
| 19/08/2024 | 18/11/2024 | 17/02/2025 | 19/05/2025 |
| 02/09/2024 | 02/12/2024 | 03/03/2025 | 02/06/2025 |
| 16/09/2024 | 16/12/2024 | 17/03/2025 | 16/06/2025 |
| 30/09/2024 | 06/01/2025 | 31/03/2025 | 30/06/2025 |
| 21/10/2024 | 20/01/2025 | 21/04/2025 | |
| 04/11/2024 | 03/02/2025 | 05/05/2025 | |

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------------------------|--|---|---|---|--|
| Homemade Soup served with Bread | Yellow split pea soup ^{Ve} | Lentil soup ^{Ve} | Tomato soup ^{Ve} | Country garden soup ^{Ve} | Lentil soup ^{Ve} |
| Hot Choices | Beef burger in a bun served with chips | Teriyaki roasted vegetables ^V served with egg noodles | Creamy korma with broccoli and cauliflower ^V served with long-grain rice | Homemade steak pie served with mashed potatoes | Oven baked potato ^{Ve} served with baked beans ^{Ve} /cheese ^V |
| | Oven baked potato ^{Ve} served with baked beans ^{Ve} /cheese ^V | Traditional macaroni cheese ^V served with garlic bread ^{Ve} | Chicken korma served with long-grain rice | Cheese & onion pastry parcel ^V served with mashed potatoes ^{Ve} | Bubbly coated fish fillet served with chips |
| Today's Hot Sides | Sweetcorn & crudites ^{Ve} | Garden peas & side salad ^{Ve} | Sliced green beans & side salad ^{Ve} | Mixed diced carrot and swede & crudites ^{Ve} | Baked beans/garden peas & crudites ^{Ve} |
| Cold Choices | Wrap with cheese ^V or tuna mayonnaise | Roll with cheese ^V or crushed coronation chickpea ^{Ve} | Wrap with cheese ^V or tuna mayonnaise | Sandwich with cheese ^V or ham | Roll with chicken with tikka mayonnaise or sliced boiled egg ^V |
| Seasonal Salad | Selection of seasonal salads & vegetables | | | | |
| Dessert | Vanilla ice cream milkshake ^V | Selection of flavoured yoghurts ^V | Homemade chocolate sponge & custard ^V | Raspberry jelly ^{Ve} & fresh fruit salad ^{Ve} | Laughing cow & crackers ^V |



V = Vegetarian option
Ve = Vegan option

For full details of vegan/vegetarian options, allergens and nutritional content please visit www.fife.gov.uk/primaryschoolmeals



PRIMARY MENU • WEEK TWO



Menu available for the weeks beginning on the following dates:

| | | | |
|------------|------------|------------|------------|
| 26/08/2024 | 25/11/2024 | 24/02/2025 | 26/05/2025 |
| 09/09/2024 | 09/12/2024 | 10/03/2025 | 09/06/2025 |
| 23/09/2024 | 13/01/2025 | 24/03/2025 | 23/06/2025 |
| 28/10/2024 | 27/01/2025 | 28/04/2025 | |
| 11/11/2024 | 10/02/2025 | 12/05/2025 | |

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------------------------|---|---|--|---|--|
| Homemade Soup served with Bread | Lentil soup ^{Ve} | Country garden soup ^{Ve} | Potato & leek soup ^{Ve} | Tomato soup ^{Ve} | Lentil soup ^{Ve} |
| Hot Choices | Crispy dipper fajita ^{Ve} | Plant powered cottage pie served with mashed potatoes and gravy ^{Ve} | Oven baked potato served with baked beans ^{Ve} /cheese ^V | Roast chicken in gravy served with yorkshire pudding and mashed potatoes | Fish fingers served with chips |
| | Italian chicken meatballs served with pasta spirals | Pork sausages served with mashed potatoes and gravy | Margherita pizza ^V | Roasted cauliflower ^{Ve} in gravy served with yorkshire pudding ^V and mashed potatoes ^{Ve} | Oven baked potato served with baked beans ^{Ve} /cheese ^V |
| Today's Hot Sides | Sweetcorn & crudites ^{Ve} | Garden peas & side salad ^{Ve} | Sweetcorn & side salad ^{Ve} | Shredded savoy cabbage & crudites ^{Ve} | Baked beans/ garden peas ^{Ve} |
| Cold Choices | Wrap with cheese ^V or tuna mayonnaise | Roll with cheese ^V or sliced boiled egg ^V | Wrap with cheese ^V or crushed coronation chickpea ^{Ve} | Sandwich with cheese ^V or sliced chicken | Roll with cheese ^V or ham |
| Seasonal Salad | Selection of seasonal salads & vegetables | | | | |
| Dessert | Strawberry & vanilla mousse ^V | Melon boat ^{Ve} or selection of flavoured yoghurts ^V | Homemade raspberry sponge ^V & custard ^V | Selection of flavoured yoghurts ^V | Melting Moments biscuit ^V |



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