## Moving on from nursery to

## PRIMARY

As your child moves to Primary 1, you may wonder about what lies ahead.

We've provided the key information below to help ease your child's class transition.

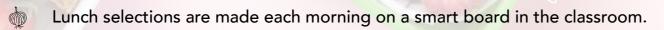




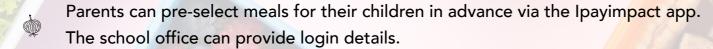
- Your school offers freshly cooked and nutritionally balanced 2 week menus, including vegetarian options or meals for specific dietary needs.
- Meals include **2 courses** starter (soup) or dessert and hot or cold main meal with 2 portions of vegetables and 1 portion of fruit. A drink is provided with each lunch, choice of milk or water.
- We hold theme days throughout the year to encourage children to try new meals.







Children receive a coloured wristband matching their chosen meal for easy identification by kitchen staff.





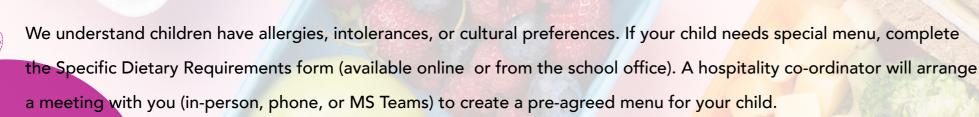




















## Did you know? our healthy meals are To all PI-P5 Children

Saving over £475 a year!

We know that starting **PRIMARY I** is a big step for both you and your child but rest assured that we are here to support you every step of the way.

WE look forward to welcoming Your child to Primary I