

Crossgates Primary School



Sportscotland Gold Award Submission 2018

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Section 1: Physical Education

Our two PE settings – gym hall and outdoors.



Our SAoL gym hall display including symbolised SAoL



Max O'Donnell
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It's not a great job at teaching the PE team to do some good things in PE. Really proud of these boys and especially PE team, well done!

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Examples of brain breaks in P4 and P7.

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Our Crossgates Sports Leaders in action!

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Section 1: Physical Education

PE resources are kept tidy and organised so they are accessible to teachers/children.



Our 2017/18 PE timetable.

Year	Mon	Tue	Wed	Thu	Fri
P1/2					
P3/4					
P5/6					
P7/8					
Weekly Release					

Our new PE planners encompassing SAoL and benchmarks developed in collaboration with our cluster PEPAs group.

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Section 2: School Sport

Our extracurricular 2017/18 sports programme.

Sports Clubs	Mon	Tues	Wed	Thur	Fri
Lunch Club					
After School	Football P1/2 (All Year)	Football P3/4 (All Year)	Netball (PopUp) P4/5 (Term 2/3)	Hip Hop P4-7 (All Year) Hockey (PopUp) P5/6 (Term 3)	Football Friday P6/7 (All Year) Karate P1-7 (All Year)

70% of our clubs are free to attend. The only clubs which have a small cost associated with them are the three run by outside coaches. Parents are always advised if there is a financial barrier that is stopping their child attending to contact the school and we will support them.

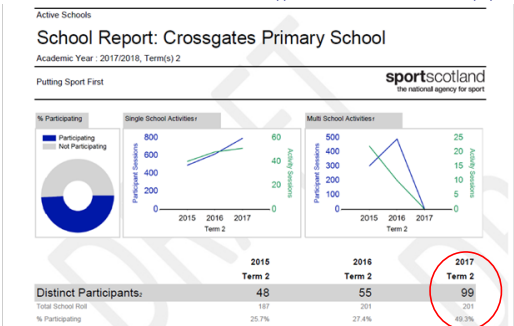
The introduction of pop up clubs has increased participation significantly and has allowed us to plan responsively to what the children want. We plan to expand and develop the use of pop up clubs in the 2018/19 session. 45% of attendees at our clubs are girls. This has increased by 15% on last year due to planning responsively after our SC pupil survey. The introduction of netball, creative dance and also Football Friday which is a differentiated football session has increased the girls participation.

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Section 2: School Sport

Our extracurricular sport participation has increased to **49%**, due to our responsive approach and the introduction of PopUp clubs.



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Section 2: School Sport

Some of our sports clubs – Hockey, Karate and Football Friday.



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Section 3: Pathways

Date	Club	Session	Classes
Sept 2017	Elite Taekwondo	Taster	P1-7
Sept 2017	Lumphnans Handball Club	Taster	P4-7
Oct 2017	Enjoy-a-Ball	Taster	P1-3
Nov 2017	Dunfermline Badminton Club	Coaching	P4-7
Jan 2018	Dunfermline Reign Basketball Club	Coaching	P6
Feb 2018	Dunfermline Athletic Football Club (DAFC)	Literacy through Sport Day	P6
Apr 2018	Destination Judo	Taster	P1-3



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Section 3: Pathways



After taster sessions or attendance at sports festivals children are always given pathway information either via ClassDojo/Facebook or flyers. Clubs are also advertised in our school foyer. We have ordered a new 'Pop-Up Banner' for our foyer to further highlight our extracurricular activities.



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Section 3: Pathways

We have strong links with our local football club DAFC and through 'The Pars Foundation' we take part in a range of experiences related to sport and football.



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Section 4: Compete and Perform

A list of opportunities our P1-P5 children have had to compete and perform.

Class	Festival/Tournament	Date	Participants
P1	Creative Dance Festival	March 2018	All
P2	Creative Dance Festival	March 2018	All
P4	Athletics Festival	November 2017	All
P5	Champions League Football Festival	June 2018	8
	Scottish Country Dance Festival	January 2018	All
	Orienteering Festival	May 2018	All
	Handball Festival	January 2018	10
	Champions League Football Festival	June 2018	8

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Section 4: Compete and Perform

A list of opportunities our P6-P7 children have had to compete and perform.

Class	Festival/Tournament	Date	Participants
P6	Gary Riddell Football Tournament	September 2017	8
	Scottish Country Dance Festival	January 2018	All
	Creative Dance Festival	March 2018	12
	Basketball Festival	January 2018	8
	Hockey Festival	April 2018	8
	Cowdenbeath Cup Football	April 2018	2
	Beath Shield Girls Football Festival	April 2018	9
	Cross Country Festival (Charity)	May 2018	All
P7	Gary Riddell Football Tournament	September 2018	8
	Creative Dance Festival	March 2018	8
	Orienteering Festival	May 2018	All
	Cowdenbeath Cup Football	April 2018	7
	St Margarets Football Festival	April 2018	9
	Beath Shield Girls Football Festival	April 2018	8
	Cowdenbeath Civic Week Football Cup	June 2018	6
	Blackadder Football Cup	June 2018	7
Beath Transition Sports Festival	May 2018	All	

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Section 4: Compete and Perform

Our PTA invested in sports kits for festivals after our Sports Committee wrote to them.



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Section 4: Compete and Perform

Celebrating our Blackadder Cup success at assembly.



Follow the link below to read about our Blackadder Cup win;

<http://www.centrallifetimes.com/sport/1537172/8-Crossgates-win-Blackadder-Trophy/>



P4/5 representing the school at the Champions League Football Festival.



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Section 4: Compete and Perform

Photos of our P1 and P2 classes and our P6/7 dance group performing at the Creative Dance Festival in March 2018.

You can view the P6/7 dance here;

<https://youtu.be/9f1728sT6kI>



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Section 4: Compete and Perform



Examples of social media posts about opportunities our children have had to Compete and Perform. To see more visit our school Facebook page; www.facebook.com/crossgatesps and search for #schoolsport

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Section 5: Celebrating Sport



Examples of some of our sports displays celebrating both festival and competition participation and achievements outside of school via our WOW Wall.

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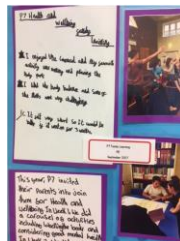


Section 5: Celebrating Sport



An example of art work celebrating Andy Murray as part of Scottish Week.

Our P4/5/6 children enjoying a variety of experiences and tours at DAFC.



One of our assemblies celebrating sporting success.



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Section 5: Celebrating Sport



Evidence of our three houses and Sports Day. Throughout the year children take part in house events both sporting and nonsporting to encourage teamwork.



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Section 5: Celebrating Sport

Examples of our Sports Awards presented at our annual Sports Assembly. These include overall Sports Cup winner and Sporting Achievement Award. We also award medals to our winning upper and lower teams from Sports Day. Individual awards are given to children in a number of different categories.



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Section 6: Leadership

Our Sports Committee planned and ran our fundraising and events to celebrate Sports Relief. They also delivered a Sports Relief assembly to the whole school.

CPS SPORTS COMMITTEE



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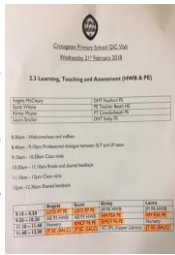


Section 6: Leadership



Our Sports Committee meeting with Leanne from Active Schools to discuss increasing school sport participation. Our Sports Committee showing off our new Sporting Achievement Award which will be presented at our annual Sports Assembly.

During our recent QIC inspection (which we requested focussed on HWB/PE) our Sports Committee presented our progress towards our Gold SSA to our visitors.



Our Sports Committee surveying a P1 focus group about PE and extracurricular sport.



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Section 6: Leadership



Our Sports Committee brainstorming ideas for their pupil statements for our Gold SSA application.



Our P6 Helping Hands playground monitors



All classes lead one school assembly a year (parents invited) to give every child a chance to develop their confidence and leadership skills.

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Section 6: Leadership



We use sport as a vehicle to build confidence and teamwork skills. This group decided to plan an orienteering challenge for our younger pupils. They planned and led the event independently.



Our football leaders coaching our girls team and our two dance leaders who coached and choreographed dances for our P1/2 classes before their performance at the Creative Dance Festival. Our dance leaders have also performed at a variety of events such as School Mock Court and assemblies.



Performances at the Junior Finals has got to such a level that perhaps next year we will need to present an award to the best one! The level of all performances was superb and thoroughly engaging! For the winner, one stood out slightly ahead of all of them - and that was the two boys from Crossgates Primary School doing Hip-Hop. Never before has hip-hop been done in a court room and to such a high standard! So all the performers - well done and thank you.



Our 'Pupils Driving Change' board where pupils have their say on our school and how we can make it better.

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Section 6: Leadership



P6 AND P7 SPORTS LEADERS WORKING WITH P3 MAY 2018



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Section 6: Leadership



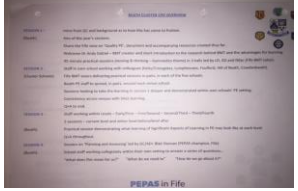
Our P1-4 children take part in our extensive Outdoor Learning programme year round. Activities normally focus on being active and teamwork. Our P5-7 children all go on residential and take part in a variety of teamwork and leadership activities. Our P5-7 children are also in the John Muir Award programme.



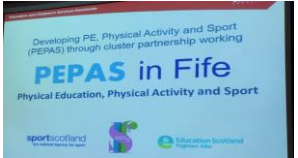
Section 7: CLPL

"The staff at Crossgates have played a pivotal part in our clusters PE CPD programme. 6 hours of staff CPD time was given over to developing an understanding of what 'Quality PE' looks like in the Beath cluster. Two additional hours were also given over for SAOL training. Staff were enthusiastic, motivated and keen to demonstrate the changes they have made individually and collectively to their teaching of PE."

Gary Cunningham, BeathHS, PT PE.



Evidence of our whole school PE development CPD.



Section 7: CLPL

Jemma and the team at Crossgates have worked closely with cluster partners to extend and enhance PE/Sport provision within their schools. Over the past 3 years the cluster PEPAS group have audited practice to identify areas of strength/development needs and have sourced support/training. Every member of staff at Crossgates has taken part in extensive training in the delivery of the Better Movers, Thinkers programme designed to link physical activity with executive brain functions. Jemma has been instrumental in representing Crossgates school on the cluster working party to design, develop and implement new planners for PE to incorporate Curriculum for Excellence. Following on from this staff in Crossgates have been involved in moderation and quality assurance exercises to ensure consistent, high quality delivery of lessons. The team at Crossgates are always keen to follow up opportunities for children to participate in physical activities and to take part in both competitive and participative sports events.

Maureen Lewis, PEPAS Champion, Beath Cluster & West Fife

Our QIC inspection programme showing teachers being observed in PE.



Team teaching PE has provided greater opportunities to have more variety of skills taught to the children, for example, we can plan 2 or 3 skills based activities led by staff rather than just one, which also provides choice for the children based on preference and next steps. The collaboration between staff has been good practice, as we can play to our strengths and support each other through professional dialogue.

Lisa O'Donnell, Crossgates Class Teacher



Section 7: CLPL



Miss Makin attended the Bikeability CPD and now leads Bikeability with P1 and P6.



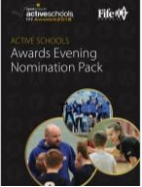
Miss Gibson and Miss Thomas have attended Netball CPD and now lead our after school netball club. Miss MacFarlane has had basketball training and Miss Thomas has also attended disability inclusion and gymnastics CPD.

"Crossgates primary are a pleasure to be involved with in my role as an Active Schools Coordinator. The school are eager to provide as many opportunities as possible for the young people and allow them to have a voice in what sport and physical activity opportunities they have. The school staff are keen to provide a vast range of extra-curricular clubs and pro-actively come forward to ask for more festival, tournaments etc giving the young people the opportunity to play competitive sport. The school engage with any opportunity to develop such as being active members on the PEPAS group and bring a great deal of knowledge and ideas to the table"

Leanne Reid, Active Schools Coordinator, Beath Cluster and West Fife.



Section 8: Recognition and Rewards



Volunteer nominated for Active School Primary Volunteer Award.

A huge thank you to Colin from Destination Judo for delivering taster sessions this morning for P1-P5. If any of the children are interested in attending Judo classes details can be found on the flyers which will be sent home today.

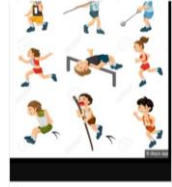


Volunteers thanked and tagged on school Facebook page.

Parents and volunteers who deliver activities and also accompany us on trips thanked at annual Cream Tea.



Section 8: Recognition and Rewards



Thank you notes written to parents and volunteers by Sports Committee. PTA thanked for investing in our new strips. New cards purchased for the end of session.



Dear PTA
Thank you so much for giving us the money to buy our new sports strips. We will wear them with pride when we are at school. We will wear them for all team tournaments like badminton, netball, hockey and bags and girls football.
Thank you,
The Sports Committee

Parents are encouraged and thanked for coming to festivals. All parents invited to spectate at Sports Day and whole school sporting events.

