



## Contact us

For further information on GIRFEC or the support services available in Fife please contact your child's Named Person. If you are unsure who this is you can find out by contacting the Named Person Services on:

Preschool children:

[NHSFifenamedpersonservice@nhs.net](mailto:NHSFifenamedpersonservice@nhs.net)

School aged children:

[NamedPersonSevice@fife.gov.uk](mailto:NamedPersonSevice@fife.gov.uk)

Other leaflets in this series are available with information on:

- Understanding Wellbeing
- The Named Person
- The Child's Plan & Lead Professional
- Information Sharing

'Easy Read' GIRFEC guides are also available for parent, carers, children & young people on:

[www.fifedirect.org.uk/families](http://www.fifedirect.org.uk/families)

[www.gov.scot/gettingitright](http://www.gov.scot/gettingitright)



getting  
it right  
for every child



### Fife's Community Planning Partners:

Fife Council • NHS Fife • Fife's Voluntary Sector • Police Scotland • Scottish Fire & Rescue Service • Fife College • Scottish Enterprise • St Andrews University • SEStran • Skills Development Scotland • Scottish Government  
Working together to deliver our Community Plan and strengthen Fife's future

[www.fifedirect.org.uk/communityplanning](http://www.fifedirect.org.uk/communityplanning)



## The Children & Young People (Scotland) Act 2014

Parents are, with very few exceptions, the best people to raise their children. Nothing in the act changes parents' rights and responsibilities.

The Children and Young People (Scotland) Act 2014 is about improving the wellbeing of children and young people in Scotland. The act is wide ranging and includes key parts of the Getting It Right For Every Child approach.

### This includes:

- A description of how services understand and consider a child or young person's wellbeing.
- Access to a Named Person offering a single point of contact to children, young people (up to 18 years old) and their families. The Named Person can provide you with information, advice and support, and help with access to other services when needed.
- A single approach to planning through a Child's Plan - will help services work together with you and your child to ensure support is properly co-ordinated and tailored to meet your child's needs and circumstances.

## Understanding GIRFEC

### Getting it Right for Every Child in Fife



Community Planning Strengthening Fife's Future

# What is Getting It Right For Every Child?

Getting It Right For Every Child, or GIRFEC is the national approach in Scotland to improving outcomes and supporting the wellbeing of our children and young people by offering the right help at the right time from the right people.

Most children get all the help and support they need from their parents, their family, their local community or through universal services like health and education.

Sometimes children and young people will need some extra support. When this happens, the GIRFEC approach helps to make sure that support services are easy to access, that the support is co-ordinated and that both children and their families have a say in the support they receive.

In Fife we've been working to the values and principles of GIRFEC for some time. The approach is not new and simply builds on the good practice already happening across our services with a focus on improving outcomes for all our children and young people.



## The GIRFEC approach:

- **Child-focused**  
It ensures the child or young person and their family is at the centre of decision-making and that solutions are built with them to support their situation.
- **Understanding of wellbeing**  
It looks at the whole picture of a child or young person's wellbeing so that the right support is offered at the right time.
- **Prevention**  
It aims to ensure needs are identified as early as possible to avoid bigger concerns or problems developing.
- **Joined-up working**  
It is about families and the services they need working together when required to meet the specific needs of the child and improve their wellbeing.

## What does GIRFEC mean for me?

### For children, young people and their parent(s) or carer(s) it means:

- you understand what is happening and why
- you have been listened to and your wishes have been heard and understood
- you feel confident about the help you are getting
- you are appropriately involved in discussions and decisions that affect you
- you can rely on the right help being available as soon as possible
- you experience a more straightforward and co-ordinated response from the services working with you

### For people working in children and adult services it means:

- your child is put at the centre to understand their unique needs and how they can help
- common language and processes are used to consider your child's wellbeing, working closely with you and other professionals to offer support where appropriate
- they feel confident that they have the right information to provide you and your child with the best support they can