



Provision of Time for Reflection (Religious Observance) – Caskieberran Primary School

What is Time for Reflection (otherwise known as Religious Observance)?

Religious Observance (RO) is defined for schools in Scotland as: *“Community acts which aim to promote the spiritual development of all members of the school community and express and celebrate the shared values of the school community.”* (Religious Observance Review Group Report 2004)
In line with current policy and legislation all Fife Schools are expected to fulfil this statutory requirement through undertaking acts of Religious Observance (RO) as described below. In this guidance, RO is referred to as Time for Reflection (TfR), although other names may be used to describe it.

Time for Reflection in Caskieberran Primary School

Caskieberran school places high importance on ensuring that Time for Reflection is inclusive of a diverse range of faith and belief traditions and reflects both faith and non-faith perspectives. We are proactive in ensuring high-quality, pupil, staff, and partner-led opportunities and events that enable a shared community understanding and celebration of the diversity within Time for Reflection.

We work closely with our school chaplaincy team and the GROW (Glenrothes Regional Outreach Worker) Youth worker as well as other visiting speakers who support us in planning, delivering and reviewing our Time for Reflection programme. We welcome the opportunity to work with a range of partners who represent faith and non-faith groups which reflect and are relatable to the diverse beliefs and values of our school community.

Time for Reflection links to our school vision and values in the following ways:



At Caskieberran Primary School, Time for Reflection is an integral part of how we live our values and vision. Through inclusive and meaningful opportunities for reflection, we nurture the spiritual and emotional wellbeing of every child, creating a safe space where all beliefs and perspectives are respected. These moments encourage ambition by inspiring pupils to think deeply about their role in the world and how they can “Be all you can be.” We celebrate diversity and shared values, fostering a sense of belonging and community. Time for Reflection helps our learners grow as successful, confident, responsible, and effective contributors—fully aligned with our commitment to working together to be nurturing, ambitious and safe.

Opportunities for Time for Reflection are provided for our young people in the following ways:

- Assemblies focused on our school, our values and how we reflect these values in our interactions with our wider community. We gather together weekly as a school community.
- Involvement in community projects to support for example developing the value of charity.
- Focused year group, small group or whole school opportunities to develop the young person's four capacities to be: a successful learner, confident individual, responsible citizen and effective contributor.
- Whole school events that celebrate and promote the diverse achievements, cultural heritage, and talents of young people e.g. Award ceremonies or other family engagements.
- Extracurricular groups and prayer space following the faith needs of the school community.

What part does worship play in the school Time for Reflection programme?

Our school approach to Time for Reflection aligns with the recommendations of the Religious Observance Review Group Report 2004:

“Where ... there is a diversity of beliefs and practices, ... the appropriate context for an organised act of worship is within the informal curriculum as part of the range of activities offered for example by religions, groups, chaplains and other religious leaders.” (Religious Observance Review Group Report 2004). This may include, for example, lunchtime or after-school activities or events.

At Caskieberran, we work closely with the local Chaplaincy Team and the GROW (Glenrothes Regional Outreach Worker) Youth worker. Here are some examples of our joint working:

- Supporting learning within the Religious and Moral Education curriculum.
- Scripture Union Group.
- Religious Observance assemblies.
- Walk through the Bible 5-week programme.
- Christmas Journey and Easter Journey at local St Ninian's Church.

Can I withdraw my young person from Time for Reflection/ Religious Observance?

Under the terms of the Education (Scotland) Act 1980, parents/ carers/ families do have the right to withdraw their child from Time for Reflection/ Religious Observance. Where a request is made, we will work in partnership with families to manage this with sensitivity and understanding.

If you wish to make a request, please email: caskieberranps.enquiries@fife.gov.uk

Following receipt of this communication, a member of the school Senior Leadership Team will arrange a meeting with you to explain in more detail our inclusive approach to Religious Observance, discuss any implications for withdrawal and to agree suitable arrangements as an alternative where required. Where a young person wishes to undertake religious practice or worship as part of their school day, we will seek to provide facilities which support this.

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