

Primary Menu Week 1

August 2022 – June 2023



Week Commencing

15/08/2022	07/11/2022	02/01/2023	13/03/2023	05/06/2023
29/08/2022	21/11/2022	16/01/2023	27/03/2023	19/06/2023
12/09/2022	05/12/2022	30/01/2023	24/04/2023	
26/09/2022	19/12/2022	13/02/2023	08/05/2023	
24/10/2022		27/02/2023	22/05/2023	

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Starter	Homemade Soup with Bread V	Homemade Soup with Bread V	Homemade Soup with Bread V	Homemade Soup with Bread V	Homemade Soup with Bread V
Main 1	Macaroni Cheese V with Garlic Bread Broccoli, Salad	Pork Sausage & Hot Dog Roll Sweetcorn & Coleslaw Potato Wedges	Chicken Korma Boiled Rice, Naan Bread Broccoli & Salad	Steak Pie Potatoes Carrots & Turnip	Crispy Cod Fillet Chips, Peas & Salad
Main 2	Baked Potato V & Various Fillings & Salad	Quorn Fajitas V & Salad	Vegetable Korma V Boiled Rice, Naan Bread & Salad	Baked Potato V & Various Fillings & Salad	Italian Pasta V & Salad
Filled Roll	Roll with Turkey or Cheese Fillings	Sandwich with Chicken or Cheese Fillings	Roll with Ham or Cheese Fillings	Sandwich with Tuna Mayo or Cheese Fillings	Roll with Turkey or Cheese Fillings
Dessert	Ice Cream Tub Selection of Fresh Fruit	Yoghurt Selection of Fresh Fruit	Mandarin & Melon Cocktail Selection of Fresh Fruit	Jelly & Fresh Fruit Salad Selection of Fresh Fruit	Chocolate & Beetroot Muffin Selection of Fresh Fruit

V = Vegetarian

Side Salad and Vegetables are available daily with Lunch choices including Main courses and Filled Rolls/Sandwiches, with a choice of Milk or Water. For further information on Allergens and Nutritional content please go to Ete.gov.uk website and search [School Meals](#), click on [Food In your School](#) and follow links. For Specific Dietary Requirements form please see [School Meal](#) page containing further information and link to Request form.

Primary Menu Week 2

August 2022 – June 2023

Week Commencing

22/08/2022	14/11/2022	09/01/2023	20/03/2023	12/06/2023
05/09/2022	28/11/2022	23/01/2023	03/04/2023	26/06/2023
19/09/2022	12/12/2022	06/02/2023	01/05/2023	
03/10/2022		20/02/2023	15/05/2023	
31/10/2022		06/03/2023	29/05/2023	



Week	Monday	Tuesday	Wednesday	Thursday	Friday
Starter	Homemade Soup with Bread ^V	Homemade Soup with Bread ^V	Homemade Soup with Bread ^V	Homemade Soup with Bread ^V	Homemade Soup with Bread ^V
Main 1	Italian Meatballs with Spaghetti & Broccoli	Beef Burger/Vegan Burger ^V & Bun with Sweetcorn Salad & Potato Wedges	Roast Chicken & Gravy Mashed Potatoes Carrots & Peas	Steak Mince Potatoes & Cauliflower	Salmon Fish Fingers Chips, Beans & Peas
Main 2	Cheese Panini ^V with Salad & Crudités	Baked Potato ^V & Various Fillings	Cheese & Tomato Pizza ^V with Salad & Peas	Baked Potato ^V & Various Fillings	Vegetable Pasta Bake Topped with Breadcrumbs ^V Garlic Bread & Peas
Filled Roll	Roll with Turkey or Cheese Fillings	Sandwich with Egg Mayo or Cheese Fillings	Roll with Ham or Cheese Fillings	Sandwich with Chicken or Cheese Fillings	Roll with Turkey or Cheese Fillings
Dessert	Yoghurt Selection of Fresh Fruit	Apple & Grape Cup Selection of Fresh Fruit	Yoghurt Watermelon	Jam Sponge & Custard Selection of Fresh Fruit	Mandarin & Melon Cocktail Selection of Fresh Fruit

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Nursery Menu Week 1

August 2022 – June 2023

Week Commencing

15/08/2022	07/11/2022	02/01/2023	13/03/2023	05/06/2023
29/08/2022	21/11/2022	16/01/2023	27/03/2023	19/06/2023
12/09/2022	05/12/2022	30/01/2023	24/04/2023	
26/09/2022	19/12/2022	13/02/2023	08/05/2023	
24/10/2022		27/02/2023	22/05/2023	



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Morning	Cheese or Turkey Sandwich ~ Yoghurt Milk	Tomato & Basil Pasta V ~ Fruit Platter Milk	Cheese & Tomato Pizza V ~ Melon Milk	Cheese or Tuna Sandwich ~ Oat & Apple cookie & Milk Shake Milk	Chicken Bites Beans ~ Strawberry Swirl Mousse & Banana Slice Milk
Lunch	Macaroni Cheese V Garlic Bread Broccoli or Cheese or Turkey Filled Sandwich ~ Yoghurt Milk	Chicken or Vegan Sausage V in a roll Sweetcorn or Soup & Bread V ~ Fruit Platter or Yoghurt Milk	Chicken or Vegetable Korma V, Boiled Rice & Broccoli or Cheese or Ham Filled Sandwich ~ Melon Milk	Steak Pie Carrots & Potatoes or Soup & Bread V ~ Fresh Fruit Salad Ice Cream Tub Milk	Salmon Fish Fingers Croquettes /Beans or Cheese or Turkey Filled Sandwich ~ Chocolate & Beetroot Muffin with Raspberries Milk
Afternoon Tea	Cheese & Crackers Crudités ~ Watermelon Milk	Soup & Bread V ~ Fresh Fruit Salad & Ice cream tub Milk	Cheese or Ham Filled Sandwich ~ Strawberry Swirl Mousse & Banana Slice Milk	Baked Potato & Beans V ~ Yoghurt Milk	Cheese / Turkey Sandwich Salad ~ Chocolate & Beetroot Muffin with Raspberries Milk

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Nursery Menu *Week 2*

August 2022 – June 2023

Week Commencing

22/08/2022	31/10/2022	09/01/2023	06/03/2023	15/05/2023
05/09/2022	14/11/2022	23/01/2023	20/03/2023	29/05/2023
19/09/2022	28/11/2022	06/02/2023	03/04/2023	12/06/2023
03/10/2022	12/12/2022	20/02/2023	01/05/2023	26/06/2023



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Meal	Cheese or Turkey Sandwich ~ Yoghurt Milk	Chicken or Vegan Sausage & Beans ~ Yoghurt Milk	Quorn Dippers & Spaghetti Hoops ~ Watermelon Milk	Cheese or Chicken Sandwich ~ Strawberry Swirl Mousse & Banana Slice Milk	Cheese & Tomato Pizza Finger V ~ Sweetcorn Iced Sponge & Fruit Cocktail Milk
Lunch	Italian Chicken Meatballs Pasta / Broccoli or Soup & Bread V ~ Yoghurt Milk	Beef or Vegan Burger V in a Bun & Sweetcorn or Cheese or Egg Sandwich ~ Fruit Platter Milk	Chicken & Gravy Carrots/Potatoes or Cheese or Ham Filled Sandwich ~ Watermelon Milk	Steak Mince Potatoes & Cauliflower or Soup & Bread V ~ Iced Sponge & Fruit Cocktail Milk	Salmon Fish Fingers Croquettes /Beans or Cheese or Turkey Roll ~ Fruit Platter Milk
Afternoon Tea	Cheese or Turkey Filled Sandwich ~ Watermelon Milk	Baked Potato & Beans V ~ Yoghurt Milk	Crackers & Cheese Crudités Oat & Apple cookie & Milk Shake Milk	Soup & Bread V ~ Iced Sponge & Fruit Cocktail Milk	Cheese or Turkey Filled Roll ~ Fruit Platter Milk

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