

Fresh Air Frankie's School Travel Plan



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1.0 WHY HAVE A SCHOOL TRAVEL PLAN

School-related traffic congestion and the risks congestion poses to the safety of the pupils, teachers, parents, residents, and motorists in and around school locations is a significant problem in communities around Fife.

The most obvious cause of traffic congestion around our schools is vehicles, and the biggest source of those vehicles is parents' dropping off and picking up their children from school.

Statistics highlight that 1 in 4 cars during the hours of 8:30 to 9:15 and 2:30 to 3:15 is primary school traffic.

Encouraging active travel—such as walking, cycling, or scooting to school—offers children a healthier, more energising start to their day. It helps improve physical fitness, boosts mood and concentration, and reduces traffic congestion and pollution around school gates, making the environment safer for everyone.

Fife Council's Road and Transportation Service are working with schools in Fife to develop School Travel Plans; a practical framework to promote sustainable travel and address barriers families may face by supporting **Frankies Active Campaigners Team (FACT)** to lead activities, raise awareness, and celebrate progress. These initiatives empower children to take pride in their choices and inspire others to get moving – making active travel a positive part of everyday school life.

2.0 BENEFITS OF HAVING A SCHOOL TRAVEL PLAN?

The benefits of encouraging active travel are clear and a school travel plan can ensure that your school has a long-term vision with aid to support your FACT group with delivering campaigns that will:-

- Improve health and well-being by reducing harmful emissions and increasing activity levels.
- Improve safety through engineering measures and increasing road safety education.
- Improve access and opportunity by developing pupils' skills for safe and independent travel.
- Improve the environment by reducing pollution and CO2 emissions.
- Gain school accreditations such as Fresh Air Frankie STP Awards, Active School Award and Eco Schools.

All work associated with School Travel Planning has been designed to fit into the Curriculum for Excellence.

3.0 CURRENT TRAVEL HABITS

Each year all Fife schools undertake the hands up survey which gives a true reflection of how pupils are travelling to school, and the 2024/25 results show that 57% of pupils are actively travelling to school. However, with over 40% still being driven to school the school must remind parents of their responsibilities around the school gate.

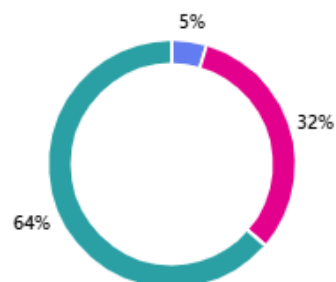
	Walk	Cycle	Scooter / Skate	Park & Stride	Driven	Bus	Taxi	Other	Walk	Cycle	Scooter / Skate	Park & Stride	Driven	Bus	Taxi	Other
P 1-4	25	0	0	4	9	0	1	0	64%	0%	0%	10%	23%	0%	3%	0%
P 5-7	17	0	0	6	4	0	3	0	57%	0%	0%	20%	13%	0%	10%	0%
TOTAL	42	0	0	10	13	0	4	0	61%	0%	0%	14%	19%	0%	6%	0%

3.1 Family Questionnaire

22 families answered the online questionnaire, and the results are as follows.

What year group is your child/children in?

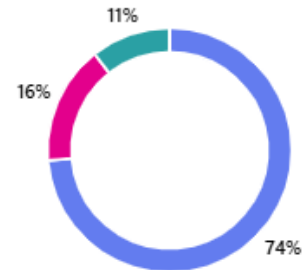
Nursery	1
P1 - P3	7
P4 - P7	14



How far do you live from the School?

14 of the families that completed the questionnaire said that they live within a 1-mile radius from the school.

● Within 1 mile	14
● Within 2 miles	3
● Within 3 miles	2
● Over 3 miles	0



How long does your journey usually take?

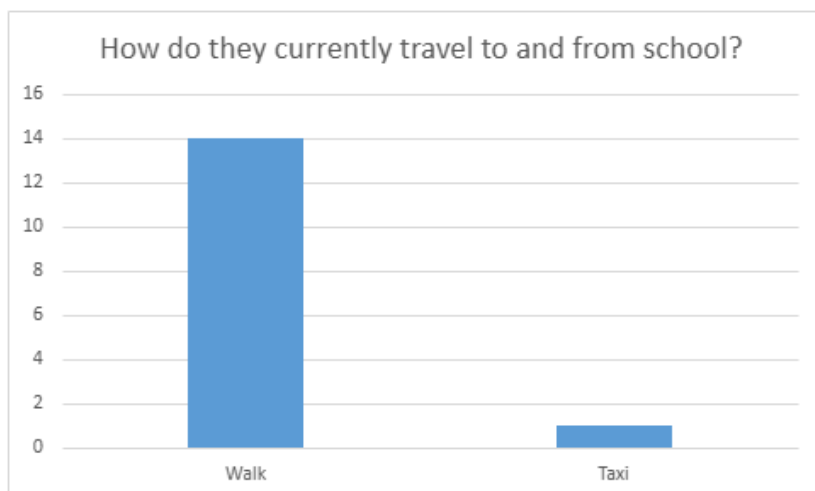
18 families live within 10 minutes from the school. Now let's break this down further to see how they travel!

● Less than 10 minutes	18
● 10 - 20 minutes	1
● 20 - 30 minutes	0
● More than 30 minutes	0



How many families who live within 1 mile and travel less than 10 minutes take the car?

Great to see that none of the families living within 1 mile and whose journey takes less than 10 mins travel by car. This is a great achievement.



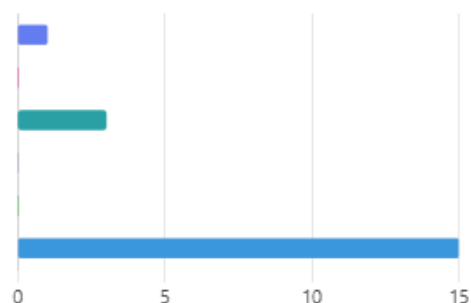
Bikeability is offered to all schools in Fife. Would you be interested in undertaking cycle training to help with the delivery of Bikeability within the school?

● Yes 1
● No 13



We asked what barriers you may face on your journey, and the responses were:

● Traffic Congestion 1
● Pedestrian Congestion 0
● Parking Difficulties 3
● Unsafe active travel routes 0
● Time pressures 0
● None 15



Is there anything else about your journey you would like to add?

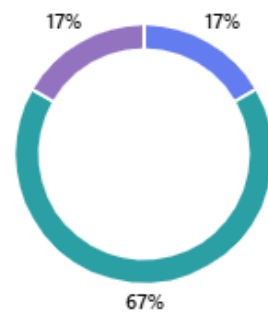
- We've noticed a lot of parents dropping off in Queens Haugh drive very fast into the street. Whilst it is a 20, I think with kids in the morning crossing the road some drivers need to slow down. With cars now not allowed to park on the pavements it's making visibility even harder.

- We live round the corner
- 1 child walks, 1 child cycles.
- Would like a lollipop person back

3.2 Staff Questionnaire

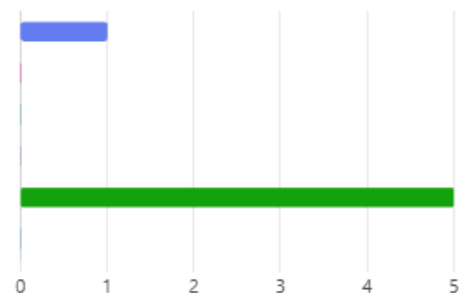
How far do you travel to work?

Under 2 miles	1
2 - 5 miles	0
6 - 10 miles	4
11+ miles	1

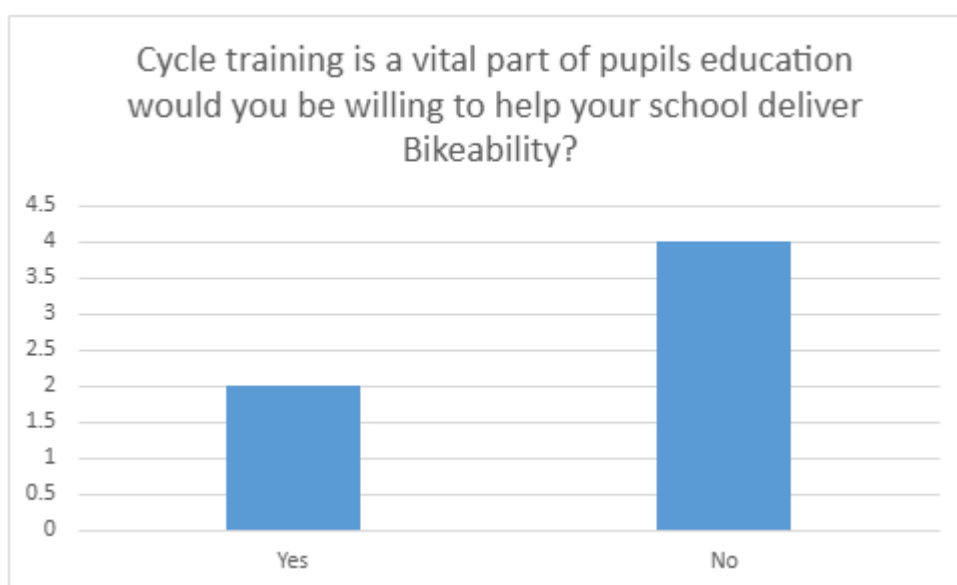


How do you travel to work?

Walk	1
Cycle	0
Bus	0
Car Share	0
Car	5
Other	0



Staff were asked if they would be willing to undertake Bikeability training, 2 out of the 6 replied yes.



What would encourage you to consider an alternative mode of transport to work?

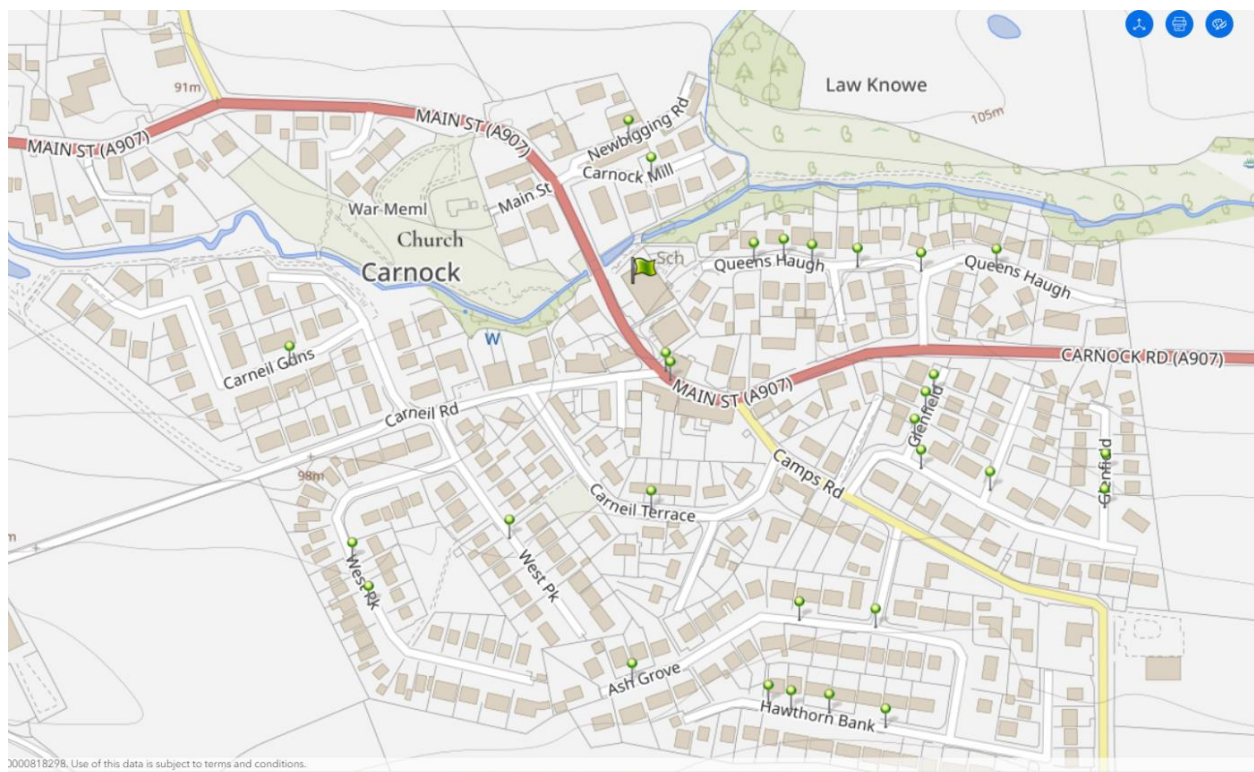
- As a joint HT I need my car to be able to travel between schools
- The journey would be too long by public transport on top of an already long day.

Is there anything else you would like to tell us about your journey to work?

- Bikeability is already being delivered at Carnock

4.0 MAPPING WORK AND ROUTE AUDIT

By analysing the geographic distribution of pupil residences, we identified key clusters and common travel corridors that assisted in creating a strategic map of routes that prioritise safety, accessibility and connectivity to the school using existing infrastructure.



4.1 Access Arrangements

- Vehicular access for staff and visitors is via Queens Haugh.
- Pedestrian access to the school is via two entrances. One of these is to the front of the school directly up from the puffin crossing. The other pedestrian access is at the side at

the bottom of the “donkey steps”.

4.2 Route Audit

Overview:

This audit assesses the pedestrian infrastructure and safety features along key routes to school within the residential area around the school.

The area benefits from a good network of pavements, adequate dropped kerbs, and traffic calming measures including 20 mph speed zones. There is a good network of off-road paths through the residential areas with most pupils travelling from these areas.

Key Findings:

1. Pavement Quality and Width:

- Pavements throughout the area are consistently wide, allowing for safe passage of children, parents, and mobility aid users.
- Surfaces are generally smooth and well-maintained, with minimal trip hazards or obstructions.

2. Dropped Kerbs and Crossing Points:

- Dropped kerbs are present at major junctions and crossing points, supporting accessibility for wheelchairs, pushchairs, and visually impaired pedestrians.
- Tactile paving is in place at most crossings, enhancing safety for visually impaired users.

3. Traffic Calming and Speed Limits:

- The 20 mph speed limit is clearly signposted and contributes to a safer environment for school children. The strategic map highlights that most pupils who actively travel to school travel through these 20 mph zones.

4. Visibility and Lighting:

- Street lighting is adequate along main routes, ensuring visibility during early morning and late afternoon travel times.
- Sightlines at junctions and crossings are generally clear, reducing the risk of vehicle-pedestrian conflict.

5. Signage and Wayfinding:

Clear School signs are prominently displayed along Main Street, ensuring drivers are aware of the reduced speed requirement. Within the surrounding residential areas, signage varies, providing additional reminders to maintain safe driving practices.

Conclusion

Encouraging alternative travel options—such as walking, cycling, or park-and-stride schemes—can significantly reduce vehicle numbers. Additionally, engaging parents through awareness campaigns and regular reminders fosters shared responsibility for pupil safety.

By implementing these measures consistently and working collaboratively with your school travel plan team, schools can create a safer, less congested environment for everyone.

5.0 ACTION PLAN

Action	Solution	Action Owner
Promote School Travel Plan	<ul style="list-style-type: none"> • Upload plan to website and social media pages. • Create a FACT notice board. • Upload generic social media posts throughout each term. • Keep the school travel plan team updated on all work carried out by completing your FACT floor book. 	School
Fresh Air Frankie Awards Campaigns	<p>Term 1</p> <p>Hands up Survey Active Travel FACT Assembly about Active Travel Month Send out generic Social Media Posts Active Travel Month (distribute and collect Fresh Air Frankie Travel Passports)</p> <p>Term 2</p> <p>Launch #dontparkhere Campaign FACT Assembly Send out generic Social Media Posts Road Safety Week</p> <p>Term 3</p> <p>Frankie's Step into Spring Campaign FACT Assembly Big Walk and Wheel</p> <p>Term 4</p> <p>FACT Assembly about Active Travel Month</p>	School – full details held with your FACT folder

	Send out generic Social Media Posts Active Travel Month (distribute and collect Fresh Air Frankie Travel Passports)	
Reduce congestion	Consider developing the following:- Parking Pledge Walking Bus Campaigns to increase active travel to school.	School – full details held with your FACT folder
Bikeability	Deliver Level 2 Bikeability and apply for Cycle Friendly School Award	School/Bikeability
Annual Active Travel Award	Top 3 schools that can showcase the largest increase in Active Travel to School will be crowned champions. Data will be collated from the HUSS and our own travel tracker.	School/Travel Planning Team

6.0 MONITORING & EVALUATION

The FACT will continue to meet periodically to monitor progress and amend strategies to comply with the actions set out in this plan. Specific progress will be monitored by participation in the “Hands Up Travel Tally” each year and a repeat of the full travel survey will take place in 2029/30.

The school’s ongoing commitment to travel planning will be publicised in the school handbook, the school newsletters, the Parent’s notice board and through assemblies.

7.0 DISTRIBUTION OF SCHOOL TRAVEL PLAN

The following bodies will receive a copy of the School Travel Plan:

- Fife Council Sustainable Transport and Travel via the Travel Plan Team
- Fife Council Education Service
- Parent Partnership
- Copies will also be made available to the parents from the School Office and via the school information sites.