Confident Individual P5-7

Resilience Skills	I can use different strategies to help me cope with challenges to my learning	
	I can talk about how to keep myself safe in school and in the community	
	I know people I trust to help me when I am upset	
	I can consider the rights and responsibilities for myself and my classmates	
	I can use feedback from my teacher to plan my next steps in learning	
	I can recognise when I have made mistakes in my learning and learn	
	from them	
Leadership Skills	I recognise the skills I have and those I need to improve, and can	
	develop strategies to help me improve	
Responsibility Skills	I set myself challenges and plan how to work through them	
	I look for ways to learn new skills and approach this positively	
	I can share and celebrate my own and others' achievements	
	I show confidence and resilience during activities	
	I embrace new challenges positively	