

**Confident Individual  
P1-2**

|                              |   |  |
|------------------------------|---|--|
| <b>Resilience Skills</b>     | I know who can help me with my work                                     |  |
|                              | I know who can help me when I am upset                                  |  |
|                              | I can talk about people who help to keep me safe at school and at home  |  |
|                              | I can talk about my own and others' feelings                            |  |
|                              | I can develop my learning and interests                                 |  |
| <b>Leadership Skills</b>     | I can talk about what I am good at                                      |  |
| <b>Responsibility Skills</b> | I can talk about and share some of my achievements in and out of school |  |
|                              | I can show confidence   |  |
|                              | I will try new things   |  |