

# Nursery Menu *Week 1*

## August 2022 – June 2023

### Week Commencing

15/08/2022	07/11/2022	02/01/2023	13/03/2023	29/05/2023
29/08/2022	21/11/2022	16/01/2023	27/03/2023	12/06/2023
12/09/2022	05/12/2022	30/01/2023	17/04/2023	26/06/2023
26/09/2022	19/12/2022	13/02/2023	01/05/2023	
24/10/2022		27/02/2023	15/05/2023	



<i>Week 1</i>	Monday	Tuesday	Wednesday	Thursday	Friday
<i>Morning</i>	Cheese or Turkey Sandwich ~ Yoghurt Milk	Tomato & Basil Pasta <b>V</b> ~ Fruit Platter Milk	Cheese & Tomato Pizza <b>V</b> ~ Melon Milk	Cheese or Tuna Sandwich ~ Oat & Apple cookie & Milk Shake Milk	Chicken Bites Beans ~ Strawberry Swirl Mousse & Banana Slice Milk
<i>Lunch</i>	Macaroni Cheese <b>V</b> Garlic Bread Broccoli or Cheese or Turkey Filled Sandwich ~ Yoghurt Milk	Chicken or Vegan Sausage <b>V</b> in a roll Sweetcorn or Soup & Bread <b>V</b> ~ Fruit Platter or Yoghurt Milk	Chicken or Vegetable Korma <b>V</b> , Boiled Rice & Broccoli or Cheese or Ham Filled Sandwich ~ Melon Milk	Steak Pie Carrots & Potatoes or Soup & Bread <b>V</b> ~ Fresh Fruit Salad Ice Cream Tub Milk	Salmon Fish Fingers Croquettes /Beans or Cheese or Turkey Filled Sandwich ~ Chocolate & Beetroot Muffin with Raspberries Milk
<i>Afternoon Tea</i>	Cheese & Crackers Crudités ~ Watermelon Milk	Soup & Bread <b>V</b> ~ Fresh Fruit Salad & Ice cream tub Milk	Cheese or Ham Filled Sandwich ~ Strawberry Swirl Mousse & Banana Slice Milk	Baked Potato & Beans <b>V</b> ~ Yoghurt Milk	Cheese / Turkey Sandwich Salad ~ Chocolate & Beetroot Muffin with Raspberries Milk

**V** = Vegetarian

Side Salad and Vegetables are available daily with Lunch choices including Main courses and Filled Rolls/Sandwiches , with a choice of Milk or Water.

For further information on Allergens and Nutritional content please go to [Fife.gov.uk](http://Fife.gov.uk) website and search [School Meals](#), click on [Food In your School](#) and follow links.

For Specific Dietary Requirements form please see School Meal page containing further information and link to Request form.

# Nursery Menu *Week 2*

## August 2022 – June 2023

### Week Commencing

22/08/2022 31/10/2022 09/01/2023 06/03/2023 22/05/2023  
 05/09/2022 14/11/2022 23/01/2023 20/03/2023 05/06/2023  
 19/09/2022 28/11/2022 06/02/2023 24/04/2023 19/06/2023  
 03/10/2022 12/12/2022 20/02/2023 08/05/2023



<i>Week 1</i>	Monday	Tuesday	Wednesday	Thursday	Friday
<i>Morning Meal</i>	Cheese or Turkey Sandwich ~ Yoghurt Milk	Chicken or Vegan Sausage V & Beans ~ Yoghurt Milk	Quorn Dippers V & Spaghetti Hoops ~ Watermelon Milk	Cheese or Chicken Sandwich ~ Strawberry Swirl Mousse & Banana Slice Milk	Cheese & Tomato Pizza Finger V Sweetcorn ~ Iced Sponge & Fruit Cocktail Milk
<i>Lunch</i>	Italian Chicken Meatballs Pasta / Broccoli or Soup & Bread V ~ Yoghurt Milk	Beef or Vegan Burger V in a Bun & Sweetcorn or Cheese or Egg Sandwich ~ Fruit Platter Milk	Chicken & Gravy Carrots/Potatoes or Cheese or Ham Filled Sandwich ~ Watermelon Milk	Steak Mince Potatoes & Cauliflower or Soup & Bread V ~ Iced Sponge & Fruit Cocktail Milk	Salmon Fish Fingers Croquettes /Beans or Cheese or Turkey Roll ~ Fruit Platter Milk
<i>Afternoon Tea</i>	Cheese or Turkey Filled Sandwich ~ Watermelon Milk	Baked Potato & Beans V ~ Yoghurt Milk	Crackers & Cheese Crudités ~ Oat & Apple cookie & Milk Shake Milk	Soup & Bread V ~ Iced Sponge & Fruit Cocktail Milk	Cheese or Turkey Filled Roll ~ Fruit Platter Milk

V = Vegetarian

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