



Cardenden Primary School

February 2026 Newsletter





Newsletter 7 2025/2026

Visit our School Website here:

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 Dates for your Diary ... 	
Tuesday 10th February 5.30pm	Family Bingo Fundraiser
Wednesday 11th – Friday 13th February	School Closed
Monday 16th February	P7s to Ardroy
Tuesday 24th February 2pm – 4pm	Early Help and Support Team Drop In

A message from Mrs Stewart ...

We are almost halfway through Term 3 already! It was lovely to welcome families along for our Burns Assembly and Shared Start – which also coincided with my 1st Birthday at Cardenden. I can't believe it's been one year already – I have so many magical moments that I can reflect on ... and lots of ideas for where we go next too.

This month we look forward to inviting you along to our Bingo Fundraiser and keep an eye out for communications coming your way about Parent Contact in March. As always, if you have any questions or queries please pop in and let us know.

Tuesday 10th Feb 5.30pm – BINGO FUNDRAISER – Bring a mug, bingo dabber and pennies!

School Trip Feedback

We had an overwhelming response to our survey about school trips and are delighted to share that 98% of responses say they would support school trips at a cost of £10 or more. Where possible, we aim to keep these costs below £10 and will ensure we communicate with you in a timely manner. We are excited to start planning these and will share more information in our next newsletter.



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School Gates Reminder

Please note that the big gate (which is for vehicle access) will be locked permanently. When arriving at school, parents and children should enter through the pedestrian gates.



Arriving at School Reminder

We have increased the time that you can arrive at your classroom door until 9.30am. This helps office staff as this is a busy time for them first thing.

Early Help and Support Team Drop In

Next date Tuesday 24th 2pm – 4pm. Please pop in to meet Denise

Who we are

Our Early Help & Support Team of Family Support Workers and Social Workers provide whole family support for families in need throughout Fife.

How we can help

We support children and their families from pre-birth until young people are 18 years old and support is tailored to the individual needs of each family.

Get in touch

Families can ask for help from our team directly via the contact details below. You can also talk to another professional involved with the family such as a teacher or health professional and they can request support from our team on the family's behalf.

Call us on
03451 551503

or email
sw.contactctr@fife.gov.uk

If you need help & support in an emergency outwith normal office hours please call

03451 550099

Some ways we can help include:

- Support to build and improve relationships within families.
- Help with routines & boundaries
- Support young people with their emotions
- Support parents and children experiencing challenging behaviour
- Support families who are experiencing financial difficulties
- Supporting parents to understand their children's needs
- Providing support to parents around their own emotional wellbeing
- Look creatively at supports within the local area to promote building young people's confidence, social skills and self-esteem.
- Groupwork for parents, children and young people such as Incredible Years, Mellow babies.
- Support families who have experienced life difficulties - substance misuse, domestic abuse, bereavement.





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Meet Our Values Teddies!

Can you chat about these at home?

ALLY THE AMBITIOUS ALPACA

- Try your best even when something feels tricky
- Keep practising – little steps make big progress
- Set goals and celebrate reaching them
- Have a go before asking for help
- Believe in yourself and your ideas



ROSIE THE RESPECTFUL RACCOON

- Listen to others
- Use polite language
- Say "excuse me"
- Follow the rules
- Be kind and caring



KEVIN THE KINDNESS KOALA

- SHARE
- SAY "PLEASE" AND "THANK YOU"
- HELP OTHERS
- SMILE



Our Parent Council have kindly purchased 8 Tonie Boxes and over 70 Tonies for us to use to help us with our literacy development.



These are already being put to good use in P2. Here are some pictures of the children (and Kevin) enjoying their story of the week!