



Cardenden Primary School

January 2026 Newsletter



Newsletter 6 2025/2026

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Dates for your Diary ...	
Tuesday 20 th January 2pm – 4pm	Family Support Worker – Drop In (see below)
Wednesday 21 st January 6pm	Parent Council Meeting
Thursday 22 nd January 2026	Childsmile in School
Monday 26 th January 2026 9.15am	Shared Start – Burns Poetry & Scottish Theme
Tuesday 10 th February	Family Bingo (more info to follow)

A message from Mrs Stewart ...

Happy New Year!

I hope everyone had a lovely Christmas and New Year. As lovely as this time of the year is, it is really nice to get back into a routine. It has been lovely to have the buzz of learning and laughter back in school after the holidays. Everyone has made a positive return to school, and I am looking forward to seeing what we can achieve at Cardenden this year.

The second Parent Contact of the year will be in March. Thank you to everyone who responded to our survey about this in November. 94% of you were happy with the timings and 55% were happy with this being in the hall. We will have a similar set up in March and you will be contacted about this nearer the time. Following this, we will seek your views again to help us plan how this looks for next session.

As always, if you have any questions or queries, please pop in to book and appointment or email

Cardendenps.Enquiries@fife.gov.uk.



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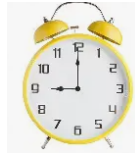
We are delighted to welcome Mrs Aileen Murray to Cardenden. Mrs Murray will be with us until the summer in the role of Acting Depute Headteacher. Mrs Murray is spending time this week getting to know everyone.

We will share with you her specific remit once this is finalised.

We would also like to welcome Miss Phoebe Harper who will be working in our school office to cover Mrs MacKenzie while she is on maternity leave.

School Gates

Please note that the big gate (which is for vehicle access) will be locked permanently. When arriving at school, parents and children should enter through the pedestrian gates.



Arriving at School

We have increased the time that you can arrive at your classroom door until 9.30am. This helps office staff as this is a busy time for them first thing.

Early Help and Support Team Drop In

Denise Allan has been allocated as our Family Worker. She will be doing monthly drop-ins which we will share with you so you can attend if you think this would be helpful. Denise is there to be a listening ear and has a wealth of knowledge and support to help our parents for those times when things feel difficult and challenging (see end of newsletter for flyer).

The first session will be Tuesday 20th January from 2pm – 4pm. If you would like to pop along, please come to the main entrance.

Attendance Monitoring

This term we will be looking at pupil attendance. Some families were contacted by class teachers last term to discuss this.

Please remember this is a supportive tool to help.

In the coming week, Mrs Murray, Mrs Fleming and I will be contacting parents of children who have attendance of less than 85%.

Parent Views and Feedback

Can you help us gather your views by clicking on the surveys below ...

[Proposed Out of School Club](#)

[School Trip Views and Opinions – Fill in form](#)





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Lunch Changes – Burns Day Menu

Wednesday 21st January 2026

All Choices remain the same, but the Band Colours for the Cold Choices have been Swapped round

- Blue Band for Sandwich with Ham
- Purple Band for Sandwich with Slice Cheese

Thursday 22nd of January 2026

The Hot and cold choices for this day have been changed to

- Choice 1 Haggis, Neeps & Tatties (Red Band)
- Choice 2 Vegetarian Haggis, Neeps & Tatties (Green Band)
- Cold Choice 1 Sandwich with Sliced Ham (Blue Band)
- Cold Choice 2 Sandwich with Sliced Cheese (Purple Band)

The above cold fillings are the same as Wednesday as these are the selection offered for Burns Day Menu

Friday 23rd January 2026

The Filling for the roll has been changed from Sliced Chicken to Tuna Mayonnaise (Blue Band)



Early Help & Support Team

Providing whole family support for families in need throughout Fife.



Understanding that parenting and family life can be challenging for everyone.

Who we are

Our Early Help & Support Team of Family Support Workers and Social Workers provide whole family support for families in need throughout Fife.

How we can help

We support children and their families from pre-birth until young people are 18 years old and support is tailored to the individual needs of each family.

Get in touch

Families can ask for help from our team directly via the contact details below. You can also talk to another professional involved with the family such as a teacher or health professional and they can request support from our team on the family's behalf.

Call us on
03451 551503

or email
sw.contactctr@fife.gov.uk

If you need help & support in an emergency outwith normal office hours please call

03451 550099

Some ways we can help include:

- Support to build and improve relationships within families.
- Help with routines & boundaries
- Support young people with their emotions
- Support parents and children experiencing challenging behaviour
- Support families who are experiencing financial difficulties
- Supporting parents to understand their children's needs
- Providing support to parents around their own emotional wellbeing
- Look creatively at supports within the local area to promote building young people's confidence, social skills and self-esteem.
- Groupwork for parents, children and young people such as Incredible Years, Mellow babies.
- Support families who have experienced life difficulties - substance misuse, domestic abuse, bereavement.

