

Nursery Menu • Week One





August 2023 - June 2024

For information on allergens and nutritional content please visit www.fife.gov.uk/nurseryschoolmeals
Vegetarian option available with every meal.



Dining with Daisy



Week One	Monday	Tuesday	Wednesday	Thursday	Friday
Big Breakfast 	Filled wrap with cheese or tuna mayonnaise with cucumber slices Fromage frais Milk	Mini potato waffles with baked beans Apple & oat cookie with fresh sliced apple Milk	Salmon fish cake in a bap Fresh sliced melon Milk	Filled bagel with laughing cow cheese or turkey Strawberry swirl mousse with fresh banana slices Milk	Chicken bites with spaghetti loops Fresh fruit platter Milk
	Traditional macaroni cheese with garlic bread and garden peas or Vegetable soup and half a wrap with cheese or tuna mayonnaise Fromage frais with mandarins Milk	Quorn sausage pattie or vegan sausage in a bap with sweetcorn or Filled bagel with laughing cow cheese and sliced peppers Fresh fruit platter Milk	Chicken or vegetable korma with long-grain rice, naan bread and medley of vegetables or Tomato soup and half a wrap with cheese or ham Homemade carrot sponge with fresh sliced melon Milk	Homemade steak pie with sliced green beans and new potatoes or Broccoli soup and half a sandwich with cheese or turkey Fresh fruit salad with strawberry jelly Milk	Salmon fish fingers with potato croquettes and baked beans or Filled sandwich with cheese or sliced boiled egg Homemade chocolate & beetroot sponge with fresh banana slices Milk
Lunch 	Filled wrap with cheese or tuna mayonnaise with cucumber slices Milk	Lentil soup and half a sandwich with cheese or chicken mayonnaise Fresh fruit salad and ice cream tub Milk	Filled wrap with cheese or ham with sliced peppers Fromage frais Milk	Mini potato waffles with baked beans Fresh fruit salad with strawberry jelly Milk	Mediterranean vegetable frittata with side salad Homemade chocolate & beetroot sponge with fresh banana slices Milk
Afternoon Tea 					

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Week Two	Monday	Tuesday	Wednesday	Thursday	Friday
Big Breakfast	Filled wrap with cheese or tuna mayonnaise with cucumber slices Fromage frais Milk	American pancake served with blueberry compote Fresh satsuma pieces Milk	Quorn sausage pattie or vegan sausage with spaghetti loops Fresh sliced pear Milk	Filled bagel with laughing cow cheese and sliced peppers Milk	Mini potato waffles and baked beans Homemade chocolate sponge with fruit cocktail Milk
	Italian chicken meatballs with penne pasta and medley of vegetables or Lentil soup and half a wrap with cheese or tuna mayonnaise Fresh sliced apple Milk	BBQ style pulled pork with savoury rice, side salad and pitta bread or Cheese & tomato pizza served with savoury rice and side salad Fresh fruit platter Milk	Roast chicken in gravy with yorkshire pudding, carrots and mash potatoes or Sweet potato & butternut squash soup and half a wrap with cheese or ham Fromage frais Milk	Chilli con carne with long-grain rice and corn on the cob or Tomato soup and half a sandwich with cheese or slices of boiled egg Homemade chocolate sponge with fruit cocktail Milk	Salmon fish fingers with potato croquettes and garden peas or Filled sandwich with cheese or turkey Fresh fruit platter Milk
	Crispy quorn dippers with spaghetti loops Fresh sliced apple Milk	Filled sandwich with cheese or chicken & sweetcorn mayonnaise Fromage frais with fresh satsuma pieces Milk	Filled wrap with cheese or ham Fresh sliced pear Milk	Tasty tomato & basil pasta bake Homemade chocolate sponge and fruit cocktail Milk	Salmon fish cake in a bap Fresh fruit platter Milk

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