

Newsletter

Monday

Chess Club—15:00-16:00 in Bookery

Tuesday

'Breakfast Blether' in Nursery 09:00

Tempest Photography Day—Individuals/Siblings

Parents' Night—Late starts 17:00

Wednesday

Early Bird Rugby 08:30 in Hall/Outside

Nursery Forest AM

Pupil Assemblies AM

Thursday

Drumming P5 and Chanter P6/P7

P5 Swimming St Leonards AM (7 Week Block)

SU Club—12:45 in Bookery

Parents' Night—Early starts 15:30/ No Glee

Friday

P7 Bikeability

P4 & P3/4 Assembly—Romans 14:00 (Parents Invited)

P6 'Euro Quiz'

Nursery Play on Pedals 13:30 Miss Boyter

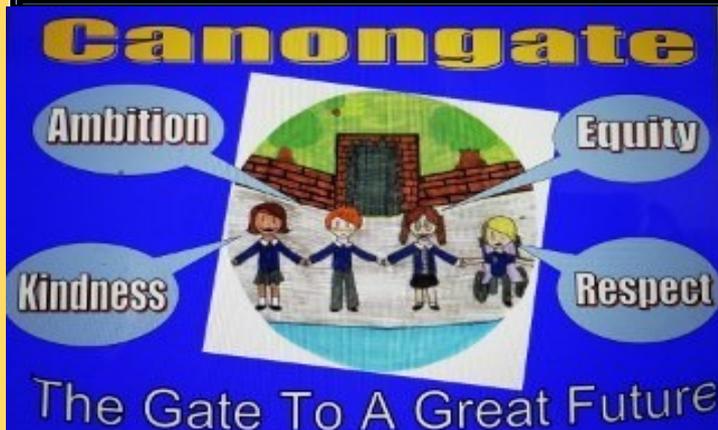
April Intake Nursery Induction 13:30

Tennis Club—15:00-16:00 Hall/Outside Court

Canongate

Primary

Week Beginning:
23rd March 2026



March Dates for the Diary

28/03/26 Youth Wellbeing in the Digital Era—University

31/03/26 P7 Madras Transition Event AM

31/03/26 Instrumental Concert—Bookery 15:00

31/03/26 Play on Pedals—Nursery (Parents)

2/04/26 Finish for Easter Holiday 15:00

3/04/26 EASTER HOLIDAY 20/04/26

Term 4 Begins—Pupils Return 0900



Messages

- **School Garden Development:** Mrs Corns and Primary 5 will be leading developments to improve our school garden and grounds. A huge thank you to FoC for securing £2000 for this project. Please see the request on the right with details of how to help us with this development.
- **Transitions P1 and S1:** It is that time of year when we start thinking about the next phase of our learning journeys. The entrant P1 'Transition Events' will be released soon. Our P7s begin their Madras activities starting on the 31st March. If you have a new P1/S1 please also see the offerings below from NHS Fife.:

Support Our Garden

Friends of Canongate have been awarded £2000 to create a school garden. We need some help with the groundwork before the children can do any growing.

We need adults who can:

- lift & move slabs
- dig & level ground
- build a greenhouse
- lay paths
- collect compost from West Sands

If you think you can help, please contact Mrs Corns by email laura.corns@fife.gov.uk to arrange a suitable time. Thank you!



NHS Fife Child and Family Psychology Service

Understanding Kids

Is your child starting Primary 1?
This can feel like a big step filled with lots of new opportunities and challenges.
Are you wondering how to support your child through this next stage of their development?



Check out this video for more information

Workshop 1: How children develop
Workshop 2: Managing big emotions
Workshop 3: Making sense of behaviour
Workshop 4: Building connections and managing behaviour
Workshop 5: How to support your child's self esteem and coping
Workshop 6: Improving sleep



To book a place, please visit www.accesstherapiesfife.scot.nhs.uk or scan the QR code at the bottom right.

NHS Fife Child and Family Psychology Service

Understanding Teens

Is your child moving into S1?
Adolescence marks an important milestone in your child's development.
Help them prepare for the years ahead.



Check out this video for more information

Workshop 1: Teenage brain development
Workshop 2: Strengthening the parent-teen relationship
Workshop 3: Effective communication with teens
Workshop 4: Setting boundaries and expectations
Workshop 5: Supporting Teens emotional wellbeing
Workshop 6: Peer relationships and social media use
Workshop 7: Understanding neurodivergence



To book a place, please visit www.accesstherapiesfife.scot.nhs.uk or scan the QR code at the bottom right.