

# BELL BAXTER HIGH SCHOOL

## Weekly Update

Monday 17th February, 2020

### WHOLE SCHOOL MESSAGES

### Therapet

At the beginning of the week we welcomed Therapet, Buddy, into our school. For some years, the benefits of pets on our mental health have been documented. They promote feelings of calm and wellbeing. Two of our S3 pupils, Callum Christie and Logan Fenton, were instrumental in getting Therapets into school and were delighted to be there to greet Buddy.

We are hoping that Buddy, and other Therapets, will visit us over the next few months. If you have any concerns, please do not hesitate to contact us. [Mrs Jeffrey]



### Young People's Sport Panel (YPSP)

Sportscotland are looking for a group of young people to work with them to help influence and shape sport in Scotland by joining the Young People's Sport Panel (YPSP).



They are looking for young people who are:

- Living in Scotland
- Aged between 14 and 23
- Passionate about sport
- Want to make a difference
- Able to commit 3 hours a week on a voluntary basis

The YPSP is led by sportscotland and supported by Young Scot and is a fantastic opportunity for aspiring young leaders. Over the years the experience has made a positive difference to the lives of past and present panel members and they have made an important contribution to Scottish sport. As well as becoming involved in a range of activities they feel passionate about, panel members can represent sportscotland at various conferences, workshops and events to influence decision making.

More information is available at: <a href="https://sportscotland.org.uk/sportpanel">https://sportscotland.org.uk/sportpanel</a>

Applications will close at 10pm on Monday 24 February 2020.

If you are interested in applying please see Miss Hodge in PE. [Miss Hodge]





### **PE Lost and Found**

If you have lost any items of clothing or footwear please come down to PE and have a look for it under the stairs. The items will be getting removed from this area on Monday 17/02/20.

### Bell Baxter are on Instagram

Bell Baxter have joined Instagram. Please feel free to follow us at:

https://www.instagram.com/bellbaxter\_hs/.

You can also follow us on Twitter at: <a href="https://twitter.com/Bellbaxter">https://twitter.com/Bellbaxter</a> HS

or on Facebook at:

https://www.facebook.com/BellBaxterHS



### **Careers Advice**



Needing some careers advice? Thinking of applying to college or for an apprenticeship?

Pop into the Careers Room during interval or lunchtime for careers support.

Alison Flint & Sharon Lennie, SDS Careers Advisers



### **Mental Health Factsheets**

Three new factsheets have been added onto Bell Baxter's Website with advice for parents and pupils on mental health. The fact sheets cover anxiety, exam stress and panic attacks.

Get the factsheets here: <a href="https://blogs.glowscotland.org.uk/fi/bellbaxterhighschool/our-work/mental-health/">https://blogs.glowscotland.org.uk/fi/bellbaxterhighschool/our-work/mental-health/</a>

CLUBS, EVENTS AND REHEARSALS

### **World Cancer Day**

A great fundraiser by our senior pupils last week for World Cancer Day. A bake sale was held and a Pie the Teacher event took centre stage at lunchtime with much hilarity - from the pupils and teachers alike. Great job for a great cause. Well done.







### **Cupar Burns Competition**



Well done to all involved.

Success was achieved in the Cupar Burns Competition last week with a number of medals being won by our young people.

Congratulations to:

**Helen Black** S3: 1<sup>st</sup> place in 'Vocal' + 2<sup>nd</sup> in 'Instrumental' (Piano)

**Ella McGeorge** S2: 2<sup>nd</sup> in 'Recitation' **Owen Stark** S2: 1<sup>st</sup> in 'Bagpiping'

**Logan Reynolds** S1: 1<sup>st</sup> in 'Instrumental' (Cello)

Cian McCrickard S1: 1st in 'Recitation'

Savi Monson S1: 2<sup>nd</sup> in 'Vocal'

### **Save Australia Day**

When the fires were at their worst in Australia, Tara Isado, an S2 pupil, wanted to do her bit to help. She got a group of her friends on board: Eilidh Bennett, Mairi Ironside, Zara Jones, Eve Halley, Abigail Simpson, Poppy Munro, Rowan Johnstone, Helen Alexander and Ludovica Zolfo. They spent weeks planning and organising a bake sale, a non-uniform day and a guess the kangaroo's birthday. They raised a grand total of £1,006 which we will be sending over to Australia to help them rebuild their lives. Huge well done to Tara, her friends and all who took part.



### **Fife Festival of Music**

Earlier this month a number of pupils participated in the brass solo classes of the Fife Festival of Music. Adam Haacker and Catriona Guthrie took part in the Open class and both performed excellently, receiving commendations from the Adjudicator. Reuben Forbes took part in the Intermediate class and Rosie Wilson, Ava Fairfield, Ellie Fairfield, Bethan Norton and Ythan Evans all took part in the Advanced class. Everyone played very well and Ythan was awarded first place in the Advanced class winning the Ladies Morning Music Group Quaich on behalf of Bell Baxter.





### Children of Armed Forces Families/Time to Talk Day Bake Sale

We were delighted to welcome The Royal Caledonian Education Trust - Scotland's Armed Forces Children's Charity to school last week. They were raising awareness of the issues faced by children with parents/carers in the Armed Forces. The group also held a bake sale and raised £107.54 for their group. A great effort by all involved and thanks to The Royal Caledonian Education Trust for joining us for Time to Talk Day.



#### S4 - S6 MESSAGES

### **S5/S6 French Students Pen Pal Opportunity**

The Cupar and Howe of Fife Twinning Association are giving students studying French in S5/S6 the opportunity to correspond with a French student from <a href="Lycée Somme-Vesles">Lycée Somme-Vesles</a> School in Somme-Vesle, France.

Improve your French, your communication skills and add something to your CV. You will also be helping a French student improve their English. You can communicate with your match by letters, Facebook, Whatsapp or Skype.

For more information and to get matched to a Pen Pal – email <a href="mailto:howefife2005@yahoo.co.uk">howefife2005@yahoo.co.uk</a>

### Youth and Philanthropy Initiative (YPI) Event

Last week we hosted our Youth and Philanthropy Initiative (YPI) event for the S4 Skills Course. The YPI is an active citizenship programme which empowers young people to make a difference in their local communities while developing a host of skills. Each year, each participating school is responsible for directing a £3000 YPI grant to a charity through a unique programme of teamwork, research and competition.



The final took place with eight different teams, competing to win the money for their chosen charity. The winning group - Molly Turnbull, Esmee Thoms, Charlie Tannock and Christina Orr, were successful in winning for the Guide Dogs with an excellent presentation, alongside Ziggy, a Guide Dog in training. Well done to our winners and to everyone who took part.

### Expressive Arts Residential Weekend - Ardeonaig







32 Senior Expressive Arts pupils spent their weekend at Ardeonaig Outdoor Centre, Killin for the third annual Expressive Arts Residential. Pupils took part in Art, Drama and Music workshops as well as outdoor activities such as high ropes, crate climbing, archery and bush craft. Our talented pupils also led an evening ceilidh!



