

# Welcome to Early learning and childcare at Beanstalk Family Nurture Centre — Fergus Place



Beanstalk Family Nurture Centre  
Fergus Place  
Dunfermline  
KY11 4PZ



## Our Vision

Our vision is to create a safe, welcoming, fun, nurturing, inspiring environment for all. A respectful, inclusive community where everyone can learn, achieve and reach their full potential together.

## Mission Statement

Nurturing children & Empowering families

## Our Values

**Happiness and Wellbeing** - We prioritise the happiness, safety and well-being of every child creating a secure and supportive environment where they can thrive.

**Respect and Inclusion** - We embrace diversity and promote respect and inclusion, ensuring every child feels valued and understood.

**Learning through Play** - We believe in the power of play as a fundamental aspect of learning, encouraging curiosity, creativity and exploration.

**Holistic Development** - We support the holistic development of children nurturing their physical, emotional, social and cognitive growth.

**Partnership with Families** - We work in close partnership with families recognising the importance of collaboration and open communication in a child's development.

**Excellence in Care** - We strive for excellence in all aspects of our care and education, continually seeking to improve and innovate in our practices.

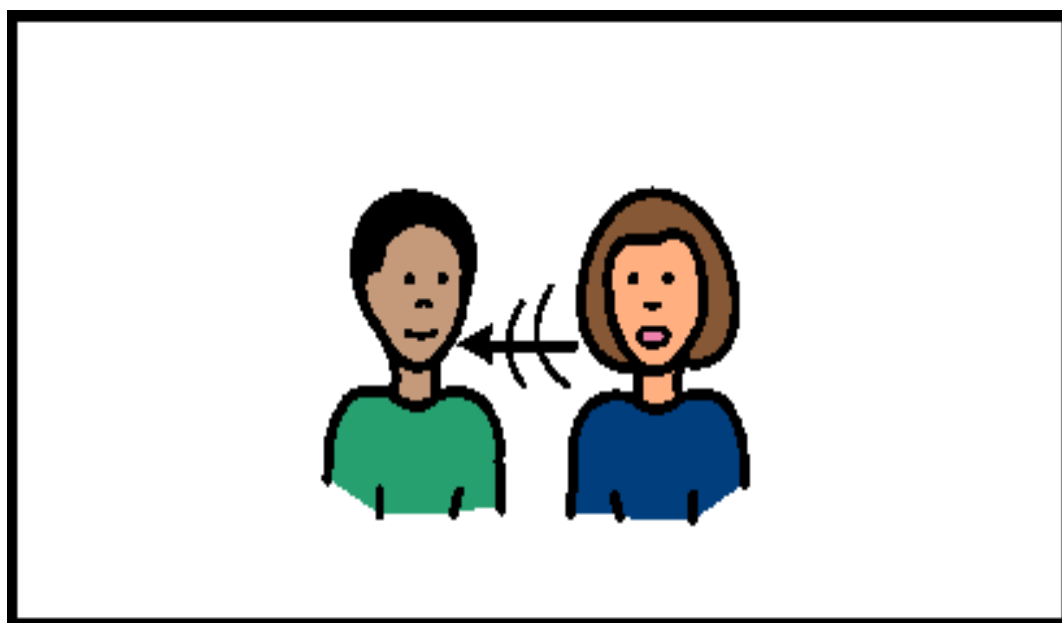
**Empathy and Compassion** - We foster empathy and compassion, teaching children to understand and care for others and their surroundings.

**Sustainable Practices** - We are committed to sustainability, instilling a sense of responsibility and care for the environment in the children we nurture.

Reviewed June 2024

## Communication at Beanstalk Family Nurture Centre

- There are noticeboards located outside or inside each nursery room with information for parents/carers. Please make sure you look at them regularly.
- Sign up to Seesaw and get regular updates about learning in the playrooms.
- Additional information is sent out via e-mail/text alerts and in letter form.
- Information is also available on our Facebook page and our website.
- Each term a full newsletter is shared on seesaw and on our website with information about events held in nursery and future diary dates of upcoming activities
- Policies/parents leaflets are available for your information on the website.



## Child Protection

- All children and young people in Fife have a right to be cared for and protected. We all have a part to play to ensure that children are safe and their needs are met.
- At Beanstalk, we believe that "child protection is everyone's job and everyone's responsibility". Children's welfare is very important to us all and we take that very seriously.
- We aim to provide a safe and supportive environment and work together with other agencies to ensure that all children are safe and protected from harm. The nursery has a duty to follow the Education and Children's Services Child Protection Guidelines in all aspects of Child Protection and Care and Welfare.
- If you have any questions regarding any of the above or concerns please speak to our Child Protection co-ordinator team:
  - \* Vicki Thomson—Depute Head of Centre
  - \* Diane Ballard — Headteacher
  - Yolanda Pearson—Early years Lead Officer



## PLJ — Personal Learning Journey

- Every child has a folder containing their PLJ.
- Your child's keyworker group is responsible for recording your child's learning and achievements some with photographic evidence and tracking their progress.
- You can look at and add to your child's folder at anytime, please speak to staff.
- There are star moments/Family time sheets which you can use to share special moments specific to your child and family.
- You can also send in pictures on seesaw and we will print and add into the folder.
- The children are encouraged to look at and take ownership of their own PLJ.
- You will be invited to parent chats so you can hear about how your child is doing in their learning and work together with your child and keyworker to share success and plan his/her next steps.



## Learning Through Play at Beanstalk Family Nurture Centre

- The nursery aim is to provide children with a rich and stimulating learning environment, where playing and learning go hand in hand. A varied selection of materials and activities will be provided in response to children's interests and needs, throughout the session, using both the indoor and outdoor environments.
- Resources and activities are not just for fun: most toys and materials help to encourage children's development in different areas so that even when children seem to just be playing they are learning at the same time. All the materials and activities provided in nursery have been planned to support certain areas of a child's development.
- During the session the staff interact with all the activities to encourage learning outcomes.
- The staff continually observe the children and use the information gained to assess each child's development and to plan next steps for all children.
- Consideration will be taken to ensure that provision is made for children with additional support needs and abilities.
- Children are actively encouraged to plan their own learning and this will be displayed on each room's learning wall, parent/carers contribution to this is valued.

### What will your child need at Nursery?

- Clothes that will enable children to be independent and that you don't mind getting messy.
- A change of clothes which can be kept at nursery in the event of a child having an accident, getting wet or muddy.
- Jacket appropriate for the weather.
- Welly boots (as children can be outdoors whatever the weather)
- In summer your child will need a sunhat and sun cream applied before their nursery session.
- In winter they will need hat/scarf/gloves

**Please label all items of clothing  
with your child's name.**





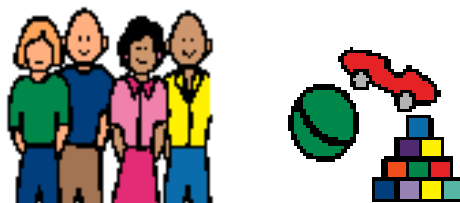
## Parental Engagement at Beanstalk Family Nurture Centre

### Stay and Play session

- We have regular "Stay and Play" sessions where you can come and play with your child for a short while and be involved in your child's learning experience.

### What's on?

- The nursery offers a variety of ways parents/carers can be involved in the nursery life e.g. parents workshops, parents groups, Bookbug sessions, parents & toddler groups etc.
- Please find information on the Family learning board located at each entrance and/or speak to Beanstalks Family Worker - Lynne Scott.



### Learning Events

- We like sharing the learning we do at Beanstalk FNC with parents and carers. Invitations to events happen regularly and we always appreciate your feedback.





## Health Promoting Nursery

### Snack

- Snack is offered throughout the session we encourage children's choice and independence.
- Healthy options including fruit and vegetables will be available everyday.
- Milk and water is on offer throughout the session.
- Snack can be enjoyed both indoors and outdoors.



### Lunch

- Children attending 9am-3pm at Beanstalk FNC will be offered lunch, there is no cost for this service. It will be a 2 course meal, menus will be displayed in nursery and on seesaw.
- **Please advise if your child has specific dietary requirements or allergies.**

### Tooth brushing

- As part of the Curriculum for Excellence "Health and Wellbeing" we work with Childsmile to provide the children with the opportunity to brush their teeth daily while supervised in nursery.
- Childsmile is a national programme designed to improve the oral health of children in Scotland.



## Nursery Fund

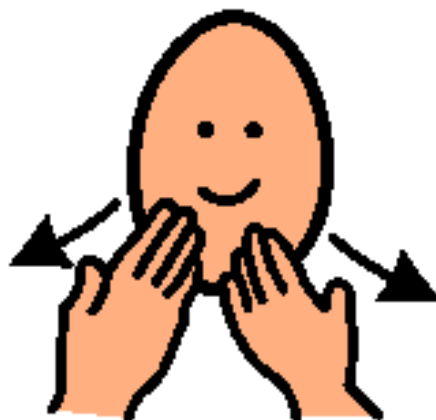
- Any money donated supports all the activities we offer in nursery e.g. baking, planting, science experiments, outings or visits from out with the nursery. It also helps replace broken/lost resources.
- This is an entirely voluntary contribution.
- Nursery is always looking for donations such as tissues, wipes, clothes and wellies etc, please speak to staff member if you have anything else you are looking to donate



## Celebrating Birthdays

We feel it is important to help children develop a sense of pride, confidence and positive image about themselves, so we believe that celebrating Birthdays are important. We acknowledge children's birthdays and celebrate using non-food-based activities that make a child feel special. We celebrate as a group by singing "happy birthday" to the child during gather time. We use a birthday train so they can have the experience of blowing out candles which helps promote science understanding. Parents are advised to not bring anything into the nursery for the celebration.

We appreciate your  
support with this.



### **Attendance**

- If your child is unable to attend Nursery then please let us know as soon as possible by calling the office on: 01383 602458. We are required to follow Fife Council procedure for all absences, e.g. if we have no explanation for them or if the absence is longer than a week.

### **Illness**

- We will encourage the children to follow good hand hygiene throughout their nursery session.

**If your child has had sickness and/or diarrhoea then they will not be fit to return to Nursery until 48 hours following their last bout.**

### **Infection Control**

- **Please see guidelines to infection control on the next few pages**
- The information contained in the booklet was issued by the Department of Health and Department of Education.

Infection or symptoms	Recommended Exclusion	Comments
<b>1. Rashes/ skin infections</b>		
Athlete's foot.	None.	Not serious infection child should be treated.
Chickenpox (Varicella Zoster).	Until all vesicles have crusted over (usually 5 days).	Pregnant staff should seek advice from their GP if they have no history of having the illness.
Cold sores (herpes simplex).	None.	Avoid kissing and contact with the sore.
German measles (rubella).	7 days before rash and 7 days after.	Preventable by vaccination (MMR x 2 doses). Pregnant staff should seek prompt advice from their GP.
Hand Foot and Mouth (coxsackie).	None.	If a large number of children affected contact HPT. Exclusion may be considered in some circumstances.
Impetigo (Streptococcal Group A skin infection).	Until lesions are crusted or healed or 48 hours after starting antibiotics.	Antibiotics reduce the infectious period.
Measles.	4 days from onset of rash.	Preventable by immunisation. (MMR x 2 doses). Pregnant staff should seek prompt advice from their GP.
Ringworm.	Not usually required unless extensive.	Treatment is required.
Scabies.	Until first treatment has been completed.	2 treatments are required including treatment for household and close contacts.
Scarlet fever.	Child can return 24 hours after starting appropriate antibiotic treatment.	Antibiotic treatment is recommended for the affected child.
Slapped cheek/fifth disease. Parvovirus B19.	None (once rash has developed).	Pregnant contacts of a case should consult their GP.
Shingles.	Exclude only if rash is weeping and cannot be covered.	Can cause chickenpox in those who are not immune, ie have not had chickenpox. It is spread by very close contact and touch.
Warts and verrucae.	None.	Verrucae should be covered in swimming pools, gymnasiums and changing rooms.

## 2. Diarrhoea and vomiting illness

Diarrhoea and/or vomiting.	48 hours from last episode of diarrhoea or vomiting.	
<i>E. coli</i> O157 STEC Typhoid and paratyphoid (enteric fever) <i>Shigella</i> (dysentery).	Should be excluded for 48 hours from the last episode of diarrhoea for <i>E. coli</i> O157. Further exclusion may be required for some children until they are no longer excreting. Exclusion is also variable for enteric fever and dysentery. HPT will advise.	Further exclusion is required for children aged 5 years or younger and those who have difficulty in adhering to hygiene practices.
Cryptosporidiosis.	Exclude for 48 hours from the last episode of diarrhoea.	Exclusion from swimming is advisable for 2 weeks after the diarrhoea has settled.

## 3. Respiratory infections

Flu (influenza).	Until recovered.	If an outbreak/cluster occurs, consult your local HPT.
Tuberculosis.	Advised by HPT on individual cases.	Only pulmonary (lung) TB is infectious to others. Needs close, prolonged contact to spread.
Whooping cough (pertussis).	48 hours from starting antibiotic treatment, or 21 days from onset of illness if no antibiotic treatment.	Preventable by vaccination. After treatment, non-infectious coughing may continue for many weeks.

<b>4. Other infections</b>		
Conjunctivitis.	None.	If an outbreak/cluster occurs, consult your local HPT.
Diphtheria.	Exclusion is essential. Always consult your local HPT.	Family contacts must be excluded until cleared to return by your local HPT. Preventable by vaccination.
Glandular fever	None.	
Head lice	None.	Treatment is recommended only in cases where live lice have been seen.
Hepatitis A	Exclude until 7 days after onset of jaundice (or 7 days after symptom onset if no jaundice).	
Hepatitis B, C, HIV/AIDS.	None.	Hepatitis B and C and HIV are bloodborne viruses that are not infectious through casual contact.
Meningococcal meningitis/septicaemia.	Until recovered.	Meningitis ACWY and B are preventable by vaccination. There is no reason to exclude siblings or other close contacts of a case.
Meningitis due to other bacteria.	Until recovered.	Hib and pneumococcal meningitis are preventable by vaccination. There is no reason to exclude siblings or other close contacts of a case.
Meningitis viral	None	Milder illness. There is no reason to exclude siblings and other close contacts of a case. Contact tracing is not required.
MRSA	None.	Good hand hygiene and environmental cleaning.
Mumps	Exclude child for 5 days after onset of swelling.	Preventable by vaccination (MMR x2 doses).
Threadworms	None.	Treatment is recommended for the child and household contacts.
Tonsillitis	None.	There are many causes, but most cases are due to viruses and do not need an antibiotic.