



# Beanstalk Family Nurture Centre Family Learning Weekly Calendar

All Groups for this term start week beginning the 23rd of October 2023



## Monday

## Breakfast and a Blether 9:30-10.30am Aberdour road

Come along for breakfast and a blether, Children up to 5yrs welcome we will have a play area set up. Cost £1.00 per session



## Messy Play 1.30-2.30pm Aberdour Road

These sessions are a great opportunity for babies and young children to engage their senses and creativity through open ended exploration. Cost £2.00 per session.

## Tuesday

## Fareshare 2.15-3pm Fergus Place

Help us reduce food waste and grab a bargain, Our Fareshare is open to our Beanstalk families and the community.



## Wednesday

Baby Bites 10-11am & 1.30-2.30pm Aberdour Road (Runs the last Wednesday of every month) Join us for an introduction to baby-led weaning suitable for babies around 6 months old spaces are limited. Booking required

## Fareshare 12-12.40 and 1.20-2pm Aberdour Road

Help us reduce food waste and grab a bargain, Our Fareshare is open to our Beanstalk families and the community.

## Thursday

## Messy Play 9.30-10.30am Aberdour Road

These sessions are a great opportunity for babies and young children to engage their senses and creativity through open ended exploration. Cost £2.00 per session.



#### Baby Massage 1.30-2.30pm Aberdour Road

These sessions are for babies from 6 weeks to 6 months old. Enjoy a lovely bonding time for you and your baby as you communicate through touch. This is a 5-week block, there is a £5.00 one of payment for this group.

**Booking Required** 





## Fun Time Friday & Bookbug 9.30-11am Aberdour Road

Come and join us for fun activities ending with a Bookbug session. Cost £1.00 per session for Fun time Friday.



#### For more information or to book message our facebook page or call us on 01383 602458