

# Plenary Talk Placemat

Today I have learnt that .....

**Be a reflective learner.**

The skills I used in today's lesson were...  
I could also use these skills in...

I would like to find out more information about....

**Discuss with a partner before you share it with the class.**

One thing I need to remember from today's lesson is...

Before this lesson I could already...

Three key words I have learned today are...

I was successful today when I...

# Plenary - complete one of the sentences below

I was successful when I .....

A question I have about today's lesson is .....

Today I learnt .....

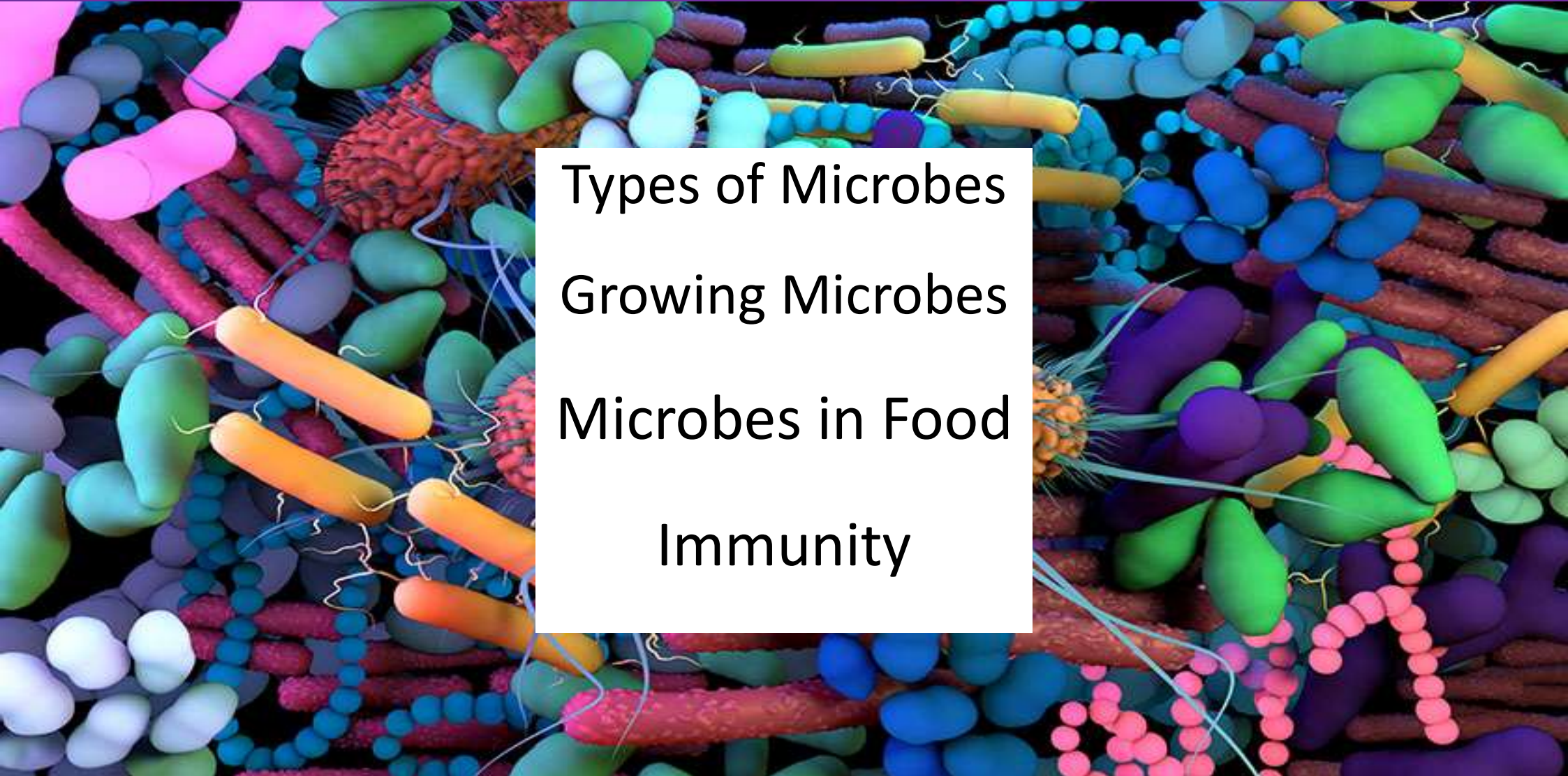
The part of the lesson I enjoyed the most was.....

The skills I used in today's lesson were.....

One thing I need to remember from today's lesson is.....

**Success Criteria**

# Science of the House - Microbes



Types of Microbes  
Growing Microbes  
Microbes in Food  
Immunity



# Science of the House - Microbes



I have contributed to investigations into the different types of microorganisms and can explain how their growth can be controlled. **SCN 3-13b**

I have explored how the body defends itself against disease and can describe how vaccines can provide protection. **SCN 3-13c**

I have taken part in practical activities which involve the use of enzymes and microorganisms to develop my understanding of their properties and their use in industries. **SCN 4-13b**

## Added Value Project

I can independently select ideas and relevant information for different purposes, organise essential information or ideas and any supporting detail in a logical order, and use suitable vocabulary to communicate effectively with my audience. **LIT 3-06a / LIT 4-06a**

# BBC Bitesize class-clips

All resources:

<https://www.bbc.com/bitesize/topics/zfxxsbk/resources/1>

Clip compilation 44s: <https://www.bbc.com/bitesize/clips/zggvr82>

Smallpox vaccine: Edward Jenner ~4min <https://www.bbc.com/bitesize/clips/z42jmp3>

Seeing the bacteria on hands ~1min <https://www.bbc.com/bitesize/clips/z34rkqt>

Sir Alexander Fleming: Discovering Penicillin ~3min <https://www.bbc.com/bitesize/clips/zwm76sg>

Bacteria on the skin ~1min <https://www.bbc.com/bitesize/clips/ztvfb9q>

The importance of hand washing in food hygiene ~5min <https://www.bbc.com/bitesize/clips/zr7jmp3>

Time-lapse decaying fruit ~20s <https://www.bbc.com/bitesize/clips/zwx76sg>

Understanding the size of bacteria ~1min <https://www.bbc.com/bitesize/clips/zkptsbk>

What germs can be found on the surface of your hand ~2min <https://www.bbc.com/bitesize/clips/zmcg9j6>

# Types of Microbes

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**Starter:**

What causes rotting and mould?



## Learning Intentions:

- To identify the different types of microbes.
- To research and describe the structure of microbes.
- To compare the different types of microbes.
- To set up an experiment into food decay

*Microbes have been around longer than anything else on Earth, longer even than dinosaurs.*

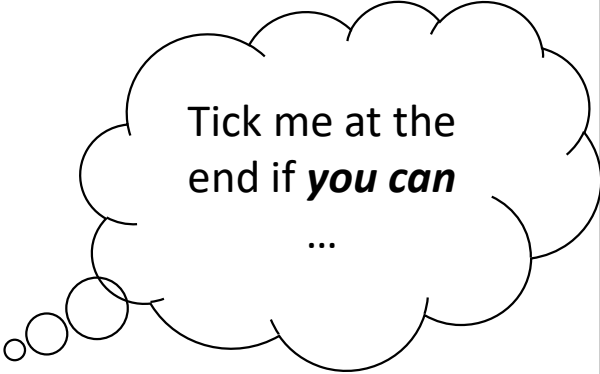
*If you imagine Earth began as a single day:*

*Microbes appeared at 5am, Dinosaurs appeared at 10pm...*

*humans appeared seconds before midnight*

## Success Criteria

- I can state the names and identify the different types of microbes
- I can describe the structure of microbes
- I can compare the different types of microbes

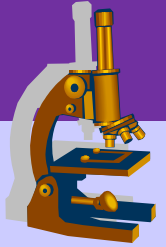


Tick me at the  
end if ***you can***

...



# Types of Microbes



A microbe (also called a microorganism) is an organism which needs a microscope to be seen.

Can you guess the 3 types of microbes from the pictures?

Fungi



Viruses



Bacteria



# Types of Microbes

- A micro-organism is a Small living thing
- We can see micro-organisms using a microscope
- The different groups are:
  - bacteria
  - fungi
  - viruses



# Types of Microbes

- Using the fact sheets on your table you need to complete your **fact file** about the different types of microbes.
- You must also include a labelled diagram of one microbe for each of the categories: Bacteria, Fungi, Virus

Extra challenge: Create 10 true or false questions on the different types of microbes.



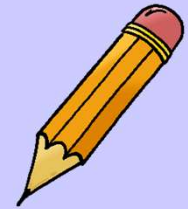
**Bacteria fact file**  
Bacteria e.g. Salmonella and Streptococcus  
size: 1/1000 mm  
shape: Bacteria can be rod-shaped or comma-shaped.  
structure: Bacteria are single-celled organisms, which can be completely harmless or cause disease. Some are useful.  
reproduction: Bacteria reproduce very quickly. Two can become four, then eight.

**Viruses fact file**  
Viruses e.g. flu virus and HIV (the AIDS virus)  
size: 1/1,000,000 mm  
shape: Viruses have various shapes and sizes.  
structure: A virus is a tiny organism which does not display ALL the characteristics of living things. They are made up of a protein coat and some genetic material.  
reproduction: Viruses grow and reproduce inside living things.

**Fungi fact file**  
Fungi e.g. Penicillium and yeast  
size: Some fungi can actually be seen with the naked eye, others are slightly bigger than bacterial cells.  
shape: Fungi come in many different shapes.  
structure: Fungi have the most complex structures of all the microbes. They feed off other living things.

# Types of Microbes

Microbe	Examples	Structure	Extra Info
Fungi			
Bacteria			
Virus			



# Types of Microbes

You must include a labelled diagram of one microbe for each of the categories:



--	--	--

Bacteria

Fungi

Virus



# Types of Microbes

## Extension Activity

Read the following passage and then answer the questions below

You may think that the world is full of dangerous, disease-causing microbes. In fact many microbes are useful to us whilst others are not harmful or useful.

Organisms, which cause diseases, are called **pathogens**. They can be divided into 4 main groups

- **viruses** cause the common cold, flu, measles, chicken pox and AIDS
- **bacteria** cause Salmonella poisoning, tetanus and cholera
- **protists** cause malaria and amoebic dysentery
- **fungi** cause athletes foot and ring worm

Pathogens can spread in many ways. **By droplets in the air** when you sneeze e.g. flu and the cold spread in this way. **By touch** e.g. sharing towels with infected people can spread athletes foot. **By faeces** (solid waste) e.g. germs in faeces can sometimes get into food and drinking water. Cholera and dysentery spread in this way. **By animals** e.g. rats, mice, cockroaches and flies can spread diseases to humans like malaria. **By blood** e.g. blood-to-blood contact in humans can spread AIDS.



# Types of Microbes

## Extension Activity

a) What is a pathogen?

A pathogen is an organism which cause diseases.

b) What are the four main groups of pathogens?

The four main groups of pathogens are bacteria, fungi, viruses and protists

c) Using the passage, name two diseases caused by viruses and two diseases caused by fungi.

Viruses: common cold, flu, measles, chicken pox and AIDS

Fungi: athletes foot and ringworm



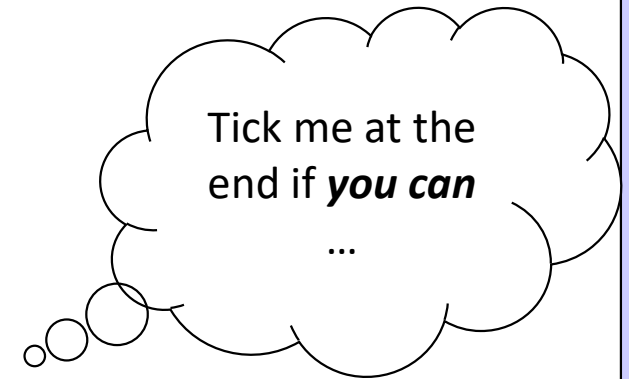
# Time lapse food decay

- <https://www.youtube.com/watch?v=c0En-BVbGc>



## Success Criteria

- I can state the names and identify the different types of microbes
- I can describe the structure of microbes
- I can compare the different types of microbes



BBC Learn video: Microorganisms and bacteria

<https://www.youtube.com/watch?v=FnUQrdTRdB0>

# • Can you now....

- Identify the different types of microbes?
- Describe the structure of microbes?
- Compare the different types of microbes?

Pathogenic means "causes disease"

Microbe	Examples	Structure	Extra Info
Fungi ✓	Yeast (Moulds) (Mushrooms)	Yeast are unicellular, round, have a nucleus, cell wall and cell membrane. ✓	Yeast reproduce by budding. Moulds and mushrooms are also fungi. They reproduce by making spores. Fungi can be pathogenic or helpful ✓
Bacteria ✓	Salmonella Streptococcus Lactobacillus	Bacteria can be round, spiral, rod or curved. They have a cell membrane, cell wall, DNA but no nucleus. ✓	Salmonella is a pathogenic bacteria. Other bacterium can be used to make foods or used in genetic engineering. Bacteria reproduce by budding. ✓
Virus ✓	Cold Flu HIV	Viruses can have regular or geometric shapes and have a protein coat instead of a cell wall. They have no nucleus but have DNA. ✓	Viruses are mainly pathogenic. They can only reproduce inside a host cell. ✓



# Microscopes

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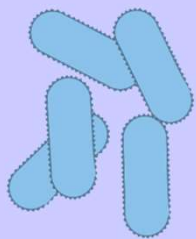
## Starter:

What do you think the size order of our three types of microbes might be?

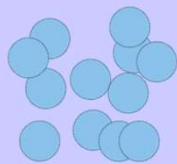
(number them 1 – 3: 1 = smallest, 3 = biggest)

1. Virus
2. Bacteria
3. Fungi

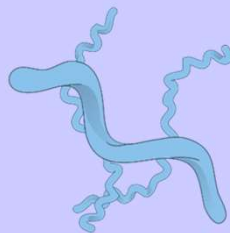
## Bacteria



Bacilli

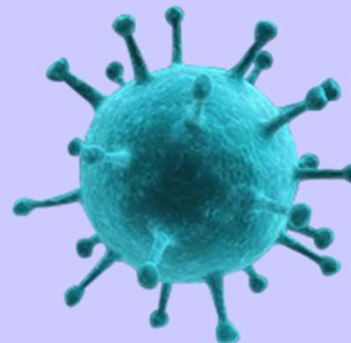


Cocci



Spirilli

## Viruses



## Fungi

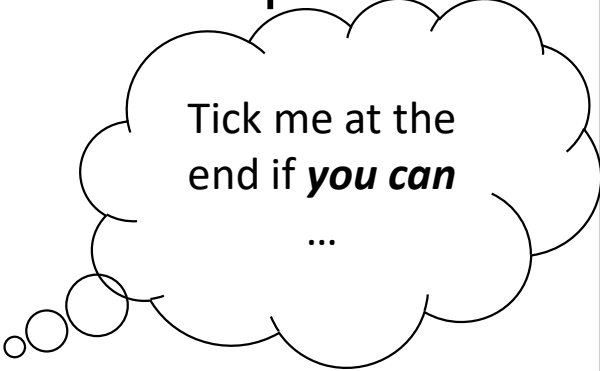


## Learning Intentions:

- To compare the sizes of bacteria, viruses and fungi.
- To stain yeast cells
- To look at stained yeast cells under a microscope.
- To use numeracy skills to solve simple size and scale problems

## Success Criteria

- I can compare the sizes of bacteria, viruses and fungi
- I can stain yeast cells and identify them under a microscope



Tick me at the  
end if ***you can***

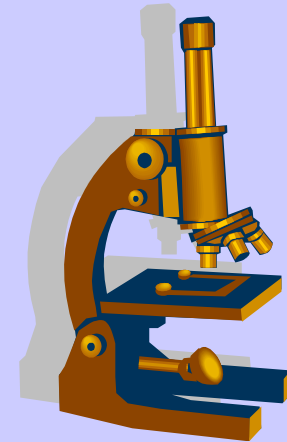
...

# Microscopes

- Cells are very small.
- A microscope is used to make cells appear bigger.



Micro-organisms such as bacteria and yeast are very **small**. You can use a microscope to look at some types of micro-organism.



# Examples

## White Blood Cell

10 micrometers  
 $1 \times 10^{-5}$  meters

These mass murderers are also known as leukocytes. There are many different types of this disease-fighting cell. The most common type, the neutrophil, has multiple nuclei. The largest type, the macrophage, has a diameter of a whopping 21  $\mu\text{m}$ . That's over double the size of the neutrophil!



White Blood Cell

## Smallest Thing Visible to an Optical Microscope

200 nanometers  
 $2 \times 10^{-7}$  meters

Optical microscopes cannot see objects smaller than 200 nanometers because the wavelengths of visible light will pass right through them.



Smallest Thing Visible to an Optical Microscope



HIV

## HIV

90 nanometers  
 $9 \times 10^{-8}$  meters

HIV infects 0.6% of the world's population and causes AIDS. Although a single HIV virus is very small, in fact, so small that not a single human being on the face of this planet can see it with their naked eye, it can still kill.

## Hepatitis B Virus

42 nanometers  
 $4.2 \times 10^{-8}$  meters

Hepatitis B infects a lot of humans. In fact, almost one third of the world population has been infected at some point. This virus causes vomiting, liver inflammation, and possibly death.

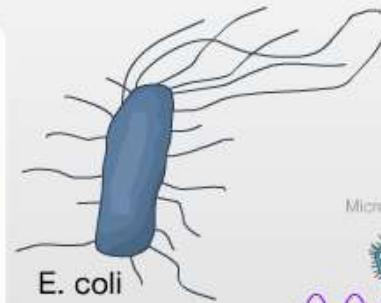


Hepatitis B Virus

## E. coli

2 micrometers  
 $2 \times 10^{-6}$  meters

E. coli are usually harmless and live in your intestines, making wonderful vitamin K<sub>2</sub>. They are in almost everyone's intestines. In fact, they colonize in babies' intestines just two days after they are born! Now that's pretty fast!



E. coli

## Largest Bacteria

750 micrometers  
 $7.5 \times 10^{-4}$  meters

The largest bacteria, which is *Thiomargarita namibiensis*, is almost one millimeter in length. It lives in the ocean off the coast of Namibia. Can you imagine being in the ocean, and seeing these things? They're very visible!



Largest Bacteria



Smallest Thing Visible to an Electron Microscope

## Smallest Thing Visible to an Electron Microscope

50 picometers  
 $5 \times 10^{-11}$  meters

Hydrogen Atom

Electron microscopes allow us to see very small things (like atoms) that would otherwise be invisible because they are smaller than the wavelength of visible light.

## Mimivirus

400 nanometers  
 $4 \times 10^{-7}$  meters

This little thing was discovered in 1992 within an amoeba, which is only 500 times larger. Mimivirus used to be the largest virus known, but now that is the Megavirus.

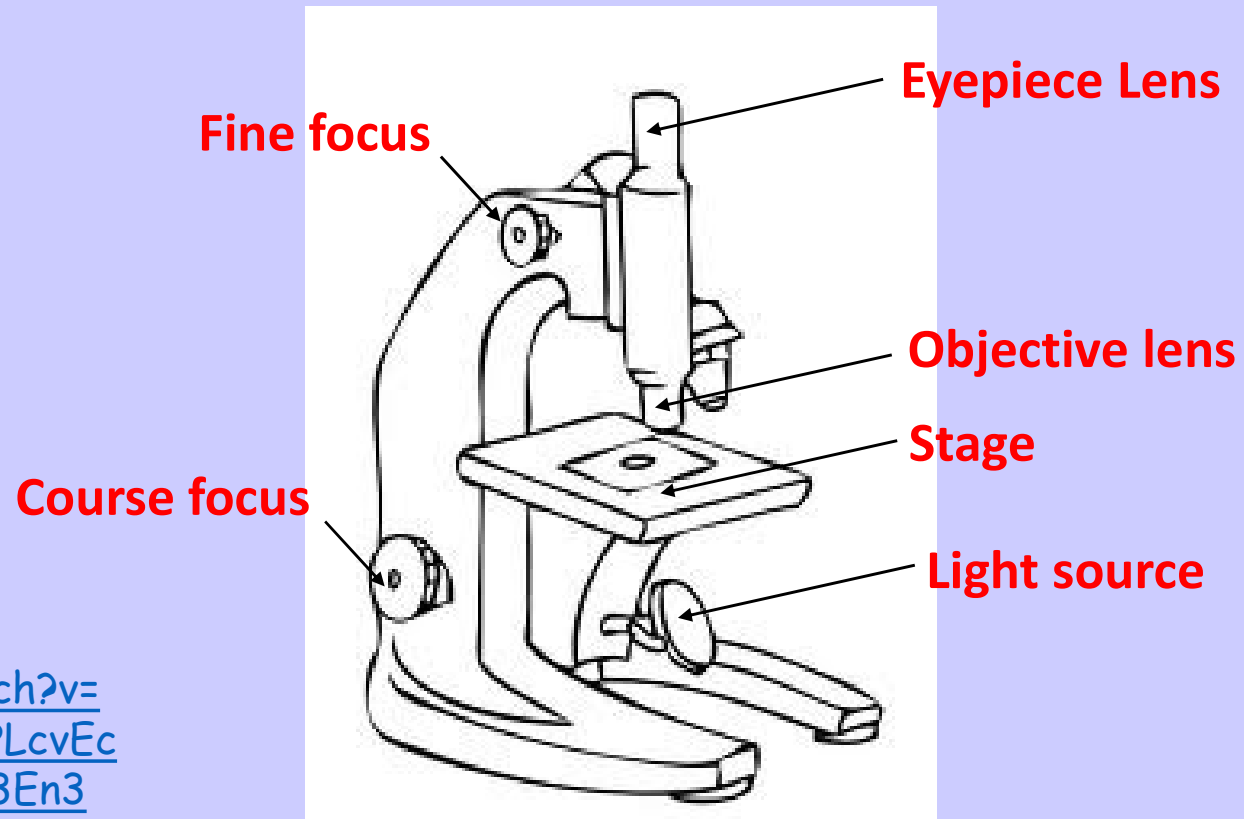


Mimivirus



# Recap: Microscopes

- Label the parts of the microscope:



BBC Learn video: Microscopy

[https://www.youtube.com/watch?v=WIVuogs3VtM&index=17&list=PLcvEcrsF\\_9zI9AX2fthVs9Pi8Mv-T3En3](https://www.youtube.com/watch?v=WIVuogs3VtM&index=17&list=PLcvEcrsF_9zI9AX2fthVs9Pi8Mv-T3En3)

# Staining Yeast Cells

**Aim:** To investigate the appearance of yeast cells under a microscope.

**Method:** *(What did you do?)*

- Add 1 drop of **yeast** sample to a clean **microscope** slide
- Add 1 drop of **methylene blue** stain to the slide
- Place the **cover slip** over the sample
- Use the **lowest** magnification on your microscope to bring the sample in to focus



# Staining Yeast Cells

**Results?:** *Draw a diagram of the yeast cells under the microscope, write down the magnification you used.*



**Magnification:** \_\_\_\_\_

# Staining Yeast Cells

**Aim:** To investigate the appearance of yeast cells under a microscope.

**Conclusion:** *(answer your aim)*



# Microbes Numeracy

We use micrometres to measure microbes  $1\text{mm} = \underline{1000\mu\text{m}}$

To change mm to  $\mu\text{m}$  we Multiply by 1000

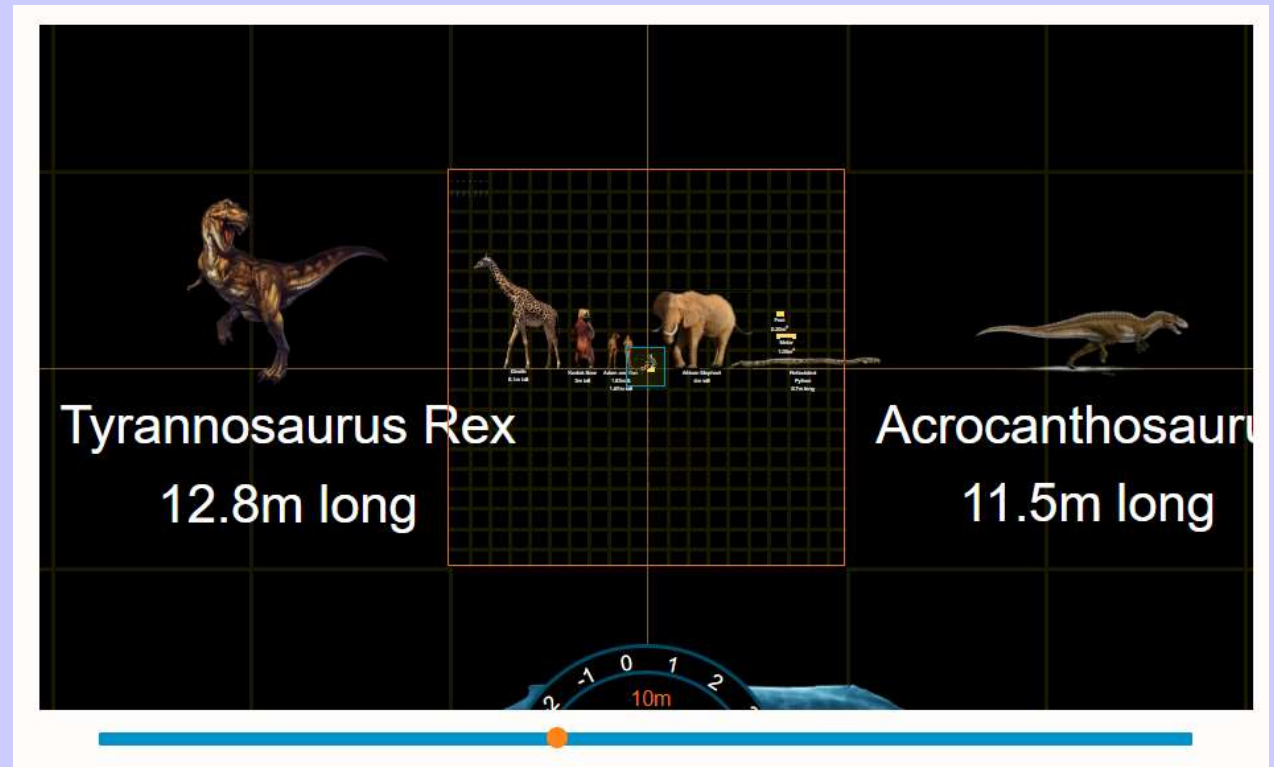
To change  $\mu\text{m}$  to mm we Divide by 1000





# How big are microbes?

- The scale of the Universe:
- [Magnifying The Universe](#) animation



# Plenary Talk Placemat

Today I have learnt that .....

**Be a reflective learner.**

The skills I used in today's lesson were...  
I could also use these skills in...

I would like to find out more information about....

**Discuss with a partner before you share it with the class.**

One thing I need to remember from today's lesson is...

Before this lesson I could already...

Three key words I have learned today are...

I was successful today when I...

## Starter:

1. How many micrometers ( $\mu\text{m}$ ) are there in one millimetre (mm)?

1000  $\mu\text{m}$

2. The HPV virus measures 5  $\mu\text{m}$  wide. What is its width in mm?  
(show your working)

0.005 mm

3. The bacterium which causes TB is 0.026mm long. Write down its length in  $\mu\text{m}$ . (show your working)

26  $\mu\text{m}$

# Microbes Numeracy

1. What are the sizes in mm of the bacteria mentioned in the passage? (1)

E.Coli **0.002 mm**

Thiomargarita namibiensis **0.75 mm**

b. How many times bigger are Thiomargarita namibiensis than E. Coli bacteria?

**375 times bigger**

**Working:**

E. Coli = 2 micrometers ( $\mu\text{m}$ )

1mm = 1000  $\mu\text{m}$

Therefore, 2  $\mu\text{m}$  =  $2 \div 1000 = \underline{0.002\text{mm}}$

Thiomargarita namibiensis = 750 $\mu\text{m}$

1mm = 1000  $\mu\text{m}$

Therefore, 750 $\mu\text{m}$  =  $750 \div 1000 = \underline{0.75\text{mm}}$

**Working:**

E. Coli = 2  $\mu\text{m}$  (= 0.002mm)

Thiomargarita namibiensis = 750 $\mu\text{m}$  (=0.75mm)

Therefore, 750 $\mu\text{m} \div 2\mu\text{m} = \underline{375 \text{ times bigger}}$

OR  $0.75\text{mm} \div 0.002\text{mm} = \underline{375 \text{ times bigger}}$

# Microbes Numeracy

2. Bacteria make more bacteria by dividing. If the conditions are right, bacteria are able to divide every 20 minutes. If there is one single E. coli bacterium on a piece of raw chicken at 11am in the morning, how many E. coli can we expect by 1pm on the same day?

**64 bacteria**

**Working:**

How much time passes between 11am and 1pm =  
2 hours =  $2 \times 60\text{min} = 120$  minutes

How many blocks of 20 minutes pass in that time?

$$120 \div 20 = 6$$

This means 1 bacteria doubles 6 times!

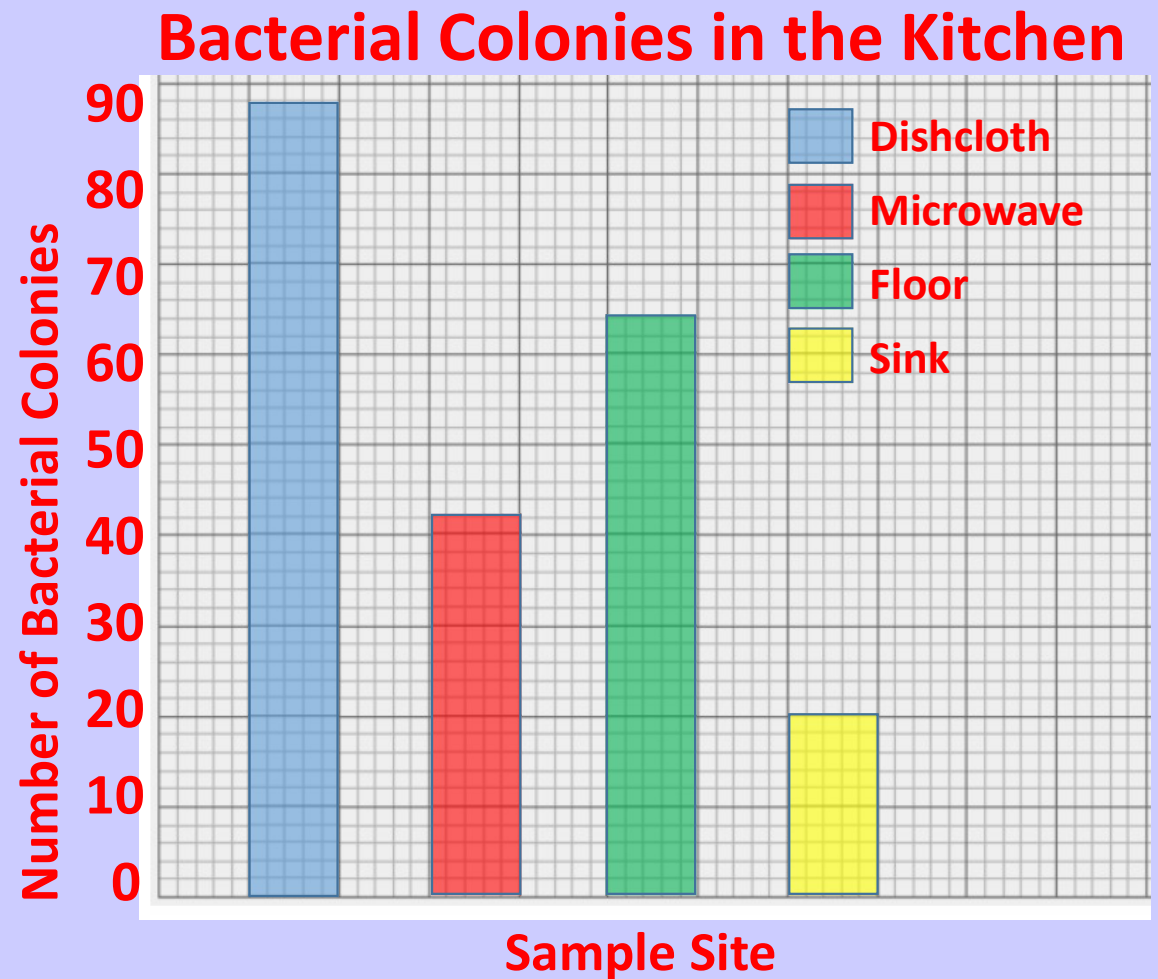
Time (minutes)	0	20	40	60	80	100	120
No. of bacteria	1	2	4	8	16	32	64

Extra challenge – draw a line graph to show your results (see back of booklet for graph paper)

# Microbes Numeracy

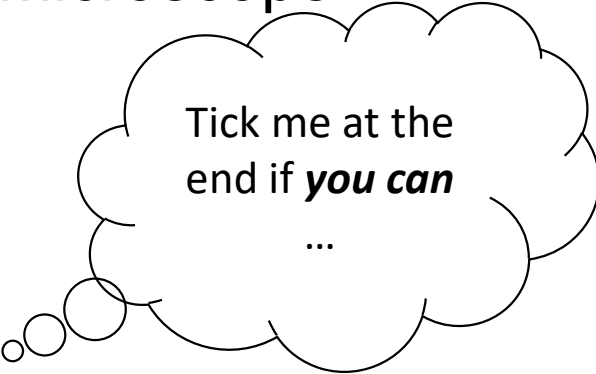
## 3. Bar Graph

Sample site	Number of bacterial colonies
Dishcloth	88
Microwave	42
Floor	64
Sink	20



## Success Criteria

- I can compare the sizes of bacteria, viruses and fungi
- I can stain yeast cells and identify them under a microscope



Tick me at the  
end if ***you can***

...



# Aseptic Technique

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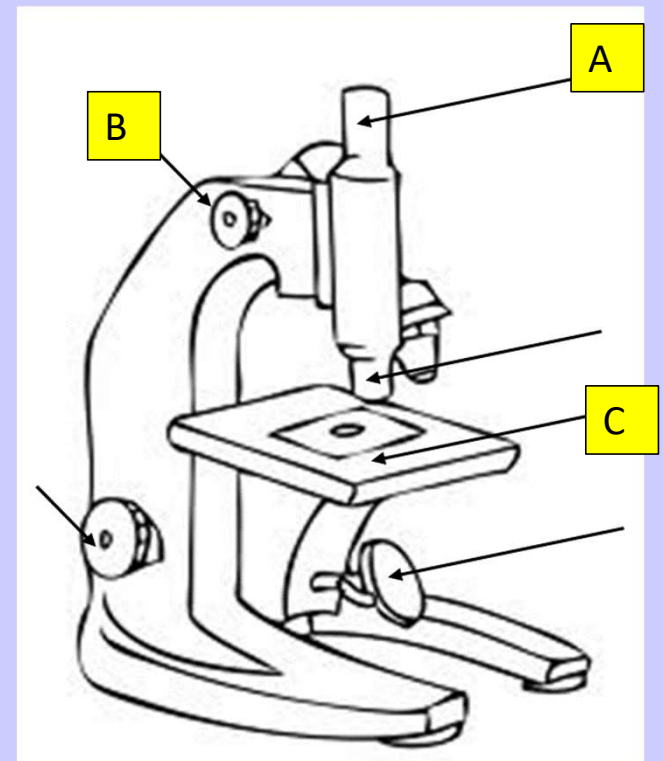
## Starter:

Label parts A-C on the microscope.

A \_\_\_\_\_

B \_\_\_\_\_

C \_\_\_\_\_

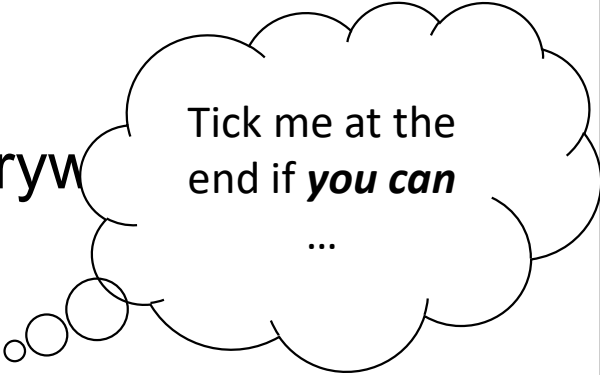


## Learning Intentions:

- To define contamination
- To investigate hand hygiene
- To describe aseptic technique
- To identify ways to prevent contamination of experiments
- To identify ways to prevent contamination of experimenter!
- Set up an experiment to show why aseptic technique is important

## Success Criteria

- I can define contamination
- I can describe one or more aseptic technique
- I can protect an experiment from contamination
- I can show by experiment that microbes are everywhere

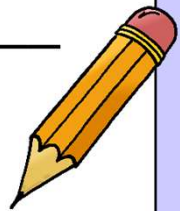


Tick me at the end if *you can*

...

# Aseptic Technique

- Aseptic means the absence of microorganisms that can cause disease. Healthcare professionals use aseptic technique to protect patients, themselves and the public from infection.
- Healthcare professionals include doctors, nurses, microbiologists and many others.

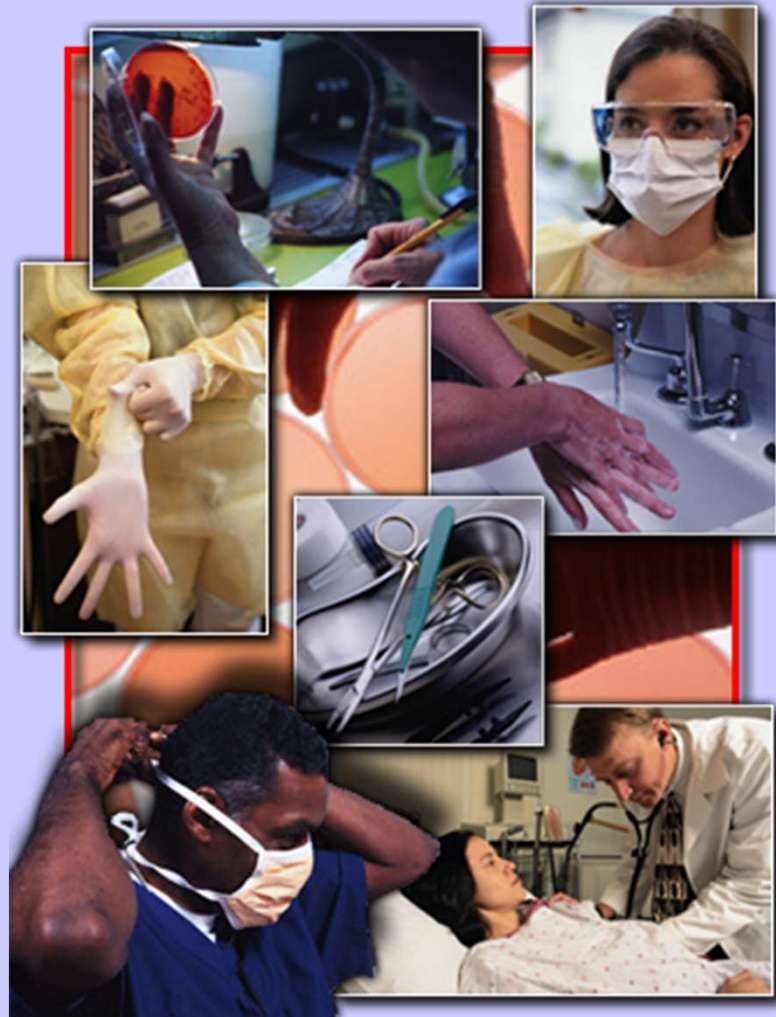


Others such as: dentists, opticians, vets, phlebotomists, pharmacists, pharmacologists, health visitors, midwives, surgeons, podiatrists)



# Working with micro-organisms

- Sterile techniques must be used when working with micro-organisms
- This prevents **contamination**



# Examples of Aseptic Technique

Lab coats

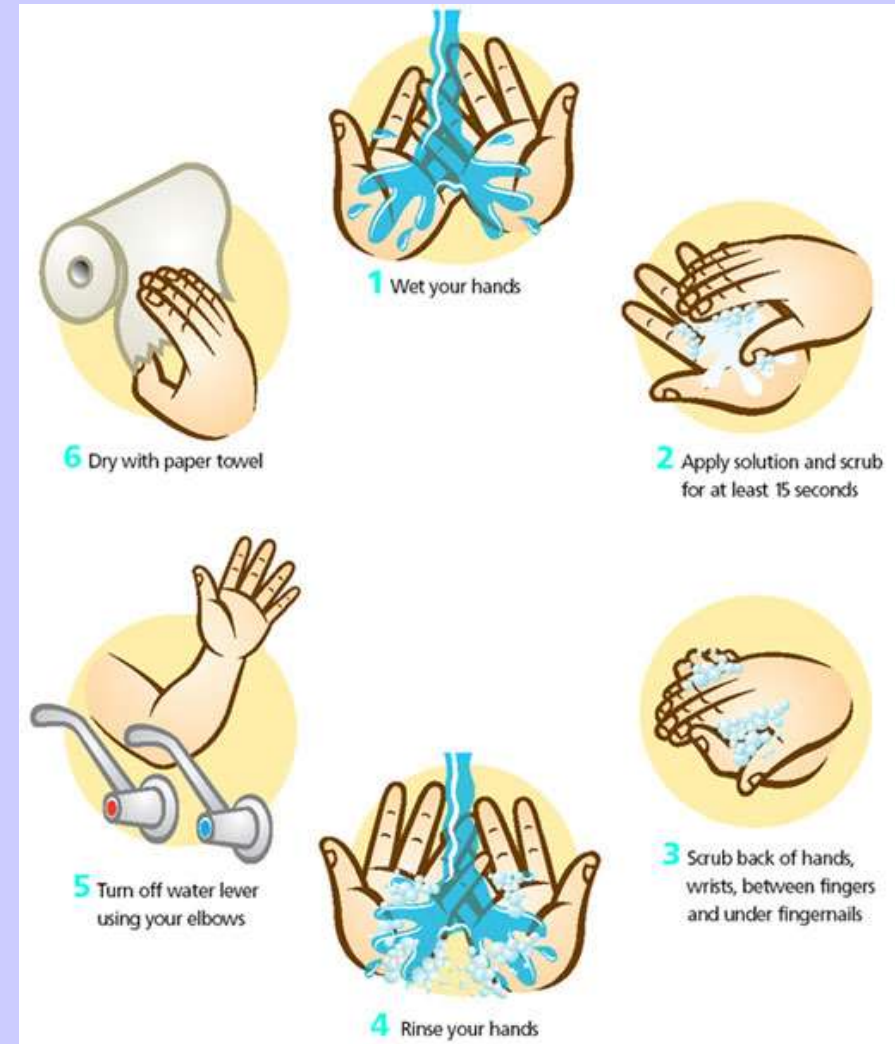
Why do we wear lab coats?



# Examples of Aseptic Technique

## Hand washing

Why do we wash our hands?



# Examples of Aseptic Technique

## Disinfect surfaces

Surfaces should be smooth and non-absorbent

- They should be cleaned before and after experiments **to kill microbes**



Why do we disinfect surfaces?



# Examples of Aseptic Technique

## Autoclave equipment

- Autoclaves disinfect glassware by heating them at high temperature and/or pressure.
- This sterilises lab equipment



Why do we use an autoclave?

# Examples of Aseptic Technique

## Petri dishes closed

- Sterile petri dishes should be kept closed until ready to use.
- This prevents entry of micro-organisms



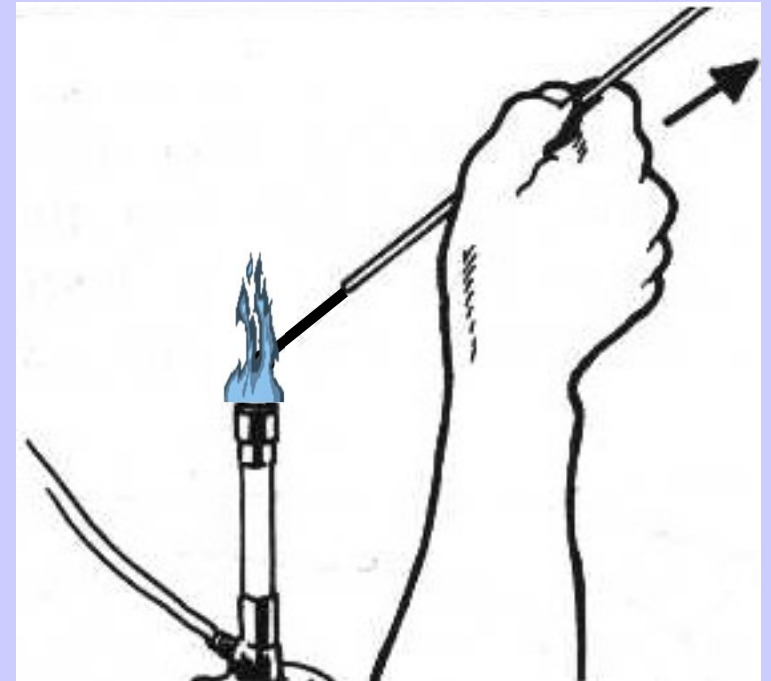
Why do we ensure petri dishes are closed?

# Examples of Aseptic Technique

## Flaming the wire loop

- Flamed before and after use **to destroy unwanted microbes**

Why do we flame the wire loop?



# Petri-dish shielded by lid

- The petri-dish lid should be held over the dish during inoculation
- This prevents entry of contaminants



# Petri-dish sealed

- The petri-dish should be sealed with tape after inoculation to **prevent entry and exit of microbes**
- *It is important that the dish is not sealed the whole way around. Why?*
  - **The microbes need oxygen to grow**



# Bin lined

- The bin should be lined with an appropriate bag labelled "biohazard"
- This allows safe disposal of used petri dishes





# Examples of Aseptic Technique



- Wear a Lab coat
- Wash your Hands
- Disinfect surfaces
- Autoclave equipment
- Ensure petri dish is Closed
- Flame the Wire loop

## Hand Hygiene Technique with Soap and Water

🕒 Duration of the entire procedure: 40-60 seconds

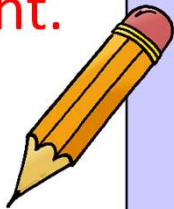
<b>0</b>  Wet hands with water;	<b>1</b>  Apply enough soap to cover all hand surfaces;	<b>2</b>  Rub hands palm to palm;
<b>3</b>  Right palm over left dorsum with interlaced fingers and vice versa;	<b>4</b>  Palm to palm with fingers interlaced;	<b>5</b>  Backs of fingers to opposing palms with fingers interlocked;
<b>6</b>  Rotational rubbing of left thumb clasped in right palm and vice versa;	<b>7</b>  Rotational rubbing, backwards and forwards with clasped fingers of right hand in left palm and vice versa;	<b>8</b>  Rinse hands with water;
<b>9</b>  Dry hands thoroughly with a single use towel;	<b>10</b>  Use towel to turn off faucet;	<b>11</b>  Your hands are now safe.

# Hand Hygiene Experiment

**Aim:** To investigate the effect of handwashing on pathogens under UV light.

## Method:

1. Apply a small drop of hand gel to your hands and rub them together
2. Let the gel dry
3. Wash your hands as you would normally
4. Look at your hands under the UV torch





# Hand Hygiene Experiment

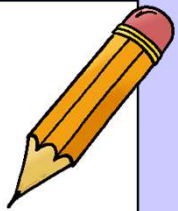
## Results:

How clean are your hands?

Watch the hand washing video or look at the guide on the next slide.

Wash your hands again and check to see if you are cleaner.

<https://www.nhs.uk/live-well/healthy-body/best-way-to-wash-your-hands/>




# Hand Hygiene Experiment

**Conclusion:** *what happened to the pathogens when you washed your hands?*



# WHO guidelines

## Hand Hygiene Technique with Soap and Water

 Duration of the entire procedure: 40-60 seconds



0 Wet hands with water;



1 Apply enough soap to cover all hand surfaces;



2 Rub hands palm to palm;



3 Right palm over left dorsum with interlaced fingers and vice versa;



4 Palm to palm with fingers interlaced;



5 Backs of fingers to opposing palms with fingers interlocked;



6 Rotational rubbing of left thumb clasped in right palm and vice versa;



7 Rotational rubbing, backwards and forwards with clasped fingers of right hand in left palm and vice versa;



8 Rinse hands with water;



9 Dry hands thoroughly with a single use towel;



10 Use towel to turn off faucet;



11 Your hands are now safe.

# More facts!



*The number of bacteria can double in 20 minutes and after one day without hand washing; a single bacterium can multiply 2 billion, trillion times!*

*90% of germs on hands are found under the nails!*



Gross but true.....

A study found that 30% of all people didn't wash their hands after using a public bathroom - although 90% claimed they do.

Just think what may be on their hands!!

# Aseptic Technique Quiz

Question 1: When are aseptic techniques used?

A. When working with bacteria only.

B. When working with septic tanks.

C. When working with bacteria and fungi.

# Aseptic Technique Quiz

Question 2: What is a pathogen?

- A. A microorganism that is harmful to humans.
- B. A microorganism that is not harmful to humans.
- C. A microorganism that can be grown.

# Aseptic Technique Quiz

Question 3: Why are benches wiped with alcohol?

A. To kill microorganisms in the air.

B. To kill microorganisms on the bench.

C. To clean the bench.

# Aseptic Technique Quiz

Question 4: What is used to sterilise used equipment?

A. Oven

B. Hot water

C. Autoclave



# Aseptic Technique Quiz

Question 5: Why is the Petri dish lid only partially lifted?

- A. To prevent the entry of heat.
- B. To allow microorganisms from the air in.
- C. To prevent the entry of microorganisms from the air.

# Aseptic Technique Quiz

Question 6: At what temperature are bacteria grown?

- A. Below 37°C.
- B. Above 37°C
- C. It doesn't matter

# Aseptic Technique Quiz

Question 7: Which of the following is the correct way to seal a petri dish?

A. Elastic band

B. Two strips of tape from top to bottom

C. Tape around the circumference of the dish

# Aseptic Technique Quiz

Question 8: Which symbol means “biohazard”?



*(A is for radioactive material and C is for toxic material)*

# Aseptic Technique Quiz

Question 9: What time should be spent washing your hands(WHO guidelines)?

- A. 40 to 60 seconds
- B. 60 to 80 seconds
- C. 20 to 40 seconds

# Aseptic Technique Quiz

Question 10 : When should hands be washed thoroughly?

- A. Before, during, and after preparing food, after using the toilet and after handling pet food or pet treats
- B. Before and after caring for someone who is sick, before eating food and after touching an animal, animal feed, or animal waste
- C. All of the above

# Hand Hygiene

## ***Did you know?***

- We have between 2 and 10 million bacteria between fingertip and elbow
- Damp hands spread 1,000 times more germs than dry hands
- The number of germs on your fingertips doubles after you use the toilet
- Germs can stay alive on hands for up to three hours
- Millions of germs hide under watches and bracelets and there could be as many germs under your ring as there are people in Europe.

source: The Food and Drink Federation

# Plenary Talk Placemat

Today I have learnt that .....

**Be a reflective learner.**

The skills I used in today's lesson were...  
I could also use these skills in...

I would like to find out more information about....

**Discuss with a partner before you share it with the class.**

One thing I need to remember from today's lesson is...

Before this lesson I could already...

Three key words I have learned today are...

I was successful today when I...



## **Starter:**

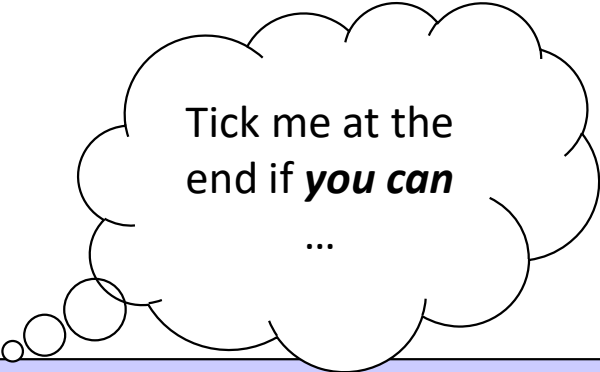
1. Describe what is meant by contamination.
2. State two ways to prevent the spread/growth of microorganisms.
3. Why is it important to wash your hands?

## Learning Intentions:

- Use an appropriate technique to grow microbes.
- Explain the importance of hand washing in preventing the spread of microbes.
- Understand the difference between direct and indirect spread of microbes

## Success Criteria

- I can grow microbes on an agar plate
- I can explain the importance of hand hygiene
- I can describe the difference between the direct and indirect spread of microbes



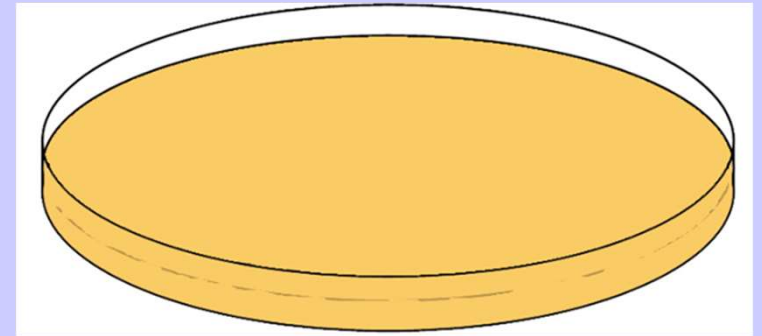
Tick me at the  
end if ***you can***

...

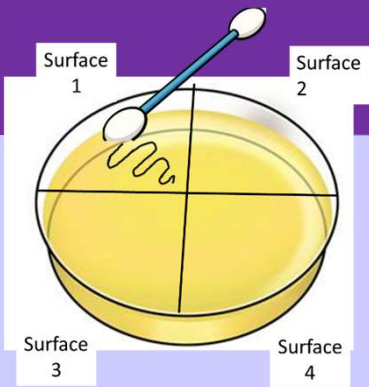
# Growing Microorganisms

Microbes are found almost everywhere, but they are mostly far too small to be seen by the naked eye.

You are going to grow microbes from different places by supplying them with suitable growth conditions.



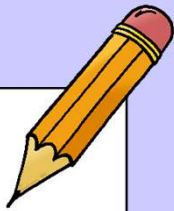
# Growing Microorganisms



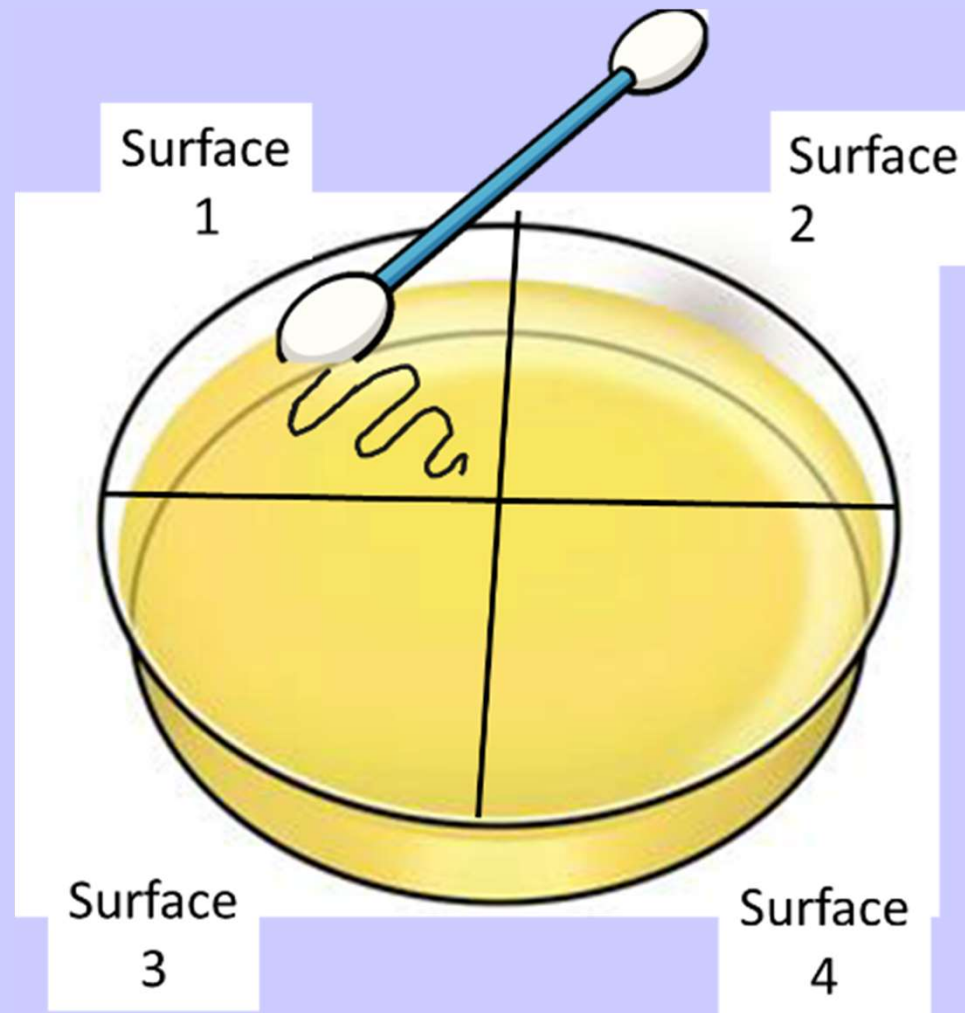
**Aim:** To investigate the microorganisms in the surrounding environment

## Method:

1. Split your plate into 4 Sections – remember to write on the bottom of the plate!
2. Take a swab and rub it on one section.
3. Repeat this with a fresh bud on different surfaces.
4. Put used buds in the discard jar then carefully seal your plate with two pieces of sellotape.
5. incubate until next lesson.



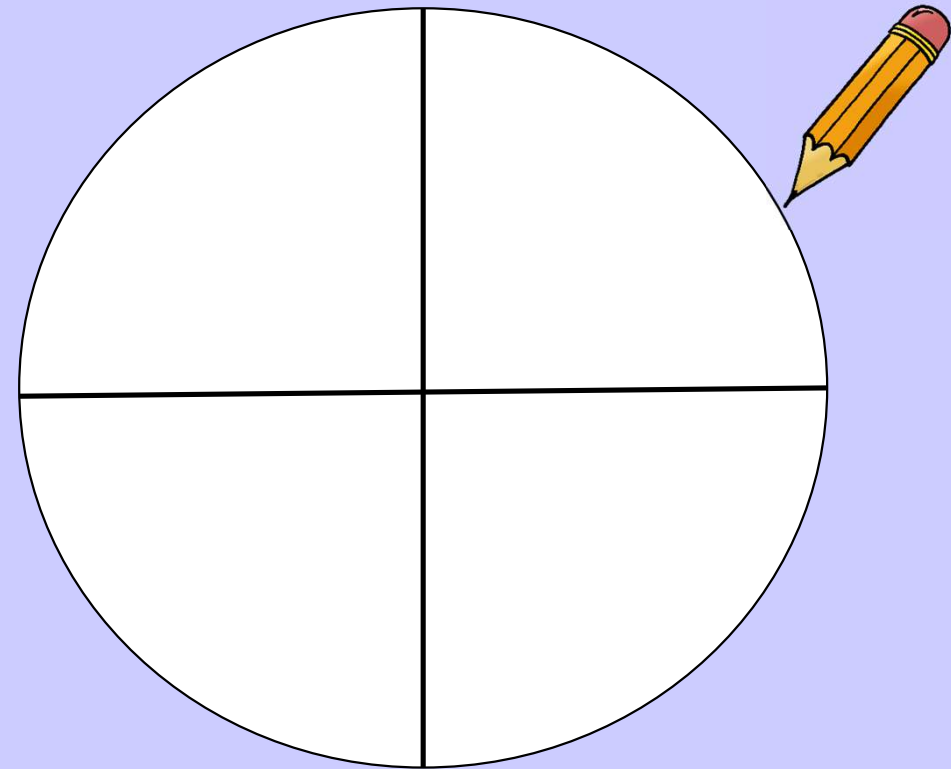
# Growing Microorganisms



# Growing Microorganisms

## Results:

1. Collect your agar plate from last lesson. DO NOT take the lid off!
2. How many different colonies can you count?
- 3. Draw a picture of your plate in your booklet.**



# Growing Microorganisms

**Aim:** To investigate the microorganisms in the surrounding environment

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## **Conclusion:**

*Write a conclusion for your experiment which answers the aim.*

## **Evaluation:**

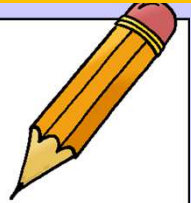
*If you were to do the experiment again, what would you do differently?  
How could you make your experiment more reliable? Should you have used a control?*





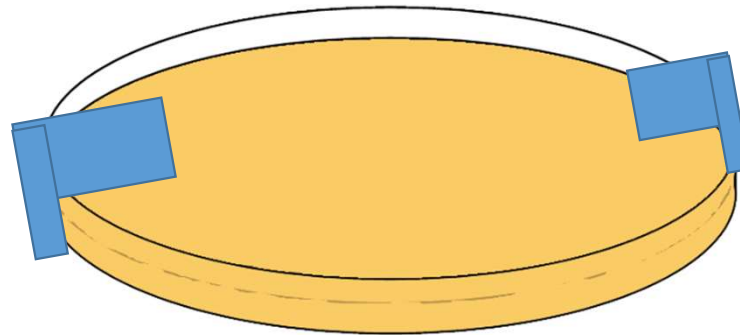
# Growing Microorganisms in the Air - Demonstration

**Aim:** To investigate the microorganisms in the air.



## Method:

- Your teacher will label the underside of a petri-dish with today's date.
- Choose a suitable place to leave the dish open to the air
- At the end of the lesson, tape the lid onto the dish and incubate.



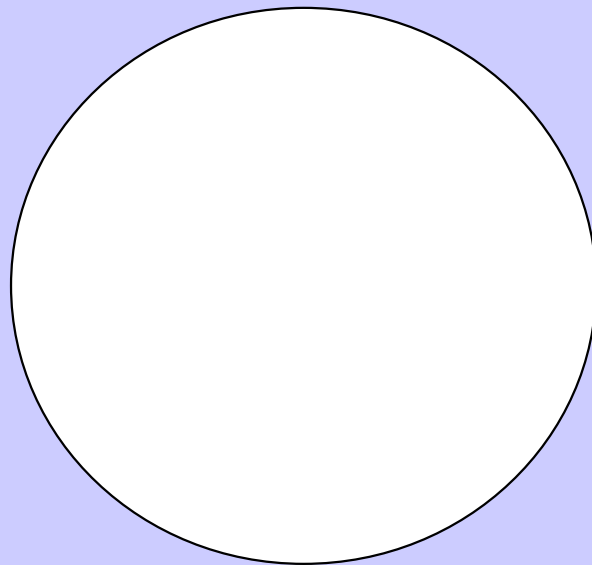
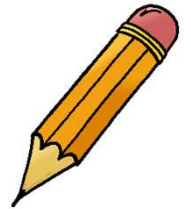
# Growing Microorganisms in the Air - Demonstration

## Results:

Collect your agar plate from last lesson. DO NOT take the lid off!

How many different colonies can you count?

Draw your agar plate once the microbes have grown.



# Growing Microorganisms

**Aim:** To investigate the microorganisms in the air

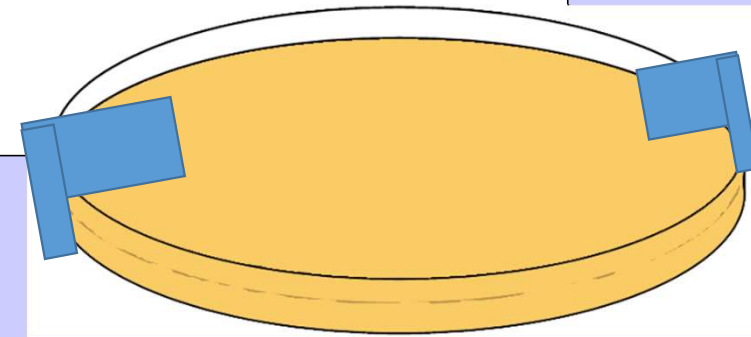
Page 16

## Conclusion:

*Write a conclusion for your experiment which answers the aim.*

## Evaluation:

*If you were to do the experiment again, what would you do differently?*



# Extension Activity – Complete the table

Aseptic Technique	Reason measure is needed
No eating or drinking in the lab.	
Wiping bench with disinfectant/alcohol.	
Not growing microorganisms at body temperature.	
Using sterile loops when transferring cultures.	
Flaming culture bottle necks to prevent contamination.	
Sterilising (using an autoclave) or disposing of all used equipment.	
Washing hands thoroughly	



Prevents scientist eating pathogens

Prevents contamination when transferring cultures

Prevents microbes dangerous to humans from growing

Destroys microbes that have been grown

Kills microbes on work surface

Prevents microbes from skin from contaminating experiments

Prevents microbes entering or leaving the culture bottle

# Extension Activity – Check your answers

Aseptic technique	Reason
No eating or drinking in the lab	Prevents scientist eating pathogens
Wiping bench with disinfectant/alcohol	Kills microbes on work surface
Not growing microorganisms at body temperature	Prevents microbes dangerous to humans from growing
Using sterile loops when transferring cultures	Prevents contamination when transferring cultures
Flaming culture bottle necks to prevent contamination	Prevents microbes entering or leaving the culture bottle
Sterilising (using an autoclave) or disposing of all used equipment	Destroys microbes that have been grown
Washing hands thoroughly	Prevents microbes from skin from contaminating experiments



# Extra

Sneeze game:

Arrows on keyboard to move

Space bar to sneeze

*Adverts play first* 😞



<https://www.miniclip.com/games/sneeze/en/>

# Plenary - complete one of the sentences below

I was successful when I .....

A question I have about today's lesson is .....

Today I learnt .....

The part of the lesson I enjoyed the most was.....

The skills I used in today's lesson were.....

One thing I need to remember from today's lesson is.....

**Success Criteria**



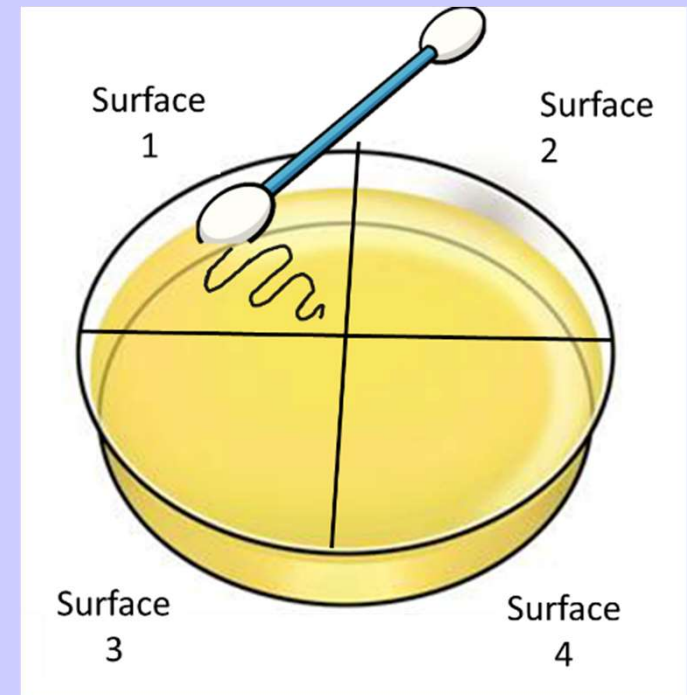
# Spreading Microbes

24/09/2024

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## Starter:

Complete the Results, Conclusion and Evaluation from the **Growing Microorganisms** experiment and **Growing Microorganisms in the Air** demonstration from last lesson.

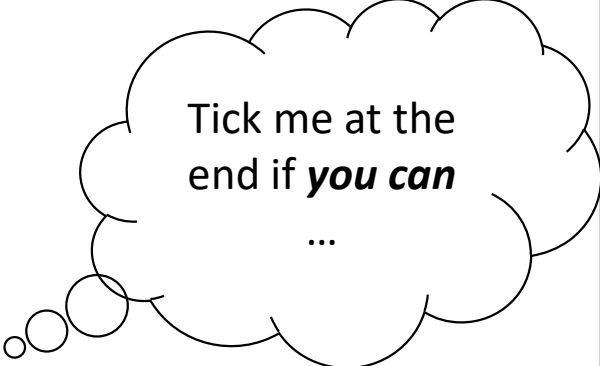


## Learning Intentions:

- Use an appropriate technique to grow microbes.
- Explain the importance of hand washing in preventing the spread of microbes.
- Understand the difference between direct and indirect spread of microbes

## Success Criteria

- I can grow microbes on an agar plate
- I can explain the importance of hand hygiene
- I can describe the difference between the direct and indirect spread of microbes



Tick me at the  
end if ***you can***

...

# Spreading Microbes Experiment

You have already learned about hand washing...

- The next activity will demonstrate how microbes can be transferred **directly** or **indirectly**



# Spreading Microbes Experiment

A study in America has shown that during daily activities adults infected with the cold virus transferred it on average to 35 % of the surfaces they touched and that the virus was easily passed to an uninfected individual whose finger tips touched the contaminated surface.

The study also revealed that the most frequently contaminated objects were **door handles** and **pens**, followed by **light switches**, **remote controls** and **taps**.



# Spreading Microbes Experiment

**Aim:** To investigate methods of spreading microorganisms.

## Method:

There are three options for this experiment. Your teacher will tell you which you are doing.



# Spreading Microbes Experiment



## Method:

Circle which group you are in

### Group A

- The person with the glitter on their hands should shake hands with the first pair of pupils at the start of their line. This pair should go onto shake hands with the next pair in their line. Repeat until they get to the end of the line.

### Group B

- The person with the glitter on their hands should handle a ruler and a pencil. The ruler should be passed down one line from pupil to pupil and the pencil down the other until they reach the end of the line.

### Group C

- The person with the glitter on their hands should go and wash them using soap and water. Then repeat activity as for group A. Each group should examine their hands and describe what they see.

# Spreading Microbes Experiment

## Conclusion

- Microbes can be passed from person to person by hand contact. This is called Direct spread of microbes.
- Touching contaminated surfaces such as door handles can pass microbes on indirect spread of microbes.
- The simplest and most effective way to prevent the spread of microbes is frequent Hand washing.



Word bank:  
indirect,  
hand washing,  
direct



# Seven Wonders of the Microbe World

Page 18

**Activity:** Watch the video and note down three facts



Be  
prepared  
to share!

<https://www.youtube.com/watch?v=XuZQU EFD52I>

# Making Alcohol

24/09/2024

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## **Starter:**

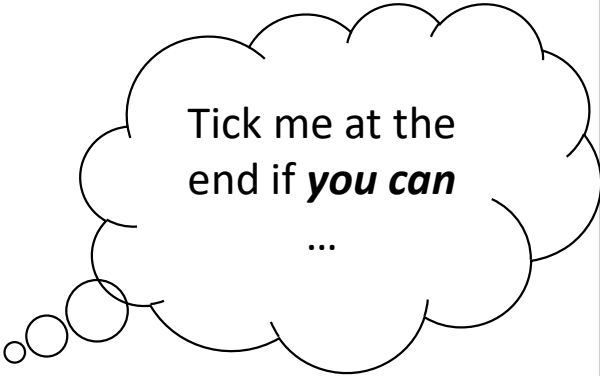
1. State the three types of microbes.
2. Name two aseptic techniques.

## Learning Intentions:

- To state two food products made using yeast
- To carry out a simple fermentation experiment

## Success Criteria

- I can state two food products made using yeast
- I can describe a simple fermentation experiment



Tick me at the  
end if ***you can***

...

# Making Alcohol

Yeast is a type of Fungus.

Yeast makes alcohol and  
Carbon dioxide from Sugar.

Alcohol makes beer alcoholic

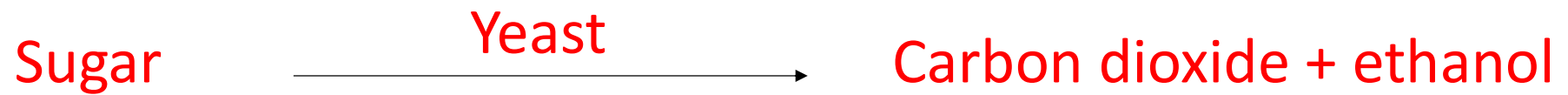
And carbon dioxide makes beer **fizzy**.



Wine is also made using yeast.  
Where does the sugar come from in  
wine-making?

The process used to make  
beer is called fermentation

# Fermentation Equation



# Fermentation Experiment

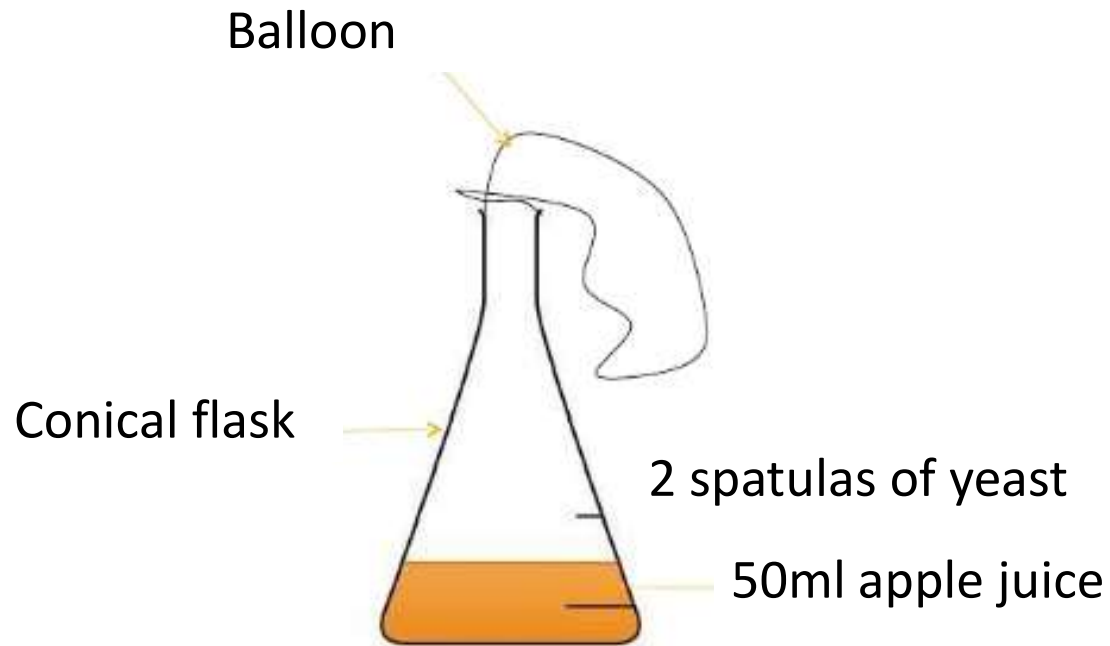
**Aim:** To investigate if yeast is needed to make alcohol.

**Method:**

1. Measure 50ml of apple juice and add to a clean conical flask
2. Add 2 spatulas of yeast to the flask and swirl gently until the yeast has dissolved.
3. Carefully, stretch a balloon over the top of the conical flask
4. Your teacher will tell you where to put the conical flask until next lesson.

# Fermentation Experiment

**Method:** *Draw a diagram of your apparatus*





# Fermentation Experiment

## Results:

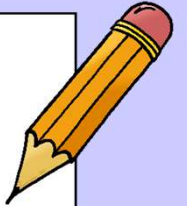
*Look at your brewing experiment from last lesson.  
Draw a diagram of what you observed.*



# Fermentation Experiment

## **Conclusion:**

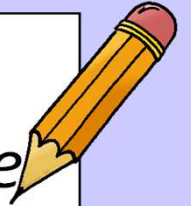
*Describe what happened to the balloon and give a reason for this.*



# Fermentation Experiment

## Evaluation:

*Yeast is needed to make alcohol. How could we have set up the experiment to prove this?*



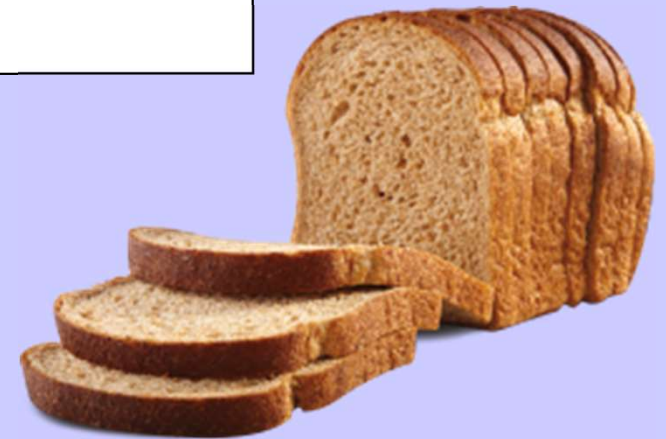
# Making Bread

24/09/2024

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## Starter:

1. Write the fermentation equation.
2. Name two products of fermentation.

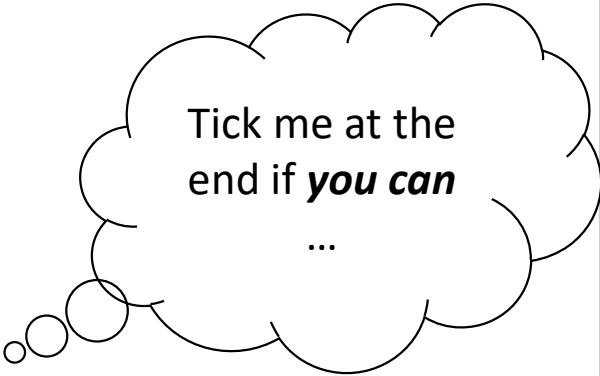


## Learning Intentions:

- To state two food products made using yeast
- To carry out a simple fermentation experiment

## Success Criteria

- I can state two food products made using yeast
- I can describe a simple fermentation experiment



Tick me at the  
end if ***you can***

...

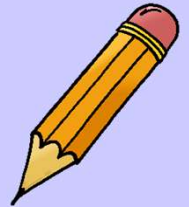
# Yeast - Bread

Yeast is a type of Fungus.

Yeast feeds on sugar to produce Alcohol and Carbon dioxide.

In bread-making the Carbon dioxide gas is trapped in the bread dough. This makes the dough Rise.

The alcohol evaporates during baking.

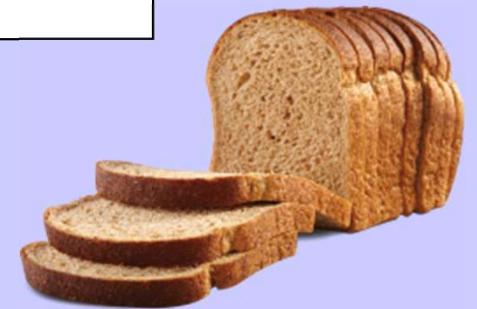
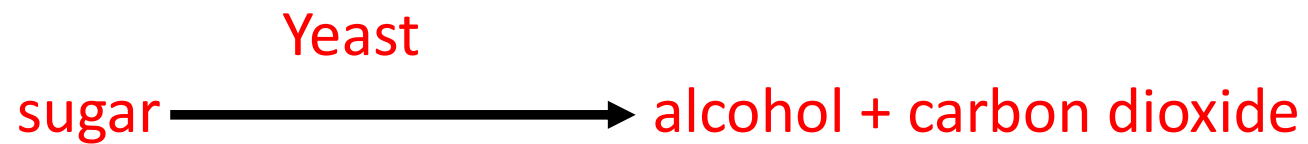


Dough made with yeast

Dough made without yeast

# Yeast - Bread

Copy the fermentation equation into the booklet.





# Making Dough

**Aim:** To investigate if yeast is needed to make dough rise.

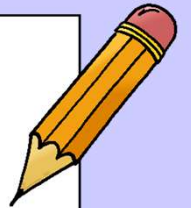
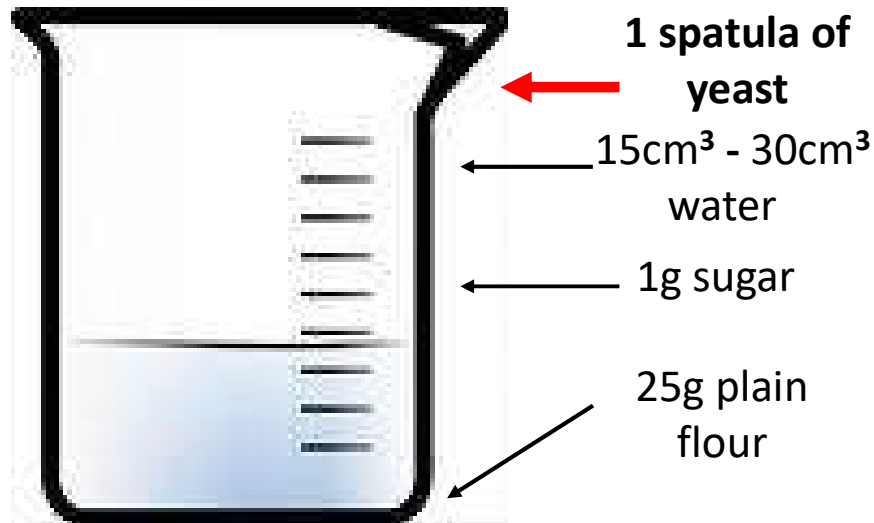
## Method:

1. Weigh 25 g flour into the plastic cup and then add 1 g sugar.
2. Add 2 spatulas of yeast
3. Add 15-30 cm<sup>3</sup> of water and mix.
4. Draw a line on the cup where the dough reaches – this is the starting line.
5. We will leave the dough overnight to see how well it has risen.



# Making Dough

**Method:** *Draw a diagram of your apparatus*



# Making Dough

## Results:

*Look at your dough from last lesson.*

*Draw a diagram of what you observed.*



# Making Dough

## **Conclusion:**

*Describe what happened to the dough and give a reason for this.*



# Making Dough

## Evaluation:

*Yeast is needed to make dough rise. How could we have set up the experiment to prove this?*



# Video: Science of Bread making

<https://www.youtube.com/watch?v=MvJadSn5t2w>



# Making Yoghurt

24/09/2024

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## Starter:

1. Name the gas which makes dough rise.
2. What happens to the alcohol in bread when it is baked?



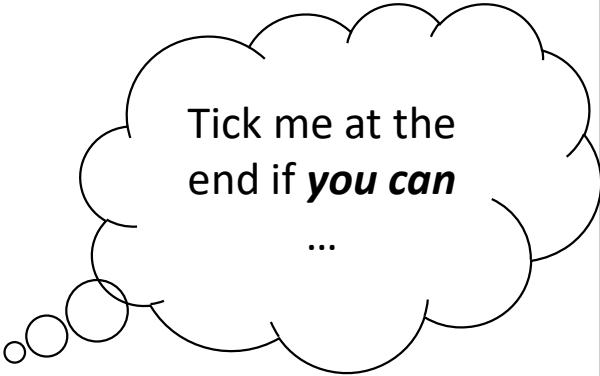
## Learning Intentions:

- To state two food products made using bacteria
- To carry out a simple fermentation experiment using bacteria



## Success Criteria

- I can state two food products made using bacteria
- I can describe a simple fermentation experiment



Tick me at the  
end if ***you can***

...

# How Yoghurt is Made

- Milk can be changed into cheese and yoghurt.
- This preserves the milk.
- People have done this for hundreds of years.



# Making Yoghurt using Bacteria

Yoghurt is made by adding a bacterial  
Culture to milk.

Probiotic products contain billions of  
live bacteria which benefit the  
digestive system.

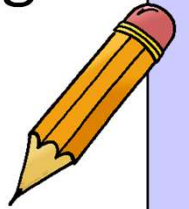


The process used to make  
yoghurt is called  
fermentation

# Making Yoghurt using Bacteria

Lactobacillus is a type of bacteria used in yoghurt making. It changes the milk sugar lactose into lactic acid.

Copy the fermentation equation below into the booklet.

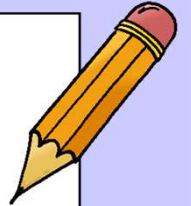


# Making Yoghurt

**Aim:** To investigate the effect of bacteria on the pH of milk.

## Method:

1. Measure 50mL of milk into a beaker. Use pH paper to record the starting pH.
2. Stir the milk while heating gently on a tripod over a Bunsen.
3. When it begins to bubble, turn off the gas and leave to cool.
4. Place a thermometer into the milk.
5. When the milk has cooled to 35oC, transfer milk to plastic cup, add 3 spatulas of yoghurt into the cup and stir.
6. Place your mixture into an oven until next lesson.



# Making Yoghurt

## Results:

	Colour of pH paper	pH Number	pH: Acid/Alkali/Neutral?
Start			
Final			



# Making Yoghurt

## **Conclusion:**

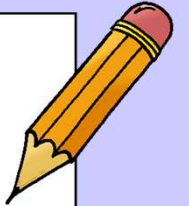
*Describe what happened to the pH of the milk.*



# Making Yoghurt

## Evaluation:

*Bacteria is needed to make milk thicken into yoghurt. What would we do to make our results more reliable?*





# Plenary

Before, you leave, answer the following questions:

1. What is the main **raw material** in yoghurt making reaction?
2. What type of **living thing** is needed to carry out the yoghurt making reaction?
3. What is the main **end product** of the yoghurt making reaction?

# Making Cheese

24/09/2024

Page 25

## Starter:

Write the word equation for the fermentation for sugar in milk, labelling the raw materials and end products.

→

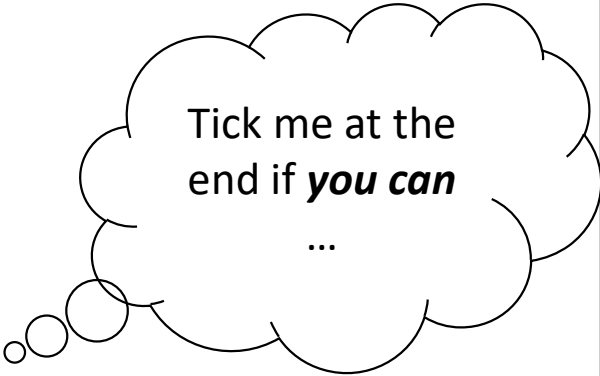


## Learning Intentions:

- To state two food products made using bacteria
- To understand how to make cheese

## Success Criteria

- I can state two food products made using bacteria
- I can understand how to make cheese



Tick me at the  
end if ***you can***

...

# Making Cheese



There are two stages in making cheese:

1. Cheese-making bacteria, which feed on the sugar in milk, multiply and produce acid. This gives the cheese its flavour and helps the milk to thicken.
2. Adding an enzyme called rennet to milk, which makes the milk curdle (clot).



# How Cheese is Made

- The liquid whey is then drained off.
- The curd is finally allowed to ripen and mature to form cheese.
- Some cheeses are then flavoured by adding different microbes.



# Making Cheese

**Aim:** To investigate the conditions for making cheese.

## Method:

1. Test your yoghurt from last lesson with pH paper
2. Record the pH in your table from last lesson and write a conclusion
3. Add one drop of rennet to the beaker and stir.
4. This should be covered with clingfilm and left in a warm environment for 24 hours.
5. Your teacher will put the beakers in a fridge if longer than 24 hours.



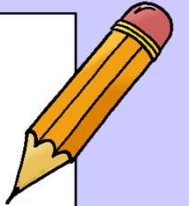
# Making Cheese

## Results:

*Look at your cheese from last lesson.*

The yoghurt has turned into curds and whey.

The solid curds are dried to become cheese

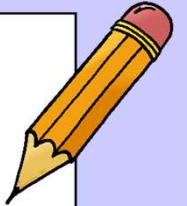




# Making Cheese

## **Conclusion:**

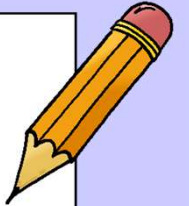
*Answer your aim.*



# Making Cheese

## **Evaluation:**

*Rennet is needed to make cheese. How could we have set up the experiment to prove this?*



# Making Cheese Video

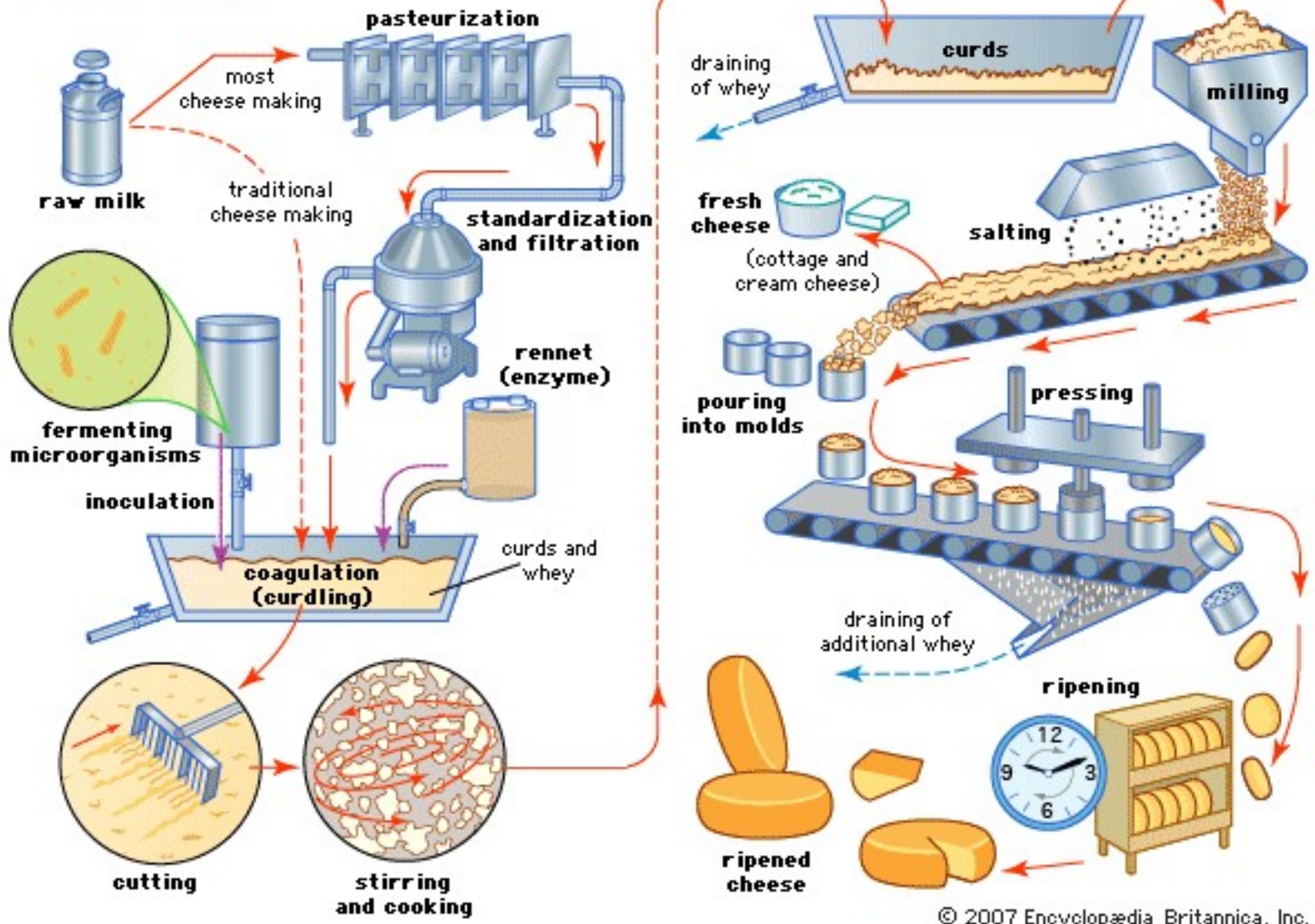
British Cheese Board (13 min video)

<https://www.youtube.com/watch?v=hXhXTs5uwyg>

1. The video shows the production of which type of cheese?  
**Cheddar**
2. How long does the milk get pasteurised for?  
**17 seconds**
3. Once the whey is drained off, what is it used for?  
**Butter, cream, feed for animals, whey powder**
4. What is added to increase the flavour and preserve the cheese?  
**Salt**
5. The length the cheese is stored for affects what?  
**The flavour and colour**



# Cheese production



# Plenary

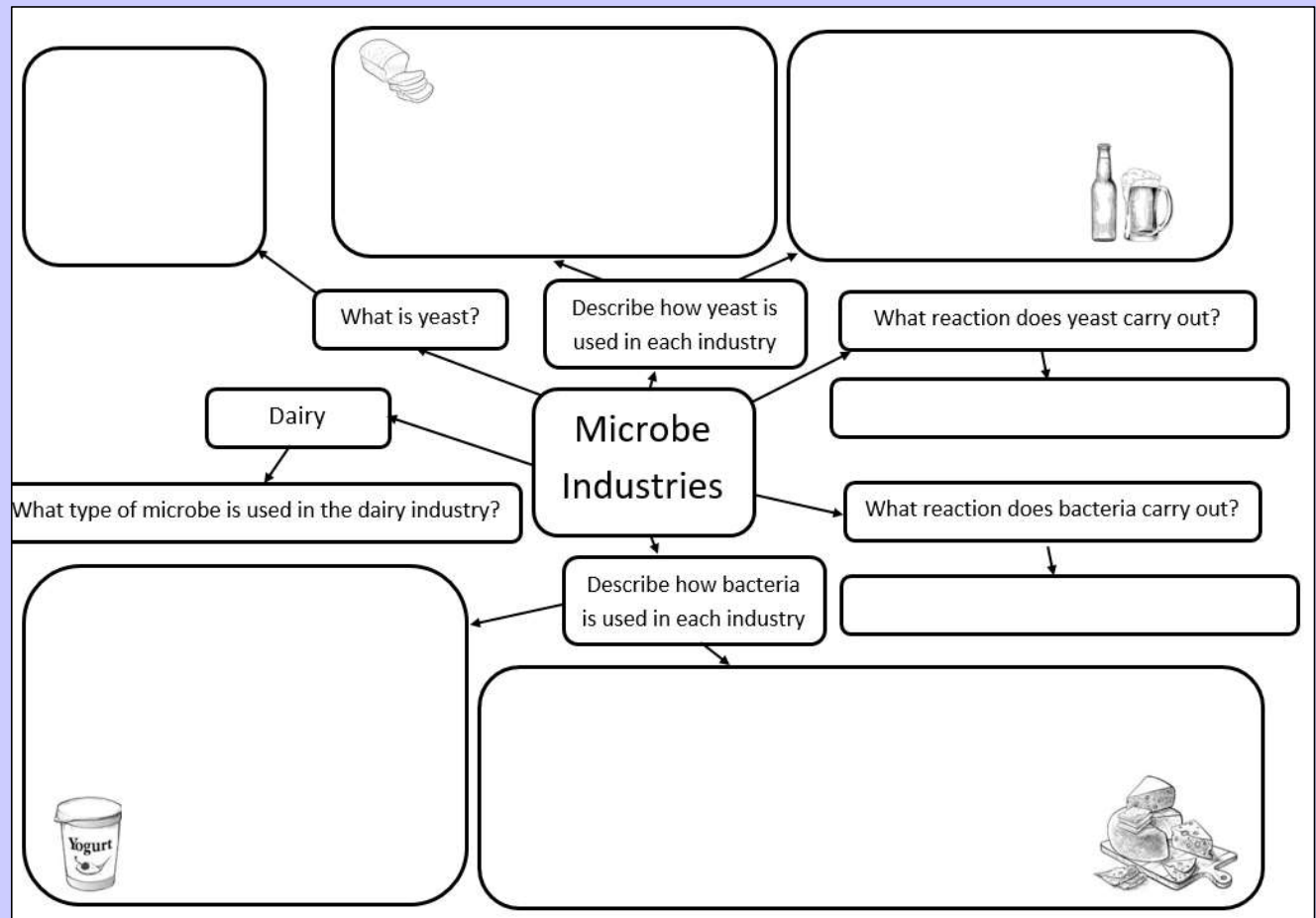
Organise the steps of cheese making into the correct order

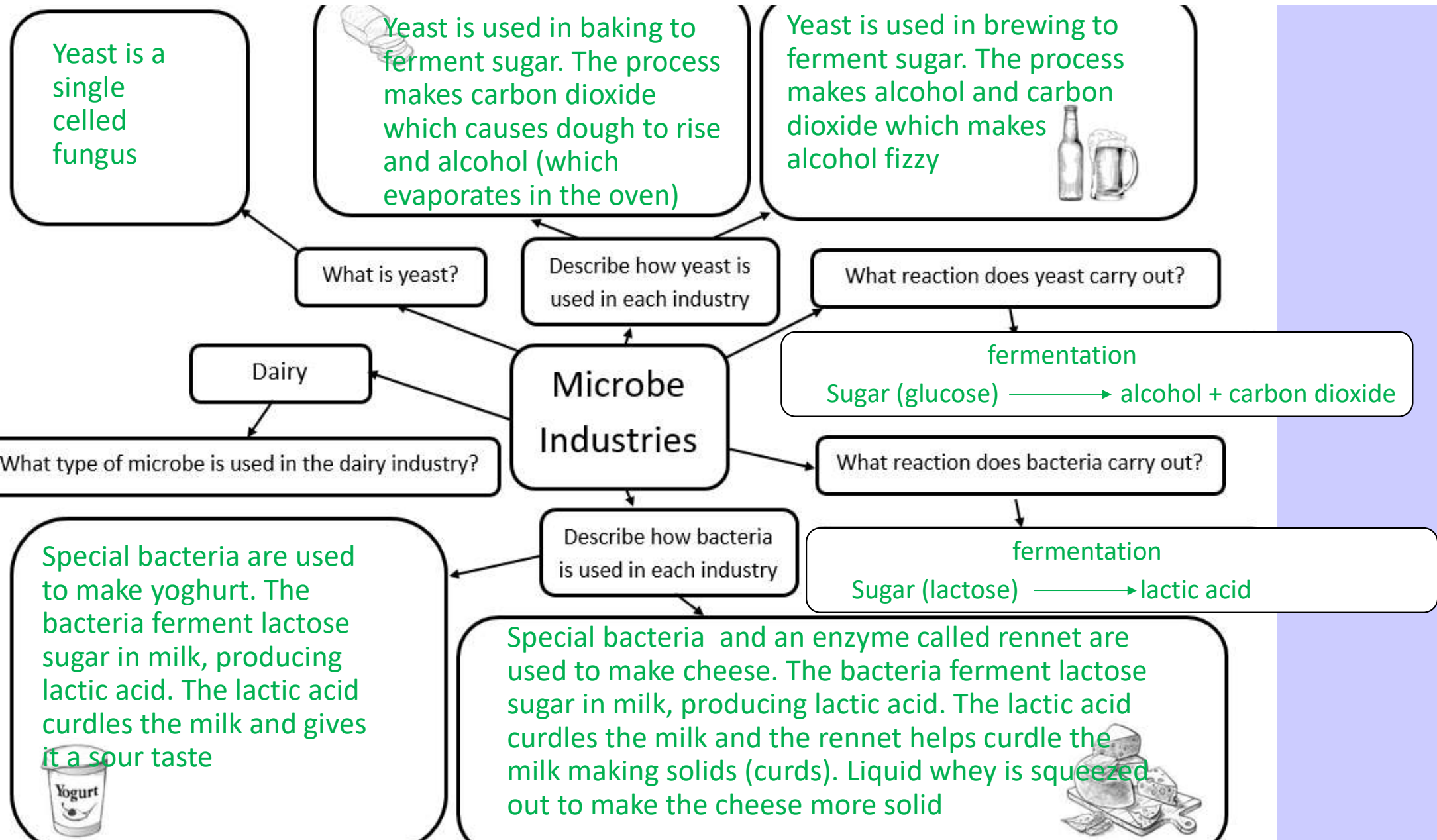
<u>Steps in cheese making</u>	No.
Curds are pressed into shape to make solid cheeses	7
Milk is heated to kill any unwanted microorganisms	1
Rennet added to clot milk protein	4
Curds and whey are formed	5
Milk is cooled down and cheese making bacteria is added	2
Curds and whey are separated.	6
Bacteria causes milk to thicken as they produce lactic acid.	3

# Extension Task

End of Booklet

- Microbes in the Food Industry Mindmap







# Immune System

24/09/2024

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## Starter:

1. Where in the body can microorganisms enter?
2. Can you think of anything that stops microbes from getting in?



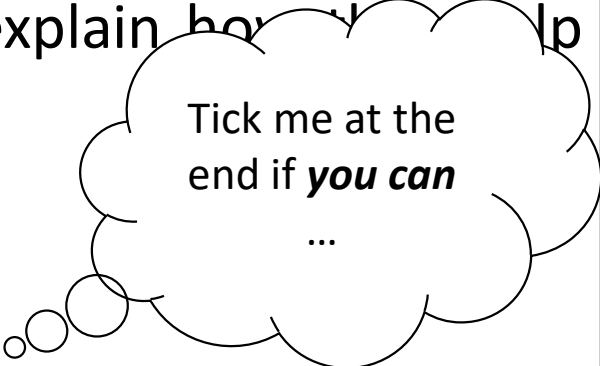


## Learning Intentions:

- To describe the role of the immune system
- To investigate the different ways that the body defends itself from microbes

## Success Criteria

- I can state that the first-lines of defence are the body's natural barriers.
- I can explain how the first-lines of defence can prevent the entry of pathogens.
- I can list different types of white blood cells and explain how they help defend the body against disease.



Tick me at the  
end if ***you can***

...

# Defending Ourselves Against Microbes

Most pathogens have to get inside our body to spread infection.

Once they are in, the body provides ideal living conditions such as plenty of food, water and warmth.

However, our bodies have many ways of **stopping bacteria and viruses from getting in.**



# Defending Ourselves Against Microbes

The body's defences:

Prevent

microbes getting into the body

Destroy

microbes once they have got in

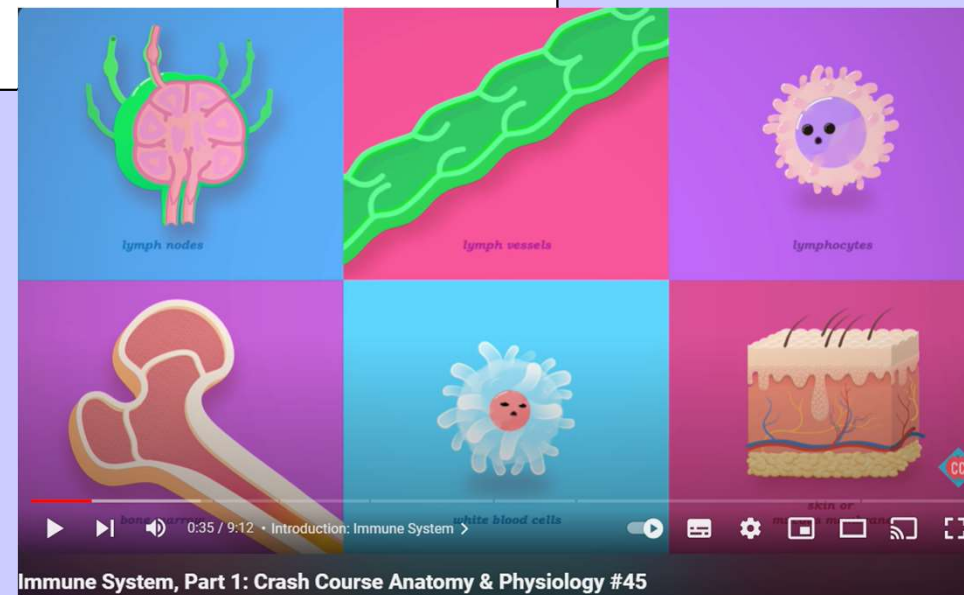
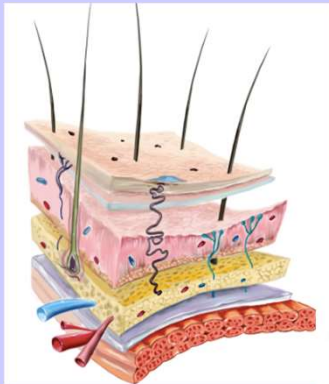


# The first-line of defence

The first line of defence preventing pathogens from entering are the body's Natural barriers.  
These can be **physical** or **chemical** barriers.



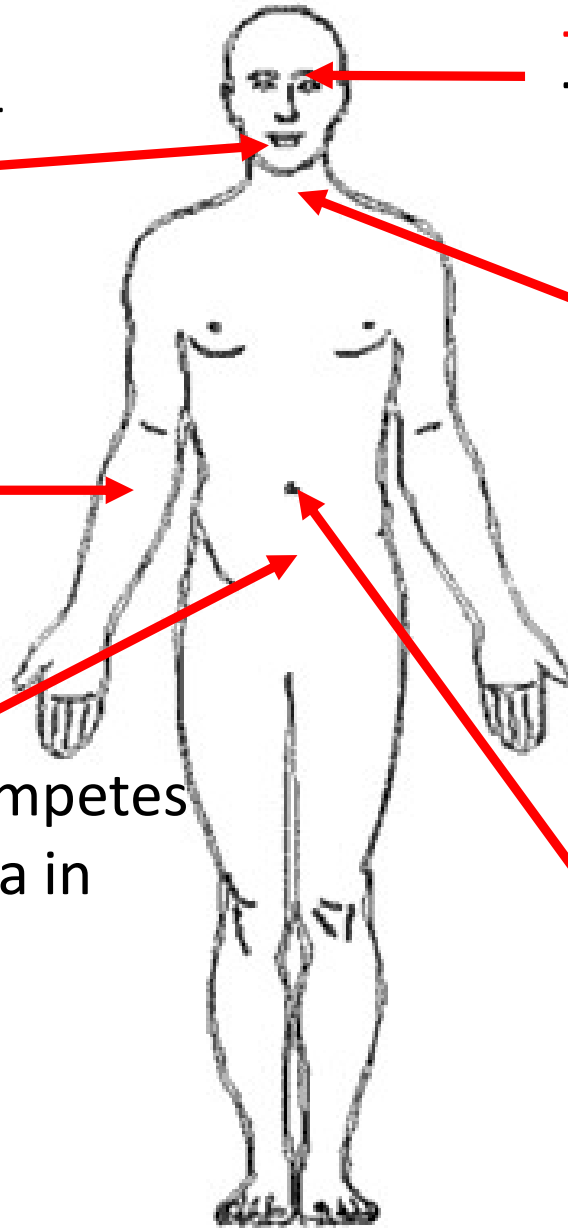
[Watch to 3.18](#)



saliva - Contain an anti-bacterial substance

skin - surface is impermeable to some microbes

Harmless bacteria - competes with harmful bacteria in large intestine



Tears - contain an anti-bacterial substance

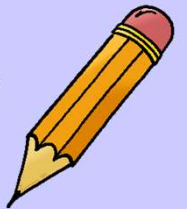
Mucus - in the air passages traps bacteria.

Cilia - in the air passages sweep the dirty mucus towards nose and throat.



Stomach acid

At pH2 it can kill some microbes



# What happens when the first-line defences fail?

If a harmful microbe gets past one of these defences we may become infected and suffer from a disease.

However, sometimes we don't suffer the disease even if a disease causing microbe (**a pathogen**) infects our body.

**Can you think why this is?**

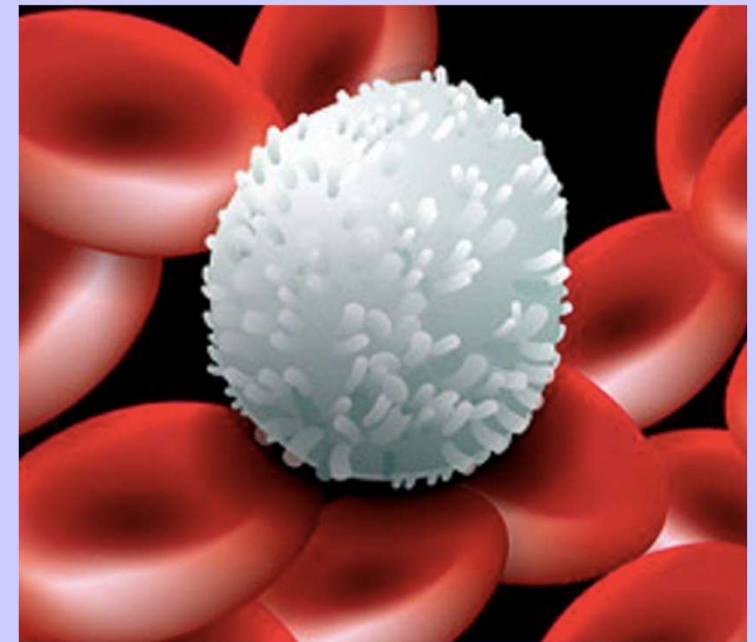


# Immune system

If we do get ill our **immune system** is able to kill off the bacteria or viruses. We may feel ill for a while.

There are **special cells** in our **blood** which are able to get rid of bacteria and viruses.

What are these cells called?



White blood cell

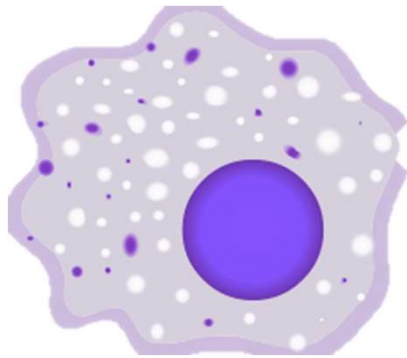


# White blood cells

There are two main groups of white blood cells which are involved in the immune system:

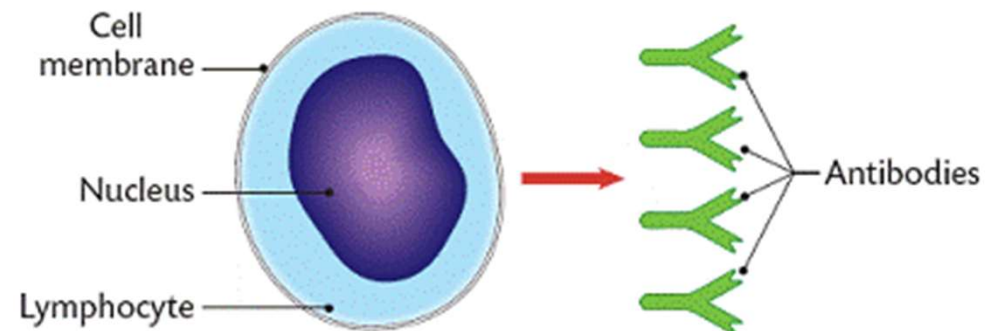
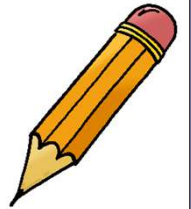
1. Phagocytes

– engulf bacteria



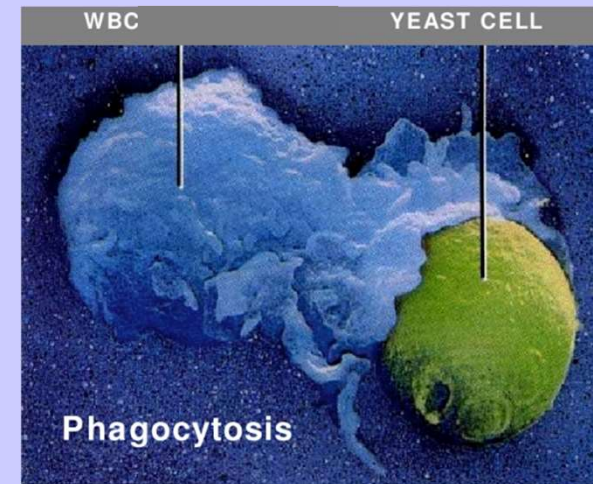
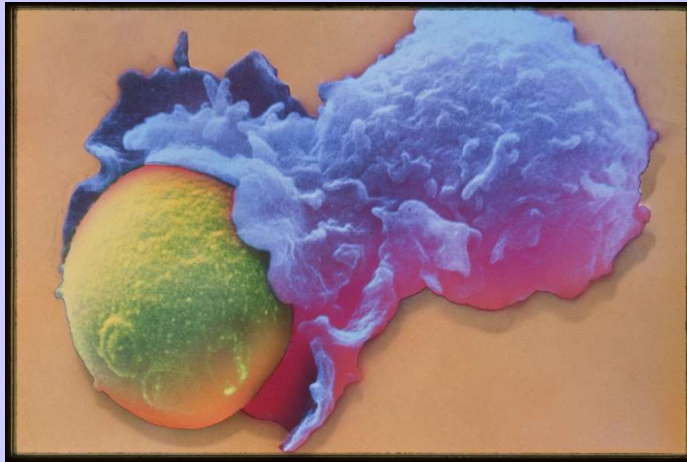
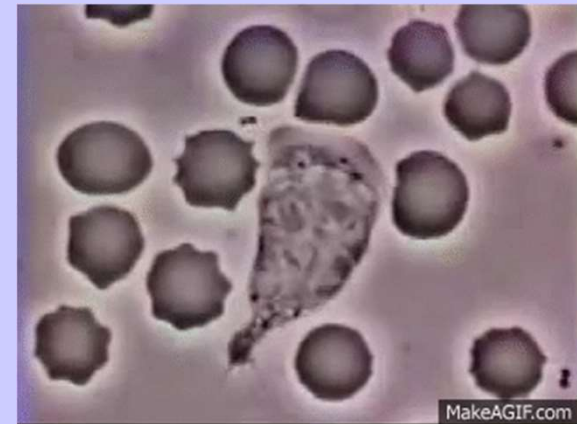
2. Lymphocytes

– produce antibodies



# Phagocytes

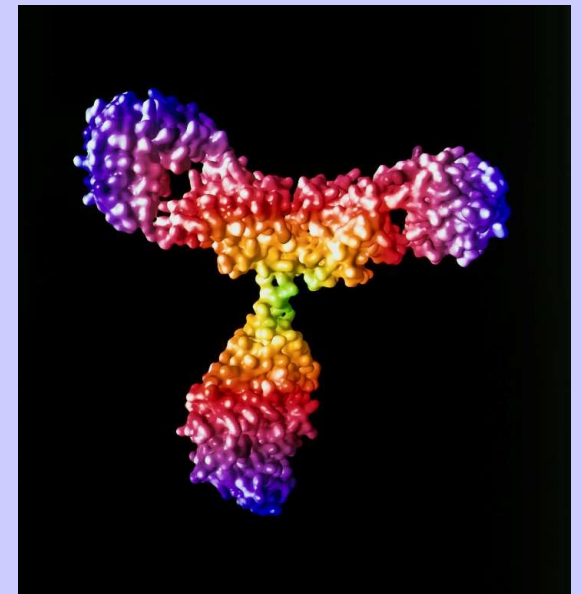
1. Special white blood cells patrol the blood and tissues and they are attracted to foreign microbes by a chemical.
2. They move towards the microbe and engulf (eat) it.  
This is called **PHAGOCYTOSIS**.



# Lymphocytes

Lymphocytes make antibodies

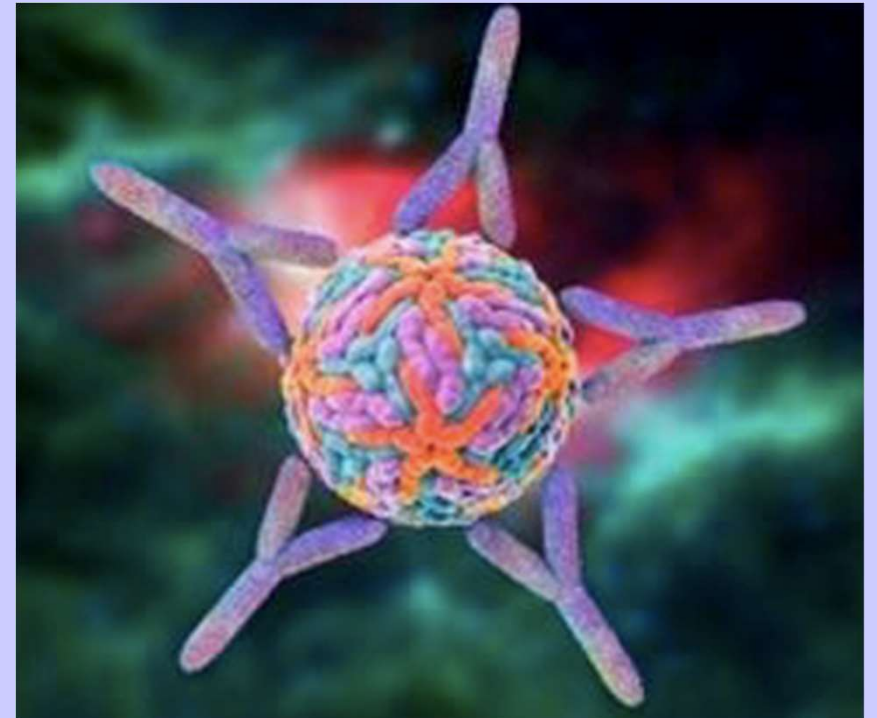
- An antibody is a Y-shaped protein that is produced by lymphocytes (type of white blood cell) in response to the presence of a pathogen



Antibody

# Antibodies

- The **antibodies** attaching to the microbes make them clump together and prevents them from invading anymore cells.
- It also makes it easier for other white blood cells to engulf the microbe.



# Sustainable Development Goals

## Numeracy Extension Task – part 1

Page 28

- Coverage of the required three doses of the vaccine that prevents diphtheria, tetanus and pertussis increased from 72 per cent in 2000 to 85 per cent in 2015 and has remained unchanged between 2015 and 2017.
- An estimated 19.9 million children did not receive the vaccines during the first year of life, putting them at serious risk of these potentially fatal diseases. The estimated number of children in the whole world is 1.9 billion
- Two doses of the measles vaccine are required to prevent the disease and the illnesses, disabilities and deaths caused by complications associated with it. Coverage with the second dose of measles vaccine increased from 59 per cent in 2015 to 67 per cent in 2017, but that is still insufficient to prevent this highly contagious disease.
- <https://sustainabledevelopment.un.org/sdg3>

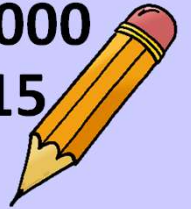


# Sustainable Development Goals

## Numeracy Extension Task – part 1

Page 28

- “Coverage of the required three doses of the vaccine that prevents diphtheria, tetanus and pertussis increased from 72 per cent in 2000 to 85 per cent in 2015 and has remained unchanged between 2015 and 2017. “



1. Make a table using the information above
2. Label one column “Year” and the other “Percentage coverage of vaccine (%)”
3. Fill in information for each of the years 2000,2015,2017



3 GOOD HEALTH  
AND WELL-BEING



WHO/0303

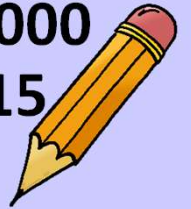


# Sustainable Development Goals

## Numeracy Extension Task – part 1

Page 28

- “Coverage of the required three doses of the vaccine that prevents diphtheria, tetanus and pertussis increased from 72 per cent in 2000 to 85 per cent in 2015 and has remained unchanged between 2015 and 2017. “



Year	Percentage coverage of vaccine (%)
2000	72
2015	85
2017	85



WHO/0303

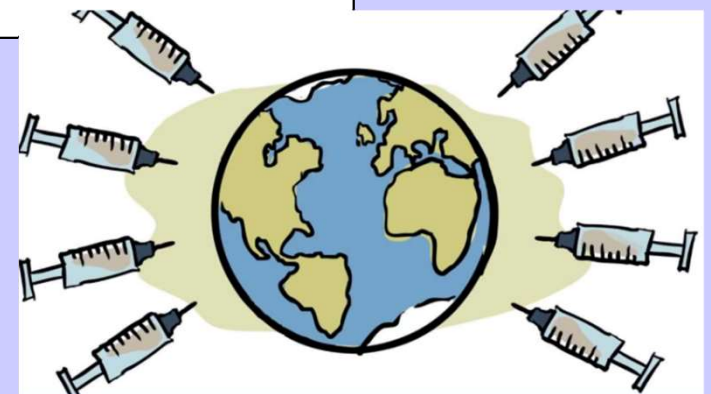
# Immunity and Vaccinations

24/09/2024

Page 29

**Starter:**

Can you remember any vaccinations you've had?



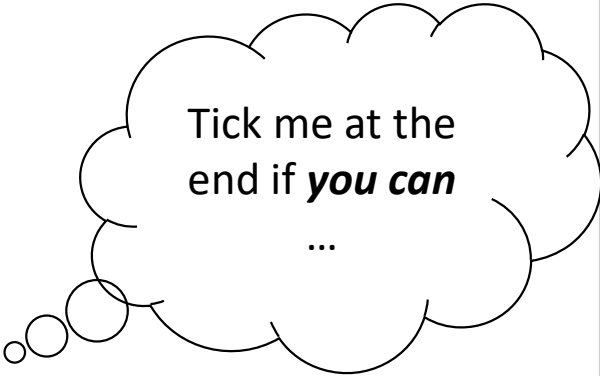


## Learning Intentions:

- To describe the development of vaccinations and their importance in preventing diseases

## Success Criteria

- I can state that vaccines are used to prevent diseases.
- I can explain how the first vaccine was developed.
- I can explain how vaccinations result in immunity.



Tick me at the  
end if ***you can***

...

# Vaccinations



The following link shows a list of [routine vaccinations](#) offered in the UK.

# Immunity

Immunity is when your body is able to resist a Disease or infection.

Immunity results from either being exposed to the disease before or by vaccination.

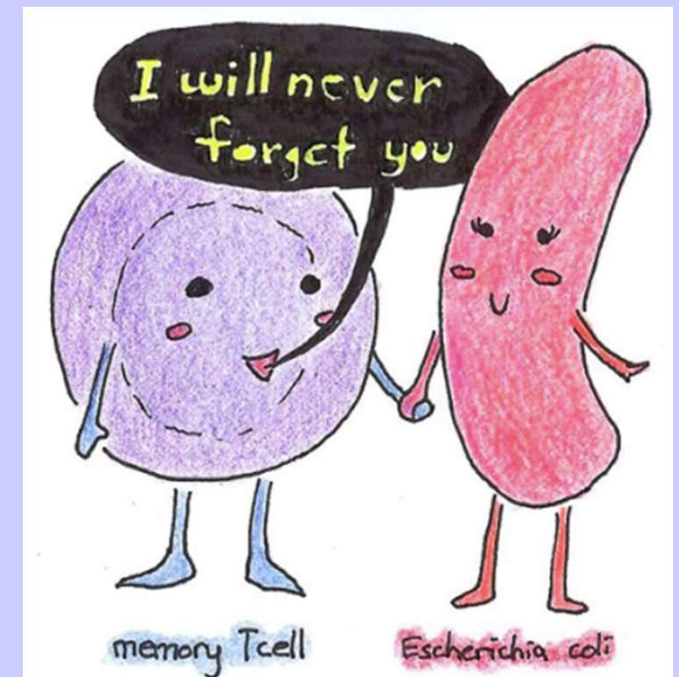


# Immunity

With some infections, like Chicken Pox, white blood cells fight the infection by producing antibodies which join with the virus and make the virus safe by inactivating it.

When the virus has been inactivated, **special memory cells** remember the virus and inactivate it if you encounter the virus again.

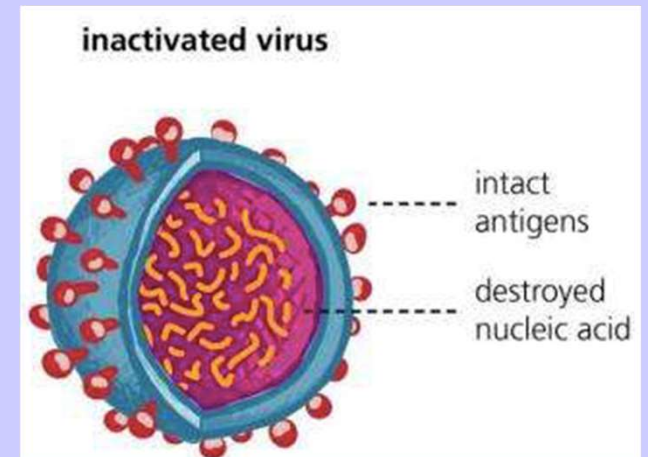
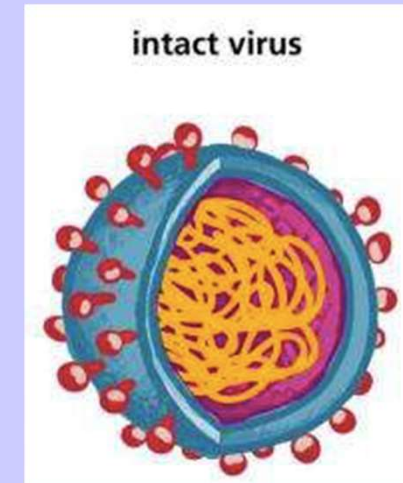
This is called **immunity**.



# What is a vaccine?

A vaccine contains a **dead** or weakened form of an infectious microbe.

This dead or weakened microbe can't multiply inside or bodies so does not cause us any real harm.

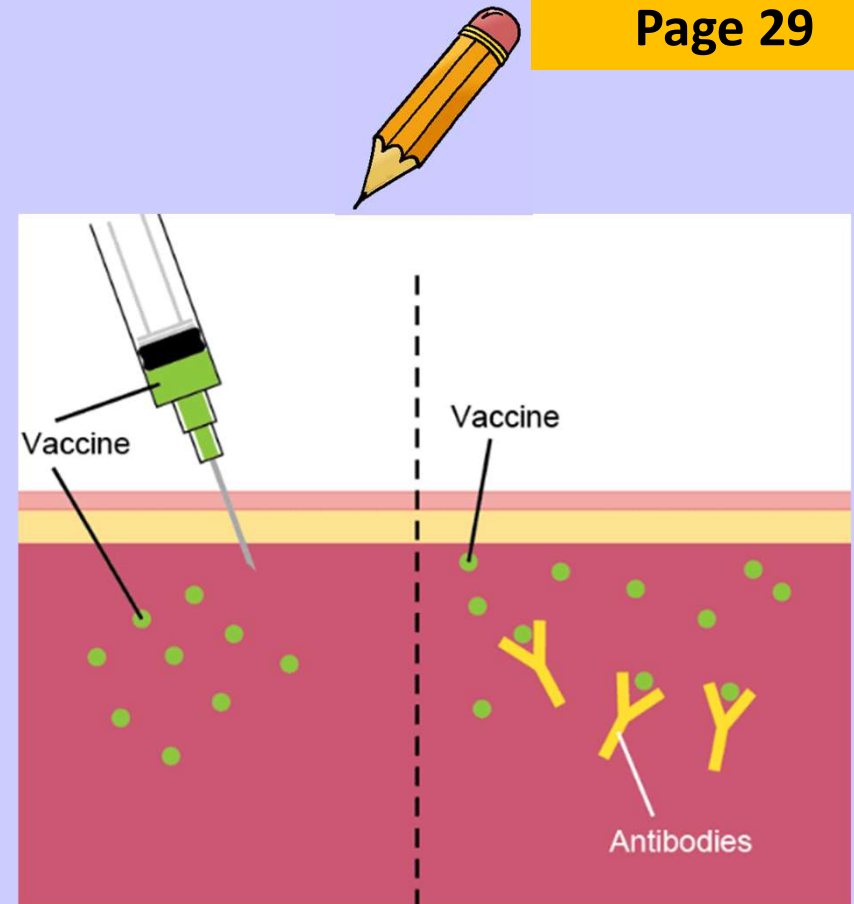


# What is a vaccine?

We are injected with a safe or dead form of a disease causing microbe.

Our body thinks the microbe is real and makes antibodies against it.

If the person becomes infected for real the immune system acts more quickly because it already has antibodies.

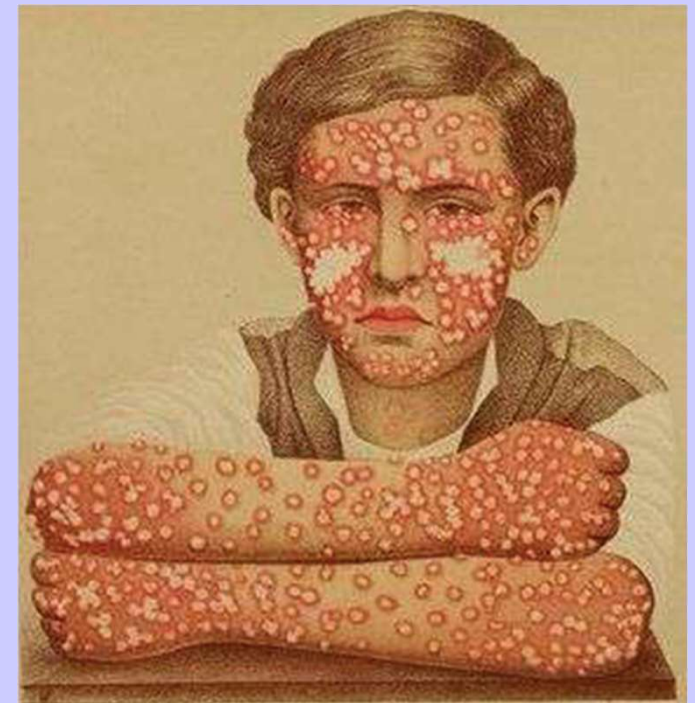


# Smallpox

Many years ago, there was a disease called **smallpox**.

Symptoms included fever, chills, headache, nausea, vomiting, severe muscle ache and a severe rash.

30-50% of people that contracted the virus died.





# Smallpox



**Activity:** Watch the Smallpox video and note down three facts



[Smallpox virus video](#)

# How were vaccines discovered?

<https://www.youtube.com/watch?v=sJRJeOxX6no>

Edward Jenner was a scientist that lived in the 18<sup>th</sup> Century.

He discovered the first vaccine, which was for the **smallpox virus**.

This disease was widespread in the 18th century and killed many people.



# How were vaccines discovered?

People living in the countryside noticed that milkmaids never seemed to catch small pox.

This was because they were subjected to another similar infection caught from the cows they milked - **cowpox**.

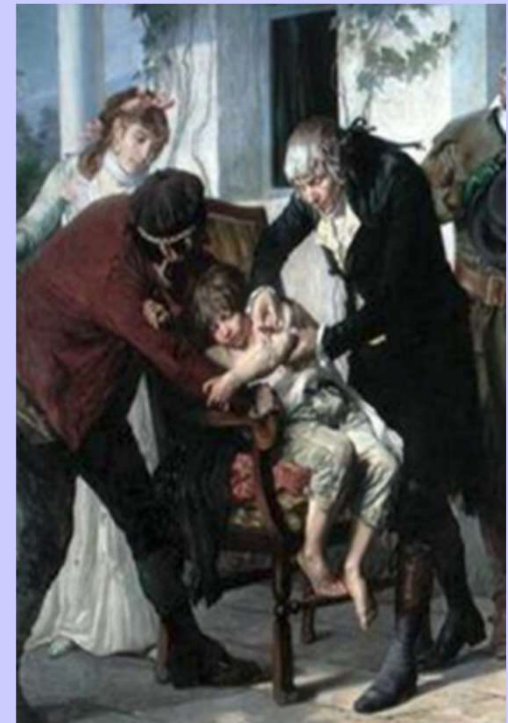


# How were vaccines discovered?

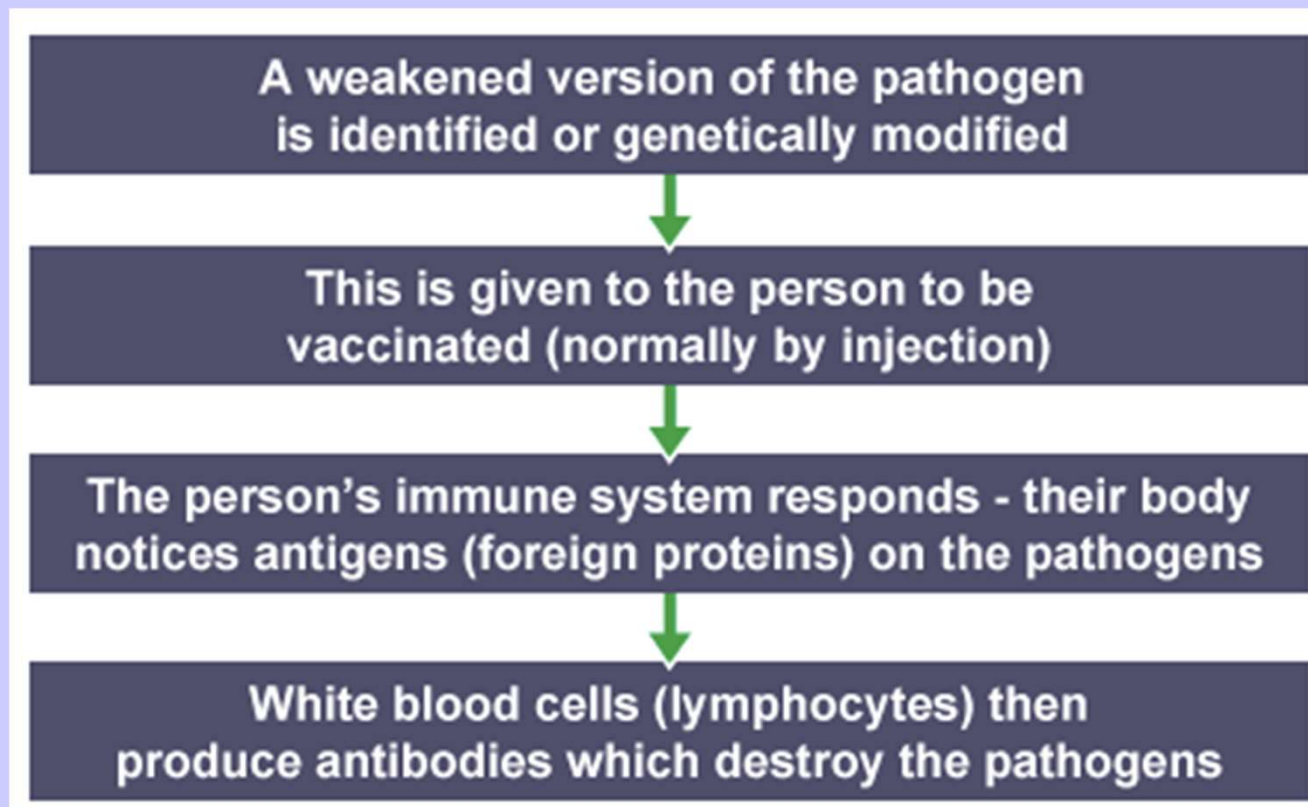
Edward Jenner collected **pus** from the cowpox blisters on a milkmaid's hands and infected an 8 year old boy, James Phipps.

The boy was ill for a while but was then **resistant** to infections of the cowpox and smallpox viruses.

He tested this immunity by infecting the boy with smallpox. No illness occurred.



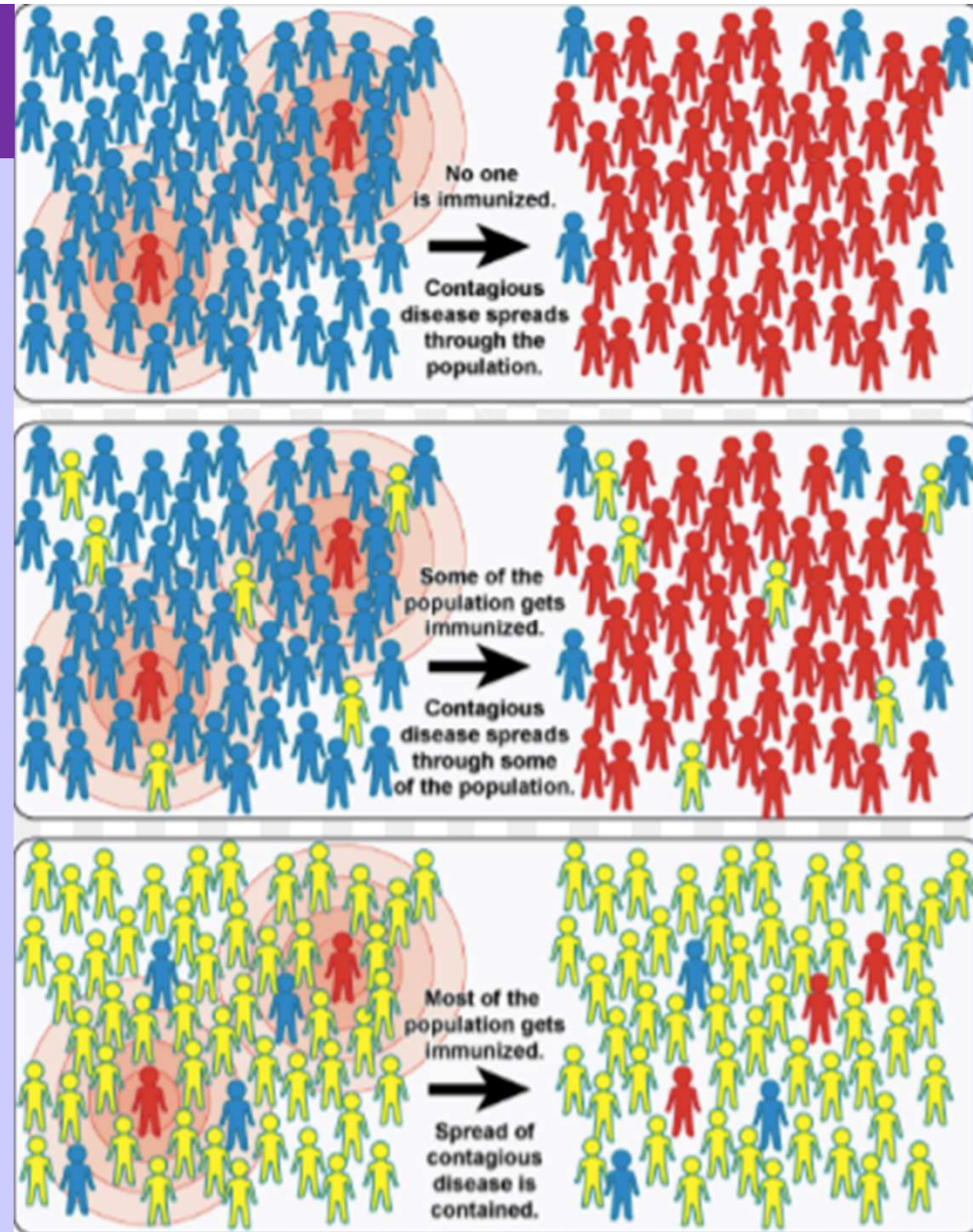
# How do vaccinations work?





# Immunity

Watch the [animation](#) to see how vaccinations can result in a population becoming immune to a disease.



# Sustainable Development Goals

## Numeracy Extension Task part 2

Page 30

- Coverage of the required three doses of the vaccine that prevents diphtheria, tetanus and pertussis increased from 72 per cent in 2000 to 85 per cent in 2015 and has remained unchanged between 2015 and 2017.
- **An estimated 19.9 million children did not receive the vaccines during the first year of life, putting them at serious risk of these potentially fatal diseases. The estimated number of children in the whole world is 1.9 billion**
- Two doses of the measles vaccine are required to prevent the disease and the illnesses, disabilities and deaths caused by complications associated with it. Coverage with the second dose of measles vaccine increased from 59 per cent in 2015 to 67 per cent in 2017, but that is still insufficient to prevent this highly contagious disease.
- <https://sustainabledevelopment.un.org/sdg3>



# Sustainable Development Goals

## Numeracy Extension Task part 2

Page 30

**“An estimated 19.9 million children did not receive the vaccines during the first year of life, putting them at serious risk of these potentially fatal diseases. The estimated number of children in the whole world is 1.9 billion”**

1. Using the information above, work out how many children in the whole world have been vaccinated during the first year of life
2. Challenge yourself: work out the percentage of children in the world that have been vaccinated





# Sustainable Development Goals

## Numeracy Extension Task part 3

Page 30

- Coverage of the required three doses of the vaccine that prevents diphtheria, tetanus and pertussis increased from 72 per cent in 2000 to 85 per cent in 2015 and has remained unchanged between 2015 and 2017.
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- **Two doses of the measles vaccine are required to prevent the disease and the illnesses, disabilities and deaths caused by complications associated with it. Coverage with the second dose of measles vaccine increased from 59 per cent in 2015 to 67 per cent in 2017, but that is still insufficient to prevent this highly contagious disease.**
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# Sustainable Development Goals

## Numeracy Extension Task part 3

Page 30

- “Two doses of the measles vaccine are required to prevent the disease and the illnesses, disabilities and deaths caused by complications associated with it. Coverage with the second dose of measles vaccine increased from 59 per cent in 2015 to 67 per cent in 2017, but that is still insufficient to prevent this highly contagious disease.”
- Make a bar graph using the information above
  1. Label the x-axis “Year”
  2. Label the y-axis “Percentage coverage of vaccine (%)”
  3. Make a bar for each of the years 2000,2015,2017

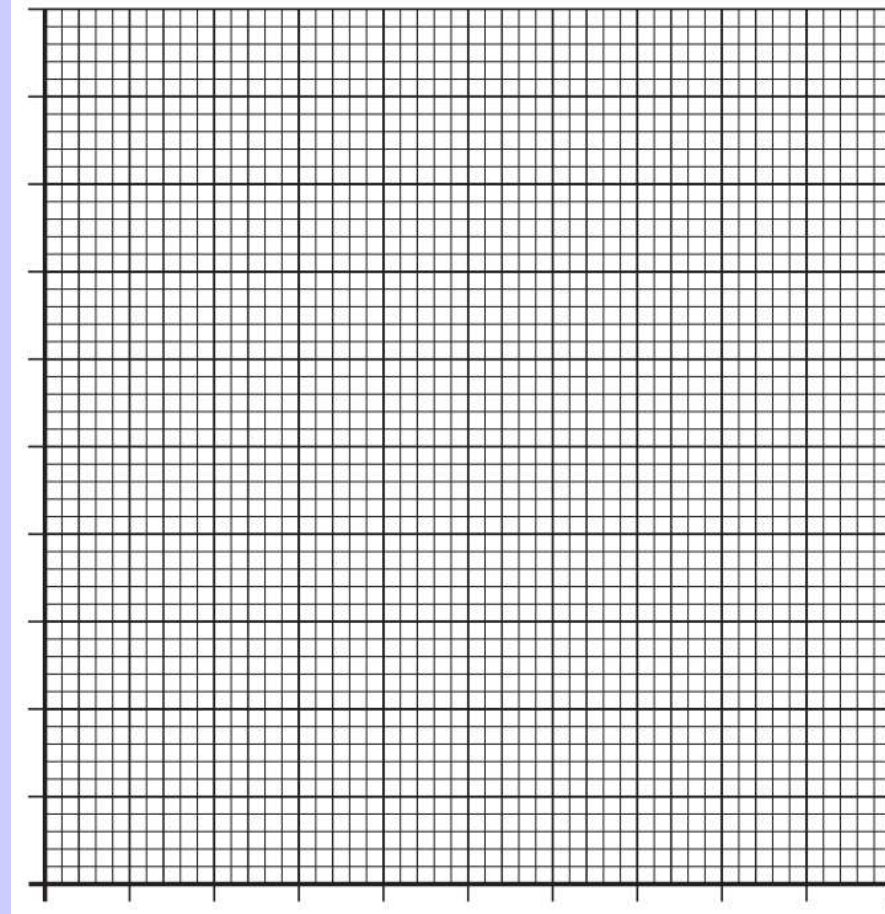


# Sustainable Development Goals

## Numeracy Extension Task part 3

Page 31

Percentage coverage of  
vaccine (%)

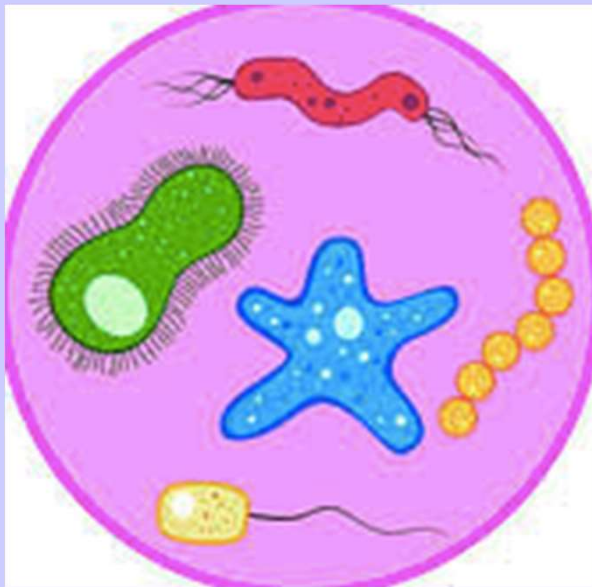


Year



# Microbes and Health

Watch the Scientific Eye video about [‘Microbes and health’](#)



Take brief notes about:

- the diseases mentioned
- what causes them
- the treatments
- how to prevent the disease

# Extension Task - Storyboard

Create a storyboard of Edward Jenner and his discovery of the first Smallpox vaccine.
