

Braes High School

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Falkirk Council

Children's Services

S1 – S6 PUPILS

PARENT/GUARDIAN

October 2017

Dear Parent/Carer

SEXUAL HEALTH AND RELATIONSHIP EDUCATION (SHARE)

We would like to advise our parents and carers that we will be teaching our Sexual Health and Relationships Education programme (designed by NHS Forth Valley) to our pupils this term.

As the age of sexual awareness can differ from child to child, we aim to cover topics at an age appropriate stage and may revisit topics.

These lessons will include the following:

S1

- Rights & Responsibilities
- Relationships
- Talking about sex
- Puberty
- Bodies & Sex
- Being Male or Female
- Cervical Cancer

S3

- Revising sexual health
- Pregnancy & Parenthood
- Pressure & choices around sex
- Resisting pressure
- Testicular cancer

S5/6

- Parenthood
- Sexual activity & health (where to go for help)

S2

- Sexual Activity & STI's
- Pregnancy & Contraception
- Planning to keep safe
- Good Communication Skills/Practice to say NO
- Condom use skills

S4

- Revising Sexual Health
- Case studies of first intercourse
- Where to go for help
- Negotiating condom use
- Sex from the opposite view



The Data Protection Act 1998 obliges Children's Services to make information accessible to the subject of the information unless there are good reasons for withholding it. In receiving information, it will be assumed that it can be disclosed without further reference to source, unless the information contains a clear indication to the contrary.

Director: Robert Naylor

Sealock House

2 Inchyra Road, Grangemouth FK3 9XB

Telephone : 01324 506600

Email: director.childrenservices@falkirk.gov.uk

If you would like to see our resources or discuss the programme, please contact your child's Pastoral Head.

Mrs Dempsey – Campsie
Mr Burns – Lomond
Mr Robertson – Ochil
Miss Wilkinson - Pentland

Yours faithfully

Pastoral Team