

## Are you:

- Unemployed or underemployed?
- Interested in gaining support with your health, wellbeing, and personal development?

Falkirk Council Employment and Training Unit (ETU) may have just what you're looking for.

We are offering local parents (just like you) a free, six-week, part-time programme that aims to help you build your pre-employment skills.

Here's what you need to know:

Where: Arnotdale, Dollar Park, Falkirk

When: half days, Tuesday and Thursday,

starting 19 October

Time: 09:30 am to 12:30 pm

## Importantly:

Travel and childcare costs will be supported

Chromebooks will be issued to participants, so you have all the necessary tools to take part

If you would like to register your interest, or to find out more call ETU on 01324 504408 or drop us an email to etu@falkirk.gov.uk