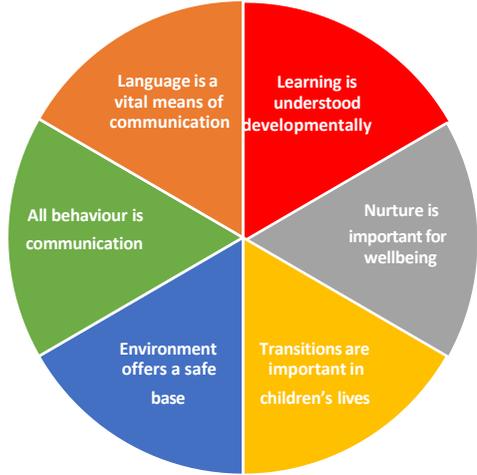
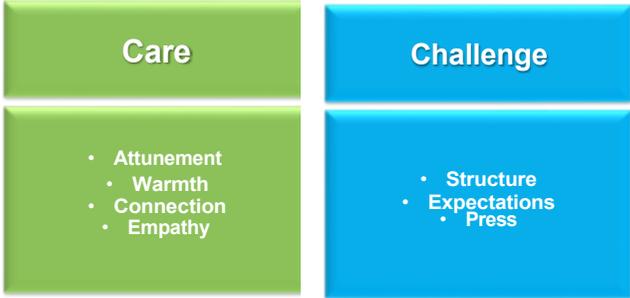


Supporting the anxiety (intervention)

Supporting approach Enhanced nurture	Making it successful		Resources
<p>This approach should be used for all children and young people experiencing anxiety across all age ranges.</p> <p>This aims to enhance the child/young person's emotional and social development.</p> <p>This ensures there is a balance of challenge and support that is well considered and based on a strong evidence base.</p>	<p>The Nurturing Principles</p>  <p>Taking each of the nurture principles in turn, think about how you can enhance these for the young person in school, at home, in other key settings. What will the young person see, hear, feel differently if these are enhanced? How can they input into the ideas generated? Is this a task in a team around the child context or through some other means of consultation?</p>	<p>Two Pillars of Nurture</p>  <p>See also – Resilience, Risk and Scaffolding (Early Level and Beyond)</p>	<p>Nurture training materials on the GIRFEC practitioners pages: Falkirk GIRFEC practitioner pages</p> <p>Falkirk Educational Psychology Service Nurturing Schools Pack FINAL Education Scotland & Glasgow City Council (2019). Applying Nurture as a Whole School Approach</p> <p>Video Treisman, K. (2020). Every interaction can be an intervention. (4.25mins)</p> 