# Wellbeing and Nurture Team Menu

We can offer a small group setting for young people who require an enhanced nurturing approach.

The focus of th	nese groups is around:
emotiona	l literacy
🗖 social coi	mmunication skills (with literacy input
🗖 life skills (	(with numeracy input)

Running during session 2020-2021:

# S1 Enhanced Nurture Group

This group will have young people at stage 3 who have significant ASN and require individualised timetables. We will provide a nurturing environment to secure a safe base from which mainstream subject areas can be explored with support. The focus will be around building skills required to manage a mainstream environment.

## Interrupted Learners Group

We can work with young people who have not attended school for a significant period of time or who are transitioning to Denny High with high levels of ASN. This has a focus to build an incremental timetable and support mainstream experience. We will look to build positive relationships which support a reintegration into education.

## Resilience Groups

A resilience group will focus on specific issues such as relationships, raising self esteem, building confidence and developing coping skills and strategies. This is a short term intervention aimed also for young people at stage 1 and 2.

## S1/S2 Wellbeing Group

In agreement with the Team Around the Child we can extract stage 3 pupils from 1, 2 or 3 periods of appropriate mainstream classes per week in order to build relationships with the wellbeing team and develop self regulation skills on a short term intervention basis with a cycle of review.