

Supporting Bereavement – resources and guidance for staff

Our counselling service LifeLink have shared some helpful links for staff which can be used personally or as a professional learning and development opportunity.

We all face bereavement in our lives and sometimes we may require some support I understanding how we deal with this, but also how we support young people with their own grief- especially when our experiences and responses to grief vary so much.

Please find the resources signposted to us below, and if you need any further support or advice, please see myself, Linzi Mackell (DHT) or your line manager.

The following will also be saved on the Integrated Pupil Support Blog space.

Secondary schools | Child Bereavement UK

Breaking Sad News – A death in the school community <u>Download.ashx</u> (childbereavementuk.org)

Special assemblies - saying 'goodbye' Download.ashx (childbereavementuk.org)

Looking after yourself and staff

 $\underline{https://www.childbereavementuk.org/Handlers/Download.ashx?IDMF=8af62581-390f-4af4-a989-accaeaec8621}$

Child Bereavement UK have also created some Short Guidance Video's for Staff and Parents

Should I be worried about my bereaved teenager | Child Bereavement UK
Remembering someone who has died | Child Bereavement UK
What should I do when someone I know has been bereaved | Child Bereavement UK
How we grieve | Child Bereavement UK