

Primary – Two Choice Menu April 2023

Free Bread & Salad available daily

Fruit—40g portion

1

Mon <small>Meat Free</small>	Tues	Wed	Thurs	Fri
Macaroni Garlic Bread	Sausage Casserole & Mashed Pots	Chicken Curry & Rice	Steak Pie & Roast Pots	Fish Fingers OR Fish & Chips
or	or	or	or	or
Seasonal Veg Soup & Sandwich (Meat Free)	Lentil Soup & Sandwich	Baked Potato with Cheese/ Tuna/Beans	Vegetable Soup & Sandwich	Chicken & Rice OR Vegetable & Rice Soup & Sandwich
Beans Sweetcorn	Peas Broccoli	Green Beans Sweetcorn	Broccoli Peas	Coleslaw Seasonal Mixed Salad
Yoghurt & Fruit or Fruit	Seasonal Fruit Salad or Fruit	Sponge, Custard & Fruit or Fruit	Ice Cream & Fruit or Fruit	Jelly & Fruit or Fruit

3

Mon <small>Meat Free</small>	Tues	Wed	Thurs	Fri
Macaroni Garlic Bread	Chicken OR Beef Pasta Bolognese	Sausages & wedges	Roast Chicken Mashed Potatoes Gravy	Fish & Chips
or	or	or	or	or
Lentil Soup Sandwich (MF)	Baked Potato with filling	Cheese and Carrot Salad	Mackerel OR Salmon Goujons Mashed Potatoes	Chicken Noodle OR Vegetable Noodle Soup & Sandwich
Beans Seasonal Salad	Broccoli Seasonal Salad	Beans Sweetcorn	Carrots Cauliflower	Peas Seasonal Salad
Crackers, Cheese & Fruit or Fruit	Melting Moments & Fruit or Fruit	Frozen Yoghurt & Fruit or Fruit	Watermelon OR Melon & Fruit or Fruit	Yoghurt or Jelly & Fruit or Fruit

2

Mon <small>Meat Free</small>	Tues	Wed	Thurs	Fri
Bagel or French Bread Pizza Wedges	Spag Bolognese	Chicken Goujons Wrap with Mayo	Roast Ham OR Chicken, Yorkshire Pud, Mashed Pots,	Pastry Sausage Roll OR Sausages & Chips
or	or	or	or	or
Baked Potato & Filling -cheese/ tuna, beans	Cheese Salad	Lentil Soup & Sandwich	Leek & Potato Soup & Sand- wich	Sweet Pot & Carrot Soup & Sandwich
Carrot Sticks Green Beans Spaghetti Hoops	Peas Sweetcorn	Parmentier Potatoes Mixed Salad, Coleslaw	Carrots Cabbage	Peas Beans
Angel Delight OR Rice Pudding & Fruit or Fruit	Shortbread & Fruit or Fruit	Ice Cream & Fruit or Fruit	Jelly & Fruit or Fruit	Yoghurt or Crackers & Cheese with Fruit or Fruit

4

Mon <small>Meat Free</small>	Tues	Wed	Thurs	Fri
Tomato Pasta Garlic Bread	Chicken or Veg Burger on Roll Wedges	Mince & Mashed Potatoes	Roast Chicken Yorkshire Pud Potatoes Gravy	Fish Fingers & Chips
or	or	or	or	or
Lentil Soup Sandwich M/F	Cheesy Pasta	Vegetable Soup & Sandwich	Tomato Soup Sandwich	Baked Potato & Filling
Broccoli Carrot Sticks	Seasonal Salad Beans	Green Beans	Sweetcorn Peas	Spaghetti Hoops Mixed Seasonal Veg
Frozen Yoghurt & Fruit or Fruit	Oat Biscuit with Fruit or Fruit	Crackers, Cheese & Fruit or Fruit	Ice Cream & Fruit or Fruit	Yoghurt with Fruit or Fruit