

NHS Eileanan Siar Western Isles

Help for fussy eaters

Are your mealtimes stressful? Does your child refuse to eat? Are you concerned about their nutrition? **If so, we can help!**

Join our live online session to get ideas to make food and mealtimes fun. It will be delivered by a dietitian, occupational therapist and speech and language therapist who will be happy to answer your questions.

This session is for residents of the Western Isles only.

TWO LIVE ONLINE SESSIONS AVAILABLE:

Tuesday 6th October 2020 10am-11.30am OR 6pm-7.30pm

To book your place please email wi-hb.SLT@nhs.net by Wednesday 30th September 2020