

Sgoil an Taobh Siar 6 Jan - 31 Jan 2020 **PLEASE CIRCLE CLEARLY THE CHOSEN CHOICE** *Please Return By: 04/12/19*

Mon 06-Jan <i>Week 1</i>	Tues 07-Jan	Wed 08-Jan	Thurs 09-Jan	Fri 10-Jan
MAIN COURSE	MAIN COURSE	MAIN COURSE	MAIN COURSE	MAIN COURSE
Hot Dog Roll, Spagetti Hoops & Cucumber	Homemade Pizza, Potatoe Wedges, Tomato or Beans	Beef Lasagne, Broccoli & Salad	Roast Chicken, Roast Potatoes, Carrot & Sweetcorn	Breaded Haddock, Chips, Peas & Salad
or	or	or	or	or
Veg Soup & Cheese Roll	Chicken Wrap & Wedges	Baked Potato & Beans	Lentil Soup & Tuna & Sweetcorn Roll	Cold Ham, Chips & Coleslaw
PUDDING	PUDDING	PUDDING	PUDDING	PUDDING
Smoothie or Fruit	Jam Sponge & Custard	Fresh Fruit Salad or Fruit	Iced Carrot Cake or Fruit	Biscuits & Cheese, Yoghurt or Fruit

Mon 13-Jan <i>Week 2</i>	Tues 14-Jan	Wed 15-Jan	Thurs 16-Jan	Fri 17-Jan
MAIN COURSE	MAIN COURSE	MAIN COURSE	MAIN COURSE	MAIN COURSE
Bacon Bagel, Baked Beans or Tomato	Spagetti Bolognaise & Seasonal Veg	Chicken Pie, Potatoes, Sweetcorn & Peas	Roast Ham, Potatoes, Cauliflower & Carrots	Fish Fingers, Chips, Beans or Salad
or	or	or	or	or
Macaroni Cheese & Salad	Lentil Soup & Cheese Roll	Plain or Cheese Omelete & Salad	Baked Potato & Baked Beans	Pasta Bake
PUDDING	PUDDING	PUDDING	PUDDING	PUDDING
Apple Crumble & Custard or Fruit	Raspberry Smoothie or Yoghurt	Ice Cream Cones or Fruit	Choc Iced Sponge or Fruit	Yoghurt, Jelly or Fruit

Mon 20-Jan <i>Week 3</i>	Tues 21-Jan	Wed 22-Jan	Thurs 23-Jan	Fri 24-Jan <i>Burns Supper</i>
MAIN COURSE	MAIN COURSE	MAIN COURSE	MAIN COURSE	MAIN COURSE
French Bread Pizza, Spagetti Rings & Salad	Pasta Bolognaise & Seasonal Veg	Breaded Haddock, Chips, Peas & Carrots	Steak Pie, Potatoes, Cauliflower & Broccoli	Chicken Curry, Rice, Sweetcorn & Cucumber
or	or	or	or	or
Vegetable Soup & Ham Roll	Spaghetti & Cheese Pie (Pastry)	Macaroni & Salad	Chicken Wrap & Salad	Haggis, Neeps & Tatties
PUDDING	PUDDING	PUDDING	PUDDING	PUDDING
Sticky Toffee Pudding & Custard or Fruit	Fresh Fruit Salad or Fruit	Scones & Milk or Fruit	Apple Cake & Ice Cream or Fruit	Shortbread, Yoghurt or Fruit

Mon 27-Jan <i>Week 4</i>	Tues 28-Jan	Wed 29-Jan <i>Christmas Lunch</i>	Thurs 30-Jan	Fri 31-Jan
MAIN COURSE	MAIN COURSE	MAIN COURSE	MAIN COURSE	MAIN COURSE
Baked Sausages, Potatoes & Mixed Veg	Turkey Burger, Wedges, Baked Beans & Carrot Sticks	Mince, Potatoes & Veg	Chicken Chow Mein, Noodles, Sweetcorn & Salad	Smoked Mackerel, Potatoes, Peas & Salad
or	or	PUDDING	or	or
Pasta Bake	Veg Soup & Cheese Roll	Carrot & orriander Soup & Egg Baguette	Baked Potato & Beans	Leek & Potato Soup & Cheese Toasty
PUDDING	PUDDING	PUDDING	PUDDING	PUDDING
Flapjack & Milk or Fruit	Caramel Tart & Custard or Fruit	Smoothie or Fruit	Fresh Fruit Salad or Fruit	Yoghurt, Jelly or Fruit