

Sgoil an Taobh Siar 25 Nov - 20 Dec 2019 **PLEASE CIRCLE CLEARLY THE CHOSEN CHOICE** *Please Return By: 15/11/19*

Mon 25-Nov Week 1	Tues 26-Nov	Wed 27-Nov	Thurs 28-Nov	Fri 29-Nov
MAIN COURSE	MAIN COURSE	MAIN COURSE	MAIN COURSE	MAIN COURSE
OFF	Homemade Pizza, Potatoe Wedges, Tomato or Beans	Beef Lasagne, Broccoli & Salad	Roast Chicken, Roast Potatoes, Carrot & Sweetcorn	Breaded Haddock, Chips, Peas & Salad
or	or	or	or	or
OFF	Chicken Wrap & Wedges	Baked Potato & Beans	Lentil Soup & Tuna & Sweetcorn Roll	Cold Ham, Chips & Coleslaw
PUDDING	PUDDING	PUDDING	PUDDING	PUDDING
OFF	Raspberry Smoothie or Fruit	Fresh Fruit Salad or Fruit	Iced Carrot Cake or Fruit	Biscuits & Cheese, Yoghurt or Fruit

Mon 09-Dec Week 3	Tues 10-Dec	Wed 11-Dec	Thurs 12-Dec	Fri 13-Dec
MAIN COURSE	MAIN COURSE	MAIN COURSE	MAIN COURSE	MAIN COURSE
French Bread Pizza, Spagetti Rings & Salad	Pasta Bolognaise & Seasonal Veg	Breaded Haddock, Chips, Peas & Carrots	Steak Pie, Potatoes, Cauliflower & Broccoli	Chicken Curry, Rice, Sweetcorn & Cucumber
or	or	or	or	or
Vegetable Soup & Ham Roll	Spaghetti & Cheese Pie (Pastry)	Macaroni & Salad	Chicken Wrap & Salad	Baked Potato & Tuna & Sweetcorn
PUDDING	PUDDING	PUDDING	PUDDING	PUDDING
Sticky Toffee Pudding & Custard or Fruit	Fresh Fruit Salad or Fruit	Scones & Milk or Fruit	Apple Cake & Ice Cream or Fruit	Cheese & Biscuits, Yoghurt or Fruit

Mon 02-Dec Week 2	Tues 03-Dec	Wed 04-Dec	Thurs 05-Dec	Fri 06-Dec
MAIN COURSE	MAIN COURSE	MAIN COURSE	MAIN COURSE	MAIN COURSE
Bacon Bagel, Baked Beans or Tomato	Spagetti Bolognaise & Seasonal Veg	Chicken Pie, Potatoes, Sweetcorn & Peas	Roast Ham, Potatoes, Cauliflower & Carrots	Fish Fingers, Chips, Beans or Salad
or	or	or	or	or
Macaroni Cheese	Lentil Soup & Cheese Roll	Plain or Cheese Omelete & Salad	Baked Potato & Baked Beans	Pasta Bake
PUDDING	PUDDING	PUDDING	PUDDING	PUDDING
Apple Crumble & Custard or Fruit	Raspberry Smoothie or Yoghurt	Ice Cream Cones or Fruit	Choc Iced Sponge or Fruit	Yoghurt, Jelly or Fruit

Mon 16-Dec Week 4	Tues 17-Dec	Wed 18-Dec <i>Christmas Lunch</i>	Thurs 19-Dec	Fri 20-Dec
MAIN COURSE	MAIN COURSE	MAIN COURSE	MAIN COURSE	MAIN COURSE
Baked Sausages, Potatoes & Mixed Veg	Turkey Burger, Wedges, Baked Beans & Carrot Sticks	Roast Turkey & All The Trimmings	Chicken Chow Mein, Noodles, Sweetcorn & Salad	Smoked Mackerel, Potatoes, Peas & Salad
or	or	PUDDING	or	or
Pasta Bake	Veg Soup & Cheese Roll	Malteser Cheesecake & Ice Cream or Strawberry Swiss Roll & Ice Cream	Baked Potato & Beans	Leek & Potato Soup & Cheese Toasty
PUDDING	PUDDING	Or	PUDDING	PUDDING
Flapjack & Milk or Fruit	Caramel Tart & Custard or Fruit	P/L	Fresh Fruit Salad or Fruit	Yoghurt, Jelly or Fruit