

How does Speak out Stay safe link to the Curriculum for Excellence in Scotland?

NSPCC Speak out Stay safe First Level 5-7 assembly, lesson plan and 6-7 year old workshop

SOSS success criteria

- I know five ways a child can be hurt by others.
- I know if a child is hurt by someone else it's never a child's fault.
- I know all children have the right to be kept safe.
- I know who to talk to if I need help.
- I know the Childline number and recognise the Childline website.

Curriculum for Excellence: Health and wellbeing - Experiences and Outcomes

- I'm learning about respect for my body and what behaviour is right and wrong. I know who I should talk to if I'm worried about this.
HWB 1-49a
- I'm aware of and able to express my feelings and am developing the ability to talk about them.
HWB 1-01a
- I understand that there are people I can talk to and that there are a number of ways in which I can gain access to practical and emotional support to help me and others in a range of circumstances.
HWB 1-03a
- I understand that my feelings and reactions can change depending upon what's happening within and around me. This helps me to understand my own behaviour and the way others behave.
HWB 1-04a
- I understand that people can feel alone and can be misunderstood and left out by others. I'm learning how to give appropriate support.
HWB 1-08a
- As I explore the rights to which I and others are entitled, I'm able to exercise these rights appropriately and accept the responsibilities that go with them. I show respect for the rights of others.
HWB 1-09a

RSHP.Scot lesson plans

My body belongs to me

<https://rshp.scot/wp-content/uploads/2021/04/Part-1.-My-body-belongs-to-me-Activity-plan.pdf>

Private and PANTS rule

<https://rshp.scot/wp-content/uploads/2021/12/Part-2.-Private-and-the-PANTS-rule-Activity-plan-June-2020.pdf>

When I have a question or worry

<https://rshp.scot/wp-content/uploads/2019/08/Part-2.-When-I-have-a-question-or-worry.pdf>

Feeling safe

<https://rshp.scot/wp-content/uploads/2022/06/Part-2.-Feeling-Safe-Activity-plan.pdf>

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Continued

UNCRC link 'Rights Respecting Schools'

Article 12 – You have the right to an opinion and for it to be listened to and taken seriously.

Article 13 – You have the right to find out things and say what you think, through making art, speaking and writing, unless it breaks the rights of others.

Article 19 – You have the right to be protected from being hurt or treated badly.

Article 24 – You have a right to the best health possible and to medical care and to information that will help you to stay well.

Article 27 – You have the right to a good enough standard of living. This means you should have food, clothes and a place to live.

Article 34 – You have the right to be protected from sexual abuse.

Article 36 – You have the right to protection from any other kind of exploitation.

Article 37 – You have the right not to be punished in a cruel or hurtful way.

Article 39 – You have the right to help if you have been hurt, neglected, or badly treated.