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| **Mon Meat Free** | **Tues** | **Wed** | **Thurs** | **Fri WK1** |
| Macaroni  Garlic Bread & Veg | Sausage  Casserol , Potatoes & Veg | Chicken Curry & Rice & Veg | Steak Pie & Roast Pots & veg | Fish & Chips & veg |
| or | or | or | or | or |
| Seasonal Veg Soup & Sandwich (Meat Free) | Lentil Soup & Sandwich | Baked Potato with Cheese | Lentil Soup & Sandwich | Chicken & Rice soup & Sandwich |
| Baked potato & cheese | Pasta & Cheese | Tomato soup & sandwich | Pasta & cheese | Baked potato & cheese |
| Yoghurt & Fruit or Fruit | Shortbread & Fruit or Fruit | Iced Sponge & Fruit or Fruit | Ice Cream & Fruit or Fruit | Jelly & Fruit or Fruit |

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| **Mon Meat Free** | | **Tues** | | | **Wed** | | | **Thurs** | | | | **Fri WK2** | |
| French Bread Pizza  Wedges & veg | | Spag Bolognese & veg | | | Sweet & Sour Chicken & Rice | | | Roast Ham Yorkshire Pud Mashed Pots  Gravy & veg | | | | Fish Fingers & Chips & veg | |
| or | | or | | | or | | | or | | | | or | |
| Cauliflower Cheese, Wedges | | Cheese Salad | | | Lentil Soup & Sandwich | | | Leek & Potato Soup & Sandwich | | | | Baked Potato -cheese/ | |
| Tomato soup & sandwich | | Vegetable soup & sandwich | | | Pasta & cheese | | | Pasta & cheese | | | | Leek 7 potato soup & sandwich | |
| Angel Delight & Fruit or Fruit | | Chocolate Crispy & Fruit or Fruit | | | Ice Cream & Fruit or Fruit | | | Seasonal Fruit Salad or Fruit | | | | Yoghurt or Crackers & Cheese with Fruit or Fruit | |
| **Mon Meat Free** | | | **Tues** | | | **Wed** | | | **Thurs** | | **Fri WK 3** | | | |
| Macaroni  Garlic Bread & veg | | | Chicken  Bolognese & veg | | | Sausages & wedges & veg | | | Roast Chicken Mashed Potatoes Gravy | | Fish & Chips | | | |
| or | | | or | | | or | | | or | | or | | | |
| Lentil Soup Sandwich (MF) | | | Baked Potato with filling | | | Cheese and  Carrot Salad | | | Mackerel OR Salmon Goujons Mashed Potatoes | | Chicken Noodle Soup & Sandwich | | | |
| Baked potato & cheese | | | Lentil soup & sandwich | | | Vegetable soup & sandwich | | | Tomato soup | | Baked potato & cheese | | | |
| Cupcake & Fruit or Fruit | | | Crackers, Cheese & Fruit or Fruit | | | Sticky Toffee, Custard and Fruit or Fruit | | | Frozen Yoghurt & Fruit or Fruit | | Yoghurt or Jelly & Fruit or Fruit | | | |
| **Mon Meat Free** | **Tues** | | | **Wed** | | | **Thurs** | | | **Fri WK4** | | |
| Tomato Pasta  Garlic Bread | Chicken Burger on Roll | | | Mince & Mashed Potatoes | | | Roast Chicken Yorkshire Pud Roast Potatoes  Gravy | | | Sausages & Chips  & veg | | |
| or | or | | | or | | | or | | | or | | |
| Lentil Soup Sandwich M/F | Pasta & cheese | | | Vegetable Soup & Sandwich | | | Tomato Soup Sandwich | | | Baked Potato & Filling | | |
| Baked potato & cheese | Lentil soup & sandwich | | | Pasta & cheese | | | Sweetcorn Peas | | | Leek & potato soup & sandwich | | |
| Frozen Yoghurt & Fruit or Fruit | Oat Biscuit with Fruit or Fruit | | | Crackers, Cheese & Fruit or Fruit | | | Ice Cream & Fruit or Fruit | | | Yoghurt with Fruit or Fruit | | |

Fruit—40g portion

Free Bread & Salad available daily