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| **Mon Meat Free** | **Tues** | **Wed** | **Thurs** | **Fri WK1** |
| MacaroniGarlic Bread & Veg | Sausage Casserol , Potatoes & Veg | Chicken Curry & Rice & Veg | Steak Pie & Roast Pots & veg | Fish & Chips & veg |
| or | or | or | or | or |
| Seasonal Veg Soup & Sandwich (Meat Free) | Lentil Soup & Sandwich  | Baked Potato with Cheese | Lentil Soup & Sandwich  | Chicken & Rice soup & Sandwich |
| Baked potato & cheese | Pasta & Cheese | Tomato soup & sandwich | Pasta & cheese | Baked potato & cheese |
| Yoghurt & Fruit or Fruit | Shortbread & Fruit or Fruit | Iced Sponge & Fruit or Fruit | Ice Cream & Fruit or Fruit  | Jelly & Fruit or Fruit |

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| **Mon Meat Free** | **Tues** | **Wed** | **Thurs** | **Fri WK2** |
|  French Bread Pizza Wedges & veg | Spag Bolognese & veg  | Sweet & Sour Chicken & Rice | Roast Ham Yorkshire Pud Mashed Pots Gravy & veg | Fish Fingers & Chips & veg |
| or | or | or | or | or |
| Cauliflower Cheese, Wedges  | Cheese Salad | Lentil Soup & Sandwich | Leek & Potato Soup & Sandwich  | Baked Potato -cheese/ |
| Tomato soup & sandwich | Vegetable soup & sandwich | Pasta & cheese | Pasta & cheese | Leek 7 potato soup & sandwich |
| Angel Delight & Fruit or Fruit | Chocolate Crispy & Fruit or Fruit | Ice Cream & Fruit or Fruit | Seasonal Fruit Salad or Fruit | Yoghurt or Crackers & Cheese with Fruit or Fruit |
| **Mon Meat Free** | **Tues** | **Wed** | **Thurs** | **Fri WK 3** |
| MacaroniGarlic Bread & veg | Chicken Bolognese & veg | Sausages & wedges & veg | Roast Chicken Mashed Potatoes Gravy | Fish & Chips  |
| or | or | or | or | or |
| Lentil Soup Sandwich (MF) | Baked Potato with filling | Cheese and Carrot Salad | Mackerel OR Salmon Goujons Mashed Potatoes  | Chicken Noodle Soup & Sandwich |
| Baked potato & cheese | Lentil soup & sandwich | Vegetable soup & sandwich | Tomato soup | Baked potato & cheese |
| Cupcake & Fruit or Fruit | Crackers, Cheese & Fruit or Fruit | Sticky Toffee, Custard and Fruit or Fruit | Frozen Yoghurt & Fruit or Fruit | Yoghurt or Jelly & Fruit or Fruit |
| **Mon Meat Free** | **Tues** | **Wed** | **Thurs** | **Fri WK4** |
| Tomato PastaGarlic Bread | Chicken Burger on Roll  | Mince & Mashed Potatoes | Roast Chicken Yorkshire Pud Roast Potatoes Gravy  | Sausages & Chips& veg |
| or | or | or | or | or |
| Lentil Soup Sandwich M/F | Pasta & cheese | Vegetable Soup & Sandwich | Tomato Soup Sandwich | Baked Potato & Filling  |
| Baked potato & cheese  | Lentil soup & sandwich | Pasta & cheese | Sweetcorn Peas | Leek & potato soup & sandwich  |
| Frozen Yoghurt & Fruit or Fruit | Oat Biscuit with Fruit or Fruit | Crackers, Cheese & Fruit or Fruit | Ice Cream & Fruit or Fruit | Yoghurt with Fruit or Fruit |

Fruit—40g portion

Free Bread & Salad available daily