

# Primary—Two Choice Menu June 2021

Fruit—40g portion

1

Mon <small>Meat Free</small>	Tues	Wed	Thurs	Fri
Macaroni Garlic Bread	Sausage Casserole & Mashed Pots	Chicken Curry & Rice	Steak Pie & Mashed Pots	Fish & Chips
or	or	or	or	or
Seasonal Veg Soup & Sandwich (Meat Free)	Baked Potato with Cheese/ Tuna/Beans	Lentil Soup & Sandwich	Carrot & Coriander Soup & Sandwich	Cheese & Tomato Quiche Chips
Beans Sweetcorn	Peas	Green Beans Sweetcorn	Broccoli	Coleslaw Seasonal Mixed Salad
Yoghurt & <b>Fruit</b> or Fruit	Shortbread & <b>Fruit</b> or Fruit	Iced Sponge & <b>Fruit</b> or Fruit	Ice Cream & <b>Fruit</b> or Fruit	Jelly & <b>Fruit</b> or Fruit

3

Mon <small>Meat Free</small>	Tues	Wed	Thurs	Fri
Macaroni Garlic Bread	Cajun Chicken & Rice	Sausages & wedges	Roast Chicken Mashed Potatoes Gravy	Fish & Chips
Or	Or	Or	Or	Or
Lentil Soup Sandwich (MF)	Baked Potato with filling	Cheese and Carrot Salad	Mackerel OR Salmon Goujons Mashed Potatoes	Carrot & Coriander Soup & Sandwich
Beans Seasonal Salad	Broccoli Seasonal Salad	Beans Sweetcorn	Carrots Cauliflower	Peas Seasonal Salad
Cupcake & <b>Fruit</b> or Fruit	Sticky Toffee, Custard and <b>Fruit</b> or Fruit	Crackers, Cheese & <b>Fruit</b> or Fruit	Frozen Yoghurt & <b>Fruit</b> or Fruit	Yoghurt or Jelly & <b>Fruit</b> or Fruit

2

Mon <small>Meat Free</small>	Tues	Wed	Thurs	Fri
French Bread Pizza Wedges	Spag Bolognese	Chicken Pie Roast Potatoes	Roast Beef Yorkshire Pud Mashed Pots	Fish Fingers & Chips
or	or	or	or	or
Cauliflower Cheese, Wedges, Green Beans	Cheese Salad	Lentil Soup & Sandwich	Leek & Potato Soup & Sandwich	Baked Potato & Filling -cheese/ tuna, beans
Carrot Sticks Green Beans Spaghetti Hoops	Seasonal Mixed Salad	Peas Sweetcorn	Carrots Cabbage	Peas Beans
Angel Delight & <b>Fruit</b> or Fruit	Chocolate Crispy & <b>Fruit</b> or Fruit	Ice Cream & <b>Fruit</b> or Fruit	Seasonal Fruit Salad or Fruit	Yoghurt or Crackers & Cheese with <b>Fruit</b> or Fruit

4

Mon <small>Meat Free</small>	Tues	Wed	Thurs	Fri
Cheese & Potato Pie	Chicken or Veg Burger on Roll	Mince & Mashed Potatoes	Chicken Fajitas with wrap	Sausages & Chips
or	Or	Or	Or	Or
Lentil Soup Sandwich M/F	Cheesy Pasta	Vegetable Soup & Sandwich	Tomato Soup Sandwich	Baked Potato & Filling
Broccoli	Seasonal Salad Beans	Green Beans	Sweetcorn Peas	Spaghetti Hoops Mixed Seasonal Veg
Frozen Yoghurt & <b>Fruit</b> or Fruit	Oat Biscuit with <b>Fruit</b> or Fruit	Crackers, Cheese with <b>Fruit</b> or Fruit	Ice Cream & <b>Fruit</b> or Fruit	Yoghurt with <b>Fruit</b> or Fruit