

Breasclete Menu — Jan 2019

1

Mon	Tues	Wed	Thurs	Fri
Sausage Casserole	Mince	French Bread Pizza	Roast Chicken & Gravy	Breaded Haddock
Green Beans Cauliflower Mashed Potato	Mixed Veg Broccoli Potatoes/Pasta	Raw Carrot Sweetcorn Potato Wedges	Carrots Broccoli Roast Potatoes	Peas Beans Chips
Or	Or	Or	Or	Or
Lentil soup & Filled Baguette	Vegetable Soup & Filled Roll	Chicken Noodle Soup & Sandwich	Lentil Soup & Filled Wrap	Leek & Potato Soup & Sandwich
Or	Or	Or	Or	Or
Jacket Potato & Tuna Green Beans Cauliflower	Smoked Mackerel Mixed Veg Broccoli Potatoes	Baked potato & Beans Sweetcorn Raw Carrot	Pasta Bake Carrots Broccoli	Cheese & Potato Swirls Peas Beans
Shortbread	Iced Sponge & Custard	Sugar Free Jelly	Ice Cream & Fruit	Rice Pudding & Fruit

3

Mon	Tues	Wed	Thurs	Fri
French Bread Pizza	Steak Pie	Breaded Haddock	Breaded Chicken Goujons	Turkey Burger Roll
Peas Beans Wedges	Mixed Veg Broccoli Mashed Potato	Peas Salad Chips	Raw Carrot Tomato Wedges	Beans Salad
Or	Or	Or	Or	Or
Lentil Soup & Filled Wrap	Leek & Potato Soup & Filled Roll	Vegetable Soup & Sandwich	Lentil Soup & Filled Baguette	Carrot & Corriander Soup & Sandwich
Or	Or	Or	Or	Or
Jacket Potato & Tuna Mayo	Cauliflower Cheese Mixed Veg	Cheese & Potato Swirls Salad Peas	Jacket Potato & Cheese Raw Carrot Tomato	Macaroni Beans Salad Bread Roll
Frozen Yoghurt	Sugar Free Jelly & Fruit	Muffins	Caramel Tart & Custard	Crackers & Cheese

2

Mon	Tues	Wed	Thurs	Fri
Macaroni Cheese	Chicken Curry	Pasta Bolognese	Sausages Black Pudding	Fish Fingers
Beans Tomatoes Bread Roll	Green Beans Salad Rice	Sweetcorn Broccoli Garlic Bread	Tomato Beans Mashed Potatoes	Peas Beans Chips
Or	Or	Or	Or	Or
Lentil Soup & Filled Baguette	Vegetable Soup & Filled Roll	Chicken & Rice Soup & Filled Wrap	Lentil Soup & Sandwich	Leek & Potato Soup & Filled Sandwich
Or	Or	Or	Or	Or
Smoked Mackerel, Mixed Veg Potatoes	Jacket Potato & Cheese	Cheese Pasta Sweetcorn Broccoli	Jacket Potato & Tuna Mayo	Jacket Potato & Cheese Peas Beans
Frozen Yoghurt	Chocolate Sponge & Custard	Fruit Yoghurt	Cup Cakes	Fresh Fruit Salad

4

Mon	Tues	Wed	Thurs	Fri
Fish Fingers	Chicken Curry	Mince & Pasta	Roast Beef	Sausages on a Roll
Beans Green Beans Chips	Sweetcorn Mixed Veg Rice	Broccoli Swede	Yorkshire Pudding Cauliflower Roast Potatoes	Green Beans Salad
Or	Or	Or	Or	Or
Lentil Soup & Filled Wrap	Vegetable Soup & Filled Roll	Leek & Potato Soup & Filled Baguette	Lentil Soup & Filled Sandwich	Lentil & Tomato Soup & Sandwich
Or	Or	Or	Or	Or
Jacket Potato & Beans Green Beans	Savoury Rice Mixed Veg Sweetcorn	Cheese Pasta Broccoli Swede	Smoked Mackerel Diced Veg Cauliflower Boiled Potatoes	Jacket Potato & Tuna Mayo
Apple Sponge & Custard	Ice Cream & Fruit	Crackers & Cheese	Brownies	Frozen Yoghurt