

Sports Development Primary 3, 4 & 5 Multi/Ball Sports Tuesdays 4:00pm – 5:00pm

Sessions will take place on Tuesday after school and are open to both boys and girls to assist, improve and develop co-ordination, movement skills and enhance physical fitness in a fun and safe environment.

PARTICIPANTS CAN BOOK ON THIS SESSION OR THURSDAYS

The sessions will be taken by qualified Sports Coaches.

Activity	Age Group	Time	Max Numbers
Multi/Ball Sports	Primary 3, 4 & 5	4:00pm – 5:00pm	24
Venue	Dates		Cost
Nicolson Institute Gym <u>Meet in the Sports Centre</u>	14 th , 21 st & 28 th November 5 th , 12 th & 19 th December		£21.00 for 6 weeks £10.50 for Slainte Mhath Members

Places will be booked on a ‘first come-first served’ basis.

Please note that each adult can book a maximum of 2 places.

PLACES MUST BE BOOKED IN ADVANCE – NO TELEPHONE BOOKINGS

NO BOOKINGS TO BE TAKEN BEFORE 4:00PM 31ST OCTOBER

Please complete the attached booking form with the correct fee and return to Ionad Spòrs Leòdhais,
Springfield Road Stornoway, Isle of Lewis, HS1 2PZ.

Bookings cannot be taken over the telephone and places will be booked on a ‘first come-first served’ basis.

For further information contact Ionad Spòrs Leòdhais on 822800.

Participants should bring a drink and suitable clothing and footwear for indoor sports.

Please retain the above section

SPORTS DEVELOPMENT MULTI/BALL SPORTS – Tuesday 4:00pm – 5:00pm

Name: _____ **D.O.B:** _____ **AGE:** _____

Address: _____ **School:** _____

_____ **Class:** _____

_____ **Email:** _____

Postcode: _____ **Medical Info:** _____

Name of Parent/Guardian: _____ **Signature:** _____

Contact No (H) _____ **(W)** _____ **(M)** _____

Completed Forms should be returned to:
Ionad Spòrs Leòdhais, Springfield Road, Stornoway, Isle of Lewis, HS1 2PZ
Cheques should be made payable to ‘CNES’

<i>FOR OFFICE USE ONLY</i>		
Date Received	Staff Signature	Paid

Data Protection

We wish to register the personal details you have provided on our database. This will be used to send out future information regarding sporting events. If you do not wish this to take place please tick here .