

St. Ninian's High School

S6 Service 2017-18



S6 Service Programme

There is a long and strong tradition of Service at St Ninian's High School, stemming from our belief that we are called by Christ to serve others. As part of your journey here at St Ninian's, you will be provided with a myriad of opportunities to reach out to and make a difference to the lives of others.

Benefits

The S6 Service Programme will enable you to:

- Reflect upon your vocation and reach out in love to others
- Develop your leadership, teamwork and communication skills
- Act as excellent role models to younger pupils
- Become ambassadors for St Ninian's in the local community

A Tradition of Service

*Whoever wants to become great among you must be your servant, and whoever wants to be first must be slave of all. For even the Son of Man did not come to be served, but to serve, and to give his life as a ransom for many. **Mark 10:43-45***

Our Christian faith, upon which this school is based, enjoins us to love our neighbour as ourselves. This can be a challenge and yet, it is only by loving others in a selfless manner that we will find fulfilment in this life.

At the end of life we will not be judged by how many diplomas we have received, how much money we have made, how many great things we have done. We will be judged by 'I was hungry, and you gave me something to eat, I was naked and you clothed me. I was homeless, and you took me in.'

Mother Teresa



Scripture reminds us that although we are all called to love, we are called to do so in different ways, in keeping with our skills and talents.

*For just as each of us has one body with many members, and these members do not all have the same function, so in Christ we, though many, form one body, and each member belongs to all the others. **Romans 12:4-5***

There are various projects that you can become involved in which will allow you to work with staff, pupils and members of the local community. Please read this booklet carefully and consider, to which projects you would like to give of your time, energy and commitment?

If you are unsure about which project to volunteer for then speak with your Pastoral Support teacher or the staff member named as responsible for the project you are interested in.

Your Future Plans

Consider how the project could assist you with your academic studies or career aspirations? For example, aspiring teachers may wish to carry out placements in schools; potential nurses may want to work in a care home.

How you might use your talents for the good of younger students? For example, skilled artists might devote time to assisting in the art department; outgoing students might want to reach out to an S1 pupil as a buddy.

We try hard to match requests with the available placements and source new placements to fulfil requests as far as possible, but some may be disappointed in the first instance. In the past this has led to some pupils discovering a new area of interest—the key seems to be to throw yourself into whatever you are doing!

God calls all the souls he has created to love him with their whole being, here and thereafter, which means that he calls all of them to holiness, to perfection, to a close following of him and obedience to his will. But he does not ask all souls to show their love by the same works, to climb to heaven by the same ladder, to achieve goodness in the same way. What sort of work, then, must I do? Which is my road to heaven? In what kind of life am I to sanctify myself?

Blessed Charles de Foucauld



S6 Service Standards and Expectations

Remember you are an ambassador for St Ninian's High School. Your conduct should reflect our values and expectations at all times.

Commitment

It is of the utmost importance that you remain committed to your chosen project for its duration. People will be reliant upon you and put their trust in you and so it is important that you do not let them down.

You will volunteer for these projects and so you will be expected to show enthusiasm, maturity and dedication.

Attendance and Timekeeping

You will be provided with an attendance form which we would ask you to have signed each time you are at your placement. This will be checked regularly by your Pastoral Support Teacher. This will also enable the placement to provide feedback about your contributions.

Any absences must be reported to the member of staff in charge at least **24 hours in advance of the absence**— many local organisations rely on our help and it is vital that we give them notice and time to make any necessary changes.

Unauthorised absences can result in the loss of placement.

Be on time for your placements and projects—this is a common courtesy and also has implications for the organisations we work with.

Attire

Ensure that you are dressed appropriately — unless otherwise advised this will be in your full School Uniform.



Pupil Experience

Working with the children has helped me gain an insight into the range of support young people who have complex needs must have. It also helped me during interviews as I had experience to reflect on.

Community Placement – Isobel Mair

On my community placement in the care home I could see that some of the elderly people were lonely and I loved seeing how animated that would get when they would have a conversation with me.

Community Placement – Care Home for Elderly

With tutoring , I have enjoyed seeing the benefits for the pupil; it shows that I am having a positive impact on others and helping them in a beneficial way.

Individual tutor - Chemistry

Building relationships with the pupils in the lower school and being able to aid and guide them through the knowledge I have learned throughout my time at school.

Buddy

Connecting with and helping students in the lower school and having the opportunity to help them develop their reading skills. The pupil had a wider range of vocabulary now from the paired reading as he never used to read before.

Paired Reading

Over the next few pages there are descriptions of the various community placements and school based projects along with the person responsible for organising them. You should contact the teachers responsible for each project as soon as possible.

Volunteering Skills SCQF Level 3

If you take part in the S6 Service programme you will have the opportunity to gain an SCQF SQA award in Volunteering Skills. This award involves you completing a log book before, during and after your volunteering experience. The log book will be signed off by the organisation you are volunteering for throughout the volunteering process. You will then be verified by your pastoral teacher who will decide if you have enough evidence to pass the qualification.

This qualification is designed to recognise and award those who take part in volunteering. Our focus is to target those who are giving back to the school and engaging in the S6 Service programme.

Why is this award beneficial?

- Improves employability
- Improves awareness of citizenship
- Increases core skills
- Strengthens CV
- Develops personal and social skills
- Boosts self-confidence and self-esteem
- Develops team work skills
- Builds relationships
- Improves problem solving skills

How will it help you?

This award can help enhance a candidate's employability and can act as a stepping stone into future employment or a more formal stepping stone into further education. The programme will facilitate the development of different skills that will be transferable in other areas of your study as well as skills that you will be able to take on to higher education, further education and employment.

Community Placements

Contact for all Community Placements: Miss Milne, Pastoral Support Teacher

Duration: All year; all placements are weekly

Primary Placements

Visit a local primary school and assist the class teacher with a range of activities, from helping solve maths problems to sharing your musical talents. This would be a great choice for those interested in working with children or teaching.

Nursery Placements

Visit a local nursery and assist staff in a variety of ways. Previous placements have involved pupils assisting with anything from arts and crafts to story time. This would be a great choice for those interested in working with children or teaching.

Isobel Mair

Isobel Mair school provides specialist provision for pupils who have additional support needs. This would be a great choice for those interested in working with children or teaching.

Care Home – Eastwood Residential

This placement involves socialising with the residents of the home, participating in activities and assisting staff with basic tasks such as serving tea/coffee. It is a fantastic opportunity for those who enjoy spending time with others and in particular, those who wish to pursue a career as a healthcare professional.

Age Concern Dementia Centre

Situated within Eastwood Park, this centre offers day care to older people with dementia. You would assist with activities and spend time with the persons with dementia. It is a fantastic opportunity for those who enjoy spending time with others and in particular, those who wish to pursue a career as a healthcare professional.

Woodfarm Day Centre

Woodfarm Pavilion has a day centre organised by Age Concern. Your role would be to participate and assist with activities, from cards and dominoes to quizzes and board games.

Yoga Class

Located within the Eastwood Theatre building, this class is for people with MS or those who have suffered a stroke. You would be expected to assist these people with a range of exercises as well as spend time socialising and distributing tea/coffee. It is a fantastic opportunity for those who enjoy spending time with others and in particular, those who wish to pursue a career as a healthcare professional.

Arranging your own Placement

If you wish to pursue your own placement then you are encouraged to do so. If it is during the school day then it must be arranged **during your study periods**. It is important that you give the details of any such placements to Miss Milne.



AGE
Concern



Support for Pupils

Class Tutors

Contact: Principal Teachers of Subject Departments

Duration: All year

Description: Why not consider assisting within a department that you have enjoyed learning in throughout your time in St Ninian's. Give something back to the department and younger pupils by sharing your enthusiasm with a class and working with groups of pupils. You should approach the Principal Teacher in order to arrange a suitable time to carry out this work.

PSHE Mentor

Contact: Your Pastoral Support Teacher

Duration: All year

Description: This excellent leadership opportunity will allow you to work with a PSHE class and your pastoral support teacher every week. You will contribute to class discussions from a senior perspective, assist with group discussions and even give small presentations at key points throughout the year.

Individual Tutoring

Contact: Your Pastoral Support Teacher

Duration: As necessary

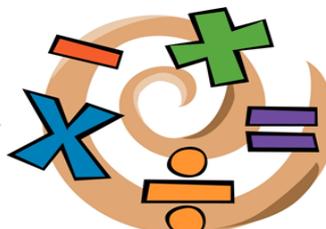
Description: Is there a subject that you have a particular flair for? Are you confident at sharing your knowledge with others? Then let your pastoral support teacher know and they will pair you up with a younger pupil who needs a little help in a specific subject area.

Buddy Programme

Contact: Your Pastoral Support Teacher; Training delivered by Miss Milne, Pastoral Support Teacher

Duration: All year

Description: Some pupils can be quite anxious about the transition from primary to secondary. Other pupils have difficulty making friends and socialising. These pupils benefit immensely from having an S6 pupil who is there to talk to them, be a friendly face and act as an excellent role model. If you think that you would enjoy this opportunity then please inform your pastoral support teacher who will pair you with a younger pupil.



Paired Reading

Contact: Principal Teacher of English (Mrs Lafferty)

Description: Sit with pupils in S1 one period a week and go through a set text with them. The pupil will read to you and you will assist with their pronunciation and understanding of the text.

Pupil Learning Centre

Contact: Mrs Merrigan

Duration: All year

Description: There is the opportunity for you to assist younger pupils in the Pupil Learning Centre. Volunteer for a period or so a week and use the skills and knowledge you have gained during your time at St Ninian's to help others.

Homework Club

Contact: Miss Cox, Support for Learning

Duration: All year

Description: This group takes place at lunchtime on a Tuesday in the English department and allows younger pupils to seek advice and support with their homework. If you can devote one of your lunch breaks to this group that would be very much appreciated.

Lunchtime Club

Contact: Head Team

Duration: All year

Description: There is also a general lunchtime club that you can help out at that meets every day in the English department. This is a safe and friendly environment for pupils to come along, meet new friends and eat their lunch. If you can devote one of your lunch breaks to this group that would be very much appreciated.

Library

Contact: Mrs Baird, Librarian

Duration: All year

Description: If you are a keen reader and would like to assist Mrs Baird in the library then you can do so during one of your study periods or at lunchtime.



Clubs and Groups

Life Group

Contact: Mrs McCrea

Duration: All year

Description: The Life Group meets every Friday, in R.E. 3, at 12.40. The group raises funds to help support pregnant women in difficult circumstances. They also donate money to children's hospices and other children's charities. If you would like to lead such fundraising activities and support the pro-life cause then this is the group for you!

Helping Hands

Contact: Miss McLuskey, Biology Department

Duration: All year

Description: The Helping Hands group meet every Monday, in ICT 10, at 12.30. The group fundraises through activities such as the fun run in order to support a whole range of charitable causes.

Worship Group

Contact: Mr Docherty, Religious Education Department

Duration: All year

Description: The Worship Group meets every Thursday, after school, in the oratory. It is an opportunity to spend time with others, in prayer and to discuss your faith. S6 pupils are very much encouraged to come along and take a leading role. Those who play a musical instrument are encouraged to come along and use their talent to lead the group in hymns.

Chess Club

Contact: Mrs McIlwham, Pupil Support Assistant; Mr Newbury, Physics Department

Duration: All year

Description: This group meets on a Monday after school, 3.30-4.30, in Maths Room 1 and also on a Wednesday at lunch in Maths Room 1. As well as learning a new skill and helping younger pupils do so too, you will also be able to assist pupils with any homework issues they may have and act as a great role model.

Film Club

Contact: Mrs Robison, Maths Department

Duration: All year

Description: The film club meet every Wednesday after school from 2.40-4.40. If you would like to get involved and act as a mentor to the younger members of this group then please let the contact teacher know you are interested.

Extra-Curricular Sports

Contact for above opportunities: Mr Capuano, Physical Education Department

Duration: All Year

Description of above opportunities: If you are interested in a particular sport you could become an assistant coach for younger pupils team/activity for example football, netball, gymnastics, dance, basketball, hockey.

School Sports Camps

Contact for above opportunities: Mr Fuchs, Year Head

Duration: See dates below

Description of above opportunities: Recreational multi-sports camps for Primary 1 to Secondary 1 pupils. You will gain experience of working with children and adults and be given practical leadership opportunities that will develop communication skills, teamwork and confidence. No experience of sport is necessary!

Every Saturday (term time)

9:30am to 12pm

Summer Sports Camps 2017

Week 1 – Monday 31 July to Friday 4 August 2017

Week 2 – Monday 7 August to Friday 7 August 2017

October Sports Camps 2017

Monday 16 October - Friday 20 October 2017

Easter Sports Camps 2018

Week 1 - Tuesday 3 April - Friday 7 April 2018

Week 2 - Monday 9 April - Friday 14 April 2018



Faith Life

There are many opportunities for you to get involved in the faith life of the school. For those pupils who volunteer in these activities, there will be several **Catholic Leadership** meetings over the course of the year. These will provide you with opportunities for spiritual reflection and to discuss more practical matters. It is expected that those who undertake any of the faith roles in the school attend these leadership meetings.

Eucharistic Ministers

Contact: Mr Bradshaw, Religious Education Department

Duration: All year

Description: If you wish to undertake this very special role within our school community then you must collect a form from Mr Bradshaw that needs to be completed by your parish priest and returned by the end of term. There will be a commissioning service for all new Eucharistic Ministers. Father Jim will also provide training.

Liturgical Services & Retreats

Contact: Mr Bradshaw, Religious Education Department

Duration: All year

Description: During your time at St Ninian's you have participated in many liturgical services during PSHE and taken part in retreats. You now have the chance help lead those services and retreats alongside R.E. and Pastoral staff.

Caritas Award

Contact: Mrs Ward, Geography Department

Duration: All year

Description: The Caritas award was established by the Bishops of Scotland to encourage and promote the ongoing faith journey of young people. To receive the Caritas medal you will, over the course of the year, take place in reflections as a small group, submit a piece of work about your faith learning as well as undertake 20 hours of work in school and 20 hours in your parish.



Readers

Contact: Mr Bradshaw, Religious Education Department

Duration: All year

Description: As you will know, Mass is celebrated on Tuesday, Thursday and Friday mornings at 8.25am in the school oratory. If you would like to volunteer to read at Mass please put yourself forward for this wonderful act of service.

Lourdes

Contact: Mr Bradshaw, Religious Education Department

Duration: All year

Description: For those of you participating in the Lourdes trip in 2017, there will be regular **Catholic Leadership** meetings to help prepare you. As part of this opportunity you will be expected to share your experiences with other pupils during assemblies and class time.

Lasallian

Contact: Mr Fuchs, Year Head

Duration: All year

Description: For those of you undertaking a Lasallian Developing World Project in 2018, there will be regular **Catholic Leadership** meetings to help prepare you. As part of this opportunity you will be expected to share your experiences with other pupils during assemblies and class time.



Leadership

Prefects

Contact: Mr Fuchs, Year Head

Duration: All year

Description: Prefects play an important role in the school; from acting as role models to younger pupils to assisting with lunchtime supervision and school discos. If you are interested in becoming a prefect then pass on your name to Mr Macdonald.

Head Team

Contact: Mr Fuchs, Year Head

Duration: All year

Description: If you are interested in running for the head team (head girl/ head boy/ depute head girl/depute head boy) then contact Mr Fuchs. This role will require you to represent the school at a variety of events, speak at assemblies and act as an excellent role model to other pupils.

Health and Wellbeing Group

Contact: Miss Milne, Pastoral Support

Duration: All year

Description: This group meets regularly to discuss health and well-being priorities within the school as well as lead events, such as no-smoking day, and present important issues at assemblies and information evenings. This group will also have responsibility for promoting Fair Trade values and selling Fair Trade products. For those ethical entrepreneurs out there, this is the group for you!

Recognising Achievement

Contact: Miss Howard, Art Department

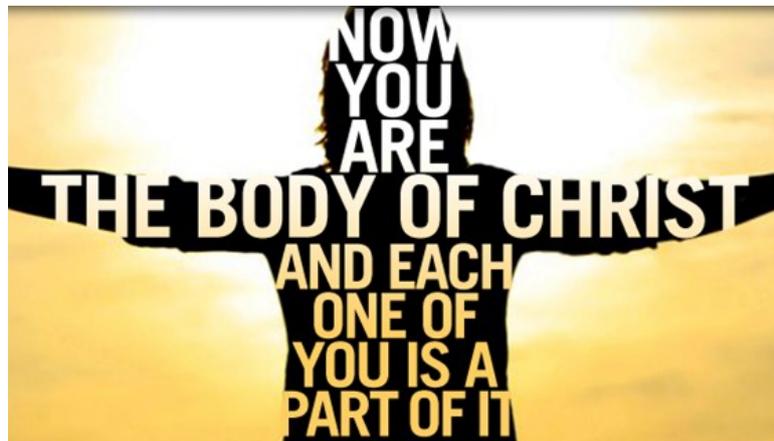
Duration: All Year

Description: By way of recognising these contributions there is the opportunity to receive a Saltire Award. This is a nationally recognised award for volunteering. By volunteering for one or more of these projects you will develop a range of skills and make a difference to the lives of others. To receive this award you must complete the Registration Form and submit it to Mrs Howard who will then provide you with a Timesheet.



God has created me to do Him some definite service. He has committed some work to me which He has not committed to another. I have my mission. I may never know it in this life, but I shall be told it in the next. I am a link in a chain, a bond of connection between persons. He has not created me for naught. I shall do good; I shall do His work. I shall be an angel of peace, a preacher of truth in my own place, while not intending it if I do but keep His commandments. Therefore, I will trust Him, whatever I am, I can never be thrown away. If I am in sickness, my sickness may serve Him, in perplexity, my perplexity may serve Him. If I am in sorrow, my sorrow may serve Him. He does nothing in vain. He knows what He is about. He may take away my friends. He may throw me among strangers. He may make me feel desolate, make my spirits sink, hide my future from me. Still, He knows what He is about.

Blessed John Henry Cardinal Newman





**'GO,
DO NOT BE AFRAID,
AND SERVE'**

**Pope Francis
World Youth Day 2013**



In Service of Others