

## SESSION 2021/22: NATIONAL 5 PLANNING DIARY

Week	Mon	Tue	Wed	Thu	Fri		Week	Mon	Tue	Wed	Thu	Fri		
20	Catch up	Catch up		Football/Hockey	HOL		24	<b>PRELIMS</b>						
27	HOL	2a & PPW		2b & c		1	31	Volleyball	Volleyball		Volleyball	IS 4	7	
Oct 04	2d	2e		Football/Hockey			Feb 07	HOL	HOL		WW Cross-Country	Notes Deadline		
11	HOL	HOL	HOL	HOL	HOL		14	<b>Section 3</b>						
18	IS 3	2f & g		Physical Approaches			21	<b>Write Up</b>						
25	Physical Approaches	Catch Up		Mental Approaches		2	28	<b>Portfolio Catch Up</b>					8	
Nov 01	Physical Approaches	2h		Mental Approaches			Mar 07	<b>Performance Preparation</b>						
08	Physical Monitoring	2i		Mental Monitoring			14	<b>Day 1</b>						
15	Practical Assessment	Catch Up		Practical Assessment	Notes Deadline		21	<b>Day 2</b>	<b>Day 3</b>	<b>Day 4</b>	<b>Day 5</b>	<b>Day 5</b>	9	
22	<b>Section 2 Write Up</b>						28	Catch Up	Catch Up		Catch Up			
29	<b>Section 2 Write Up</b>					3	Apr 04	HOL	HOL	HOL	HOL	HOL		
Dec 06	Volleyball	3a c		3b			11	HOL	HOL	HOL	HOL	HOL		
13	Volleyball	3d		3d Catch Up			18	HOL	<i>Transition Sports</i>					
20	Volleyball	Volleyball		HOL	HOL	4	25							
27	HOL	HOL	HOL	HOL	HOL		May 02	HOL			<b>IS 5</b>		Ath	
Jan 03	HOL	HOL		3e			09							
10	Volleyball	Volleyball		3f		5	16							
17	<b>PRELIMS</b>						23		<i>Sports Day 1</i>	<i>Sports Day 2</i>		HOL		
							30		<i>ER Athletics</i>		HOL	HOL		
							Jun 06	<i>New T/T</i>						
						6	13						SG	
							20							
							27			HOL	HOL	HOL		