

*How to make*  
**Thor's Hammer**  
& Armour



*from recycled junk*





# Things you will need:

## For the Hammer:

- ▶ An old box
- ▶ 1 kitchen roll/tube
- ▶ Silver foil or paper, or silver paint
- ▶ Scissors
- ▶ Glue & Tape

## For the Armlets:

- ▶ 2 kitchen rolls
- ▶ Silver foil
- ▶ Scissors & glue





## for the Hammer

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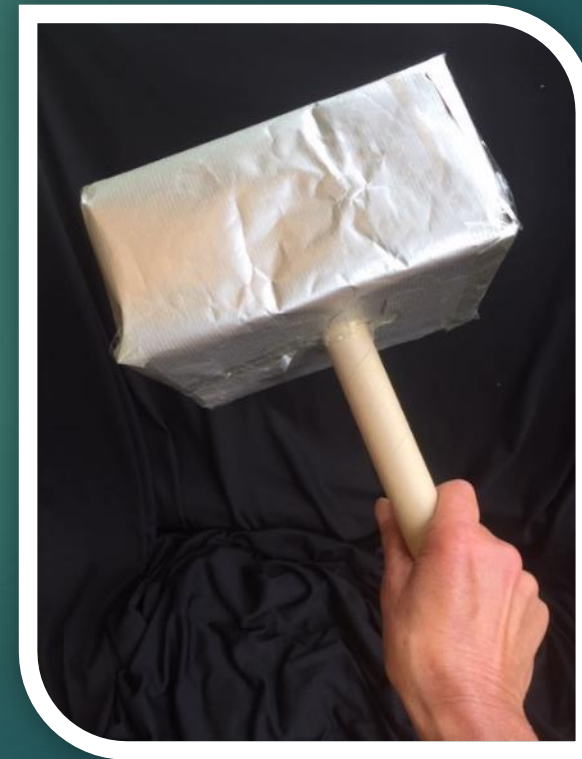
- ▶ Tape shut the lid/opening of the box.
- ▶ Draw round one end of the tube in the centre of the box and then cut or poke a hole there.
- ▶ Cut some silver paper or foil to a rough size.
- ▶ Spread glue all over the box



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- ▶ Fold or wrap the paper or foil around the box to cover it all.
  - ▶ If you are using kitchen foil it will easily fold round the shape and won't need much glue.
  - ▶ Alternatively, if you are using paint, just paint the whole box silver or grey and leave to dry.

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- ▶ You can use sellotape to seal up the corners if needed.
  - ▶ Once your box is fully covered you can poke through the hole with a pencil or scissor ends, then cut out the hole shape.

- ▶ Push the tube into the hole right to the bottom of the box.
- ▶ You can secure it with a little sellotape around the hole if needed.



for the  
**Armlets**

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- ▶ Measure the Kitchen rolls against your own lower arms
- ▶ Now cut them to the size that fits your arms.



- ▶ Draw a straight line with a ruler up each kitchen roll.
- ▶ Cut up the line with scissors.





- ▶ Cut a length of kitchen foil to roughly the same height as your tubes.
- ▶ Spread glue across the foil with a gluestick or with PVA glue and a brush.



- ▶ Roll each tube across the foil, wrapping it around the tube.
- ▶ Tuck the ends of the foil around all the cut edges to finish your armlets.





Now you are ready to be a Superhero!

