

Winter is coming



**We can
help.**

If you are worried about money and need some advice, call our Money Advice and Rights Team on **0141 577 8420** or email **mart@eastrenfrewshire.gov.uk**

If you need help with food or shopping you can find details of local support available by visiting **<https://wecareeastren.org.uk/>** or calling **0141 876 9555**

If you need help to stay warm, make best use of energy and save money on fuel bills, contact Home Energy Scotland on **0808 808 2282** or email **adviceteam@sc.homeenergyscotland.org**