



S1 ASSEMBLY

14 February 2019



School Prayer

Jesus, as a child you grew in learning and wisdom.
Bless Saint Ninian's High School,
a community of faith and love
where young people learn,
work and grow together.
Help us to make our school a place
where teachers are valued for their dedication;
where pupils are encouraged
to develop their talents
and where all
staff, young people and parents -
work together
in trust and friendship.
Live among us now and forever.

Amen





Our Faith



OUR FAITH



- Morning Mass
- Eucharistic Adoration and Rosary
- Venerable Margaret Sinclair Novena
- Tuesday, Thursday and Friday 8.25am
- Friday 12.20-1.00
- Monday 12.40

Family members are always welcome!

"The best, the surest and the most effective way of establishing everlasting peace on the face of the earth is through the great power of Perpetual Adoration of the Blessed Sacrament."

Blessed John Paul II





Our Health and Wellbeing



How to support someone be **MENTALLY HEALTHY**



LISTEN

Listen to what your friend is telling you. Take time to engage in the conversation.



COMMUNICATION

Don't be afraid to communicate. Limit the amount of questions that you ask and don't just talk about their mental health.



STAY IN TOUCH

Remain in contact. Stay in touch with your friend or family member. An email or text can go a long way



SUPPORT

Support and encourage your friend or family member. Be compassionate



AVOID CRITICISM

Don't criticise or be harsh. Take time to understand what it is your friend is going through



BE PATIENT

Understand that people will go through ups and downs



INFORMATION

If you know someone experiencing a mental health problem why not spend some time researching where to find help for them (E.g. Mind, Rethink)



BE CARING

Show them that you are there for them and that you care about them



ENCOURAGE

Gently encourage them to seek help from mental health professionals



I'M PROUD OF YOU

Tell them that you are proud of them for talking about their problem



Our Teaching and Learning





Our Successes and Achievements



Modern Languages Pupil of the Term

- Gaby Woods (1a1)
- Lewis Ritchie (1a5)
- Sally Bradley (1a2)
- Awais Muhammad (1a8)
- Madeline McNee (1a7)
- Lori McAllister (1a3)
- Mhairi Zing (1a6)
- Mia Wilson (1a10)
- Olivia Darroch (1a4)
- Leo Henderson (1a8)



Maths Pupil of the Month

- Meghan Burns (1a4)
- Ryan McBride (1a10)
- Alanna Connolly (1a6)
- Joseph Chrystal (1a8)
- Finlay Spooner (1a4)
- Krish Bhasin (1a10)
- Jessica Blackmore (1a5)
- Selina Martin (1a9)
- Kaidyn Bell-Drummond (1a1)
- Robbie McEwan (1a6)
- Kerr Campbell (1a8)



Physical Education Pupil of the Month

Stelli Coyne (1a1)

Hannah Boyle (1a2)

Jamie Pollock (1a3)

Olivia Darroch (1a4)

Anthony Igoe (1a5)

Martha McMahon (1a6)

Annabelle Nordmann (1a7)

Kerr Campbell (1a8)

Daisie Bowers (1a9)

Krish Bhasin (1a10)



Basketball

- Niamh McIntyre (1a5)
- Juliet Flanagan (1a10)
- Millie Robinson (1a10)
- Zara Williams (1a10)
- Saoirse Miller-Dunlop (1a10)
- Elle Dollin (1a10)
- Sarah Innes (1a2)



Sprechen Sie
Deutsch?

Come along
and learn
German

GERMAN CLUB



Every
Wednesday at
lunchtime
in ML 3

Speak to Miss Hope in
Modern Languages
for more information



Mandarin

- If you are considering taking Mandarin in S2 please wait at the end.

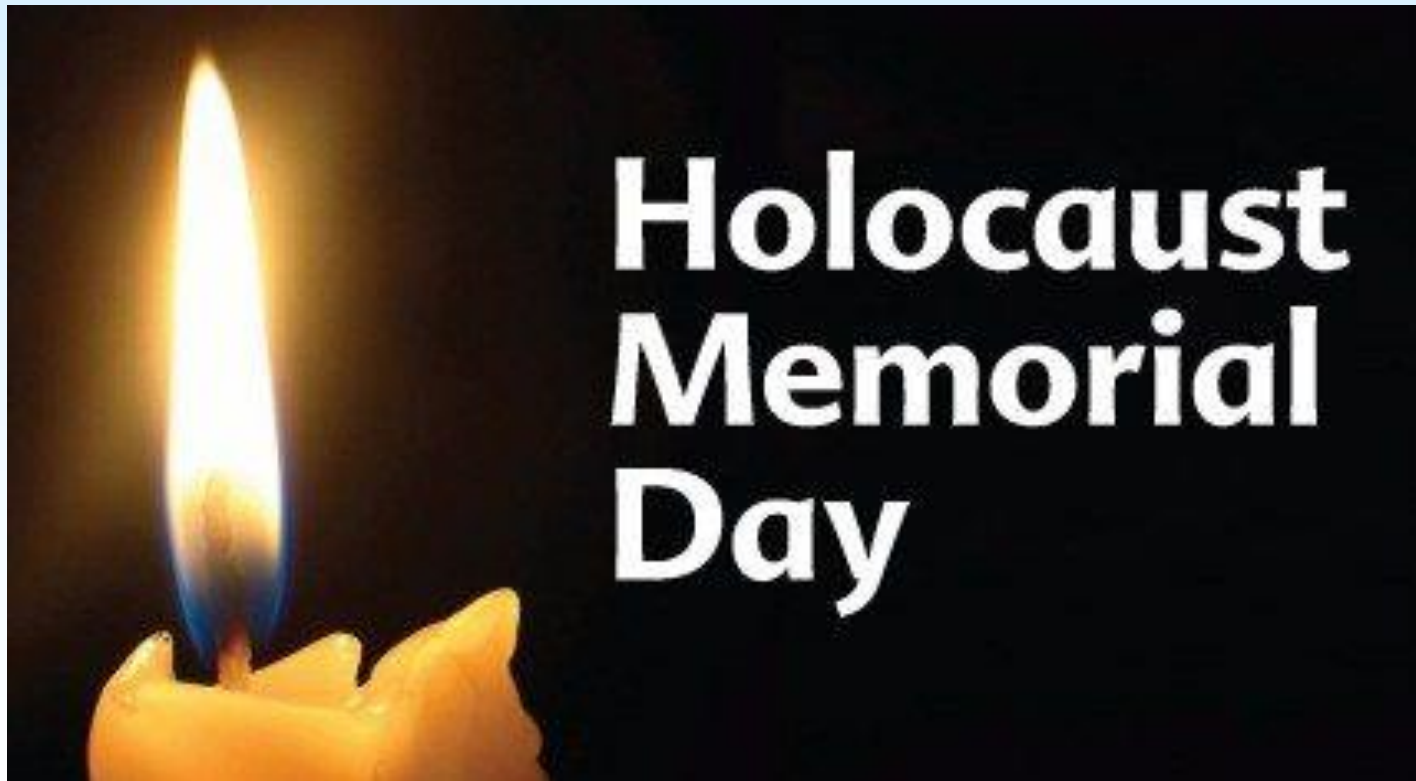


Our School and Community



National Holocaust Memorial Day

<https://youtu.be/R1UsIL36gfY>



Coming Up

- Life Mass – Tuesday 19 February 2019
- Careers Information Evening – Thursday 21 February 2019
- S1 Choice Information Evening – Thursday 28 February 2019
- Dance and Gymnastics Show – Wednesday 20 March 2019
- Fashion Show – Thursday 21 March 2019
- Afternoon Tea for Life – Saturday 23 March 2019
- Spring Concert – Thursday 28 March 2019
- Millport Trip – Tuesday 2 April 2019 (Easter Holidays)
- SQA Mass – Tuesday 16 April 2019
- S1 Parents' Evening – Thursday 9 May 2019

Hail Mary

Hail Mary full of Grace, the Lord is with thee. Blessed are thou among women and blessed is the fruit of thy womb Jesus.

Holy Mary Mother of God, pray for us sinners now and at the hour of our death
Amen.

